

IN FOCUS EAST HAM

October 2011

ROCK 'N' ROLLING AT EAST HAM SUMMER FESTIVAL

The recently updated Gooseley Playing Field was the venue for this year's East Ham Summer Festival called Let's Get Rolling.

Almost 1,500 people attended the event and took part in a whole host of activities from BMX biking, cake decorating, felt jewellery making, aqua zorbing and healthy eating workshops and tasters with the Jamie Oliver's Ministry of Food.

Visitors found out about their fitness with a health MOT and there were also first aid demonstrations,



Aqua zorbing



Cllrs Peppiatt, Shah and Jenkins with ACT volunteers, balloon making lady and punters

reiki and massage therapy and football and basketball sessions.

Throughout the day there were a variety of performances by African Dance, Deborah Day Theatre Trust, Club Sputnik Russian Folk Dance, Ambassadors of Dhol, Wells Belles Choir and classical Indian Dance.

Community lead councillor, Lakmini Shah, said: This year's event focussed on health, well-being and active lifestyles and was so well attended.

"As well as bringing our local community together to enjoy themselves through a variety of activities and entertainment, our events are a great opportunity get an understanding of local priorities as well as feedback on the actions and improvements we are making to the local area."

Football 
Foundation

CONTACT US

If your group has an activity to promote please contact us on 020 3373 2684 or email infocus@newham.gov.uk

Newham London 

Games makers wanted

Newham Young Mayor Ali Mohamed is encouraging all the borough's 16 to 18 year-olds to grab the opportunity of a lifetime and volunteer during the Olympic and Paralympic Games.

During her time as Young Mayor, Ali's predecessor Kaycee De Belen was instrumental in lowering the volunteering age for the Games from 18 to 16 years so that more teens had the chance to be involved.

The London Organising Committee for the Olympic Games (LOCOG) are holding a national selection event to choose teams of anything from two to 18 people to help with next year's events. Whether you're a group of friends or a specialist team, like a sport, dance or music group, as long as you have a supporting adult who can guide you, get involved and next summer could be the best of your life.

Applicants have until 31 October to apply. Visit www.london2012.com/young-games-maker for full details.



Plashet Secondary School has been working with East London charity Community Links and NHS Newham to raise awareness of the warning signs of cancer. Spotting cancer early saves lives, and the 'small c' campaign is designed to help people recognise the signs and symptoms when cancer is more susceptible to treatment.

Part of the campaign has included activities for the pupils and their mums including a trip to the Breast Screening Unit at St Bartholomew's Hospital and a breast awareness

session led by a breast cancer nurse specialist, including mammograms and ultrasound/biopsy.

The project was inspired by research carried out in North East London which found that breast cancer awareness was low.

Councillor Lakmini Shah, community lead councilor for East Ham said: "It is vital that women recognise all of the symptoms of cancer and that they check regularly for them"

To find out more please visit www.smallc.org.uk

Dispersing anti-social behaviour

Newham Police working alongside the council have imposed a dispersal zone in parts of East Ham. The area is bounded by and includes Abbot's Road, Friars Road, St Bernard's Road, Stondon Walk and Wakefield Street, and aims to deter anti-social behaviour.

The dispersal order began on Saturday 1 October and will be enforced until 12pm on Saturday 31 March 2012.

The dispersal zone is being introduced following requests from residents and local businesses and the success of other dispersal zones in the borough.

The order means that a Pc or PCSO

may tell people in a group to leave the area and or leave the area for period of time (not more than 24 hours) from when the order was given.

Executive member for crime and anti-social behaviour, Cllr Unmesh Desai, said: "We have listened to residents' concerns and taken action to stamp out anti-social behaviour.

"Dispersal orders have worked well in other parts of the borough and our street scene enforcement officers will work with the police to ensure that anyone caught flouting the order will be punished. We will not tolerate the lives of our hard-working residents being disrupted by the poor behaviour of an unruly minority."



Cllr Lester Hudson and residents walking their way to fitness in Barking Road Recreation Park

Newham's Health Walk Leaders have been out in the East Ham area, getting local people active and informing them about the benefits of getting their bodies moving.

Councillors Omana Gangadharan and Lester Hudson joined the walk leaders and 31 residents in Barking Road Recreation Park for a stroll around the green space.

In addition, people could also take

part in Zumba sessions and the parks team were on hand to ask residents their views on how they want to use the park and ways to improve it, as well as signing up people interested in forming a Friends of Barking Road Recreation Park Group.

Councillor Lester Hudson, ward member for Wall End, said: "We want to ensure that our parks are places that people enjoy using and feel

safe in. Activities like this bring local people together. We have recently recruited some new walk leaders and will have an established walking group in the park soon."

If you are interested to know more about joining your local walk group or Friends of Park group please contact Kim Vasa on 020 3373 3578 or via email kim.vasa@newham.gov.uk

DRAWING FOR ALL AGES AND ABILITIES

The Campaign for Drawing is hosting its annual Big Draw workshops aimed at bringing communities together in creative ways.

The Big Draw is the largest drawing festival in the world, with more than 1,000 venues taking part every year, from national museums and heritage sites to nursery schools.

The council's active parks team will be running a Big Draw Week during half term (24-28 October), using the parks and their facilities for inspiration to get everybody drawing.

If you are an artist who would like to contribute your time or artwork and help shape the event, a volunteer who would like to help, a member of the public who has ideas to share or a sponsor that could donate or share art materials, we want to hear from you.

Councillor Mary Skyers, ward member for East Ham Central, said: "Drawing is a great way to break down barriers and help people to express themselves.

"I would like to encourage residents, their families and friends to take part and get involved in this wonderful event and contribute to our great community spirit."

Please contact Ola Rug by calling 020 3373 9296 or via email at ola.rug@newham.gov.uk with your ideas, requirements and availability to take part. For more information about The Big Draw Campaign please visit: www.campaignfordrawing.org/home/index.aspx



Spotlight on... on crime and disorder



Take a close look at these CCTV images, do you recognise anyone? Newham Police want to speak to these people in connection with the disturbances experienced in London this summer.

Since August, Newham Council has been supporting the police's efforts to hold those involved in looting and disorder to account. Since August, the Newham Mag

has hosted images of suspected criminals up to no good. An unprecedented response from residents and business has identified many culprits but these people are still wanted for questioning.

We need your help. If you have any information that could help the police, call 020 8217 5078 or Crimestoppers, in confidence, on 0800 555 1111.

WHAT'S ON EAST HAM

Speak to Sir Robin Mayor's surgery,

Tuesday 18 October, 5-6pm,
Newham Town Hall, Barking Road, E6
For more information call 020 3373 8444

Bring your Pooch to the park Agility training, free micro-chipping and a fun day out with your dog.

Tuesday 15 November, 11am-4pm,
Central Park, High Street South, E6
For more information call 020 8430 2000

Water Confidence for Pregnant Women

For new and expectant mums
East Ham Leisure Centre:
Monday 17, 24-31 October,
12noon-12.45pm
For more information call
Alex on 07791 661700

For even more things to do check out the What's On in Newham calendar, where you'll find listings for more than 6,000 events visit www.newham.com

If your group has an activity to promote please contact us on: 020 3373 2684 or email: infocus@newham.gov.uk

MEET YOUR LOCAL COUNCILLOR

Councillors out and about: If you would like a councillor to visit your community organisation, school, place of worship, meeting or event please call 020 3373 3578 or email kim.vasa@newham.gov.uk
To email your local councillor write firstname.lastname@newham.gov.uk e.g. kevin.jenkins@newham.gov.uk



Kevin Jenkins OBE



Rev. Quintin Peppiatt



Lakmini Shah



Ian Corbett



Unmesh Desai



Mary Skyers



Ormana Gangadharan



Lester Hudson



Ted Sparrowhawk

East Ham South Ward

Cllr Jenkins
Every Saturday (except bank holidays), 9.30-11am
Brampton Primary School, Masterman Road,
East Ham, E6

First and third Saturday of the month
(except bank holidays), 1- 3pm
Roman Road Primary School, Roman Road, E6

Cllrs Peppiatt and Shah
Every Saturday (alternating), 10am
Vicarage Lane Primary School, Vicarage Lane,
East Ham, E6

East Ham Central Ward

Cllrs Corbett and Desai
Every Friday, 5.30-6.30pm
Committee Room 3, Newham Town Hall,
Barking Road
East Ham, E6

Cllr Skyers
First Saturday of the month, 10-11am
The Hartley Centre, 267 Barking Road
East Ham, E6

Wall End Ward

Cllr Gangadharan
Second Saturday of the month, 10am-12noon

Cllr Hudson
Fourth Saturday of the month, 10am-12noon
Altmore School, Altmore Avenue, East Ham, E6

Cllr Sparrowhawk
First and third Saturday of the month
10.30am-12noon
Nelson Primary School
Caretaker's house, Napier Road
East Ham, E6

Need to talk to Mayor Sir Robin Wales? Being an elected mayor, Sir Robin is directly accountable to you. Look out for Question Time times and dates in the Newham Mag, visit www.newham.gov.uk/mayor or call 020 3373 0437.