

# IN FOCUS PLAISTOW

May 2011



## Plaistow family funday funtastic

Mark it in your diary now – Plaistow's family funday is coming to you on Saturday 18 June from 11am-2.30pm in Plaistow Primary School.

The FREE event will celebrate National Family Week by bringing families together to learn more about all the wonderful services and events in your area.

Henna painting, bouncy castles for under fives, family tree workshops, messy play, food growing and flower arranging workshops are just some of the treats lined up for you on the day.

If you want to be part of creating some of the artwork that will form part of the colourful carnival at the Mayor's Newham show on Saturday 16 and Sunday 17 July, make sure you don't miss the art workshop.

Pamper yourself in the health and wellbeing zone with massages and Indian head therapy. Learn more about oral health, diabetes, health nutrition and how to stop smoking.

It's also a great opportunity for you to find out more about the Olympic and Paralympic games



and how it will affect you, such as road closures, volunteering and what regeneration is happening.

Community lead councillor, Rohima Rahman, said: "It's gearing up to be a great day out for all the family. Make sure you get there early so as not to miss out on all the fun."

The event is organised by E13 Learning Community, a collection of eight schools in Plaistow, Green Street and Stratford, in conjunction with Newham Council.

**E13 family funday**  
**Saturday 18 June**  
**11am-3pm**  
**Plaistow Primary School**  
**Junction Road, E13.**

**For more information call**  
**Shamilla Kumari on**  
**020 3373 1804 or email**  
**[shamilla.kumari@newham.gov.uk](mailto:shamilla.kumari@newham.gov.uk)**

### CONTACT US

If your group has an activity to promote please contact us on: 020 3373 2684 or email [infocus@newham.gov.uk](mailto:infocus@newham.gov.uk)



# Go green with your garden waste



Green fingered gardener or eco warrior – whatever your reasons, make sure you recycle your green garden waste.

The council offers a FREE green garden waste collection to all residents. The service accepts grass cuttings, weeds, hedge trimmings, leaves, small branches and flowers.

All you need to do is place them in a black bag, leave them at the front of your property and call to arrange a collection. The waste will be picked up within five working days.

All garden waste is turned into compost at Jenkins Lane Reuse and Recycling Centre instead of being sent to landfill sites. So if you want to do your bit for the environment, make the most of this council service.

**To arrange a collection or for more information, call 020 8430 2000 or book the collection online at [www.newham.gov.uk](http://www.newham.gov.uk) and search for 'green waste'.**



Students at a previous NCY Skills for Young Parents course

## FREE COURSE FOR TEENAGE PARENTS

Are you aged between 16-18 years old and about to become a parent? If you answered yes to both those questions you should come along to a FREE course that will prepare you for parenthood.

The NCY Skills for Young Parents course is being run in conjunction with Newham Council SkillsJAM education courses for young people and by New Choices for Youth (NCY) Trust, which provides various programmes for young people.

The 12-week course is aimed at preparing teenage parents for the birth of their baby. Subjects covered include understanding pregnancy,

parenting skills, caring for your child and healthy living.

A free lunch and on-site crèche facilities will be provided. At the end of the course you will get a National Open College Network accreditation and you will also be encouraged to study for a food hygiene accreditation.

The next course starts on Tuesday 31 May, 10am-4pm and is every Tuesday and Wednesday for 12 weeks, finishing on the Wednesday 24 August at NCY Trust, 25 Cloughton Road, E13.

**Places are limited, so make sure you book your place by contacting Alex Scott 07903 322 442 or email [alexs@ncytrust.org](mailto:alexs@ncytrust.org)**

## DON'T BE OUT FOR THE COUNT

Census collectors are going door-to-door in Plaistow to offer help with completing the forms and ensuring the questionnaires are returned.

The census is important for Newham in making sure that the borough receives a fair allocation of funding from central Government. It means the council can deliver the essential services that residents say are important, such as cleaner streets, better healthcare, community protection and education.

Each census form is worth at least £6,000 from the Government over

the next ten years. In previous years a census undercount of at least 20,000 has meant Newham has lost out on millions of pounds in funding.

The census collectors are warning people that they face the risk of a fine or prosecution should a form not be returned.

Posters are also going up around the borough explicitly warning that residents risk a £1,000 fine and a criminal record if the form is not completed.



# A cuppa with your councillor

Councillors have been busy catching up with residents at a recent coffee morning in Kaizen Primary School.

The coffee morning was organised by the school in Elkington Road so parents could meet their local councillors and discuss any concerns they had.

It was also an opportunity for councillors to promote upcoming local events and recruit volunteers to get involved in planning and organising activities and events that the council puts on.

**If you would like to organise a coffee morning with your councillor to find out more**



Cllrs Rohima Rahman and Alan Griffiths with parents and police at the coffee morning in Kaizen Primary School

**about what the council does, become a volunteer or discuss your concerns over a cuppa,**

**contact Shamilla Kumari on 020 3373 1804 or email [shamilla.kumari@newham.gov.uk](mailto:shamilla.kumari@newham.gov.uk)**

## Plaistow Park improvements

Improvements are being carried out to the paddling pool in the play area to make it safer in time for the summer.

The pool, which was leaking, is being resurfaced. Additional water jets are being put in place in the ground next to the paddling pool, which should be operational by the end of May.

Other plans for Plaistow Park in Greengate Street include the creation of a masterplan for the green space by Newham Council. The plan would act as a blueprint for improvements that the council would carry out if and when it can secure the funds to do so in the future.

Look out for upcoming drop-in sessions in your In Focus where you will be able to view the plans and voice any comments.



Plaistow Park funday last year

## Spotlight on... What's on in Newham

**From the Newham London Run to four spectacular nights of free entertainment under the stars at Central Park – Newham is the best place to be for top FREE events.**

Don't be caught crying into your cup of tea when you've found out you've missed one – note down the dates and keep your eyes peeled on your In Focus, the Newham Mag and [www.newham.gov.uk/whatson](http://www.newham.gov.uk/whatson) for the latest up-to-date listings.

To you give you a taster of what's on the menu for this summer here are some important dates.



Boogie nights at last years Under the Stars in Central Park

### Forget it and regret it – dates for your diary

- Sunday Fun Day, Sunday 29 May, 12noon-6pm – fun for all the family at Stratford Park, around the town centre and in the Old Town Hall
- Mayor's Newham Show and Carnival - Saturday 16 and Sunday 17 July – this annual event kicks off with a colourful carnival that'll make its way around East Ham and yes – the beach is back again this year
- Under the Stars, Thursday 25 to Sunday 28 August, Central Park, East Ham – four nights of top live entertainment
- Guy Fawkes Night, Saturday 5 November, live entertainment and fireworks on Wanstead Flats

## WHAT'S ON PLAISTOW

### FREE NCY Trust teenage parenting course

Tuesday 31 May  
10am-4pm  
every Tuesday and Wednesday for 12 weeks  
NCY Trust  
25 Cloughton Road, E13  
(read p2 for more details)

### Skating heaven - family roller skate Sundays - room one – roller disco and games and room two - bootcamp for beginners only (taught by qualified instructors) for 6 years + for all abilities

Every Sunday, 1-5pm  
Cost: £8 includes skate hire or £30 for family of four  
Newham Leisure Centre  
Prince Regent Lane, E13  
For more information call Sammy Jacobs on 07956131672, email [sammyjacobs@blueyonder.co.uk](mailto:sammyjacobs@blueyonder.co.uk) or visit [www.skatingheaven.com](http://www.skatingheaven.com)

**For even more things to do check out the What's On in Newham calendar, where you'll find listings for more than 6,000 events visit [www.newham.com](http://www.newham.com) If your group has an activity to promote please contact us on: 020 3373 2684 or email: [infocus@newham.gov.uk](mailto:infocus@newham.gov.uk)**

## MEET YOUR LOCAL COUNCILLOR

**Councillors out and about:** If you would like a councillor to visit your community organisation, school, place of worship, meeting or event please call 020 3373 1804 or email [shamilla.kumari@newham.gov.uk](mailto:shamilla.kumari@newham.gov.uk)  
To email your local councillor write [firstname.lastname@newham.gov.uk](mailto:firstname.lastname@newham.gov.uk) e.g. [alan.griffiths@newham.gov.uk](mailto:alan.griffiths@newham.gov.uk)



Alan Griffiths



Forhad Hussain



Joy Laguda

### Plaistow North Ward

Cllr Griffiths  
First and third Saturday of the month 10.30-11.30am  
Plaistow Library, North Street, Plaistow E13  
Cllr Hussain  
Second and fourth Saturday of the month, 10.30-11.30am  
Plaistow Library, North Street, Plaistow, E13  
Cllr Laguda  
Third Saturday of the month, 10am-12.00noon  
Curwen School, Atlas Road, Plaistow, E13



Charity Fiberesima



Neil Wilson



Sheila Thomas

### Plaistow South Ward

Every Monday and Wednesday (alternating)  
6-7pm  
Newham African Caribbean Resource Centre,  
627 Barking Road, E13

**Need to talk to Mayor Sir Robin Wales?** Being an elected mayor, Sir Robin is directly accountable to you. Look out for Question Time times and dates in the Newham Mag, visit [www.newham.gov.uk/mayor](http://www.newham.gov.uk/mayor) or call 020 3373 0437.