

## MANOR PARK » IN FOCUS

Covering East Ham North,  
Manor Park and Little Ilford

# Get ready for spring with craft workshops



Embroidery tutor Netra Thulasi works with student Saroja in embroidery lessons in St Barnabus Church

**Manor Park residents can learn a new skill, meet new people and get ready for the upcoming Spring Festival through a series of free craft workshops.**

There will be six weeks of embroidery lessons with an experienced tutor at the Hathaway Centre on Hathaway Crescent.

Everyone is welcome and all participants will be given a cloth bag on which they can create their bespoke designs.

Work produced will be showcased at the upcoming spring festival.

Tutor Netra Thulasi has more than

ten years experience with decorative needlework. She said: "I'll be teaching participants a range of stitches which they can use to create lots of different pictures, patterns and designs.

"It doesn't matter if you've never done it before, come along and I'll show you how."

Community lead councillor, Kay Scoresby said: "It's the new year, and there's really no better time to learn a new skill.

"The idea behind these workshops is to give residents the opportunity to try something new, have some fun and meet new people.

"From there they'll be able to showcase their work to the whole community at their local Active Community Team spring festival."

The spring festival will be held in Plashet Park later this year. Keep reading Manor Park In Focus to find out more.

**Spring festival craft workshops  
Hathaway Community Centre,  
Hathaway Crescent, E12  
Fridays, 1-3pm, beginning  
28 January until 4 March**



## Stay trim with NHS Newham

If you put getting fit and active at the top of your New Year's resolution list and are finding it hard to stick to – then you should head to the NHS Newham health fair for inspiration.

**Put Saturday 5 February, 11am-4pm at the Old Town Hall Stratford in Broadway in your diary.**

It's your opportunity to get a free health check-up (MOT) and get expert advice on how to live a healthier and more active life.

At the health fair you will find:

- free adult virtual cycling and information on local cycle training
- a taster session on Nordic Walking
- information on health services in your area
- lots of free fun for children
- ways to have your say on local health services
- free healthy food tasters and head massages.

**For more information call Sabeena Subba on 020 7059 6789 or email Sabeena.Subba@newhampct.nhs.uk**



**Newham**



## Plan for flooding

If you live in Little Ilford Ward then you could be at risk of flooding because of your proximity to the River Roding.

The Environment Agency offers a flood warning service for Little Ilford. You can call the Floodline on 0845 988 1188 to get up to date information on local flooding and river conditions.

When prompted press 1 and then enter your Quickdial number for local information. Your Quickdial number is 172913.

**To download a personal flood plan or to receive free flood warnings call the above number or visit [www.environment-agency.gov.uk/floodthames](http://www.environment-agency.gov.uk/floodthames)**

## ACT up and become a volunteer

If you're looking for ways to do something for your community then why not become an Active Community Team (ACT) volunteer.

ACT volunteers work with councillors to bring special events like last year's summer festival to Manor Park residents and its visitors.

But becoming an ACT volunteer is not just about organising events, you will also be working with your councillors to solve local problems and run community projects such

as producing a mural or even starting a community garden, youth group or Neighbourhood Watch group.

Don't worry if that sounds daunting – you will receive induction training and lots of support to help you to play an active role in your community.

**To find out more about Manor Park ACT call Glennette Bowles-Dove on 020 3373 8382 or email [glennette.bowlesdove@newham.gov.uk](mailto:glennette.bowlesdove@newham.gov.uk)**

Cllrs Andrew Baikie and Amarjit Singh were among those to pay their respects at the recent memorial



## World War II hero remembered

Newham has marked the 70th anniversary of a bomb explosion on Romford Road with a memorial event organised by the Manor Park branch of the Royal British Legion.

Deputy Mayor Andrew Baikie, Councillor Amarjit Singh and schoolchildren from Salisbury Primary joined organisers to pay

tribute to the eight soldiers and one policeman who were killed.

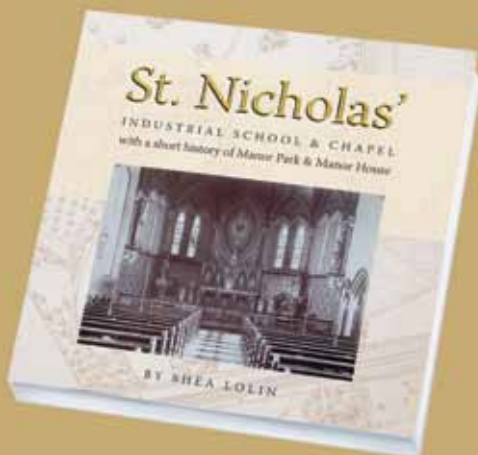
The accident occurred despite efforts by Captain Michael Blaney to defuse an unexploded bomb at 590 Romford Road on 13 December 1940.

Wreaths were laid on the railings of the school building in their memory.

Councillor Baikie said: "It was really touching to see so many people, including young people, pay their respects to those who died in this tragic accident.

"It's important that we remember sacrifices like this and that the younger generation learns about the history of Manor Park during World War II."

## New book traces history of local church



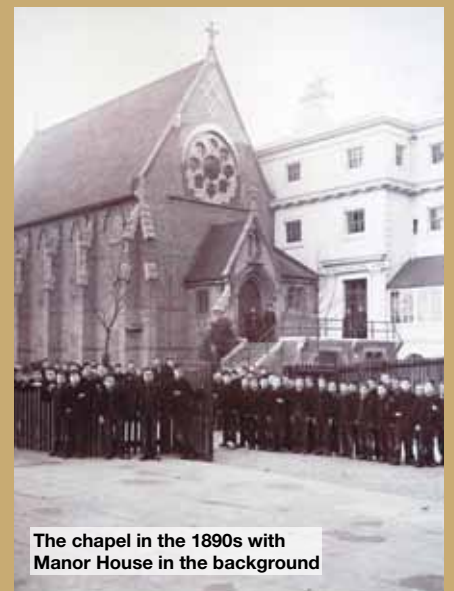
A local author was so interested in the history of St Nicholas' Church that he's written a book on the subject.

Shea Lolin's book retraces the history of the Manor House and St Nicholas' Industrial School and Chapel.

It looks at how Manor House has been used over the past 200 years. This has included being the home of the Fry family, who founded Fry's Chocolate and Barclay's Bank, an industrial school, the London Co-operative Society and finally a modernised place of residence.

The book features more than 50 archive photographs and was recently launched at the church hall with an exhibition of photographs from the area.

Shea said: "As a local parishioner of the Catholic church of St Nicholas, I started out just looking



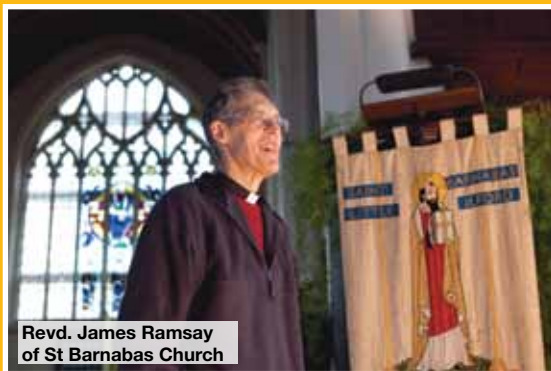
The chapel in the 1890s with Manor House in the background

up the parish history.

"To anyone who has lived or worked in the area, I think this will be a fascinating read."

**For more information phone 020 8553 4973 or email mail@shealolin.co.uk**

# SPOTLIGHT ON... ST BARNABAS CHURCH



Revd. James Ramsay  
of St Barnabas Church

**St Barnabas Church, on Browning Road, Manor Park, is a busy community centre, offering residents so much more than your average church.**

Built in the 20th Century, the Gothic building is now home to a range of community groups, which operate alongside regular church services and celebrations throughout the year.

Every Sunday they run a Traidcraft stall, offering residents the opportunity to buy a wide range of fairtrade goods from an extensive catalogue.

At the same time they collect food donations for the local refugee and migrant project, as well as clothing for recycling by local charity Aspire.

The church is also home to the East London Textiles Project where beginners and experienced artisans

get together to create textile art works that are then displayed in local community buildings.

Kool Kidz pre school has just moved in, offering morning and afternoon sessions throughout the week.

There are also weekly classes in karate, Bollywood and classical Indian dance, as well as regular rehearsal sessions for the St Barnabas Band.

Reverend James Ramsay said: "St Barnabas really is a resource for the whole community.

"I love seeing people from so many cultures and backgrounds come here to meet and learn new skills that benefit the whole community."

**For more information about St Barnabas contact the Revd. James Ramsay on 020 8472 2777 or email ramsay.jas@gmail.com**

## WHAT'S ON MANOR PARK

### Embroidery craft workshops

Start: 28 January and every Friday until

4 March, 1-3pm

Hathaway Community Centre

Hathaway Crescent, E12

Read p1 for more information

### Judo for all ages, 4+ years

Tuesdays and Thursdays

Beginners, 6-7.30pm

Intermediate, 7.30-9.30pm

Cost: £3 per session

Call Lisa Beadle on 020 8548 4980

for more information

**For even more things to do check out the What's On in Newham calendar, where you'll find listings for more than 6,000 events visit [www.newham.com](http://www.newham.com)**

**If your group has an activity to promote please contact us on: 020 3373 2684 or email: [infocus@newham.gov.uk](mailto:infocus@newham.gov.uk)**

## MEET YOUR LOCAL COUNCILLOR

**Councillors out and about:** If you would like a councillor to visit your community organisation, school, place of worship, meeting or event please call 020 3373 8382 or email [glennette.bowles-dove@newham.gov.uk](mailto:glennette.bowles-dove@newham.gov.uk). To email your local councillor write [firstname.lastname@newham.gov.uk](mailto:firstname.lastname@newham.gov.uk)



Jose Alexander



Firoza Nekiwala



Paul Sathianesan

### East Ham North Ward

Every Saturday (alternating)  
10.30 - 11.30am  
Kensington School,  
Kensington Avenue,  
Manor Park, E12



Kay Scoresby



Amarjit Singh



Salim Patel

### Manor Park Ward

Every Saturday (alternating)  
10 - 11.30am  
Manor Park Local Service Centre,  
685-689 Romford Road,  
Manor Park, E12



Andrew Baikie



Farah Nazeer



Khalil Kazi

### Little Ilford Ward

Every Saturday (alternating)  
10 - 11am  
Jack Cornwell Community Centre,  
Jack Cornwell Street,  
Manor Park, E12

**Need to talk to Mayor Sir Robin Wales?** Being an elected mayor, Sir Robin is directly accountable to you. Look out for Question Time times and dates in the Newham Mag, visit [www.newham.gov.uk/mayor](http://www.newham.gov.uk/mayor) or call 020 3373 0437.