



## LIST OF BODIES OF HEALTH PRACTITIONERS GRANTED EXEMPTION BY THE LONDON SPECIAL TREATMENTS GROUP

(EXEMPT UNDER SECTION 4 OF THE LONDON LOCAL AUTHORITIES ACT 1991)

January 2020

This list is for recommendation only. Individual authorities may if they wish still require members of these organisations to apply for a licence in their borough.

Under Section 4c of the 1991 Act anyone who is registered with the Health and Care Professionals Council does not require a licence. This includes Physiotherapists and Chiropodists. In addition Chiropractors and Osteopaths are specifically exempted under the Act.

|    | Name and Address   | Date Granted         | Exempt Treatments  | Tel No<br>Fax                        | E-mail<br>Web  |
|----|--|----------------------|--|--------------------------------------|--|
| 1. | <b>Anglo Chinese Medicine Doctor Society (ACMDS)</b><br>143 Streatham High Road<br>London<br>SW16 6EG                                      | Reviewed<br>1.7.2016 | Acupuncture * Massage  | T. 020 8643 4222<br>F. 020 8643 8885 | <a href="mailto:acmdsuk@gmail.com">acmdsuk@gmail.com</a><br><a href="http://www.acmds.org">www.acmds.org</a>   |
| 2. | <b>Association of Naturopathic Practitioners (ANP)</b><br>Coombe Hurst<br>Coombe Hill Road<br>East Grinstead<br>RH19 4LZ                   | Reviewed<br>8.6.2017 | <b>FULL MEMBERS EXEMPT ONLY</b><br><br>Acupuncture * Holistic Massage<br>(Naturopathy)                         | 020 3319 9315                        | <a href="mailto:info@naturopathy-anp.com">info@naturopathy-anp.com</a><br><a href="http://www.naturopathy-anp.com">www.naturopathy-anp.com</a>                         |
| 3. | <b>Association of Reflexologists (includes the International Institute of Reflexology)</b><br>Victoria House<br>Victoria Street<br>Taunton | Reviewed<br>8.6.2017 | <b>STUDENT &amp; FRIEND MEMBERS NOT EXEMPT</b><br><br>Acupressure * Acupuncture *<br>Aromatherapy * Ayurveda * | 01823 364 952                        | <a href="mailto:info@aor.org.uk">info@aor.org.uk</a><br><a href="mailto:tsmith@aor.org.uk">tsmith@aor.org.uk</a><br><a href="http://www.aor.org.uk">www.aor.org.uk</a> |

|    | Name and Address  | Date Granted         | Exempt Treatments   | Tel No<br>Fax | E-mail<br>Web  |
|----|---|----------------------|---|---------------|--|
|    | Somerset<br>TA1 3FA   |                      | Body Massage * Bowen Technique * Champissage * Chiropody * EFT * Holistic Massage * Hopi Ear Candles * Indian Head Massage * Manual Lymphatic Drainage * Metamorphic Technique * No Hands Massage * Polarity Therapy * Qi Gong * Reflexology * Remedial Massage * Rolfing * Shiatsu * Sports Massage * Stone Therapy * Therapeutic Massage * Tui Na |               |  |
| 4. | <b>Association of Traditional Chinese Medicine &amp; Acupuncture UK</b><br>Suite 12 Brentano House<br>Unit 5, The Exchange<br>Brent Cross Gardens<br>London NW4 3RJ | Reviewed<br>8.6.2017 | <b>Full Members:</b> Acupuncture * Tui-Na * Moxibustion<br><b>Cat 1 &amp; 3 members:</b> Acupuncture * Tui-Na.<br><b>Cat 2 members:</b> Acupuncture only<br><b>Associate members:</b> Tui-Na only   | 020 8457 2560 | <a href="mailto:info@atcm.co.uk">info@atcm.co.uk</a><br><a href="http://www.atcm.co.uk">www.atcm.co.uk</a><br><a href="http://www.atcmuk.org">www.atcmuk.org</a> |
| 5. | <b>Ayurvedic Practitioners Association (APA)</b><br>23 Green Ridge<br>Brighton<br>East Sussex<br>BN1 5LT  | Reviewed<br>1.7.2016 | Ayurvedic Massage * Ayurvedic Medicine  | 01273 500492  | <a href="mailto:info@apa.uk.com">info@apa.uk.com</a>   |
| 6. | <b>BASRaT – British Association of Sport Rehabilitator’s and Trainers</b><br>Angela Cumine<br>c/o St Marys University College<br>Strawberry Hill                    | Reviewed.<br>7.2016  | Sports Massage  | 0208 240 4184 | <a href="mailto:cumine@smuc.ac.uk">cuminea@smuc.ac.uk</a><br><a href="mailto:secretary@basrat.org">secretary@basrat.org</a>                                      |

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|-----|--|------------------------|--|---------------|--|
|     | Twickenham<br>YW1 4SX  |                        |  |               |  |
| 7.  | <b>Bowen Association UK</b><br>PO Box 210 1DD<br>Boston<br>Lincs<br>PE21 1DD   | Reviewed<br>8.6.2017   | <b>ONLY FULL MEMBERS EXEMPT</b><br><br>Bowen Therapy * Bowen<br>Technique  | 01205 319 100 | <a href="mailto:office@bowen-technique.co.uk">office@bowen-technique.co.uk</a><br><br><a href="mailto:bowenassociationuk@gmail.co.uk">bowenassociationuk@gmail.co.uk</a><br><br><a href="http://www.bowen-technique.co.uk">www.bowen-technique.co.uk</a><br><br><a href="http://www.bowenassociation.co.uk">www.bowenassociation.co.uk</a> |
| 8.  | <b>British Acupuncture &amp; Holistic<br/>Medicine Association</b><br><br>1 Bedford Mews, East Finchley,<br>London, N2 9DF | Reviewed<br>12.12.2016 | <b>ONLY FULL MEMBERS EXEMPT</b><br>*Acupuncture* Acupressure*<br>Moxibustion* Auricular<br>Acupuncture* Electro<br>acupuncture* Reflexology* | 020 8883 4550 | <a href="mailto:info@bahma.org">info@bahma.org</a>   |
| 9.  | <b>British Complementary Medicine<br/>Association</b><br>PO Box 5122<br>Bournemouth<br>Dorset<br>BH8 OWG                   | Reviewed<br>1.7.2016   | Acupuncture * Polarity Therapy<br>* Indian Head Massage *<br>Manual Lymphatic Drainage *<br>Aromatherapy                                     | 01293 851760  | <a href="mailto:chair@bcma.co.uk">chair@bcma.co.uk</a>   |
| 10. | <b>British Medical Acupuncture<br/>Society</b><br>60 Great Ormond St<br>London<br>WC1N 3HR                                 | Reviewed<br>8.6.2017   | Acupuncture  | 0207 713 9437 | <a href="mailto:bmaslondon@aol.com">bmaslondon@aol.com</a>   |
| 11. | <b>British Reflexology Association</b><br>Monks Orchard<br>Whitbourne<br>Worcester<br>WR6 5RB                              | Reviewed<br>8.6.2017   | <b>ORDINARY MEMBERS ONLY</b><br><br>Reflexology  | 01886 821207  | <a href="mailto:bra@britreflex.co.uk">bra@britreflex.co.uk</a><br><br><a href="http://www.britreflex.co.uk">www.britreflex.co.uk</a>   |

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|-----|--|----------------------|---|---------------|--|
| 12. | <b>British Register of Complementary Practitioners. Formally Institute for Complementary &amp; Natural Medicine, incorporating the</b><br>PO Box 122<br>Wellington<br>Somerset<br>TA21 1BX | Reviewed<br>8.6.2017 | Acupuncture * Acupressure<br>*Ayurvedic medicine*<br>Aromatherapy * Bowen<br>Technique * M L Drainage *<br>Remedial, Sports, Holistic and<br>Indian Head Massage *<br>Reflexology * Shiatsu * Tui Na *<br>Qi Gong   | 0300 302 0715 | BRCP.uk<br><a href="mailto:office@brcp.uk">office@brcp.uk</a>  |
| 13. | <b>Chinese Medical Institute &amp; Register</b><br>101-105 Camden High Street<br>London<br>NW1 7JN   | Reviewed<br>8.6.2017 | <b>ASSOCIATE &amp; STUDENT MEMBERS NOT EXEMPT</b><br>Acupuncture * Tui- Na *<br>Moxibustion *   | 020 7874 1801 | <a href="mailto:info@cmir.org.uk">info@cmir.org.uk</a><br><br><a href="http://www.cmir.org.uk">www.cmir.org.uk</a> |
| 14. | <b>Complementary &amp; Natural Healthcare Council</b><br>46-48 East Smithfield<br>London<br>E1W 1AW  | Reviewed<br>1.7.2016 | Aromatherapy * Bowen<br>Technique * Reflexology *<br>Shiatsu * Massage therapy<br>(including sports massage)*<br>Microsystems Acupuncture   | 020 3668 0406 | <a href="mailto:info@cnhc.org.uk">info@cnhc.org.uk</a>   |
| 15. | <b>Complementary Health Professionals</b><br>Kemp House<br>City Road<br>London Borough of Enfield EC1V<br>2NX  | Reviewed<br>8.6.2017 | <b>FULL MEMBERS EXEMPT ONLY</b><br><br>Aromatherapy * Sports Massage*<br>Therapeutic Massage * Indian<br>Head Massage * Remedial<br>Massage * Tui-Na * Neuroskelital<br>Realignment Therapy * Manual<br>Lymphatic Drainage * Bowen<br>Therapy * Shiatsu * Reflexology *<br>Reiki * Hopi Ear Candle *<br>Metamorphic Technique | 0333 577 3340 | enquiries@complementaryhealth<br>professionals.co.uk<br><br>www.complementaryhealth<br>professionals.co.uk         |

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| 16. | <b>Complementary Medical Association</b><br>Three Corners<br>49 Albany Road<br>St Leonards on Sea<br>East Sussex<br>TN38 0LJ                   | Reviewed<br>1.7.2016 | Acupressure * Aromatherapy *<br>Ayurveda * Colour Therapy *<br>Qi Gong * Reflexology *<br>Shiatsu * Indian Head Massage  | 01424 423505                        | <a href="mailto:jayney@the-cma.org.uk">jayney@the-cma.org.uk</a>                                   |
| 17. | <b>Complementary Therapists Association (CTHA)</b><br>2 <sup>nd</sup> Floor<br>Chiswick Gate<br>598-608 Chiswick High Road<br>London<br>W4 5RT | Reviewed<br>8.6.2017 | Aromatherapy * Acupuncture *<br>Bowen Therapy *<br>Reflexology * Shiatsu *<br>Alexander Technique * Reiki and<br>other healing techniques * Sports<br>therapeutic & holistic massage   | T. 0845 202 2941<br>F. 0844 770 898 | <a href="mailto:info@ctha.com">info@ctha.com</a><br><a href="http://www.ctha.com">www.ctha.com</a> |
| 18. | <b>Federation of Holistic Therapists</b><br>18 Shakespeare Business Centre<br>Hathaway Close<br>Eastleigh<br>Hampshire<br>SO50 9XG             | Reviewed<br>1.7.2016 | Acupressure * Aromatherapy *<br>Bowen Therapy * ML Drainage *<br>Advanced MLD * Reflexology *<br>Shiatsu * Sports & Remedial<br>massage * Indian head massage *<br>Moxibustion * Foot massage * Qi<br>Gong * Tui Na * Auricular<br>Acupuncture * Colour Therapy *<br>EFT * Metamorphic Technique *<br>Polarity Therapy * Stone Therapy | 0870 420 2022                       | <a href="mailto:info@fht.org.uk">info@fht.org.uk</a>   |
| 19. | <b>Federation of Traditional Chinese Medicine Practitioners (FTCMP)</b><br>PO Box 51189<br>London<br>SE13 9DE                                  | Reviewed<br>1.7.2016 | <b>Exemption applies only to<br/>Members registered as Doctors</b><br>Acupuncture * Acupressure *<br>Tui Na  | 0208 770 0018<br>07917715707        | <a href="mailto:ftcmpuk@gmail.com">ftcmpuk@gmail.com</a>   |

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| 20. | <b>Guild of Holistic Therapists</b><br>320 Burton Rd<br>Derby<br>DE23 6AF  | Reviewed<br>1.7.2016 | Acupressure * Aromatherapy *<br>Bowen Technique *<br>Champissage<br>( Indian Head Massage) * Colour<br>Therapy * Infrared * Manual<br>Lymphatic Drainage *<br>Metamorphic Technique *<br>Reflexology * Reiki * Shaitso *<br>Sports Massage * Stone Therapy<br>* Thermo –Auricular Therapy *<br>Tui Na | 0845 2177381  | <a href="mailto:paul.archer@beautyguild.com">paul.archer@beautyguild.com</a>                                       |
| 21. | <b>Independent Professional<br/>Therapists International (IPTI)</b><br>PO Box 106<br>Retford<br>DN22 7WN                           | Reviewed<br>8.6.2017 | Aromatherapy * Bowen<br>Technique * Holistic, Therapeutic<br>& Remedial Massage * Lymphatic<br>Drainage * Shiatsu<br>Sports Massage * Acupressure<br>* Thermo Auricular Therapy *<br>Metamorphic Technique *<br>Polarity Therapy * Reflexology *<br>Moxibustion * Rolfig                              | 01777 703177  | <a href="mailto:martyn@iptiuk.com">martyn@iptiuk.com</a><br><br><a href="http://www.iptiuk.com">www.iptiuk.com</a> |
| 22. | <b>Institute of Osteopathy<br/>Acupuncture Group Institute of<br/>Osteopathy</b><br>3 Park Terrace, Manor Road<br>Luton<br>LU1 3HN | Reviewed.<br>7.2016  | Acupuncture and Dry Needling in<br>conjunction with Osteopathy  | 01582 488455  | <a href="mailto:enquiries@osteopathy.org">enquiries@osteopathy.org</a>   |
| 23. | <b>Institute of Sports &amp; Remedial<br/>Massage (ISRM)</b><br>28 Station Parade<br>London Borough of Enfield                     | Reviewed<br>8.6.2017 | Sports & Remedial Massage *<br>Soft Tissue Therapy  | 020 8452 8855 | <a href="mailto:mel@theism.com">mel@theism.com</a><br><br><a href="http://www.theism.com">www.theism.com</a>       |

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| 24. | <b>Institute of Trichologists</b><br>24 Longroyd Road<br>London<br>SW17 7PL  | Reviewed<br>1.7.2016 | Trichology * Head Massage  | 08706 070602                         | <a href="mailto:admin@trichologists.org.uk">admin@trichologists.org.uk</a>   |
| 25. | <b>International Federation of Aromatherapists</b><br>146 South Ealing Road<br>London<br>W5 4QJ                        | Reviewed<br>8.6.2017 | <b>EXEMPTION APPLIES ONLY TO FULL &amp; ASSOCIATE MEMBERS</b><br>Aromatherapy * Massage in association with Aromatherapy only. | T. 020 8567 2243<br>F. 020 840 9288  | <a href="mailto:office@ifaroma.org">office@ifaroma.org</a><br><a href="http://www.ifaroma.org">www.ifaroma.org</a>   |
| 26. | <b>International Federation of Reflexologists</b><br>8-9 Talbot Court<br>London<br>EC3V 0BP                            | Reviewed<br>8.6.2017 | <b>FULL MEMBERS EXEMPT ONLY</b><br>Reflexology   | T. 0870 879 3562<br>F. 0870 879 3298 | <a href="mailto:info@intfedreflexologists.org">info@intfedreflexologists.org</a><br><a href="http://www.intfedreflexologists.org">www.intfedreflexologists.org</a> |
| 27. | <b>Manual Lymphatic Drainage UK Ltd</b><br>The Annexe at Pound Farm<br>Church Lane<br>Rudford<br>Gloucester<br>GL2 8DT | Reviewed<br>8.6.2017 | <b>ASSOCIATE &amp; FULL MEMBERS ONLY</b><br>Manual Lymphatic Drainage  | 0844 800 1988                        | <a href="mailto:admin@mlduk.org.uk">admin@mlduk.org.uk</a><br><a href="http://www.mlduk.org.uk">www.mlduk.org.uk</a>   |
| 28. | <b>Massage Training Institute</b><br>Exams Administrator<br>PO Box 368<br>Hitchin<br>Hertfordshire<br>SG5 9DT          | Reviewed<br>8.6.2017 | Holistic Massage * Sports & Remedial Massage * Indian Head Massage   | 01462 458 225                        | <a href="mailto:mti@massagetraining.co.uk">mti@massagetraining.co.uk</a><br><a href="http://www.massagetraining.co.uk">www.massagetraining.co.uk</a>               |
| 29. | <b>Shiatsu Society UK</b><br>PO Box 4580<br>Rugby<br>Warwickshire<br>CV21 9EL  | Reviewed<br>6.6.2019 | Shiatsu, includes those that have completed approved 1 year course   | 0845 130 4560                        | <a href="mailto:office@shiatusociety.org">office@shiatusociety.org</a>   |

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|-----|--|----------------------|--|--|--|
| 30. | <b>Sports Massage Association</b><br>86 Nelson Road<br>London<br>SW19 IHX  | Reviewed<br>1.7.2016 | Sports Massage   | 0870 0052678                             | <a href="mailto:info@thesma.org">info@thesma.org</a>   |
| 31. | <b>The Acupuncture Association of Chartered Physiotherapists</b><br>Sefton House<br>Adam Court, Newark Road<br>Peterborough<br>PE1 5PP | Reviewed<br>1.7.2016 | Acupuncture * Physiotherapy *<br>Acupressure * Moxibustion *<br>Auricular Acupuncture  | 01733 390007                             | <a href="mailto:sec@aacp.uk.com">sec@aacp.uk.com</a>   |
| 32. | <b>The Acupuncture Society</b><br>131a East End Road<br>N2 0SZ   | Reviewed<br>8.6.2017 | Acupuncture * Acupressure *<br>Chinese massage * Tui na *<br>Korean Hand massage * Qi Gong<br>* Moxibustion *<br>Auricular Acupuncture *<br>Electro Acupuncture            | T. 07778 267 778                         | <a href="mailto:acuregen@gmail.com">acuregen@gmail.com</a><br><br><a href="http://www.acupuncture-society.org.uk">www.acupuncture-society.org.uk</a> |
| 33. | <b>The Bowen Therapists Professional Association</b><br>PO Box 2920<br>Stratford Upon Avon<br>CV37 9ZL                                 | Reviewed<br>8.6.2017 | Bowen Therapy  | 084456 17173                             | <a href="mailto:info@bowentherapy.co.uk">info@bowentherapy.co.uk</a><br><br><a href="mailto:ask@bowentherapy.org.uk">ask@bowentherapy.org.uk</a>     |
| 34. | <b>The British Acupuncture Council</b><br>63 Jeddo Road<br>London<br>W12 9HQ   | Reviewed<br>6.6.2019 | <b>FULL &amp; PROVISIONAL MEMBERS ONLY</b><br>Acupuncture * Moxibustion *<br>Acupressure * Tui Na * Auricular<br>Acupuncture * Electro<br>Acupuncture * Thermal (infa-red) | T. 020 8735 1206<br><br>F. 020 8735 0404 | <a href="mailto:Teresa@acupuncture.org.uk">Teresa@acupuncture.org.uk</a><br><br><a href="http://www.acupuncture.org.uk">www.acupuncture.org.uk</a>   |



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|-----|---|----------------------|---|------------------------|--|
| 35. | <b>The British Association of Accredited Ayurvedic Practitioners (BAAAP)</b><br>5 Blenheim Road<br>North Harrow<br>Middlesex<br>HA2 7AQ | Reviewed<br>8.6.2017 | <b>STUDENT MEMBERS NOT EXEMPT</b><br><br>Ayurvedic Medicine * Ayurvedic Therapies * Indian head * Remedial massage  | 020 8429 0635          | <a href="mailto:info@briturpractioners.com">info@briturpractioners.com</a><br><br><a href="http://www.britayurpractitioners.com">www.britayurpractitioners.com</a> |
| 36. | <b>The Register of Chinese Herbal Medicine</b><br>Office 3<br>47 St Giles Street<br>Norwich<br>NR2 1JR                                  |                      | Acupuncture * Electro acupuncture * Auricular acupuncture * Acupressure * Moxibustion * Tui-Na * Shiatsu * Sports & Remedial Massage * Swedish Massage (Swedish massage not to be carried out alone but part of larger treatment plan)  | 01603 927420           | <a href="mailto:herbmed@rchm.co.uk">herbmed@rchm.co.uk</a><br><br><a href="http://www.rchm.co.uk">www.rchm.co.uk</a>   |
| 37. | <b>ThinkTree Hub Ltd</b><br>27 Old Gloucester Street<br>London<br>WC1N 3AX  | 22/2/19              | <b>Full members only</b><br>Acupressure*<br>Acupuncture*Aromatherapy<br>*Ayurveda*Bowen<br>therapy*Holistic<br>massage*Massage*Swedish<br>massage*(Swedish massage not to be carried out alone but part of larger treatment plan)*Sports<br>massage*Manual lymphatic<br>Drainage*Moxibustion*<br>Reflexology*Shiatsu* | (+44) 0330 229<br>0721 | <a href="http://www.thinktreehub.com">www.thinktreehub.com</a><br><br><a href="mailto:admin@thinktreehub.com">admin@thinktreehub.com</a>                           |