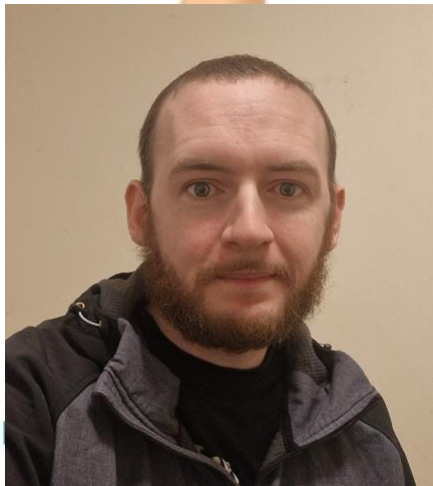


Autism Residents Advisory Group

Daniel Findlay, ARAG Co-chair



10:00- 10:05

WE ARE NEWHAM.

AGENDA

Daniel Findlay, ARAG Co-chair



1	Welcome & Introductions - Facilitators / Ebe Reps	Linda Wan, Council Co-Chair	10.00	5min
2	Meeting Rules	Daniel Findlay, Resident Co-chair	10.05	5min
3	Theme: LBN Strategies Guest Speakers LGBTQ+ IMPACT project Supported Accommodation Strategy	Sebastian Buser, IMPACT Facilitator, LBN Jason McCulloch, Snr Commissioner, LBN	10.10 10.25	15min 20min
	BREAK	BREAK	10.45	15min
4	Minutes & Matters Arising 06 October 2025	Linda Wan, Council Co-Chair	11.00	5min
5	Round Table Discussions Year 3 Priorities - Online & in-person	Linda Wan, Council Co-Chair Aisha, Trish & Tia facilitators	11.05	55min
6	Next Meeting Monday 11 May 2026 Topic: Children & YP Autism Support Services	Daniel Findlay, Resident Co-chair	12.00	0min

Supplementary events

Linda Wan, Council Co-chair

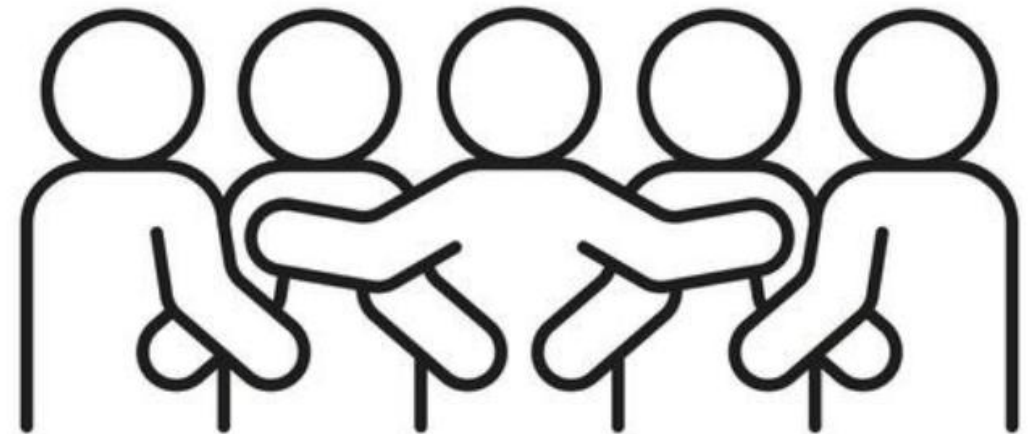
ARAG Q&A

Linda Wan, Council Co-chair



Peer-to-Peer Support Group

Christina Pillai



12:00 –13.00

WE ARE NEWHAM.

Welcome & Introductions

Welcome & Introductions

Linda Wan



Guest Speakers

1	LGBTQ+ IMPACT project	Sebastian Buser,	IMPACT Facilitator, LBN
2	Supported Accommodation Strategy	Jason McCulloch	Snr Commissioner, LBN

Welcome & Introductions

Linda Wan



Expert Resident Appointments 2025/6

1	ASDB Co-chair	Christina Pillai	(existing)
2	ARAG Co-chair	Daniel Findlay	
3	Carers Rep	Sue Sinton Smith	(existing)
4	YP Rep (18-25)	Colin Hays	
5	P1	Sarah Heba	
6	P2	Emma Kofie	(existing/n)
7	P3	Catarina Horta Bargao	
8	P4	Jay Gee	(existing)
9	P5	Aurora Todisco	(existing/n)
10	P6	Janese Alex	

10:00- 10:05

WE ARE NEWHAM.

Meeting Rules

Meeting Rules

Daniel Findlay



Please speak slowly with easy words



No jargon to be used



Stop if people show they don't understand



Use you communication cards if you want to speak

10:05- 10:10

WE ARE NEWHAM.

Meeting Rules

Daniel Findlay



please give us a chance to ask questions



make sure everyone has time to understand what is being said



Don't speak over each other



Switch mobile phones to flight mode 10:05- 10:10

LGBTQ+ IMPACT project

Sebastian Buser, Newham Council

Autism and Homelessness

Sabastian Buser



Supported Accommodation Strategy

Jason McCulloch LBN

Supported Accommodation Strategy

Jason McCulloch



newham.gov.uk

10:30- 10:45

WE ARE NEWHAM.

BREAK

15minutes, back at **11:00am**

AGENDA

Daniel Findlay, ARAG Co-chair



1	Welcome & Introductions - Facilitators / Agenda	Daniel Findlay, ARAG Co-chair	10.00	5min
2	Meeting Rules	Daniel Findlay, ARAG Co-chair	10.05	5min
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6	Next Meeting Monday 11 May 2026 Topic: Children & YP Autism Support Services	Daniel Findlay, ARAG Co-chair	11.55	5min

Minutes & Matters Arising

ARAG 6 October 2025

Minutes & Matters Arising

Daniel Findlay



Autism Residents' Advisory Group (ARAG) Meeting

Stratford Advice Arcade 06/10/2025 10:00am – 12:00am

Residents:

- +3 online Residents/Guests
- +10 in-person Residents/Participants

Guest Speakers

- David Bryce - NHS, NEL ICB
- Paul Evans - LBN, Homelessness Commissioner
- Elizabeth Owen - LBN, Public Health
- Matt Bury - LBN, Public Health

Professional Reps:

- Linda Wan – Co-Chair, LBN Commissioner
- Daniel Nichols – LBN Commissioning Assistant
- Patricia Moody – Support Facilitator, VoiceAbility
- Aisha Ahmed – Senior Peer Support Worker, ELFT
- Tia Barnes – Social Worker, LBN SAIL Team

Previous ARAG Minutes & Slides:

[Newham's Autism Resident Advisory Group \(ARAG\) – Autism – Newham Council](#)

11:00- 11:05

Minutes & Matters Arising

Daniel Findlay



Homelessness & autism

- Oxford University suggests that **12.3% of people experiencing homelessness are autistic**, compared with 1-2% of the general population.
- Homeless Survey findings shared
- Newham piloting a rapid and flexible diagnostic assessment for people experiencing homelessness

Minutes & Matters Arising

Daniel Findlay



Barriers to vaccinations

- Barriers identified by participants
- Information shared about vaccinations and what was available – myth busting
- ALL vaccinations are voluntary
- Nasal spray option

Minutes & Matters Arising

Daniel Findlay



Autism Residents' Advisory Group (ARAG) Meeting

Stratford Advice Arcade 06/10/2025 10:00am – 12:00am

ACTIONS from last meeting

Action 1: Natalya to share information on “Uniting Friends”. Uniting Friends



Action 2(i): Linda to feedback with an update on upward reporting to senior boards



Action 2(ii): Linda to invite Supt. Singh to a future ARAG meeting.



Action 3: Linda to look at obtaining paid opportunities for ARAG members to conduct autistic accessibility assessments. 

Previous ARAG Minutes & Slides:

[Newham's Autism Resident Advisory Group \(ARAG\) – Autism – Newham Council](#)

11:00- 11:05

Minutes & Matters Arising

Daniel Findlay



11:00- 11:05

E ARE NEWHAM.

Round table discussions – Year 3 Priorities

Facilitators – Tia, Aisha, Trish

Round Table Discussions

Linda Wan



what is the purpose of this exercise?

1. To identify new actions to prioritise for delivery in Year 3

How else are you identifying actions for Year 3?

1. Health & Care Providers were asked to identify their priorities at the LDA Forum on 20.01.2026
2. Priority working group members will be identifying their priorities over January & February 2026
3. ARAG members will be discussing their priorities at the ARAG meeting today 26.01.2026

Whats next?

1. Priorities from all groups will be gathered and taken to the ASDB and DMT (management board) for approval
2. Not all priorities will be agreed, it will largely depend on whether we have the resources & capacity to deliver this

WE ARE NEWHAM.

Round Table Discussions

Linda Wan



Group exercise:

1. Three separate group discussions
 - Tia – online group discussion
 - Trish & Aisha – 2x in-person group discussion
2. Each group will go through priorities 1-6 to identify actions to deliver in Year 3
 - What actions should we prioritise for Year 3?
 - What do you think we haven't yet addressed in Year 1 & 2?
 - What is important to you?
3. Handouts - reminder
 - Lists the six priorities of the Action Plan & Actions prioritised in Year 1 & 2.
4. The groups will address each priority
Linda will time keep and move discussions on every **8 Minutes**

WE ARE NEWHAM.

Round Table Discussions

Linda Wan



Priorities 1-6

1. improve understanding and acceptance of autism within society;
 2. improve autistic children and young people's access to education - and support positive transitions into adulthood;
 3. support more autistic people into employment;
 4. tackle health and care inequalities for autistic people;
 5. build the right support in the community and support people in inpatient care; and
 6. improve support within the criminal and youth justice systems
- What actions should we prioritise for Year 3?
 - What do you think we haven't yet addressed in Year 1 & 2?
 - What is important to you?

Dates of next meeting

Daniel Findlay



Monday 11th May 2026	10am-12pm	John Hopkins Room Stratford Library (in-person and online)
Monday 6th July 2026	10am-12pm	John Hopkins Room Stratford Library (in-person and online)
Monday 5th October 2026	10am-12pm	John Hopkins Room Stratford Library (in-person and online)
Monday 25th January 2027	10am-12pm	John Hopkins Room Stratford Library (in-person and online)

Supplementary events:

ARAG Q&A

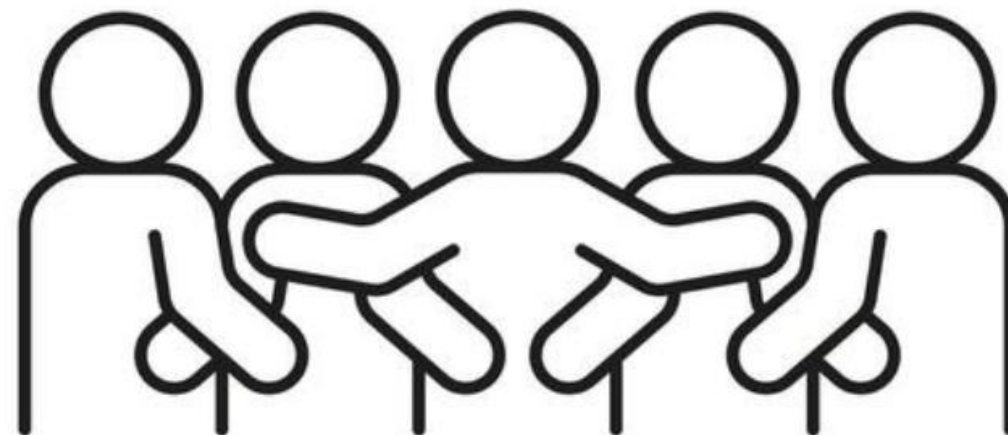
Linda Wan, Council Co-chair



newham.gov.uk

Peer-to-Peer Support Group

Christina Pillai



12:00 – 13.00

WE ARE NEWHAM.