

EAST HAM » IN FOCUS

Covering East Ham South,
Central and Wall End

ACTions speak louder than words



Sir Robin surrounded by councillors and ACT volunteers with their lotus lantern creation

If you're looking for a New Year's resolution that can really make a difference to yourself and your neighbourhood sign up to volunteer as part of East Ham's Active Community Team (ACT).

Leading lights in East Ham's ACT have supported and delivered a number of events, the most recent being the lantern procession as part of the sparkling Christmas lights switch on.

Scores of children and their parents gathered at Vicarage Primary School to take part in a banner and lantern-making workshop, hosted by the ACT, before joining the main procession as it wound its way through the area's streets.

East Ham South Ward councillor Quintin Peppiatt was on hand to help

out at the workshop and Wall End ward councillor Ted Sparrowhawk was joined by Mayor Sir Robin Wales and community lead councillor Lakmini Shah.

The event was made possible after lead ACT member Lim Sabu applied for funding from Newham Council's Go For It Grant (GFI) programme, which is awarded to individuals and organisations that provide activities that benefit members of their communities.

With Christmas now out of the way, members of East Ham's Active Community Team (ACT) are looking for new volunteers to help with its programme of events for the year, starting with the Spring Festival, which will take place on Saturday 5 March. Details are yet to be finalised, so keep reading your In Focus for updates.

Community lead councillor Lakmini Shah said: "Our events are always well-attended and the lantern procession was no exception. It's important that volunteers come forward and continue to support activities taking place in our area, which help bring people together.

"I'd like to hear from anyone with ideas about what we could include in our upcoming Spring Festival."

There's plenty of opportunity for people to get involved in their communities. People can look at our events diary online or in the Newham Mag to choose the events they want to participate in.

If you would like to become an ACT volunteer call Kim Vasa on 020 3373 3578 or email kim.vasa@newham.gov.uk

Ring in a green new year

Put recycling on the top of your New Year's resolution list and kick off 2011 with a green promise to make Newham a cleaner, greener place for everyone.

Thirty per cent more rubbish is produced over the Christmas holidays – here are some top tips to help you reduce your waste:

- put your wrapping paper, Christmas cards, plastic bottles, magazines and cans in your orange bag
- recycle your Christmas tree for free by calling the council to book a collection on 020 8430 2000
- take your empty glass bottles and jars to a recycling bank near you
- got a new piece of furniture for Christmas and want to get rid of the old one? The council can take up to six bulky items for free – book a collection by visiting www.newham.gov.uk or call 020 8430 2000.

For more information on recycling visit www.newham.gov.uk



(back l-r) Sonia Paerson (teaching assistant), Peter Timms (teacher), Paul Watson and Dave Heale (cleansing supervisors)



Lathom pupils give streets a clean sweep

Lathom Junior School pupils did East Ham proud when students tidied the streets as part of their education to raise awareness and instil pride in their environment.

Fourteen pupils picked up litter along Lathom Road and High Street North and collected four big bags of rubbish in an hour.

Teacher Peter Timms said: "The aim of the tidy up was to make children realise the amount of rubbish around them and to show adults that children are taking responsibility in East Ham to look after their environment and encourage them to do the same."

The tidy up event was organised by Peter in conjunction with Newham Council. Peter invited two Newham Council cleaning experts, with almost 30 years of service in cleansing, waste and recycling, to offer words of wisdom to the youngsters.

Supervisor Paul Watson said: "Learning about recycling and keeping your area clean starts here – in primary schools."

Paul's colleague Dave Heale, also a supervisor, added: "It's nice to see young children involved in keeping their area clean and hopefully it makes them more aware of rubbish and the effort it takes in keeping our streets tidy."

GET YOUR CANINES INTO THIS

If you feel strongly about dangerous dogs or dog mess dirtying your streets then sign up your canines to a campaign which encourages responsible dog ownership in East Ham.

Recently surveyed residents put dog mess and dangerous dogs at the top of their list of priorities to tackle when speaking with their local councillors.

As a result, Newham Council, in conjunction with councillors, is organising a FREE event to raise awareness about responsible dog ownership.

Come to Central Park and have

your dog microchipped by the Dogs Trust, be part of a consultation on new dog control orders and find out how you can play a part in preventing dog mess.

Responsible dog ownership event

Thursday 13 January
1-3pm

Central Park

High Street South, E6

Call 0800 519 4015 or email community.forums@newham.gov.uk for more information

Look back at 2010

Each month, In Focus brings you news of people, improvements and events in your area. Here, we look back on a choice few of your favourite stories.

1. Volunteers are the borough's backbone – they work with the council to make so many events possible including the Mayor's Newham Show

2. The council takes a no nonsense approach to illegal car sales on Rancliffe Road and other hotspots across the borough

1. Volunteers Sarah Chapman and Lim Sabu prepare to help out at the Mayor's Newham Show in Central Park



2. Street scene enforcement officer Angela William checks the particulars of a vehicle



3. Cllr Umesh Desai with Maria Rachan in the revamped LSC



3. The Local Service Centre in Barking Road is looking perkier after refurbishments were made to make the centre more comfortable, brighter, more accessible for disabled people and more up-to-date

4. Gooseley Playing Fields got a total makeover as part of the council's Environmental Improvement Programme to improve roads and parks across the borough



4. (l-r) Simona, Mia, Linda Abraham, Jawahir, Denise Owen, Layla and (back) mum Sakira and baby Ammar test out the new play equipment in Gooseley Playing Fields

Get in touch

If you have any news you want to tell In Focus, email infocus@newham.gov.uk or call 020 3373 2684

SPOTLIGHT ON...

WOMEN'S BUSINESS CENTRE

Getting ahead in business is tough these days, especially in the current economic climate, and for women it can be even more difficult.

However, the Women's Business Centre in High Street South is a place where both men and women can get great advice and find a home for their businesses.

The award winning not-for-profit organisation is based in the Newham College of Further Education in High Street South and has been open since May 2008.

The building offers training, networking, coaching and incubation offices for start-ups where people can grow their businesses.

Centre Manager Chinwe Ozugha said: "We've had all sorts of businesses through our doors, from decorators to film producers. We concentrate on giving people the business skills they need to succeed and focusing on their personal development.

Our highly qualified team of



Stephen Timms alongside Womens' Business Centre user Sheila Singh and Helen Omokeji

advisers, trainers and coaches are committed to providing top quality, tailored business support services that can fit into every woman's budget."

Sheila Singh, who runs a teacher training company called the London School of Academics from the centre, said: "I've benefited hugely from the fantastic help and support since moving here.

"The centre's excellent combination of events, coaching, workshops and training means that it's easy to learn new skills and find the help you need."

For more details about the Women's Business Centre call 020 8257 4204 or email info@herbusiness.co.uk

WHAT'S ON EAST HAM

Plant for Life – calling all volunteers interested in learning more about horticulture. Come and help plant new trees and shrubs

Thursday 13 January
and Saturday 15 January
Goosley Playing Fields
St Alban's Avenue, E6
To find out more call 020 8430 2000
or email yourparks@newham.gov.uk

Get back in shape with these FREE health walks

Meet at 1.30pm
Central Park
High Street South, E6
Meet at the war memorial
Please arrive ten minutes before the session starts

For even more things to do check out the What's On calendar on the Newham website, where you'll find listings for more than 6,000 events: www.newham.gov.uk/whatson

If your group has an activity to promote please contact us on 020 3373 2684 or email infocus@newham.gov.uk

MEET YOUR LOCAL COUNCILLOR

Councillors out and about: If you would like a councillor to visit your community organisation, school, place of worship, meeting or event please call 020 3373 3578 or email kim.vasa@newham.gov.uk
To email your local councillor write firstname.lastname@newham.gov.uk e.g. kevin.jenkins@newham.gov.uk



Kevin Jenkins OBE



Rev. Quintin Peppiatt



Lakmini Shah

East Ham South Ward

Cllr Jenkins
Every Saturday
(except bank holidays),
9.30-11am
Brampton Primary
School, Masterman
Road, East Ham, E6
First and third
Saturday of the month
(except bank holidays)

1- 3pm
Roman Road
Primary School
Roman Road, E6

Cllrs Peppiatt and Shah
Every Saturday
(alternating)
10am, Vicarage Lane
Primary School Vicarage
Lane, East Ham, E6



Ian Corbett



Unmesh Desai



Mary Skyers

East Ham Central Ward

Cllrs Corbett and Desai
Every Friday
5.30-6.30pm
Committee Room 3
Newham Town Hall
Barking Road
East Ham, E6

Cllr Skyers
First Saturday of
the month
10-11am
The Hartley Centre
267 Barking Road
East Ham, E6



Omana Gangadharan



Lester Hudson



Ted Sparrowhawk

Wall End Ward

Cllr Gangadharan
Second Saturday of
the month
Cllr Hudson
Fourth Saturday of
the month
10am-12noon
Altmore School
Altmore Avenue
East Ham, E6

Cllr Sparrowhawk
First and third
Saturday of the month
10.30am-12noon
Nelson Primary
School
Caretakers House
Napier Road
East Ham, E6

Need to talk to Mayor Sir Robin Wales? Being an elected mayor, Sir Robin is directly accountable to you.

Look out for Question Time times and dates in the Newham Mag, visit www.newham.gov.uk/mayor or call 020 3373 0437.