

IN FOCUS FOREST GATE

April 2011

Wanstead Flats 2012 police base to go ahead

Councillors in Forest Gate have vowed to make sure that the lives of residents will not be disrupted when the Metropolitan Police builds a temporary police base on Wanstead Flats to cater for their Olympic needs.

Last year, In Focus asked you to say your piece in a public consultation on whether the police could construct a temporary briefing base in the fairground area in Wanstead Flats. The results of that consultation have now been made public with Redbridge approving the plans.

However, Newham's Strategic Development Committee had raised concerns that the development will have a detrimental effect on nearby neighbourhoods due to night time noise and increased traffic.



The fairground area in Wanstead Flats

Police will build a temporary base here during the Games



“We want to be assured that every step has been taken to ensure that people will not be affected by excessive noise when the construction starts.”

Community lead councillor, Kay Scoresby, said: “While we accept the police base will be going ahead, we want residents to know that we will be doing everything we can to make sure it does so with minimum disruption. We want to be assured that every step has been taken to ensure that people

will not be affected by excessive noise when the construction starts.”

Councillors have called for building noise to be limited to between 8am and 6pm Monday to Friday, 8am to 1pm on Saturday and at no time during Sundays and public holidays. No work should start before 23 June 2012.

They also want residents to have a say over a restoration plan in place that will restore the site to a satisfactory level with all work completed by 21 November 2012.

During the Games the police service will deploy a large number of officers across London to ensure the safe running of the event.

CONTACT US

If your group has an activity to promote please contact us on: 020 3373 2684 or email infocus@newham.gov.uk



We've bin on your street



Recycling has got a whole lot easier with the introduction of recycling bins with an orange lid across the borough.

We've almost finished delivering the bins to homes that we have determined have space following a door to door assessment.

If you haven't received your bin yet, don't worry, we're getting them to you as quickly as we can.

You should continue using orange recycling bags, placing them beside your rubbish bin, not inside, until you receive your recycling bin.

Please note that:

- you can recycle all cardboard in your new bin
- rubbish bins will be collected in the morning
- recycling bins will be collected in the afternoon/evening
- put your recyclables directly into your bin – you don't need to put them in a bag first
- if you live in a high or low rise flat you should continue using orange recycling bags as normal. We'll be consulting with residents in these properties to see what improvements they would like to see with their recycling service soon – look out for details.

For more details on what you can recycle visit www.newham.gov.uk/recycling



If you are wondering why there's an increased police presence in Woodgrange Road, it's because of a new innovative approach to tackle crime and anti-social behaviour (ASB) in the area.

The new initiative, known as Operation Omada, sees a large number of police officers and Newham Council's street scene enforcement officers from across the borough flood the Woodgrange Road area and patrol it for a 30-minute period.

The aim of this is to have a high impact presence and to send out a strong message to residents – that police are on the streets.

Operation Omada is a response to residents' and businesses' concerns about crime and ASB in the area and the approach is proven to reduce ASB. It is an ongoing initiative which will be monitored closely for results.

TIMED WASTE COLLECTIONS MAKE **CLEANER STREETS**

Timed waste collections for businesses were introduced two months ago along Woodgrange Road, Woodford Road and Upton Lane to help keep Forest Gate town centre tidy.

The new times mean that all businesses and flats above shops must put out their waste in specified one-hour slots in the morning or evening to ensure that commercial and domestic rubbish is on busy shopping streets for the minimum amount of time.

If businesses and residents do not comply they may face a fine of £80 or prosecution leading to a fine of up to £2,500.

The council's street scene

enforcement officers have been patrolling the streets daily and have noted a high level of compliance and a significant improvement in the area's appearance.

Timed waste collections are Monday to Saturdays for the affected roads:

Woodford Road: mornings: 10-11am and evenings: 6pm-7pm

Upton Lane: mornings: 11.15am-12.15pm and evenings: 6.30-7.30pm

Woodgrange Road: mornings: 10-11am and evenings 6-7pm

For more information call 020 8430 2000 or email timedwastecollections@newham.gov.uk

Let's get physical

Does walking up the stairs work you into a sweat? Is your idea of muscle-flexing raising a pint? If this sounds familiar to you, and you want to do something about it then the Let's Get Moving programme is right up your street.

The scheme provides a range of activities to suit your tastes, including tonetastic at Field Community Centre and nordic walking, jogging and running and gym sessions at the Atherton Leisure Centre.

As well as the sessions, Newham Council is also offering you an initial



(l) Sandra Porter and (r) Kamijit Khela try out Nordic walking with instructor Daniel Hooper

one-to-one motivational interview to signpost you to activities, set goals and give you support by meeting with you on the first, sixth and twelfth month stages. This is to check on your progress and review your goals.

Meet a sports officer at Lord Lister Surgery in Woodgrange Road every Tuesday between

10-10.15am or meet at the Field Community Centre in Station Road at 10.30am. The new NHS led initiative is being run in conjunction with Newham Council to help you maintain a healthy and active lifestyle.

To find out more call Daniel Hooper on 020 3373 1327 or email getactive@newham.gov.uk

Forest Gate festival looking for hot talent

Are you bursting with talent but not had your chance to show it off? Then the Forest Gate Festival talent quest could be your first taste of stardom.

Whether you're a warbler, juggler, actor or dancer – talented residents, what ever your ability or ages, are welcome to come and take part in the festival's search for the best home-grown entertainment in Forest Gate.

The festival takes place on Saturday 9 July along the length of Osborne Road, and as part of the line-up there will be a live entertainment stage. Part of that entertainment could be you if you make it through the auditions.

Sally Rogers, who's organising the quest said: "We've been running the talent showcase at the festival for the past two years and it has fast become



Forest Gate Festival 2006 photo by Mike Smith



Stiltwalker at the 2005 Forest Gate Festival - photo by Mike Smith

one of our most popular features on the day, with crowds coming to watch the successful acts."

The first audition is on Saturday 21 May from 12noon-3pm at Durning Hall, Earlham Grove, E7. Just turn up on the day to register. To find out more email Sally at sally.rogers@community-links.org

Spotlight on...

Cancer Your Are Not Alone (CYANA)

CYANA was set up 27 years ago by two women, who were at a loss after finishing their cancer treatment in hospital, where they met.

Twenty-seven years on, and with a small team of staff and volunteers, CYANA, continues to provide much needed support for people affected by any cancer across Newham.

Manager, Tina Dugard, said: "We provide emotional support for cancer victims and their families. Everyone who works here is passionate about what they do and has been touched by cancer in some way."

Delores Small has been coming to CYANA for 16 years. She said: "I was diagnosed with breast cancer in 1991. After my treatment, I felt lost; I would just sit there and cry.

"My doctor referred me to CYANA after my operation. The people here were a tower of strength and became my second family. There's such a homely

atmosphere here and there's always someone there – you don't have to be on your own."

Supported by NHS Newham, CYANA offers one-to-one counselling, support groups, home visits, social opportunities and outreach work. It also offers a range of complementary therapies alongside conventional medical treatment including Indian head massage, reiki, reflexology, hot stone massage and aromatherapy.

To find out more, call CYANA based in Snowhill Road, Manor Park, on 020 8553 5366 or email cyana1@tiscali.co.uk



CYANA staff and support group

WHAT'S ON FOREST GATE

Forest Gate Festival organisers are looking for hot talent to take part in this year's festival. Come along to the first audition next month.

Saturday 21 May

12noon-3pm

Durning Hall

Earlham Grove, E7

Read p3 to find out more.

Try out Nordic walking, jogging or running at part of a new Let's Get Moving programme. Read p3 to find out more.

Every Tuesday

Meet at Field Community Centre
Station Road, E7

For even more things to do check out the What's On in Newham calendar, where you'll find listings for more than 6,000 events visit www.newham.com

If your group has an activity to promote please contact us on: 020 3373 2684 or email: infocus@newham.gov.uk

MEET YOUR LOCAL COUNCILLOR

Councillors out and about: If you would like a councillor to visit your community organisation, school, place of worship, meeting or event please call 020 3373 1540 or email syed.haque@newham.gov.uk.

To email your local councillor write firstname.lastname@newham.gov.uk e.g. shama.ahmad@newham.gov.uk



Shama Ahmad



Paul Brickell



Ellie Robinson



Akbar Chaudhary



Leanora Cameron



Winston Vaughan

Forest Gate North Ward
Every Saturday (alternating)
10.30 - 11.30am
Durning Hall
Earlham Grove
Forest Gate, E7

Forest Gate South Ward
Every Saturday (alternating)
except Bank Holiday weekends
10.30 - 11.30am
The Gate, 4 - 20 Woodgrange Road
Forest Gate, E7

Need to talk to Mayor Sir Robin Wales? Being an elected mayor, Sir Robin is directly accountable to you. Look out for Question Time times and dates in the Newham Mag, visit www.newham.gov.uk/mayor or call 020 3373 0437.