

BEREAVEMENT SERVICES

The Drop-in Bereavement centre provides

Telephone bereavement counselling informative poster
Virtual services provided by the centre
Telephone Befriending Service
For more information call 0207 511 6444/07396 016523
Website: www.dropinbereavementcentre.btck.co.uk

Highway Vineyard Church

Running a 6-week course called the 'Bereavement journey' from Holy Trinity Brompton church
There is talks plus an opportunity to discuss in a group. The course topics include:
Separation and loss
The impact and pain of bereavement;
Adjusting to change,
Anger and guilt
Coping with other's reactions and moving on healthy -
Plus an optional session which explores a faith perspective
Tel: 020 8534 4019
Email: office@highwaychurch.org.uk
Website: <https://www.highwayvineyard.org/>

Children's Bereavement Services

Child Bereavement UK (Stratford Branch)

Provide support for bereaved children and their family.
Tel: 020 8519 7025
Website: www.childbereavementuk.org

Grief Encounter

Provide free service to support bereaved children and their families.
Monday to Friday 9am - 9pm
Free call on Tel: 0808 802 0111
Email: griefftalk@griefencounter.org.uk
Website: www.griefencounter.org.uk

Child Death Helpline

A free telephone service for people bereaved by the death of a child.
Tel: 0800 282 986
Website: www.childdeathhelpline.org.uk

Hope Again

Support young people living after loss; contact via email or call the FREE helpline.
Monday - Friday 9.30am - 5pm.
Tel: 0808 808 1677
Email: hopeagain@cruse.org.uk

Winston's Wish

Provide support and guidance to bereaved children, young people and their families.
Tel: 08088 02 021

Website: www.winstonswish.org.uk

Adult Bereavement Services

Newham Bereavement Service (MIND) – Local service

The Newham Bereavement Service is for adults living in Newham who have experienced grief, loss and bereavement.

The offer includes a range of support services:

- Bereavement Counselling
- Group Support
- Advice and Information

To make a referral to the service you can:

Call: 020 7510 1081 or 020 7510 4268 for the Newham Bereavement Service and you will be put through to the coordinator

Or

Email: referral@mithn.org.uk

Website: www.mithn.org.uk

Age UK

Combines Age Concern and Help the Aged.

Advice line 0800 169 2081

Website: www.ageuk.org.uk

ASSIST Trauma Care

Offer therapeutic help to children, adults, individuals and families affected by a wide range of traumatic occurrences.

Tel: 01788 560 800

Email: admin@assisttraumacare.org.uk

www.assisttraumacare.org.uk

Bereavement Advice Centre

Not-for-profit organisation that provides practical information and advice on the procedures after the death of a person.

Tel: 0800 634 9494

www.bereavementadvice.org

Compassionate Friends

Support bereaved parents.

Tel: Helpline – 0345 123 2304

www.tcf.org.uk

Cruse Bereavement Care

Provide counselling, support and advice to bereaved people.

Tel: 0844 477 9400

www.cruse.org.uk

CRY (Cardiac Risk in the Young)

Tel: 01737 363 222

Website: www.c-r-y.org.uk

Macmillan Cancer Support

Tel: 0808 808 0000

Website: www.macmillan.org.uk

Samaritans

Samaritans offer confidential support around the clock to anyone that wants to talk through their problems (free phone from landline or mobile).

Tel: 116 123

Email: jo@samaritans.org

Sudden

Supporting people after sudden death.

Helpline: 0800 121 6510

Website: www.suddendeath.org

Survivors of Bereavement by Suicide

Offer support daily from 9am to 9pm.

Tel: 0300 111 5065

Website: www.uk-sobs.org.uk

The Silver Line

A free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.

Tel: 0800 4 70 80 90 (free call)

Website: www.thesilverline.org.uk

Through Unity

Supporting families bereaved by homicide.

Tel: 07947 684 605

Website: www.throughunity.co.uk

Victim Support

For the relatives of victims of homicide or unnatural deaths, or people who are the victims of crimes.

Weeknights 8pm to 8am,

Weekends Saturday 5pm to Monday 8am

Tel: 0808 1689 111

Website: www.victimsupport.org.uk

WAY Widowed and Young

For men and women aged 50 or under when their partner has died.

Website: www.widowedandyoung.org.uk