

# **Covid 19 and** Health Inequalities in Newham



## **Responding to the Health Emergency**

#### Prominence of cases



Area	March	April	May	Overall	
Middlesbrough	125.7	236.2	139.8	501.7	
Liverpool	111.5	233.4	107.6	452.5	
Newham	134.1	232.7	67.5	434.2	
Salford	125.2	213.1	94.4	432.7	
Sandwell	130.2	199.4	99.9	429.5	
Watford	98.5	239.9	90.6	428.9	
Merthyr Tydfil	108.4	199.5	117.0	425.0	
Wolverhampton	146.3	184.2	92.6	423.0	
Tameside	134.6	178.9	109.2	422.7	
Birmingham	129.4	196.9	93.1	419.3	

Impact – C19 Mortality Rate (Deaths per 100,000)



# **Covid 19 – Showing Health Inequalities**

Emerging evidence on risk factors for Covid-19 outcomes For infection

- Large numbers of people in service occupations
- Household crowding
- Population density

Risk factors for severe disease:

- Underlying health conditions (ic diabetes & obesity)
- Multi-generational housing
- Poor air quality
- Barriers in access to health care (eg language, digital exclusion)
- Older population

Newham?



- BAME and deprivation disproportionate impact sits across all these
- in latest published analysis by ONS Newham had the 2<sup>nd</sup> highest age standardised mortality rate of any local authority in England
- True impact will be analysis of all cause mortality – what has happened to those with heart disease, cancer
- Difficult to know mental health impact
- Huge community mobilisation to support access to food and combat social isolation



# Health Inequalities Before and After Covid 19

A baby boy in Newham in 2018 can expect to live in good health until age 58 and 5 months and a baby girl to age 61 and 5 months. Six and three years fewer in good health, respectively, than the London average.

The disease conditions leading to this loss of population vitality are the most common causes of premature death and long term illness: heart disease, mental illness, lung and breathing diseases, cancers.

- The causes of these diseases are a range of other long term illnesses (such as diabetes and hypertension), risk factors (such as obesity and low physical activity) and exposures to harmful agents (such as tobacco, alcohol, air pollutants and infectious diseases.)
- Much of these are preventable



- Deep evidence that base that health and inequalities in health are socially determined
  However a 2 way relationship – health both for an individual and a family members a barrier to being economically active
  - Regular employment
  - Going to school
  - Caring for family members
  - Volunteering

# Health and Wellbeing Strategy



#### Well Newham

50 Steps to a Healthier Borough Draft Health & Wellbeing Strategy 2020-2023





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50 Steps Priorities	Mental health	CVD / diabetes	Respiratory health	Children & Young	Covid-19	
			and cancers	Peoples Health		
Enabling the best start though	Perinatal Mental Health;	I Infant Feeding	Smoke free homes	All aspects		
pregnancy and early years	Early Child development	U				
Supporting young people to be	Young people's mental	Healthy weight	Asthma	All aspects	Safe schooling	
	health	riearry weight	Astrina	All aspects	environments	
healthy and ready for adult life						
Supporting people around the	Social prescribing for	Specialist support	Access to specialist	Social prescribing for	Ensuring those	
determinants of their health	mental health	around diet and	stop smoking	young people	shielding are supported	
		physical activity				
Developing high quality	Inequalities in access to	Differentiation in	Tackling disparities	Need to understand	Disproportionate	
inclusive services, ensuring	mental health services	diabetes by ethnicity	in screening and	health equity issues	impact of Covid-19 on	
equity and reducing variation			late presentation	for young people	particular groups	
Meeting the needs of those	Need for more holistic response and recognition that particular groups at risk of worse mental Esuring testing, tracing,					
most vulnerable to the worst		ability to shield and				
health outcomes		support reaches all				
		T 12 . (1) 1				
Creating a healthier food	Addressing food security	Tackling roots of high		Healthier schools and	Tackling obesity	
environment		prevalence diabetes		high streets		
Supporting active travel and	Clear link to improved	Improving air quality and walking levels Asthma		Obesity and air quality		
improved air quality	mental health	reducing diabetes and cardiovascular risk			and Covid-19 outcomes	
Creating an active borough						
Communities where people are	Vital to addressing all aspects of physical and mental health           Tacking social isolation         Building on peoples and communities assets and more effective					
better connected and						
supported	prevention support rooted in community needs					
Working towards a Smoke-free	Links between mental	Major contributor to e	arly causes of death	Addressing Asthma		
Newham	and physical health in the borough, CVD, COPD, cancers					
Building a borough of health	Overcrowding and	Physical conditions	Damp issues ad	Asthma, mental	Links between housing	
	mental health	limit ability to address	• • • • • • • • • • • • • • • • • • • •	health	conditions and Covid	
promoting housing	mentarhealth		respiratory health	nearth	~~~~~	
		health risks			risk	
Building as inclusive economy		Underpins almo	st all aspects of health	and wellbeing		
and tackling poverty						

Newham London

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# The Facts: A **Case for** Action





Immediate Economic Impacts



## The most impacted borough in London?

## 102,000 people on

furlough, self employment support or benefit

- 35k more than LBTH;
- 35k more than Hackney;
- almost the same as RBKC, Kingston, Richmond, Westminster and City combined

Indexed Increase in Number of Claimants



## Longer Term

Potentially c 42,000 jobs in Newham at risk

Sectors most likely to be impacted:

- Retail
- Construction
- Arts and Culture
- Manufacturing







Fundamental Challenges



#### **Historic Low incomes**

AVERAGE GROSS DISPOSABLE HOUSEHOLD INCOME BY BOROUGH, 2018





### **Poverty and Inequality**



Newham London



#### CHILDREN IN RELATIVE LOW INCOME HOUSEHOLDS AFTER HOUSING COSTS - 2017/18



Proportion of children in low-income households (%)



## **Reasons for Optimism**

- 1. Positive trajectory pre Covid 19
- 2. The most diverse population in the country
- 3. London's fastest growing Metropolitan Centre and only Enterprise Zone
- 4. Resilient town centres pre Covid 19 Footfall and vacancy
- 5. One of the youngest populations in London
- 6. Scale of planned development still one of the largest in London



# **TOWARDS A BETTER NEWHAM: Our Covid 19 Recovery Strategy**

### The 8 Pillars

- Refocussing the economy on resident wellbeing and happiness
- Support for young people
- Greening our business base
- High expectations of businesses and investors
- The services people need in a recession





## What Happens Now

- By September publish specific action plans for each pillar
- Begin to invest the £13m local Good Growth Fund
- Launch the youth empowerment fund
- Redesign Newham Workplace to better meet the needs of local residents
- Work with companies to provide the first generation of business pledges
- Embed new approaches to participation within trailblazer high street investments in Green Street and Stratford
- Commit to be the first London borough to adopt wellbeing and happiness as the core measures of economic success



# **ROYAL DOCKS** GOOD GROWTH FUND (GGF)



#### The 'Economic Purpose' of the Royal Docks

"A nationally significant hub of enterprise, employment and culture; recognized as a testbed for social, environmental and technological innovation. Globally fluent and internationally focused, harnessing the benefits of Newham's diverse community."





#### Key Objectives of the Royal Docks GGF

- Support the transformation of the Royal Docks economic landscape in line with the ambitions of the EZ, and "good growth".
- Delivering on Newham's community wealth building priority, including responding to the climate change emergency.
- Deliver a broad and balanced programme of transformative, and innovative projects.
- Support Newham's recovery from Covid-19.





### **Key features**

- £13m capital fund
- Target of 50% match funding
- £4m ring-fenced for locally-led projects
- Rolling fund (always open)
- Funding runs to March 2023
- Preference for larger transformational projects (but flexible)
- Projects need to benefit the wider Docks' area/communities





#### Informed by Engagement and Strategy

- *Conversation* with Royal Docks' communities through summer 2019
- Grounded in the Royal Docks "Economic Purpose"
- Steered and shaped by Inclusive Economy and Community Wealth Building principles
- Framed to 'transform' the Royal Docks and as space for innovation
- Is a vehicle to deliver on ambitions both what we support and how.
- Part of Covid-19 medium term recovery (not short-term response package)



#### **Outputs, Outcomes & Benefits**

- Building community wealth business, jobs, skills, equality, health, identity, use of assets
- New and improved commercial and community activity inclusive growth
- Offer support to projects and ideas that address climate change emergency
- Activity that puts the Royal Docks in the map
- Physical transformation of place(s)
- New ideas tested (innovation)





### For more information

- Ongoing community engagement
  - Royal Docks communities stakeholder meeting August 7<sup>th</sup> (and ongoing) Case studies and success stories session (September tbc)
    - Quarterly/bi-monthly information briefings Capacity building support programme
- Email us: GGF@Royaldocks.London
- Visit us: <u>https://www.royaldocks.london/</u> for the Prospectus, FAQs and other supporting documents & guidance

