



Family learning week during half term (13 - 17 February)

Get inspired by the 2012 Games!



Monday 13

10am -1pm

Get active with Sheila's Yummy Mummy Fitness Club and meet other mums!

meet by the Café in the Park, Central Park

Tuesday

12noon-3pm

Family arts and crafts

meet by the Café in the Park, Central Park

Wednesday

12noon-3pm

Family land art

meet by the Café in the Park, Central Park

Thursday

12noon-3pm

Puppet show

meet by the Café in the Park, Central Park

Friday

11am-1pm

Visit our community garden in the bowling green and join volunteers in get growing activities

meet by the bowling green pavilion (entrance by the tennis courts)

All ages and abilities welcome, children under 16 years of age must be accompanied by an adult.

Brought to you by the Mayor of Newham

For more information, contact Leisure on 020 3373 7511.