



Sports Coach Education

Programme of training and qualification courses
September 2011 – March 2012



Newham's Volunteers present a new programme for **sports education training**

Newham's Volunteers programme for sports coach education

Programme of training and qualification courses

September 2011 – March 2012

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Introduction

As host borough for the London 2012 Olympic and Paralympic Games, Newham has the exciting challenge of ensuring its legacy.

Our aim is to provide opportunities for people from the community to get involved with coaching and volunteering in sports clubs. This programme is full of exciting opportunities and also focuses on helping young people become more engaged in physical activity and sport to improve their well being and reduce crime and anti-social behaviour.

Are you interested in sports coaching or currently involved with a club or sports activity? Would you like to become a qualified coach or volunteer for a sports club or take part in other voluntary activities?

Newham Council can offer you the opportunity to gain nationally recognised coaching qualifications and assist with a voluntary position as a sports coach or other exciting roles. The Newham Volunteers team are also giving registered volunteers a chance to obtain FREE training and sports placements.

What's available

The Newham Volunteers programme for coach education training offers a huge range of coaching courses in a variety of sports, many of which are United Kingdom Coaching Certificate (UKCC) accredited. The programme also gives sports clubs an opportunity to develop and enhance their club by attending workshops in sport volunteering, first aid, child protection and equity in your coaching. These courses can provide pathways into employment and clubs, increase opportunities and suitably qualified coaches can apply to become sessional coaches with Newham Council and other London boroughs. Courses available can be found on pages 8-24.

What is Newham's Volunteer Programme?

Since 2004, more than 2500 volunteers have participated in almost 2000 events in Newham and across London. But there's room for many more and they are recruiting now!

By becoming a Newham Volunteer you have the opportunity to follow a continuous development path into accredited training and improve your prospects for further education or employment. You can expect many opportunities from the programme including:

- advice and guidance from the volunteer co-ordinator on how to make the most of volunteering
- ongoing support to help you look for openings to use your voluntary work as a way of gaining relevant skills and work experience
- the chance to be involved in exciting, high profile and prestigious events
- learning leadership skills and gaining experience working in a team
- a range of outings and activities for volunteers to get together and socialise
- opportunities in sports and environmental volunteering.



NEWHAM'S VOLUNTEERS

There are four easy steps to become a volunteer:

- 1. Phone 020 8430 3598 or email volunteers@newham.gov.uk to request a registration form, or you can download a form at www.newham.gov.uk/sportsvolunteer**
- 2. Complete the online registration form or return the form in the pre-paid envelope provided.**
- 3. You will be contacted and invited to a welcome workshop. It is compulsory to attend this session before you can start volunteering, however you can choose the date of the session that suits you best.**
- 4. You're ready to go! Review the volunteer calendar of exciting upcoming events on our website www.newham.com/volunteer**

There are opportunities for everyone – regardless of age, religion, culture or whether or not you have a disability.

Get involved now!

Newham's Volunteers Sports Programme

The Newham Volunteers team continues to increase, identify and develop volunteer participation in sports clubs across the borough. The team not only offers fantastic opportunities for registered Newham Volunteers, to gain FREE coach education training, but also offers assistance with gaining coaching experience and developing skills in other areas.

This sports volunteer programme endeavours to also improve, enhance and develop sports clubs in Newham, by recruiting and placing suitable volunteers into their clubs to carry out a number of important and significant roles. Role descriptions do not only focus on coaching, but we also offer roles such as, marketing officer, health and safety officer, team managers, volunteer coordinators, umpires, officiators, inclusion officers, and many more. We also assist with developing sports club committees in order to manage these roles.

Calling Newham's Volunteers to access free coach education training

Criteria to access free coach education training:

- you must be a Newham resident and have proof of address
- you must be a registered Newham Volunteer
- you must have attended at least five Newham events as a volunteer
- you must attend the training if successfully chosen or you will not have any further access to any free training in the future
- after completion of the course and in order to receive your certificate, you must volunteer for 20 hours as a coach in a sports club in Newham
- If you have already received your quota of free training, then you will not be eligible to access further free training
- We will fund successful candidates for a maximum of one level one or level two course and one workshop.
- successful volunteers will receive support in applying for the Mayor's Olympic Legacy Fund which will pay for 75 percent of the course for successful applicants. Newham Volunteers team will fund the remaining 25 percent for the course. For more information on applying for the fund go to page 26.

Benefits:

- gaining nationally recognised qualifications
- gaining new skills and experience
- raising self confidence and self esteem
- improving social skills
- improving networking skills
- mental, physical and social health benefits
- helping and supporting your community.

If you are offered free training and do not attend, you will not be offered any further training opportunities. This applies to the whole volunteer programme.

If you're a registered Newham Volunteer or a sports club in Newham and would like to take advantage of these exciting opportunities, contact Alison Mitchell on 0203 373 7661 or email alison.mitchell@newham.gov.uk



Course 01

Rounder's England Assistant coach level one United Kingdom Coaching Certificate (UKCC)

Age: 16+ years

The First4sport level one certificate in coaching rounders is the first qualification within the new coaching structure. The two day course provides you with an introduction to the principles and practices of coaching safe and ethical rounders activities to adults and young people.

Course content:

- establish working relationships with the participants and others
- establish a safe working environment
- prepare for activities, taking into account participants' need and motives
- contribute to the creation of a safe working environment
- prepare participants for coaching activities
- deliver prepared activities.

Please note

This course is being organised through Rounders England. To book a place contact: Rounders England on 01142 480 357.

You can download an application form from

www.roundersengland.co.uk

and email this form to coaching@roundersengland.co.uk

All cheques are made payable to National Rounders Association.

Venue: Newham Sixth Form College
Prince Regent Lane
Plaistow
London
E13 8SG

Date: Sunday 11 September 2011 (day one)
Sunday 18 September 2011 (day two)

Times: 9am - 5pm (both days)

Duration: 16 hours

Cost: Newham residents: £195
Non-Newham residents: £195
Registered Newham Volunteers: FREE



Sports Coach UK Safeguarding and protecting children

Age: 16+ years

This workshop raises awareness of child protection in a practical and non-alarmist way.

Course content:

- deals with feelings about child abuse
- details how to recognise and respond to the signs of child abuse, including taking appropriate action if abuse is suspected
- encourages good coaching practice to minimise the likelihood of wrongful accusation – good practice will allow you to promote a positive relationship with children

Venue: Newham Dockside
1000 Dockside Road
London
E16 2QU

Dates: Course one: Wednesday 21
September 2011
Course two: Wednesday 7
March 2012

Time: 6 - 9pm

Duration: Three hours

Cost: Newham residents: £25
Non-Newham residents: £40
Registered Newham Volunteers: FREE

Course 02



Course 03

Sports Coach UK Equity in your coaching

Age: 16+ years

Everyone should have access to sport, regardless of gender, age, race, ability, faith or sexual orientation.

As a coach, you have an important role to play in ensuring this happens. This workshop will help you to apply and extend your existing skills to meet the needs of present and potential participants.

Course content:

- explain what sports equity is and why it is important
- identify the barriers to participation
- use appropriate language and terminology
- identify and challenge inequitable behaviour
- interpret the legal framework that affects coaching
- identify how they can become more equitable.

Venue: Newham Dockside
1000 Dockside Road
London
E16 2QU

Date: Wednesday 12 October 2011

Time: 6 - 9pm

Duration: Three hours

Cost: Newham residents: £25
Non-Newham residents: £40
Registered Newham
Volunteers: FREE

Walking for Health – Walks leaders course

Age: 18+ years

Newham need more walk leaders like you to deliver their Walking for Health programme. Events include walks to the Olympic Park and instructor-led walks.

Training for volunteer walk leaders is a free one-day course for people willing and able to lead walks in the community. If you are friendly, approachable, have good organisational skills, enthusiastic, patient and observant with an interest in improving health and wellbeing, we would like to hear from you.

Course content:

- risk assessments
- how to lead a health walk
- benefits of and barriers to exercise
- information on specific medical conditions
- benefits of the natural environment for health and wellbeing.

Venue: Newham Dockside
1000 Dockside Road
London
E16 2QU

Date: Tuesday 18 October 2011

Time: 9.30am - 5pm

Duration: Eight hours

Costs: Newham residents: FREE
Non-Newham residents: FREE
Registered Newham
Volunteers: FREE

Course
04



Course 05

Triangle Training Basic first aid

Age: 16+ years

This course enables individuals to carry out emergency first aid to those with sporting injuries.

Course content:

- demonstrates correct management of an emergency situation
- qualifies the candidate to carry out CPR and to recognise and treat the following: respiratory difficulties – including asthma, choking, being winded and chest wounds; minor wounds and bleeding, suspected fractures and soft tissue injuries, chest pain, hypo/hypoglycaemia and head injuries.

Venue: Newham Dockside
1000 Dockside Road
London
E16 2QU

Dates: Course one: Wednesday 26
October 2011
Course two: Wednesday 29
February 2012

Time: 9am - 5pm

Duration: Eight hours

Costs: Newham residents: £50
Non-Newham residents: £80
Registered Newham
Volunteers: FREE



Running Sports

The role of the volunteer coordinator

Age: 16+ years

The crucial role of overseeing club volunteers

Clubs benefit greatly from having a volunteer coordinator – a single point of contact who supports their volunteers, knows them all by name and what each one of them does. In this workshop, volunteers will learn exactly what this role entails and how they can become an even greater asset to their club.

Course content:

- understand the role of the volunteer coordinator
- know how to interpret a club development plan and its volunteering implications
- learn how best to recruit and retain volunteers and recognise and reward them
- know how to access local, regional and national programmes to support the implementation of a volunteer action plan.

Venue: Newham Dockside
1000 Dockside Road
London
E16 2QU

Date: Wednesday 2 November 2011

Time: 6 - 9pm

Duration: Three hours

Cost: Newham residents: £25
Non-Newham residents: £40
Registered Newham
Volunteers: FREE

Course
06



Course 07



England Netball – Netball level one (UKCC)

Age: 16+ years

Course content:

- safe and ethical coaching practice
- the types and methods of communication to establish effective working relationships with participants and others
- the techniques and skills of this sport
- the rules of the sport
- methods to develop participants' performance and enjoyment
- adapting coaching practice to meet participants' needs, abilities and stage of development
- the methods to evaluate coaching activities and reflect on personal coaching.

By successfully completing a level one coaching qualification, as part of a UKCC endorsed coach education programme, participants will be able to:

- prepare for the delivery of coaching activities
- deliver prepared activities of the coaching sessions
- evaluate the effectiveness of coaching activities.

Pre-requisites

Participants must have a good knowledge of netball including the rules.

Please note: This course is being organised through England Netball. To book your place contact Emma Walker on **01462 442 344 ext. 122**. General queries should be sent to coaching@englandnetball.co.uk

Venue: Newham Sixth Form College
Prince Regent Lane
Plaistow
London
E13 8SG

Dates: Saturday 5 November 2011
Sunday 6 November 2011
Sunday 4 December 2011
(assessments)

Time: 9am - 6pm (both days)

Duration: 27 Hours

Cost: Newham residents: £170
Non-Newham residents: £170
Registered Newham Volunteers: FREE



Sports coach UK – How to coach disabled people in sport

Age: 16+ years

This practical course is designed to discuss strategies and give ideas on how to include pupils in sports that may have learning, physical or sensory impairment. Participants will be shown how to maximise everyone's ability and be provided with good advice and reassurance.

Course
08

- Venue:** Newham Dockside
1000 Dockside Road
London
E16 2QU
- Date:** Wednesday 16 November 2011
- Time:** 6 - 8pm
- Duration:** Two hours
- Costs:** Newham residents: £20
Non-Newham residents: £30
Registered Newham Volunteers: FREE



Course 09

Running Sports Valuing your sports volunteers

Age: 16+ years

Value your volunteers and make them happier and more productive. By valuing your sports volunteers, it will help you to recruit more volunteers, motivate, retain, reward and manage them even more effectively.

Course content:

- develop an understanding of the importance of volunteers in English sport
- promote co-ordinated planning for volunteer recruitment, retention, reward and recognition
- identify what clubs and sports organisations should do to prepare themselves to receive new young volunteers and the type of roles they can undertake
- help build support mechanisms and links
- gain commitment for ongoing volunteer development.

Venue: Newham Dockside
1000 Dockside Road
London
E16 2QU

Date: Wednesday 1 February 2012

Time: 6 - 9pm

Duration: Three hours

Cost: Newham residents: £25
Non-Newham residents: £40
Registered Newham
Volunteers: FREE

Badminton England Assistant coach award – level one (UKCC)

Age: 16+ years

This brand new level one award focuses on training participants to deliver badminton to beginners (especially school pupils). This course includes key information on physical preparation, technique and tactics.

Course content:

- encourages safety awareness
- introduces basic tactical and technical content
- details information on how to organise individuals and groups into singles and doubles games.

Entry requirements

To enrol on this course a registration form must be completed and returned to Badminton England 28 days before the course start date.

Please note

This course is being organised through Badminton England. To book your place contact Lee Bent on 01908 268 400.

You can download an application form from www.badmintonengland.co.uk

All cheques must be made payable to Badminton England.

- Venue:** Newham Sixth Form College
Prince Regent Lane
Plaistow
London
E13 8SG
- Dates:** Saturday 4 February 2012 (day one)
Saturday 11 February 2012 (day two)
Sunday 26 February 2012 (day three
– assessments)
- Times:** 9am - 4.30pm (each day)
- Duration:** Approximately 23 hours
- Cost:** Affiliated members: £215
Non-Affiliated members £225
Registered Newham Volunteers: FREE

Course 10



Course

11

Essex Cricket

Essex Cricket Level two award (UKCC) L2CCCR

Age: 18+ years

Level 2 Certificate in Coaching Cricket (L2CCCR) is a vocationally related qualification for adults (at least 16 years old but certificates cannot be awarded until aged 18 years) that provide learners with an opportunity to study and be assessed on both the practical and theoretical aspects of coaching cricket to groups of adults and children in an appropriate environment.

Course content:

- coaching principles and ethics of cricket
- how to plan cricket coaching sessions
- how to deliver and evaluate safe and effective cricket coaching sessions
- how to review your performance as a coach and seek further development opportunities.

Entry requirements – the following certificates must ALL be presented to the Coach Ed Admin/Tutors:

- a valid English Cricket Board (ECB) CRB certificate (this process can begin at the course)
- a valid First Aid certificate
- a valid Safeguarding and Protecting Children certificate from Sports Coach UK (no other Child Protection certificate will be accepted).

Please note:

This course is being organised through Essex Cricket. To book your place contact Graham Smith on **01245 254 005** or email: graham.smith@essexcricket.org.uk. For more information visit www.coacheducation.essexcricket.org.uk

Venue: Newham Sixth Form College
Prince Regent Lane
Plaistow

London E13 8SG

Dates: Sunday 5 February 2012

(day one – SPC and FA)

Sunday 12 February 2012

(day two – modules one and two)

Sunday 19 February 2012

(day three – modules three and four)

Sunday 25 February 2012

(day four – assessments)

Saturday 14 April 2012

(day five – assessments)

Times: 9am - 4.30pm (each day)

Duration: Approximately 37 hours

Cost: Newham residents: £310

Non-Newham residents: £310

Registered Newham Volunteers: FREE



Essex Cricket assistant coach – Level one award (UKCC)

Age: 16+ years

This course is designed to help you assist qualified coaches, and deliver aspects of coaching sessions under the direct supervision of an ECB Coach. The course is suitable for anyone with limited or no cricket and coaching experience.

Course content:

- an introduction to safe and ethical coaching
- prepare you to deliver coaching activities
- develop your understanding of how to review your performance as a coach and seek further development opportunities.

Please note:

This course is being organised through Essex Cricket. To book your place contact Graham Smith on **01245 254 005** or email: graham.smith@essexcricket.org.uk

For more information visit
www.coacheducation.essexcricket.org.uk

- Venue:** Newham Sixth Form College
Prince Regent Lane
Plaistow
London
E13 8SG
- Dates:** **Saturday 3 March 2012**
(day one – SPC and FA)
Sunday 11 March 2012
(day two – modules one and two)
Saturday 17 March 2012
(day three – modules three and four)
Saturday 24 March 2012
(day four– assessments)
- Time:** 9am - 4pm (each day)
- Duration:** 30 hours
- Cost:** Newham residents: £235
Non-Newham residents: £235
Registered Newham
Volunteers: FREE

Course 12

Essex Cricket



Course 13

England Basketball Assistant coach award – level one (UKCC)

Age: 16+ years

This is the minimum qualification required for coaching basketball. The course provides basic knowledge of basketball and coaching skills, and will enable the holder to assist a fully qualified level two coach. There is a small amount of pre-course work to complete in addition to the two day course.

Course content:

- Unit 1 – introduction to coaching
- Unit 2 – skills of coaching
- Unit 3 – conducting a coaching session
- Unit 4 – individual fundamentals
- Unit 5 – team play fundamentals

Pre-requisites

Candidates must be 16 years of age and have knowledge of the games and the rules. Playing experience is desirable.

Please note

This course is organised through England Basketball. To book your place or for further information please contact Becky McGrath on **07917 388 154**, email **Becky.McGrath@sportstructures.com** or visit **www.sportsstructures.com**

Venue: Newham Sixth Form College
Prince Regent Lane
Plaistow
London
E13 8SG

Dates: Sunday 4 March 2012 (day one)
Saturday 31 March 2012 (day two)

Times: 9am - 5pm (both days)

Duration: 14 hours

Cost: Newham residents: £190
Non-Newham residents: £190
Registered Newham Volunteers: FREE



Triathlon England

Level one certificate in coaching triathlon (UKCC)

Age: 16+ years

By achieving your UKCC endorsed level one certificate in coaching triathlon, you will be able to assist a more experienced coach and deliver some aspects of sessions, using the knowledge and skills you have started to develop. This will include being able to prepare for a coaching session, deliver prepared activities and evaluate the effectiveness of the activities and your own coaching.

Course content:

this qualification is divided into four main units:

- introduction to safe and ethical coaching in triathlon
- prepare to deliver triathlon coaching activities
- deliver and review triathlon coaching activities
- sport specific (delivered in the context of triathlon)

The sessions will include ten hours of practical coaching, covering swimming, cycling and running.

Please note

This course is being organised by Triathlon England. To book your place or for further information please contact Jon Train on **07739 526 558**, email jontrain@triathlonengland.org or visit www.triathlonengland.org

Venue: Newham Leisure Centre
281 Prince Regent Lane
Plaistow, London E13 8SD

Dates: Three days (days one and two together then day three to follow after a two week break) TBC

Time: 8.30am - 5.30pm

Duration: 27 hours

Cost: Newham residents: £300
Non-Newham residents: £300

Course

14

Course 15

Triathlon England Level two certificate in coaching triathlon (UKCC)

Age: 18+ years

By achieving a level two UKCC endorsed certificate in coaching triathlon, you will be recognised as a competent session coach by British Triathlon. You will be in a position to prepare your own progressive coaching session plans for groups of athletes. This will give you the responsibility to develop of athletes within your club.

Course content:

this qualification is divided into five main units:

- coaching principles and ethics
- plan coaching sessions
- conduct triathlon coaching sessions
- review triathlon coaching sessions
- sport specific (delivered in the context of triathlon).



The sessions will include 11 hours of practical coaching, covering swimming, cycling and running.

Entry requirements

Candidates must have a level one certificate in coaching triathlon.

Please note

This course is being organised by Triathlon England. To book your place or for further information please contact Jon Train on **07739 526 558** or email jontrain@triathlonengland.org www.triathlonengland.org

Venue: Newham Leisure Centre
281 Prince Regent Lane
Plaistow
London
E13 8SD

Dates: Five days (days one and two together then days three and four to follow after a two week break. Day five will follow after a six week break) TBC

Time: 8.30am - 5.30pm (each day)

Duration: 45 hours

Cost: Newham residents: £470
Non-Newham residents: £470



England Athletics Assistant coach

Age: 18+ years

This qualification is for those who wish to move towards being a coach and begin to gather experience in the detail of making coaching decisions. The qualification begins the preparation to take a coaching role working under the supervision of a coach (an existing United Kingdom Athletics level two coach or higher) or working from a UKA task card or session a plan written by the supervising coach.

The basics of movement (biomechanics) will be taught and an introduction to some of the detail of athletics events will be taught. This course can be taken without having to take a leader award, although this progression is encouraged.

Please note

This course is being organised through England Athletics. To book your place please email coach-ed@englandathletics.org

An application form must be completed and returned to England Athletics with a passport photo 28 days before the course start date.

You can download an application form from www.englandathletics.org and return to **England Athletics, Wellington House, Starley Way, Birmingham International Park, Solihull B37 7HE. Customer Services can be contacted on 0121 781 7248.**

- Venue:** Newham Leisure Centre
281 Prince Regent Lane
Plaistow
London
E13 8SD
- Dates:** Saturday 17 March 2012 (day one)
Saturday 24 March 2012 (day two)
- Times:** 9am - 5pm (both days)
- Duration:** 16 Hours
- Cost:** Non-Affiliated members £175
Affiliated members: £130.00
Registered Newham
Volunteers: FREE

Course 16



Course 17

The Regatta Centre Courses in rowing

Age: 16+ years

The London Regatta Centre is a world class water sports facility with a 2000m rowing course and located in the heart of the Docklands.

The centre offers numerous specialist features which make it ideal for hosting coaching courses for disabled and able-bodied people in a range of watersports. The centre also runs nationally recognised coaching courses.

If you would like further information please contact **020 7511 2211** or email rowing@simongoodey.co.uk

Venue:	London Regatta Centre Dockside Road London E16 2QT
Dates:	Varies depending on course
Times:	Varies depending on course
Duration:	Varies depending on course
Cost:	Varies depending on course





The Mayor's Olympic Legacy Fund application form

The Mayor of London's Sports Legacy Fund subsidises the cost of training to increase the number of Londoners working and volunteering in sports and physical activity in the run up to the 2012 Games.

The fund offers to pay up to 75 per cent off courses in coaching and officiating, community sport, volunteering, leisure, health and disability sport.

Please note:

The Mayor's Legacy Sports Fund is not a reimbursement fund. You need to apply a minimum of four weeks before your desired course starts. This allows us time to process your application and ensure a place is available on the course.

Please note that not all applications are successful. Eligibility for funding is dependent on:

- the applicant is a resident in any of the 33 London boroughs
- you commit to volunteering in one or more of the 33 London boroughs
- you undertake unpaid voluntary work with a London-based community sports organisation or leisure provider

You will be asked to nominate a referee to who will be contacted by The National Skills Academy to verify your application. This referee will need to be from the club or organisation where you wish to volunteer. Please be aware your application will not be processed until your referee has confirmed your eligibility.

If you have any questions about the scheme, please do not hesitate to contact us on **020 7632 2915** or email mayorslegacy@sportactivensa.co.uk

www.sportactivensa.co.uk/mayorslegacy

You can view all details of this brochure at www.newham.gov.uk

Booking conditions

The following conditions apply:

- bookings are made on a first come, first served basis
- the closing date for all courses is 14 days prior to the start of the course
- you are required to send a 50 percent deposit within ten days of confirming your booking
- refunds will only be given in exceptional circumstances and never once the course has commenced
- the organisers reserve the right to change dates or venues if necessary and to cancel courses that are undersubscribed. In this instance you will be reimbursed by cheque
- candidates must meet the entry requirements and pre-requisites of the course
- Newham residents will need to provide proof of address. Please send a copy of a document with your name and address clearly shown, for example, a bill, passport, driving license
- you must attend all dates advertised for the course; see course details for more information
- once registered, if you fail to attend or complete a course, it will be recorded. If the offence is repeated for a second time you will be black listed and removed from the programme. If notice of three weeks or more is given or reasons of exceptional circumstances given, the removal will not be enforced
- please arrive 15 minutes before your course is due to start. Late arrivals may be turned away
- Data Protection Act 1998: information provided by you and obtained by Newham Leisure Services will be used to monitor your progress within this scheme and to send relevant information to you. The information may also be shared with national sports governing bodies for course purposes
- we reserve the right to charge for all resources purchased if you fail to attend the course
- proof of identity and address is required
- if you are a Newham Volunteer who is accessing this programme free of charge and you do not attend, you will not be able to access any further free training and will be black listed.



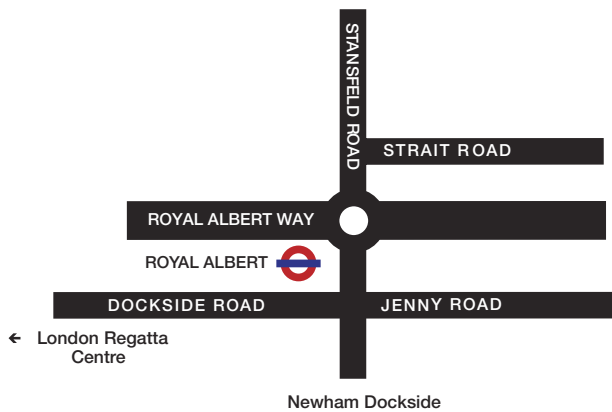


Venue details



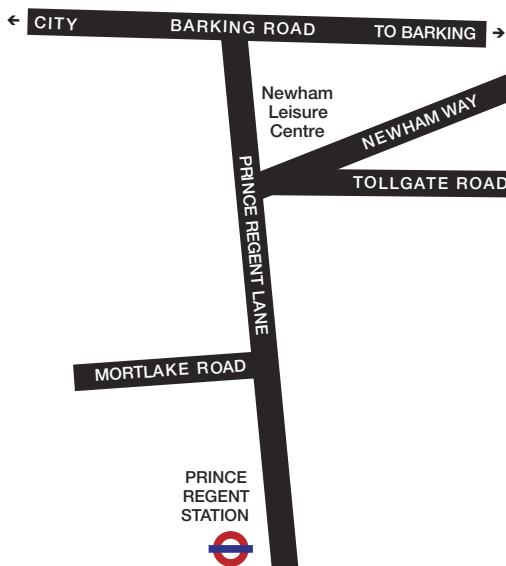
Newham Sixth Form College

Prince Regent Lane
Plaistow
London
E13 8SG



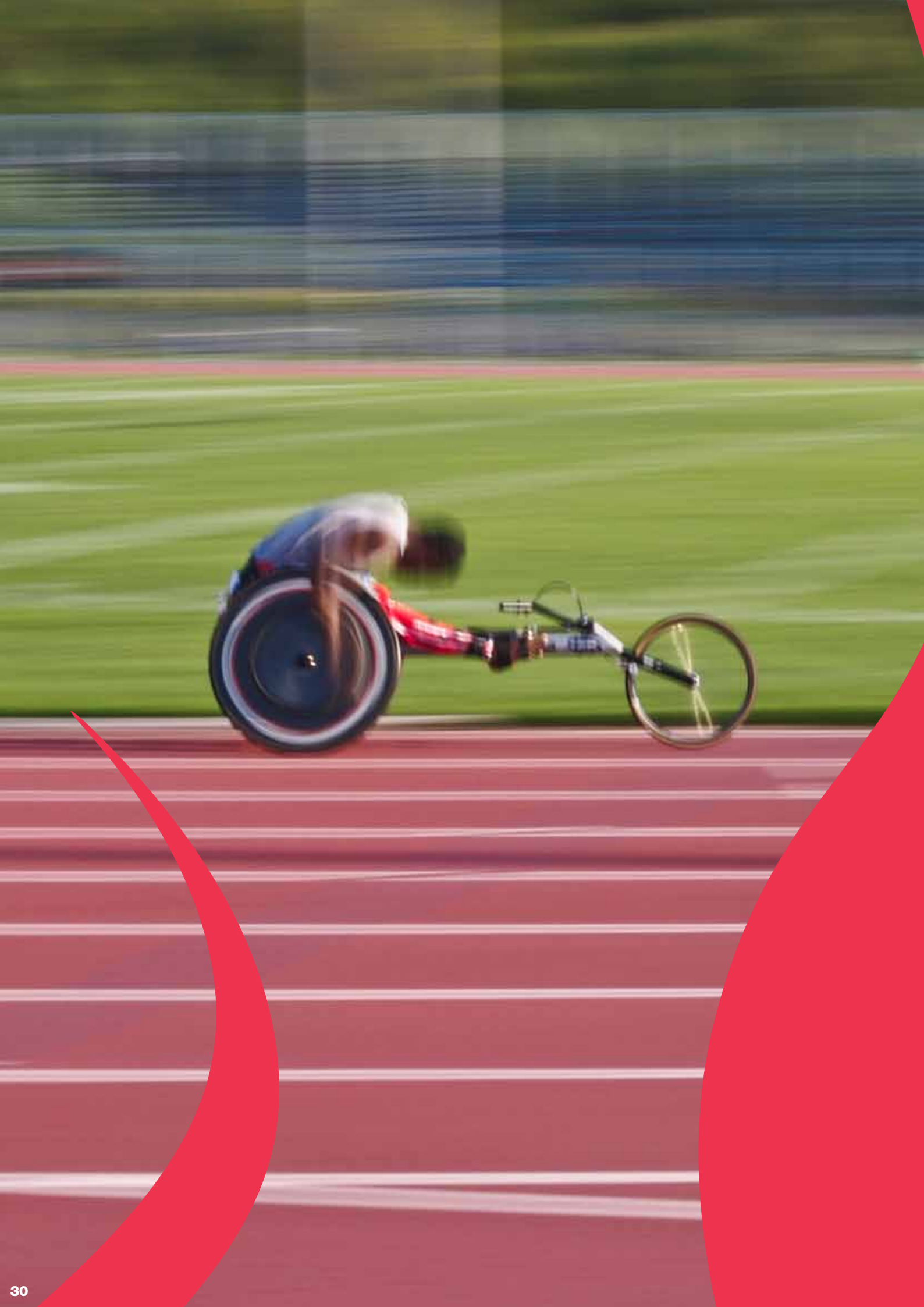
Newham Dockside

1000 Dockside Road
London
E16 2QU



Newham Leisure Centre

281 Prince Regent Lane
Plaistow
London
E13 8SD



Further Information

For further information on any of the courses outlined in this brochure or information on the Sports Volunteer programme, Coach Education programme or ongoing sports placements, please contact Alison Mitchell on **0203 373 7661** or email **alison.mitchell@newham.gov.uk**

If you're a registered Newham volunteer and would like to access free coach education training, please contact Alison Mitchell directly as certain criteria will need to be checked and assessed.

Booking details

To book a course and make all payments please phone **020 8430 2000 ext. 40999**. Alternatively you can book online at: **www.newham.gov.uk/sportsvolunteer**

Volunteers programme or to register as a Newham Volunteer

Telephone: **020 8430 3598**
Email **volunteers@newham.gov.uk**

Newham Environmental Volunteer programme

For further information on the Environmental Volunteer programme, please contact Liz Whitworth on **020 3373 1269** or email **liz.whitworth@newham.gov.uk**

