

Welcome Newham Newsletter

Welcome Newham team wishes you a

CHRISTMAS

EVERYONE

Feliz Navidad

Joyeux Noël

Веселого Різдва

دي عس سام سيرك ديع



As the year comes to a close, we want to take a moment to thank all our residents for trusting us to support you throughout 2025. It's been an amazing year filled with memorable moments – from a fantastic Refugee Week to a joyful Eid Mubarak celebration and so much more.

We are proud to be part of your journey and look forward to continuing to support you in 2026.



Holiday Closure Notice:



Welcome Newham will be closed from midday Wednesday, 24th December, and will reopen at 10:00 AM on Monday, 5th January 2026.

The last One Stop Shop at Stratford Library for 2025 will be on Thursday, 18th December, and we will return on Thursday, 8th January 2026.

From all of us at Welcome Newham, we wish you and your loved ones a very Merry Christmas and a Happy New Year!

WELCOME
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Special Christmas Carol Concert

10 December 19:30, Wed

Classic Ukrainian and British carols

*At the Ukrainian Catholic Cathedral
of the Holy Family in Exile
Duke Street,
London
W1K 5BQ*



 17 Дата: середа, 10 грудня 2025 року Your paragraph text

 Час: 19:30

 Місце проведення:

Український католицький собор Святого Сімейства в вигнанні (Duke Street, London W1K 5BQ)

У програмі – класичні українські та британські колядки.

Вхід вільний (за попереднім бронюванням). Щоб зарезервувати місце, проскануйте QR-код на афіші (у вкладенні до листа), оберіть General Entry та використайте код SUPPORTUKRAINE_FRIEND.

To reserve your free entry, please scan the QR code



select General Entry, use the code
SUPPORTUKRAINE_FRIEND

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Strong Families STRONG

Newham



Newham is offering a suite of parenting groups, workshops and online resources for parents and carers to access for free. Parenting groups take place in person or virtually.

Newham propose une série de groupes pour parents, d'ateliers et de ressources en ligne que les parents et les personnes qui s'occupent d'enfants peuvent utiliser gratuitement. Les groupes pour parents se déroulent en personne ou en ligne.

تقدم نيوهام مجموعة من مجموعات تربية الأطفال وورش العمل والموارد الإلكترونية المتاحة مجاناً للآباء ومقدمي الرعاية. تُعقد مجموعات تربية الأطفال حضورياً أو عبر الإنترنت.

Newham ofron një sërë grupesh prindërimi, punëtorish dhe burimesh online të cilat prindërit dhe kujdestarët mund t'i aksesojnë falas. Grupet e prindërit zhvillohen fizikisht ose virtualisht.

Discover Newham's range of programmes, workshops and online resources to access for free:

[Newham Parenting Offer](#)

If you're are not sure which course to go for, speak to one of our Resettlement refugee Officer on their next visit to your hotel.



Newham London

Newham Families

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SIGNPOST

Your guide to life in the UK



Settling into a new country is a difficult and uncertain time.

There is a new, free email service called Signpost to help support you find your way.



SCAN HERE

Get your supportive emails from
thriveLDN.co.uk/signpost

Thrive Ldn

Thrive LDN is a citywide public mental health partnership to ensure all Londoners settling into a new country, have an equal opportunity for good mental health and wellbeing.

If you're not sure how to register, speak to one of our Resettlement Refugee Officer on their next visit to your hotel.



Scan QR Code



Happy Baby

COMMUNITY



A community of support for women who have fled from violence or traffickers, and are pregnant or with a young child and are seeking international protection in the UK.

The Happy Baby Community provide a friendly and caring community that is online, over the phone and where possible, in person.

With group meetings that have activities for both children, babies and adults, English lessons, emotional and welfare support, yoga classes, education and support around birth and infant feeding, baby massage classes, wellbeing and welfare support, including social phone calls for company.

We are a friendly, family centred community.

If you would like to refer yourself to join the Happy Baby Community, please complete the attached form confirming the consent of yourself for us to store your information and use it to contact you.

Email: referrals@happybabycommunity.org.uk or call on [07736 973 200](tel:07736973200)

ONLINE REFERRAL FORM



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HAF Christmas 2025 Programme



Gear up for an extraordinary winter with Newham Holiday Activities and Food Programme For 4 to 16 year olds, who live or attend a school in Newham

Clubs will be delivered by organisations offering a safe environment for children/young people to:

- Try new sports and activities, get fit and be healthy
- Have a go at being creative
- Have fun, make new friends
- Eat healthy meals



If your child/young person requires additional support, share as much detail as possible on your booking form to ensure the provider is able to meet their needs.

To book places for a range of clubs (you can book more than one) and for more information scan the QR code:



Contact Haf@newham.gov.uk for any information.

To apply for benefits related free school meals:

<https://newham->

[self.achieveservice.com/service/Application for Free School Meal](https://newham-self.achieveservice.com/service/Application%20for%20Free%20School%20Meal)

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Custom Made and Grow

MON	TUES	WED	THURS	FRI	SAT
1	2 Art & crafts w Maryam 3pm - 5pm Let's get moving 6.30pm - 7.30pm	3	4 Let's get moving 10am - 11am Newman Francis 2pm - 6pm	5 Men's wellbeing 3pm - 5pm	6 KasomeKakes 2pm - 5pm
8	9 Art & crafts w Maryam 3pm - 5pm Let's get moving 6.30pm - 7.30pm	10	11 Let's get moving 10am - 11am Men's wellbeing 3pm - 5pm	12	13 KasomeKakes 2pm - 5pm
15	16 Art & crafts w Maryam 3pm - 5pm Let's get moving 6.30pm - 7.30pm	17	18 Let's get moving 10am - 11am Men's wellbeing 3pm - 5pm	Christmas crafts 3.30pm - 5pm	20 HappiKids - Cookie Decorating Party & Afternoon Tea 1pm - 3pm

Art & crafts with Maryam

Over Maryam's sessions, we'll try a variety of fun crafts including watercolour and decoupage - creating objects using paper cutouts and painting.

Let's get moving with BodyTaylor

Join Eva's fun and motivating fitness class and beat the seasonal slump! Open to all. This class costs £6. Book via: pensight.com/x/bodytaylorfitness and choose whether to attend a Tuesday evening class or a Thursday morning class. eva@bodytaylor.co.uk.

Newman Francis

A drop-in session with the independent tenant and resident advisors.

Men's wellbeing with Talk2Terry

Talk2Terry is a free, safe and confidential men's support group, with a mission to support men in the trials of everyday life through friendship and lived experience. Book via [07956210496](tel:07956210496) / terry_regan@yahoo.com or just drop in.

Cupcakes & sweet treats by KasomeKakes

KasomeKakes will be in the shop space selling some yummy cakes and traybake slices.

Cookie decorating and afternoon tea with Happikids



Join us for an afternoon of cookie decorating and tea with Happikids! A relaxed, family-friendly event. Spaces are limited please book your tickets at bit.ly/Afternoonteatickets.

HAVE A GREAT WINTER BREAK!
 We'll be back open on the 12th January



Address: 25 Freemasons Road, Custom House, E16 3AR
Contact: faz@make-good.com
Website: custommadee16.com
Instagram: [@custommade.e16](https://www.instagram.com/custommade.e16)

M	T	W	T	F
1	2 Paper decoration making 3:30 - 4:30pm	3 Seed:Soil:Plate 12:30 - 2:00pm	4	5w
	9 Paper decoration making 3:30 - 4:30pm	10 Seed:Soil:Plate 12:30 - 2:00pm	11 Potato print making 3:30 - 5:00pm	12
	16 Festive card making 12:30 - 2:00pm	17 Seed:Soil:Plate 12:30 - 2:00pm	18 Potato print making 3:30 - 5:00pm	19

Paper decoration making with make:good

Get creative with make:good in this hands-on paper decoration making session! Learn simple techniques to design your own festive paper ornaments, garlands, and decorations. A fun, relaxed workshop suitable for all ages.

Seed:Soil:Plate with Deliciously rooted

Join Freda on a journey of growing food. Explore different themes weekly. Learn about soil types, how to compost and more.

Festive card making with Langis Essentials

Join Ana for a fun and festive Card decorating session! Using a range of colours, stencils, and craft materials, you'll design personalised cards perfect for any occasion.

Potato print making with make:good

Join us to learn how to create your very own prints using potatoes! Experiment with shapes, patterns, and colours to design unique hand-printed cards perfect for gifting!

Custom Made in Custom House

Grow Box in Canning Town

Vincent Street, Canning Town, E16 1LS
madeline@make-good.com
[@growbox_e16](https://www.instagram.com/growbox_e16)
www.growboxe16.com

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Community Hot Meals



Running over the winter period from October 2025 to March 2026, the Newham Food Alliance partners are not only offering a hot meal but support, guidance and signposting to other services including, debt and benefits, employment and mental wellbeing.

Take part in free activities designed to improve both your mental and physical well-being.

Join sessions like yoga, board games, music, arts and activities for children.

Your community is here to support you! Funded by UK Government.

newham.gov.uk

WE ARE NEWHAM.

To learn more, simply click here or take a look at the attachment included with this newsletter.



How to Train Your Dragon

20th December

Time: 2pm - 4:40pm



Come & Play at Discovery Centre

383-387 High Street, Stratford, London E15 4QZ



FREE

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Shop, create and celebrate at The Big Christmas Market! Festive stalls, workshops, music and Santa surprises at the Tate Institute.

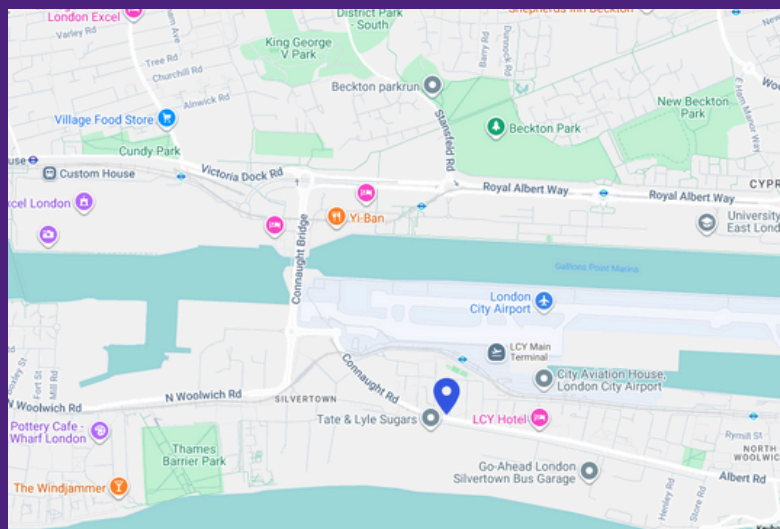
Get ready, Silvertown – the legendary Tate Institute is transforming into a festive wonderland for the **BIG Christmas Market**! In collaboration with **The Pamper Sessions**, we're bringing you the ultimate Christmas shopping experience packed with incredible local stalls, delicious treats, creative workshops, music, and magical surprises all day long.

Come for the gifts... stay for the vibes! 🎅🎁🌟

BOOK YOUR

FREE TICKET

Address: The Tate Institute, 1 Wythes Road,
London E16 2DN



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Royal Docks WINTER MARKET

Christmas
Food & Craft
Market

Every
Weekend
in December
10am-6pm

Craft
& Food
Market
Santa's Grotto

Head to the Royal Docks' exciting new market, featuring street food, creative workshops, music performances, family-friendly shows, and more—all delivered by talented local artists and cultural organisations.

Ukrainian CHRISTMAS MAGIC

Sunday 22nd December
Drop in between 11am and 5pm
Outside Good Hotel, next to the Ukrainian boat

These workshops invite children aged 4–8 to experience the magic of a traditional Ukrainian Christmas. Through interactive storytelling, crafts, and festive activities, children will learn about the rich traditions of Ukrainian Christmas; activities include decorating ornaments inspired by Ukrainian folk art, making a symbolic “Didukh” (a sheaf of wheat representing ancestors), and “Christmas star.” Through these hands-on experiences, children will explore the values of kindness, family, and gratitude that are central to Ukrainian holiday traditions.

Location: The Corniche, Royal Victoria Dock (outside the Good Hotel)

