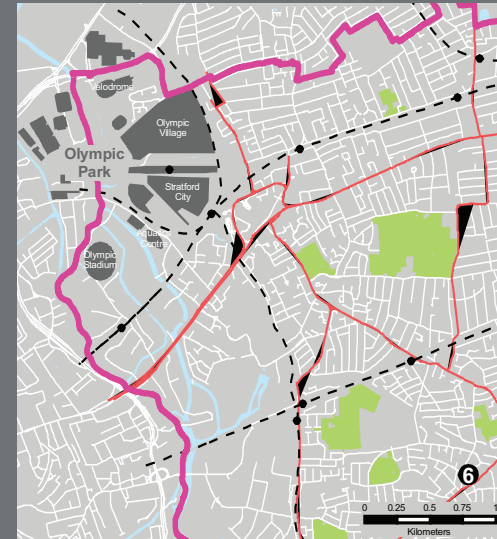


06

# Balaam Leisure Centre

**Location:** 281 Prince Regent Lane, Plaistow, London E13 8SD

**Getting about:** Tube: Plaistow (District and Hammersmith & City Lines) (1.0km)  
 Railway: West Ham (3.1km), Docklands Light Railway (DLR): Prince Regent (1.1km)  
 London City Airport (2.6km)











Balaam Leisure Centre offers an excellent opportunity for a team to base itself in the heart of Newham, just 3km from the Olympic Park and the ExCeL Exhibition Centre.

**Likely use:** Sporting



## Facilities

-  25m x 13m Main Pool
-  16.8m x 14.5m Learner Pool
-  Refreshment Area
-  Dance Studio
-  Health Suite
-  30 Station Fitness Room
-  Free Weights Room
- Lower Hall
-  14 parking spaces (2 disabled)

## What's nearby?

Olympic Park  
 & Stratford Station: 3.2km

Newham VI Form College: 1.4km

Newham Leisure Centre: 1.7km

ExCeL Exhibition Centre: 3.2km

## Enquiries, Tours and Bookings

Newham Unit for the 2012 Games  
 Dockside, 1000 Dockside Road, London E16 2QU  
 Tel: 020 3430 2012 Email: [office@newham.gov.uk](mailto:office@newham.gov.uk)

