## DO YOU HAVE CORONAVIRUS SYMPTOMS? GET TESTED & ISOLATE

Testing is available for anyone over 5 years old with Coronavirus symptoms.

**To book,** visit www.nhs.uk/ask-for-a-coronavirus-test or call 119 between 7am-11pm (7 days a week).

**If you need support** with testing or isolating please contact 020 7473 9711 covidhelp@community-links.org (1-7pm, 7 days a week).

## If you have any of the following COVID-19 symptoms you should get tested

- A high temperature
- Or a new, continuous cough
- Or a loss or change in sense of taste or smell

While you are waiting for your appointment or your test result, you and everyone in your household must stay home to prevent the spread of the infection.



**Book a test:** www.nhs.uk/ask-for-a-coronavirus-test or call 119.

When attending the test centre you must wear a face covering and not travel by public transport.

www.newham.gov.uk/coronavirus