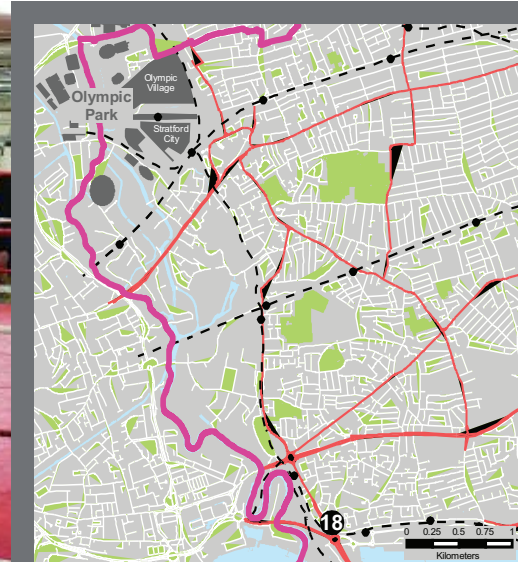


# 18 Peacock Gymnasium

**Location:** Peacock House, Caxton Street North, Canning Town, London, E16 1JL



**Getting about:** Tube: Canning Town (Jubilee Line) (0.4km)  
 Railway: West Ham (2.2km), Docklands Light Railway (DLR): Royal Victoria (0.3km)  
 London City Airport (2.2km)



The Peacock Gym is home to Peacock ABC and is a well-used and important boxing facility. The gym is integral to Newham's offer of sporting opportunities for young people, as well as being central to the production of elite performers in the borough.

**Likely use:** Sporting

## Facilities

-  Main gym with
  - 3 Olympic-sized training rings
  - A small, matted room
  - 12 punch bags of different weights and sizes
  - 2 speedballs
  - 2 mirrored skipping areas
  - Mirrored sports hall
-  Free weights area –
  - 18 cardiovascular stations,
  - 20 resistance stations and free weights benches
  - Support facilities, including video and playback equipment
-  Sauna and steam room
  - Treatment rooms
-  Male and female changing rooms
-  Small commercial café (seating for 20)

## What's nearby?

Olympic Park  
 & Stratford Station: 2.8km

University of East London: 2.7km

Newham Leisure Centre: 1.7km

Balaam Leisure Centre: 1.3km

ExCeL Centre: 0.6km

## Enquiries, Tours and Bookings

Newham Unit for the 2012 Games  
 Dockside, 1000 Dockside Road, London E16 2QU  
 Tel: 020 3430 2012 Email: office@newham.gov.uk

