



Newham London

Health services and your new home Hackney

Useful numbers in Hackney

Finding a family doctor

To find the nearest GP (family doctor) call NHS direct on **0845 4647** or **020 7683 4645**

Dentist/Optician

To find your nearest dentist or optician call NHS direct on **0845 4647**

There is an emergency service at the Royal London **020 7377 7423**

Patient Advice and Liaison Service (PALS)

For advice and complaints about your local family doctors, dentists etc call **0800 923 0107**

NHS walk in centres

This is a centre run by nurses who offer instant treatment for minor injuries, illness and also contraception.

Glen Rd, Plaistow (just by the hospital)
020 7363 9200

Accident and Emergency

The nearest A&E is Newham General, Glen Rd, Plaistow E13
020 746 4000

Diabetic Clinic

Your family doctor will put you in touch with the local service at the Shrewsbury Centre
020 8586 5240

Family Planning Clinics

For contraception, pregnancy testing etc there are range of clinics across Hackney. Just call **020 7683 4103**

Sexual health clinics

Walk in and wait clinic at Homerton Hospital, Homerton Row, E9
020 8510 7989

Mental health services

Your GP can link you into mental health services but in an emergency call the NHS direct **0845 4647**

Community mental health services

You can call the teams from 9am-5pm.
South West **020 7445 7900**
South East **020 8533 6116**
North West **020 7923 0257**
North East **020 8919 8999**

The Samaritans

Confidential 24 hour support line
08457 909090

Stop smoking service

This service can help you stop smoking for good! Call **0800 169 1943**

Age concern

22 Dalston Lane, Dalston, E8
020 7249 7149

Support for carers

Support, information and advice
City and Hackney Carers Centre
Unit 17,11-20 Tudor Grove
E8 7QL
020 8985 1600

Why you need to register with a local GP

You will need to change your doctor to one near where you are now living. This is very important if you ever get really sick and need to be visited at home by the GP or the GP needs to call an ambulance to your home. Please do not continue to use your old address in order to stay with the same GP—this causes a lot of problems for your doctor and for your health because you do not receive important letters from your doctor.

If you become sick you should ring your GP. If the surgery is closed, listen carefully to the answerphone message as it will give a special emergency number—do not go to the hospital or call 999 unless you have had a severe accident or broken a bone. Your GP will see you quicker than the hospital. You can also go to the NHS walk in centres or ring NHS direct.

How to find a GP

1. To register with a GP, you can go to the surgeries nearby and ask the receptionist about registration. The services doctors provide is the same in every surgery, but some may have extra services: in general, a GP with a number of doctors tends to provide more services than a GP practise with just one doctor.
2. If the surgery you have chosen is full then you can call the “find a doctor service” on **020 7683 4610**. They will make sure you are registered with a GP. You can also email them on find-a-doctor@chpct.nhs.uk.
3. If you have access to the web, you can use the NHS website to find all medical services near to your home. Go to www.nhs.uk and follow the find services link.

On the other side of this leaflet you will find useful numbers and addresses for your local NHS services.

GPs/Family doctors

N16

Abney House Medical Centre	2 Defoe Road N16 0EP	020 7254 6820
Allerton Road Surgery	34A Allerton Road N16 5UF	020 8802 2882
Barton House	233 Albion Road N16 9JT	020 7249 5511
Brooke Road Surgery	40 Brooke Road N16	020 7254 5652
Elm Practice	Fountayne Road health Centre, 1 Fountayne Road N16	020 7683 4839
Gadhvi and Gadhvi	1A Fountayne Road, N16 7EA	020 7683 4854
Gangola RL	6 Barretts Grove N16 8AR	020 7254 1661
Gupta and Partners	19-20 Oldhill Street N16 6LD	020 8806 6993
Dr Sharif	Fountayne Road Health Centre, 1 Fountayne Road N16	020 7683 4847
Somerford Grove Health Centre	Somerford Grove, N16 7TX	0207 241 9700
Spitzer and Partners	60 Cranwich Road N16 5JF	020 8802 2002
Stamford Group Hill Practice	2 Egerton Road N16 6UA	020 8800 1000
Statham Grove	Statham Grove, N16 9DP	020 7254 4327
Tolgate Lodge PCT	57 Stamford Hill N16 5SR	020 7689 3140

N4

Cedar Practice	John Scott Health Centre, Green Lanes N4 2NU	020 7690 1151
Haron Practice	John Scott Health Centre, Green Lanes N4 2NU	020 7690 1172

Dr N Patel	John Scott Health Centre, Green Lanes N4 2NU	020 7690 1193
The Sanctuary	John Scott Health Centre, Green Lanes N4 2NU	020 7683 4766

N1

Beauvoir Surgery	8 Engelfield Road N1 4LN	08444 773 602
Hoxton Surgery	12 Rushton Street N1 5DR	020 7729 4704
Lawson Practice	St Leonards, 85 Nuttall St N1 5HZ	020 7739 9701
Pitfield Medical Centre	14 Rushton Street N1 5DR	020 7739 3005
Shoreditch Park Surgery	10 Rushton Street N1 5DR	020 7739 8525
Southgate Road Medical Centre	101-103 Southgate Road N1 3JS	020 7704 2233

E8

Beechwood Medical centre	86A Dalston Lane E8 3AH	020 7254 2855
Dalston Practice	1B Madinah Road E8 1PG	020 7275 0077
Kingsland Medical Centre	414 Kingsland Road E8 4AA	0207 240 8732
London Fields Medical Centre	38 Broadway Market E8 4QJ	020 7923 8100
Queensbridge Group Practice	24 Holly Street E8 3XP	020 7254 1101
Richmond Road Medical Centre	136 Richmond Street E8 3HN	020 7254 2298
Sandringham Practice	1A Madinah Road E8 1PG	020 7275 0022

GPs/Family doctors - continued

E9

Brooksby Walk Practice	74 Brooksby Walk E9	020 8985 2797
Elsdale Street Surgery	28 Elsdale Street E9 6QY	08444 778 763
Kingmead Health Centre	4 Kingmead Way E9 5QD	020 8985 1930
Latimer Health Centre	4 Homerton Terrace E9 6RT	020 8985 2249
Lea Surgery	Alfred Health Centre 186 Homerton High Street E9	020 8986 3106
Trowbridge Practice	18 Mernam Ave, Hackney Wick, E9 5NE	020 8985 7781
Well Street Surgery	52B Well Street E9 7PX	020 8985 2050
Wick Health Centre	200 Wick Road E9 5AN	020 8986 6341

E2

Dr Rizak	167 Kingsland Road, E2 8AL	020 7739 3600
Whitson Practice	219-221 Kingsland Road D E2 8AN	020 7739 8625

E5

Athena Medical Centre	21 Atherden Road E5 OQP	020 8985 6675
Clapton Surgery	148 Upper Clapton Road E5 9JZ	020 8806 7735
Healey Medical Centre	200 Upper Clapton Road E5 9DH	020 8806 1550
Lower Clapton Group	38 Lower Clapton Road E5 0PD	020 8986 7111
Nightingale Practice	10 Kinninghall Road E5 8BY	020 985 8388
Osen Ma	28 Meridian Road E5 0PL	020 8085 2664
Upper Clapton Rd Practice	154 Upper Clapton Road E5 9JZ	020 8806 1928

Monday - Friday
9.00am - 5.00pm



9447

For free translation phone

Për një përkthim falas telefononi
للترجمة المجانية الرجاء الاتصال هاتفياً.
বিনামূল্যে অনুবাদের জন্য টেলিফোন করুন

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મફત ભાષાંતર માટે ફોન કરો.

निःशुल्क अनुवाद के लिए कृपया फोन कीजिए

بو ته رجومه كردنى به خورابى ته له فون بکه بو

Del nemokamo vertimo skambinkinte
സൗജന്യമായ തർജ്ജിമയ്ക്കായി ബന്ധപ്പെടുക

Po bezplatne tlumaczenia prosimy dzwonic
Para uma tradução grátis, telefone.

ਮੁਫਤ ਅਨੁਵਾਦ ਲਈ ਫੋਨ ਕਰੋ

Перевод – бесплатно. Звоните.

Para obtener una traducción gratuita llame al:
Turjubaan lacag la'aan ah ka soo wac telefoonka
இலவச மொழிபெயர்க்கு தொலைபேசி 36 01119.

Ücretsiz çeviri için telefon edin.

Điện thoại để được thông dịch miễn phí.

مفت ترجمے کے لئے ٹیلیفون کیجیے۔

For large print or braille phone

0800 952 0119

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