

Event Calendar

Date	Time	Event Organiser	Location/Link	Description
Mondays, Tuesdays and Fridays	9am - 5pm	Domestic Abuse Drop-in Support - Hestia	Newham University Hospital, Glen Rd E13 8SL	<p>Providing emotional and practical support to those experiencing domestic abuse in Newham and wider communities. Nobody should live their life in fear of physical, financial, sexual or emotional abuse.</p> <p><u>More information here ></u></p>
Mondays	10am - 4pm	Domestic Abuse Drop-in Support - Hestia	<p>Family Hub Shipman Youth Zone, 340 Print Regent Ln E16 3JH</p> <p>OR</p> <p>CGL, 3 Beckton Road, Canning Town E16 4DE</p>	<p>Providing emotional and practical support to those experiencing domestic abuse in Newham and wider communities. Nobody should live their life in fear of physical, financial, sexual or emotional abuse.</p> <p><u>More information here ></u></p>
Tuesdays	10am - 12.30pm	Domestic Abuse Drop-in Support – Hestia	Family Hub Sheringham Children Centre, Sheringham Ave E12 5PB	<p>Providing emotional and practical support to those experiencing domestic abuse in Newham and wider communities. Nobody should live their life in fear of physical, financial, sexual or emotional abuse.</p> <p><u>More information here ></u></p>

Tue 25 Nov	10am - 12pm	Domestic Abuse Awareness & Specialist IDVA Service - Hestia	Online <u>Register on Eventbrite ></u>	Learn about Hestia's domestic abuse services, how IDVAs support survivors, and routes into help in Newham.
Tue 25 Nov	12pm - 2pm	White Ribbon Day Awareness Session - Newham Council	1000 Dockside Road, E16 2QU	Professionals only: In-person awareness session of White Ribbon Day.
Tue 25 Nov	12pm - 12.30pm	Stand Up Against Harassment: Bystander training- Suzy Lamplugh Trust	Online <u>Register your attendance ></u>	A short session on safe bystander actions in public spaces and workplaces. Learn simple steps to defuse situations and support someone experiencing harassment.
Wed 26 Nov	4pm - 5pm	Men as Allies - Token Man	Online <u>Register on Eventbrite ></u>	Practical discussion on how men can challenge norms that enable violence, and the role of workplaces in culture change.

Wed 26 Nov	2pm - 4pm	Domestic Abuse Act 2021 – Offences involving violent or abusive behaviour - Rights of Women	Online <u>Register your attendance ></u>	<p>Professionals only:</p> <p>Understand the new offences and amendments to existing legislation relating to criminal offences introduced by Part 6 of the Act. This includes:</p> <ul style="list-style-type: none">• Controlling or coercive behaviour• Threats to disclose private images• Strangulation or suffocation• Consent to serious harm for sexual• gratification not a defence to certain crimes• Extra-territorial jurisdiction. <p>It will also touch upon criminal justice system-related provisions in Part 7 of the Act.</p>
Thu 27 Nov	12pm -12.30pm	Stand Up Against Harassment: Bystander training- Suzy Lamplugh Trust	Online <u>Register your attendance ></u>	<p>A short session on safe bystander actions in public spaces and workplaces. Learn simple steps to defuse situations and support someone experiencing harassment.</p>

Thursdays	9.30am - 4pm	Domestic Abuse Drop-in Support - Hestia	Bonny Downs, The Well Community Centre, 49 Vicarage Ln E6 6DQ	<p>Providing emotional and practical support to those experiencing domestic abuse in Newham and wider communities. Nobody should live their life in fear of physical, financial, sexual or emotional abuse.</p> <p><u>More information here ></u></p>
Thursdays	10am - 3pm	Domestic Abuse Drop-in Support - Hestia	Stratford Library, 1st Floor, 3 The Grove E15 1EL	<p>Providing emotional and practical support to those experiencing domestic abuse in Newham and wider communities. Nobody should live their life in fear of physical, financial, sexual or emotional abuse.</p> <p><u>More information here ></u></p>
Thu 27 Nov	1pm - 2pm	16 Days of Activism - Older people, digital systems & abuse - Safer Places	<p>Online</p> <p><u>Register on Eventbrite ></u></p>	<p>How digital exclusion can increase vulnerability to scams and economic abuse and what services and families can do to reduce risks.</p>

Thu 27 Nov	6pm - 8pm	Deaf Community Technology Abuse Workshops - Sign Health	Online <u>Register on Zoom ></u>	<ul style="list-style-type: none"> • Real stories and challenges that deaf people face • How to keep yourself safe • Spotting signs of online abuse + more.
Fri 28 Nov	Self Paced	Stand Up' Against Street Harassment - Loreal	Online <u>Take the training ></u>	10-minute online training course on how to safely intervene when witnessing street harassment.
Fri 28 Nov	6.30pm - 8.30pm	Tech abuse in the deaf community workshop - Sign Health	Online <u>Register on Zoom ></u>	Professionals only: <ul style="list-style-type: none"> • Real stories and challenges that deaf people face with professionals • Spotting unique signs of domestic abuse in the deaf community • How to offer effective support + more.
Fridays	9am - 3pm	Domestic Abuse Drop-in Support - Hestia	Oliver Thomas Children's Centre, Oliver Thomas Nursery School, 5 Mathews Ave E6 6BU	<p>Providing emotional and practical support to those experiencing domestic abuse in Newham and wider communities. Nobody should live their life in fear of physical, financial, sexual or emotional abuse.</p> <p><u>More information here ></u></p>

Fridays	10am - 4pm	Domestic Abuse Drop-in Support - Hestia	Altmore Children Centre, Altmore Ave E6 2BX	<p>Providing emotional and practical support to those experiencing domestic abuse in Newham and wider communities. Nobody should live their life in fear of physical, financial, sexual or emotional abuse.</p> <p><u>More information here ></u></p>
Fridays	1pm - 4pm	Domestic Abuse Drop-in Support - Hestia	Kaye Rowe Children Centre, Osborne Road E7 0PH	<p>Providing emotional and practical support to those experiencing domestic abuse in Newham and wider communities. Nobody should live their life in fear of physical, financial, sexual or emotional abuse.</p> <p><u>More information here ></u></p>
Sat 29 Nov	Self Paced	Awareness of Forced Marriage course - Virtual College	Online	<p>This online course has been developed with the Forced Marriage Unit of the Foreign Office and aims to raise awareness, challenge perceptions and inform you of the correct actions to take should you suspect someone is at risk.</p>

Sun 30 Nov	Self Paced	Female Genital Mutilation: Recognising and Preventing FGM - Virtual College	Online <u>Take the training ></u>	A free online safeguarding training course developed for the Home Office by Virtual College. Over 400,000 people have so far registered for this course and 95% of those who have completed the course have said they would now do something differently in their role.
Mon 1 Dec	1pm - 2pm	Technology and Economic Abuse – Safer Places	Online <u>Register on Eventbrite ></u>	Economic abuse is often used by perpetrators to keep control over women and limit their independence. Technology that should support financial freedom, such as online banking or digital payslips, can instead be used for monitoring and restricting access. You will learn how digital tools are misused to tighten financial control and how to recognise the signs of economic harm.
Tue 2 Dec	2pm - 4pm	Domestic Abuse awareness and the Alessia Project-Hestia	Online <u>Register on Eventbrite ></u>	Learn about Hestia's DA services and the Alessia Project, including referral routes and how residents and practitioners can access help.

Tue 2 Dec	10am - 12pm	Young women and girls: sexual violence awareness - East London Rape Crisis (NIA)	Online <u>Register on Eventbrite ></u>	Join NIA's Young Women and Girls' Services for a specialist training session designed to give professionals the skills and confidence to support young women and girls affected by sexual violence.
Wed 3 Dec	11am - 3pm	Public Engagement Stand - Newham Council	East Ham, High Street North, E6 – Outside Primark	Talk to the Community Safety team and Police about local safety, reporting options and support services. Resources and advice available.
Thu 4 Dec	2pm - 4pm	Deaf Community Technology Abuse Workshops - Sign Health	Online <u>Register your attendance ></u>	<ul style="list-style-type: none"> • Real stories and challenges that deaf people face • How to keep yourself safe • Spotting signs of online abuse + more.
Fri 5 Dec	9am - 12pm	Public Engagement Stand - Newham Council	Stratford Town Centre E15	Talk to the Community Safety team and Police about local safety, reporting options and support services. Resources and advice available.

Sat 6 Dec	Self Paced	Stop Female Genital Mutilation - MOPAC	Online <u>Take the training ></u>	Read about what FGM is, the facts and figures and how MOPAC is working to end FGM and empower victims in London. Watch videos featuring the London communities that are leading the fight against FGM.
Sun 7 Dec	Self Paced	Keep Them Safe: Protecting Children from Child Sexual Exploitation course - Virtual College	Online <u>Take the training ></u>	<p>Abuse can happen to any child, anywhere. Knowing what to look for is an important way you can help to protect your children.</p> <p>This course will help you to:</p> <ul style="list-style-type: none"> • Understand child sexual exploitation • Find out how to spot the signs • Know who to report any concerns to
Mon 8 Dec	10am - 2pm	Networking in Domestic Abuse (16 Days of Activism) - Hestia	Shipman Youth Zone, 340 Prince Regent Lane E16 3JH (Sports Hall) <u>Register on Eventbrite ></u>	Professionals only: In-person networking and learning event bringing together services and community organisations working to end domestic abuse.

Tue 9 Dec	10am - 12pm 6.30pm - 8.30pm	Deaf Parents – Technology Abuse Workshops - Sign Health	Online <u>Register on Zoom (Session 1) ></u> <u>Register on Zoom (Session 2) ></u>	<ul style="list-style-type: none"> • Real stories and challenges that deaf people face • How to keep your children safe • Spotting signs of online abuse + more.
Wed 10 Dec	1pm - 2pm	AI, Deepfakes and Abuse – Safer Places	Online <u>Register on Eventbrite ></u>	How deepfakes, voice cloning and surveillance tools are being used to harass and control victims and what support is available.
Wed 10 Dec	6pm - 7.30pm	Online Safety & Technology Abuse (16-25 year olds) Workshop - Sign Health	Online <u>Register on Zoom ></u>	<ul style="list-style-type: none"> • Real stories and challenges that deaf people face • How to keep yourself safe • Spotting signs of online abuse + more.
Wed 10 Dec	6.30pm - 8.30pm	Interpreters & Translators DA in the Deaf Community Workshop - Sign Health	Online <u>Register on Zoom ></u>	<ul style="list-style-type: none"> • Real stories and challenges that deaf people face • How to keep yourself safe • Spotting signs of online abuse + more.