



I am nominating Mohini for her incredible dedication to volunteering and supporting the Newham community. Mohini has been a Newham Volunteer since 2017 and over the past nine years has given an extraordinary amount of her time helping at events and community activities across the borough.

She is a familiar and trusted face at many events, always willing to help with anything needed, from setting up and supporting activities to helping with surveys and welcoming residents. Mohini is known for her reliability, positive attitude and willingness to step in whenever support is needed.

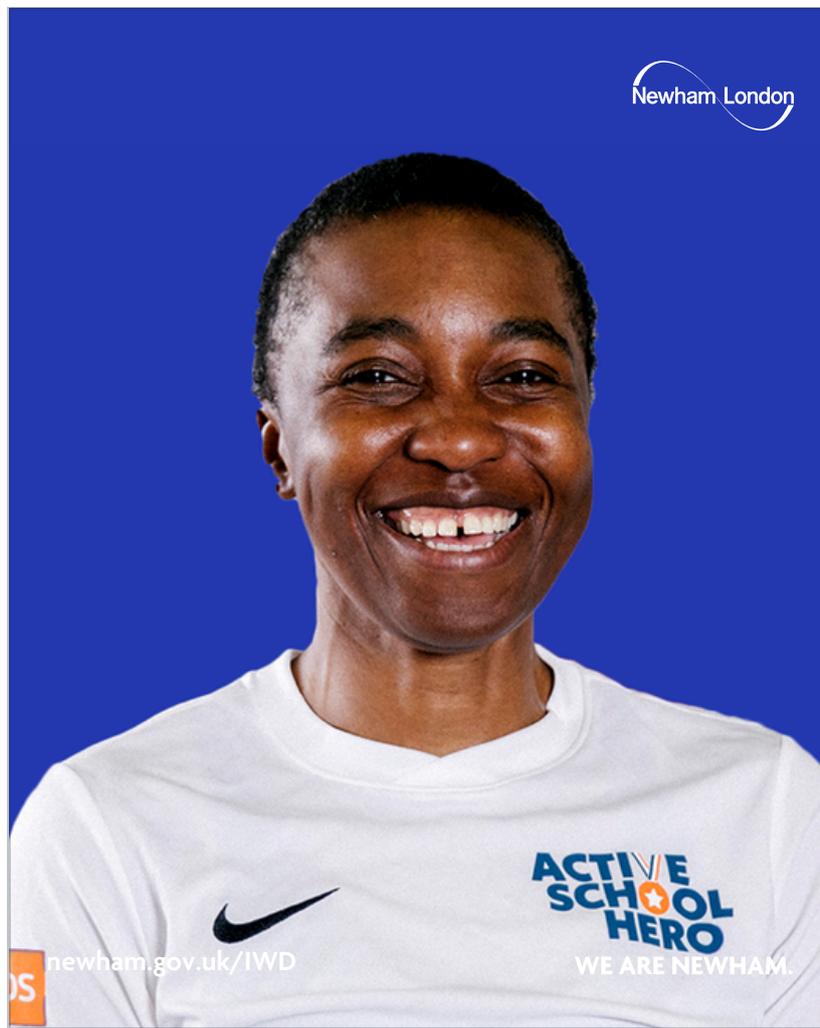
Despite having her own support needs, Mohini never lets this hold her back. With nearly 1,500 hours of volunteering and hundreds of opportunities supported, she continues to give her time to help others and strengthen her community. Her commitment, kindness and enthusiasm make her a truly deserving Newham Shero.



I'm nominating Kiran, who works at Newham Council helping communicate important updates to residents, including the 2026/27 Budget and the Outstanding Ofsted result for Children's Services. She always makes sure information is clear, accessible and inclusive so everyone can stay informed.

She's a supportive colleague who brings kindness, calm and dedication to everything she does, always putting residents first.

Alongside her senior role, Kiran is a devoted mum and is currently training for the London Marathon to raise money for Kidney Care UK. A true Newham Shero!



I'm nominating Bisi who is making a real difference by helping remove barriers to physical activity and creating welcoming spaces for women and underrepresented communities.

Through her work with older adults and residents living with long-term physical or mental health conditions, she's helped many people build confidence, improve their wellbeing and reconnect with being active. Bisi has even learned new skills like British Sign Language and guide running so residents with sensory impairments can take part too.

Her passion for inclusion and wellbeing is helping more people across Newham feel active, supported and connected.



I'm nominating Melany, who makes an incredible difference in her local community. As a parent governor and active member of school life, she supports local families, organises events and brings people together.

Beyond supporting the school, she runs play streets, jumble trails and community activities that create better spaces for children and families.

Through her work at Discover, she connects families with libraries, schools and community groups across Newham. Despite a busy job and raising two young children, Melany keeps showing up for her community - no matter what!



I'm nominating Mrs Tay!

As a teaching assistant at our school, Mrs Tay is a much-loved presence at the school gates, greeting every child and parent with warmth and making pupils feel welcomed and valued each day.

She also keeps a watchful eye on road safety, helping children cross safely and arrive at school with care.

Her kindness, positivity and dedication make a real difference to the children and families she sees every day.



I'm nominating Dilan - as an Infant Feeding Supporter with the Newham Infant Feeding Team, Dilan supports mums and families across the borough through Baby Feeding Cafés and the helpline, offering advice and reassurance in English, Arabic and Kurdish.

Before joining the team, she supported women in refugee camps in Syria with Save the Children, and in her spare time she volunteers with a charity helping new mothers in Gaza.

Her kindness, resilience and dedication to supporting women make her a truly inspiring Shero.



I'm nominating Funny!

As the founder and CEO of E6 Sisters Community Pantry and Skills Hub, Funny has created trusted spaces where families across Newham can access food, learn new skills and build confidence with dignity.

From launching community pantries to opening a new Skills Hub on the Carpenters Estate, her work supports families in crisis while helping them move towards long-term independence.

Through her compassion, leadership and deep connection to the community, Funny is empowering women and helping families move from surviving to thriving.



I'm nominating Ms Allen. As Sports Lead at our school, Ms Allen is passionate about making sure every child feels included and confident in sport. She goes above and beyond to support SEND pupils and create a positive PE experience for all.

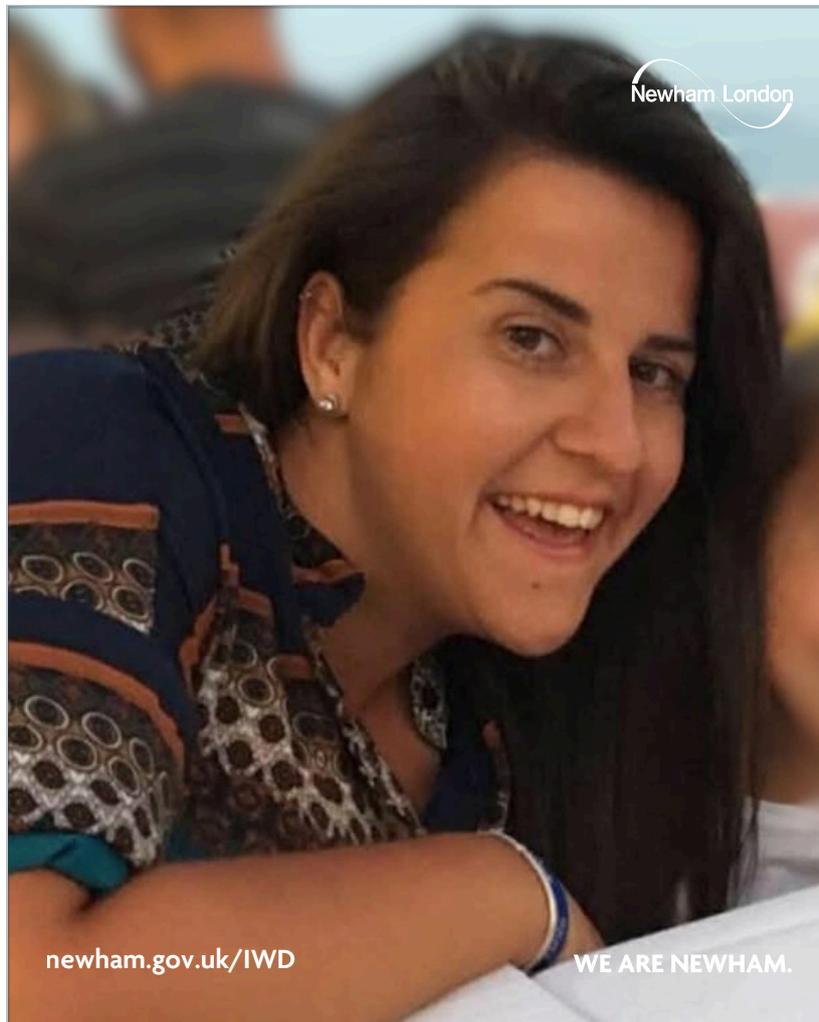
From running morning and after-school clubs to championing girls in sport, Ms Allen gives pupils more chances to get active and discover their confidence. Her positivity helps children who may struggle in the classroom feel like true champions through sport.



I'm nominating Ayesha. As a manager, Ayesha leads with empathy, fairness and integrity, always taking the time to listen and support her team. She creates a workplace where people feel heard, valued and able to do their best work.

A strong advocate for working mothers and staff wellbeing, Ayesha champions a healthy work-life balance and isn't afraid to speak up for her team.

Her compassionate leadership reminds colleagues that they matter and inspires confidence every day.



I'm nominating Lauren!

She goes above and beyond in her role, managing a large number of surgeries and liaising with patients and doctors to make sure residents get the urgent care they need - often working extra hours to keep everything running smoothly.

Last year, Lauren faced an incredibly difficult time. She stepped away from work to become her mum's carer, managing appointments and supporting her family with incredible strength and love.

Through it all, Lauren continues to stand up for others, champion the underdog and show compassion to everyone around her. Her courage, kindness and resilience truly represent the best of Newham.



I'm proud to nominate Lisa!

Lisa is a powerful advocate for the safety of women and girls in Newham. Her passion for tackling violence against women and girls goes far beyond her day-to-day work.

She regularly stands alongside communities and campaigners at women's safety rallies across the country, showing her commitment to driving real change. With experience working on this issue internationally, including in Australia, she brings both insight and determination to the work happening here in Newham.

Lisa's passion, leadership and drive to make women safer make her a Shero.



I am nominating Sanjana for the supportive and empowering leadership she shows her team across Maternity, Early Years and Oral Health.

She leads with wisdom, empathy and integrity, creating an environment where colleagues feel valued, supported and able to grow.

Sanjana invests in her team by offering thoughtful guidance, encouragement and constructive challenge that helps people develop both professionally and personally.

Her calm and balanced approach brings clarity even in pressured situations, helping strengthen collaboration and confidence across the team.

Through her generosity with time, knowledge and support, she consistently uplifts those around her and encourages others to reach their potential, making her a truly deserving Shero.



I am nominating Babs for the dedication and energy she brings to supporting the Maryland community. Babs is a passionate advocate who works closely with residents, councillors, police and council officers to improve the neighbourhood.

During Maryland Ward Panels, she brings people together to tackle local issues and has played an important role in helping resolve anti-social behaviour.

Babs is always finding ways to strengthen the community. She has promoted local projects through People Powered Places, helped organise the Maryland Festive Fun Christmas event and successfully campaigned for a Christmas tree at the Maryland clock. Her commitment to bringing people together makes her a Shero.



I'm nominating Mrs Williams for the dedication and compassion she shows in supporting her community. Originally from St Vincent, she settled in Newham many years ago and has since become a well-known and trusted figure who continues to uplift those around her.

For many years she has run a Healing Café, creating a welcoming space where people can come together for tea, conversation and support. She also regularly checks in on neighbours and community members who may need encouragement or comfort.

Now in her 80s, Mrs Williams continues to inspire others through her energy, leadership and commitment to community life. As an author and community organiser, she leads by example and her generosity makes her a truly deserving Newham Shero.