



Keeping safe toolkit **Responses** to exploitation

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Newham London

What is Child Exploitation?

Child exploitation is when young people under the age of 18 are encouraged, trapped, forced or persuaded into carrying out acts for someone else's gain. This may be on behalf of an adult but can be for another young person. Child exploitation is a tactic which can be used by organised crime groups. It often involves the young person being offered something in return which may include gifts, money, affection and protection.

The Home Office provides the following definitions of Exploitation:

Child Sexual Exploitation (CSE):

"Child sexual exploitation is a form of child sexual abuse. It occurs where an individual or group takes advantage of an imbalance of power to coerce, manipulate or deceive a child or young person under the age of 18 into sexual activity in exchange for something the victim needs or wants, and/or for the financial advantage or increased status of the perpetrator or facilitator. The victim may have been sexually exploited even if the sexual activity appears consensual. Child sexual exploitation does not always involve physical contact, it can also occur through the use of technology."

Common characteristics of CSE

- Violence, coercion and intimidation are common. Involvement in exploitative relationships is characterised by the child or young person's limited availability of choice, as a result of their social, economic or emotional vulnerability;
- The child or young person does not recognise the coercive nature of the relationship and does not see themselves as a victim of exploitation.

Child Criminal Exploitation

Child criminal exploitation occurs where an individual or group takes advantage of an imbalance of power to coerce, control, manipulate or deceive a child or young person under the age of 18 into any criminal activity:



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| <ul style="list-style-type: none">• In exchange for something the victim needs or wants;• For the financial or other advantage of the perpetrator or facilitator;• Through violence or the threat of violence. The victim may have been | criminally exploited even if the activity appears consensual. Child criminal exploitation does not always involve physical contact, it can also occur through the use of technology. The criminal | exploitation of children is not confined to county lines but can also include other forms of criminal activity such as theft, acquisitive crime, knife crimes and other forms of criminality. |
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The NSPCC states that “Anybody can be a perpetrator of Exploitation, no matter their age, gender or race. The relationship could be framed as friendship, someone to look up to or romantic. Children and young people who are exploited may also be used to ‘find’ or coerce others to join groups.”



All forms of child exploitation often feature a ‘grooming stage’. **Grooming is a process in which a bond or sense of loyalty is developed between the abuser and victim.** Features of grooming can include:



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| <ul style="list-style-type: none">• The giving of gifts or presents;• Rewards - like mobile phone top-ups, and items of high value; | <ul style="list-style-type: none">• False promises of love and/or affection;• The provision of alcohol and drugs;• Protection and a sense of safety. |
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Grooming is a way of developing an exclusive bond between abuser and victim. Young people are particularly vulnerable to grooming where the abuser deceptively constructs a connection between sought after love and affection, increased status, or offers a sense of belonging.

Children can also be coerced into exploitation via debt-bondage and/or blackmail, where they are tricked into working for little or no money to repay a debt.

As a result of this process, children and young people rarely initially recognise the coercive and abusive nature of the relationship and may even prioritise their attachment and loyalty to the abuser over their own safety and wellbeing.

In situations of exploitation there may be the presence of circumstances which can make a child vulnerable to exploitation, **these are known as Push and Pull factors:**

Pull factors:

Children/young people performing tasks for others resulting in them gaining accommodation, food, gifts, status or a sense of safety, money or drugs the child/young person.

Push factors:

Children escaping from situations where their needs are neglected and there is exposure to unsafe individuals, where there is high family conflict or the absence of a primary attachment figure.

Control:

Brain washing, violence and threats of violence by those exploiting the child/young person, particularly when the child/young person is identified by the police, and is expected to take full responsibility for the offences for which they are charged – i.e. possession and supply of illegal substances.

Indicators that a child may be being exploited.



Warning signs

- Missing episodes from school;
- Staying out late or overnight unexplained gifts / new possessions;
- Drugs and alcohol misuse;
- Secretive behaviour;
- Inappropriate or sexualised behaviour;
- Friendship or relationships with older adults;
- Significant changes in mood or behaviour changes

in appearance (clothes, hygiene etc.);

- Becoming withdrawn or isolated poor mental health/self-harm etc;
- Excessive time spent on social media talking to 'friends' they haven't met;
- Unexplained injuries;
- They own a second mobile phone from which they are receiving a high volume of calls or need to leave urgently after receiving a text/call.

Some indicators include:

- Regularly going missing from home;

- Connected to other vulnerable young people known to be exploited and/or involved in gangs;
- Presence of a learning difficulty or a Special Educational Need;
- Misusing drugs and alcohol;
- Poor mental health;
- Experience of abuse at home (including witnessing violence);
- Concerns about being involved in crime/anti-social behaviour.

If a child is experiencing the above this does not mean that they will be exploited. However, it is important to remain aware of the possible warning signs and maintain positive communication with them on how to keep safe and stay curious about what they do and who they spend time with.

Ensuring that children and young people are engaged in constructive activities, have a positive group of friends, are attending school regularly, have a healthy relationship with a trusted adult that they can speak to and know what to do and who can help if they feel unsafe, are all protective factors against

Changes in a child's behaviour can be a normal part of the process of child and adolescent development. However, there are some circumstances where changes in behaviour are an indication that something is wrong. In these situations, you should trust your instinct – if things don't feel right, they probably are not.

A Contextual Safeguarding approach to tackling Exploitation:

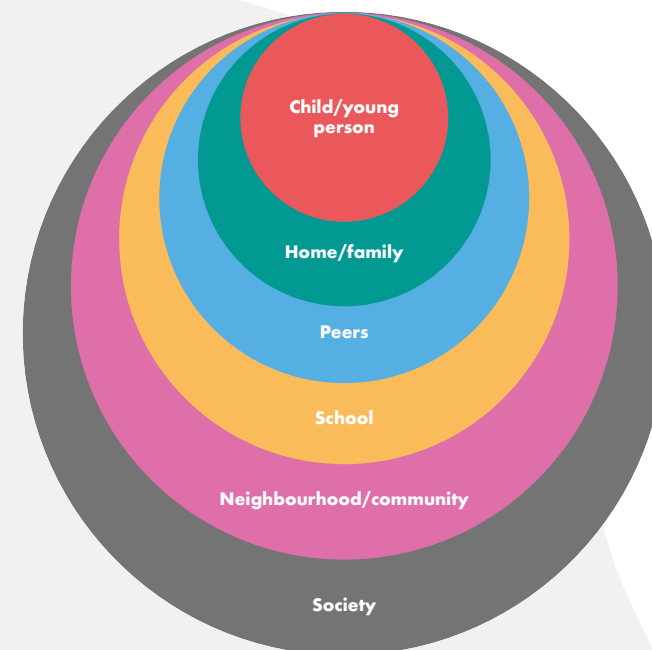
A key component to addressing Child Exploitation is to understand the experience of children in the context of the difficulties that they are facing; in circumstances of exploitation this can often span beyond the familial home.

A Contextual Safeguarding approach acknowledges the different relationships that children form in their local community,

schools, and online. In these contexts parents may have minimal influence and control. In situations of exploitation, the difficulties and risk of harm to which children can be exposed or experience outside of the family, can undermine and significantly impair parent/carer-child relationships.

“Contextual Safeguarding is an approach to understanding, and responding to, young people’s experiences of significant harm beyond their families. It recognises that the different relationships that young people form in their neighbourhoods, schools and online can feature violence and abuse. Parents and carers have little influence over these contexts, and young people’s experiences of extra-familial abuse can undermine parent-child relationships.

Therefore, children’s social care practitioners, child protection systems and wider safeguarding partnerships need to engage with individuals and sectors who do have influence over/within extra-familial contexts, and recognise that assessment of, and intervention with, these spaces are a critical part of safeguarding practices. Contextual Safeguarding, therefore, expands the objectives of child protection systems in recognition that young people are vulnerable to abuse beyond their front doors.”



Firmin (2015), “Peer on peer abuse: safeguarding implications of contextualising abuse between young people within social fields” (2015)

Newham’s contextual safeguarding approach

If a child or young person is considered to be at risk of experiencing exploitation a multi-agency Team around the Child Approach along is adopted with a framework of planning, intervention and disruption.

This assessment and intervention process is completed via the process of an ETAC.

The purpose of the Exploitation Team Around the Child - ETAC is to:

- Ensure that all available information regarding the child and the exploitation/potential exploitation is shared and considered;
- Needs and vulnerability of the child are identified and planned for;
- A disruption plan is completed to stop the exploitation activities;
- Roles and responsibilities of everyone involved in the plan are clearly defined;
- Timescales are agreed.

Newham’s Safeguarding Children Partnership Board (NSCP) offers a range of training courses on Contextual Safeguarding and Newham’s Complex Safeguarding hub. For more information refer to the Training and CPD section of this toolkit or visit <https://www.newhamscp.org.uk/learning-zone/>

For general information, resources on adopting a Contextual Safeguarding approach within your organisation and to join the Contextual Safeguarding Network **visit www.contextualsafeguarding.org.uk**



divert!

Divert services

Newham's Complex Safeguarding Hub is a multi-agency contextual safeguarding approach to ensure children and young people are protected from Exploitation.

Ten2

Ten2 is the new name for the 'Complex Safeguarding Hub'.

Ten2 work with families with children aged 10 upwards where the primary presenting concern is extra- familial – contextual risks arising from criminal and/or sexual exploitation in the wider community, often linked to children going missing from home or care.

Ten2 sit within the wider Safeguarding & Intervention Service and hold primary case responsibility for children who transfer into Ten2 from the Assessment Service (MASH). Ten2 take a 'whole family/whole system' approach, working with partners to respond to 'push' and 'pull' factors to increase safety and reduce harm for children.

Ten2 comprises of a Missing Co-ordinator who sits alongside 4 case-holding social workers, supported by a Practice Lead. The team has the benefit of an embedded teacher and clinician who contribute directly to interventions with families. Strong links with key partners including the RHI Service, Police Op Anzen, CGL and YOS who all play a critical role in the contextual safeguarding approach.

Who do we work with?

Families with children aged 10 and up who have been identified as experiencing Child Criminal Exploitation (CCE), Child Sexual Abuse and Exploitation (CSAE) and whose risk is heightened through going missing from home or care. We work with children who have a CIN or CP plan and will continue to work with families where a child becomes looked after to try to achieve safe rehabilitation to parents or to wider family. The team adopts a trauma informed approach.

divert!

An overview of the structures in the borough which work together to keep children and young people safe from Exploitation.

Structure	Core Function
Youth Offending Service (YOS) Multi-agency Case Development Panel (MCDP)	Operational case management forum for children and young people known to the YOS either subject to a court order or a out of court disposal to divert them away from the Criminal Justice System. Also for children and young people who have been referred to the YOS 'Re-Route' prevention programme.
Working Together	Multi-agency information sharing forum to inform good practice share intelligence, data and information regarding exploitation and Serious Youth Violence. Thematic issues of concern, and sharing good practice across Newham's CYPS partnership and service development across CYP Services.
Tactical Meetings	Police-led monthly partnership forum to tackle Youth and gang-related violence, develop and deliver Newham's Youth Violence and Gangs Strategy and Delivery Plan, share intelligence and information to inform operational service delivery.
Vulnerability and Exploitation panel	<p>Multi-agency tracking and monitoring of children who have been reported missing from home and or care and children where it is believed they are or are likely to be exploited.</p> <p>The panel also encompasses a Contextual Safeguarding approach e.g. peers and networks, Locations of concern and will seek to adopt appropriate interventions and enforcement actions.</p>
Adolescent Safeguarding Strategy Group	Senior strategic group to embed Youth Safety Board recommendations and join up cross cutting work around risk, vulnerability and exploitation across the borough.
Newham Safeguarding Partnership's all age exploitation sub-group	Newham Safeguarding Children's Board Senior strategic group to co-ordinate services and ensure those involved in safeguarding Children, Young People and vulnerable adults in Newham are informed about how to prevent and respond to exploitation.



7-Minute briefing: Child Criminal Exploitation (CCE)

1. Background

Child Criminal exploitation (CCE) is a form of abuse that can happen to any child, from any family and any background. Children experiencing Criminal Exploitation are victims. Professionals must treat exploitation as an issue of abuse and take steps to safeguard children against it.

2. What is it?

Child Criminal Exploitation occurs where an individual or group takes advantage of an imbalance of power to coerce, control, manipulate or deceive a child. The child may receive something in exchange e.g. gifts, money, protection for carrying out criminal activity. Young people may be coerced via the process of grooming or be coerced or tricked into feeling indebted to carry out the criminal acts due to the threat of or acts of violence.

3. Types of CCE

Criminal Exploitation can involve children committing acquisitive criminal acts such as theft and burglary for someone else's benefit. It is commonly used in 'County Lines' activities where children and young people are used by criminal gangs and networks to transport and/or sell drugs from Newham to other parts of the country.

4. Who Is Vulnerable To CCE

Any child is vulnerable to exploitation, however the following can increase a child's vulnerabilities; going missing from home, connections with other young people known to be exploited, children who are looked after, adverse childhood experiences (e.g, witnessing violence in the home), exclusion from school, children with SEND. Signs of exploitation in a child include becoming withdrawn,

unexplained change in mood/ behaviour, secretive behaviour, isolation from friends and family, missing episodes, unexplained injuries.

5. Why it matters

Children who become exploited via this type of abuse, and their families face huge risks to their physical, psychological and emotional health. Victims require long term intensive support and the impact of exploitation affects whole communities including increased fear of crime. The perpetrators are criminals and must be pursued through enforcement action.

6. The Newham context

In Newham, similar to other parts of London; victims are often male and aged between 15-19. Younger children and young adults are also vulnerable to being groomed or coerced into CCE; particularly children with 'clean

skins' (those without a criminal record), children reported missing and children who are looked after. Children can be exploited to carry out criminal activities connected with both county lines or local drug supply activities.

people from becoming exploited by creating opportunities to raise their awareness. Should a child disclose a concern, listen to them without judgment and support them to access professional help.

7. Action

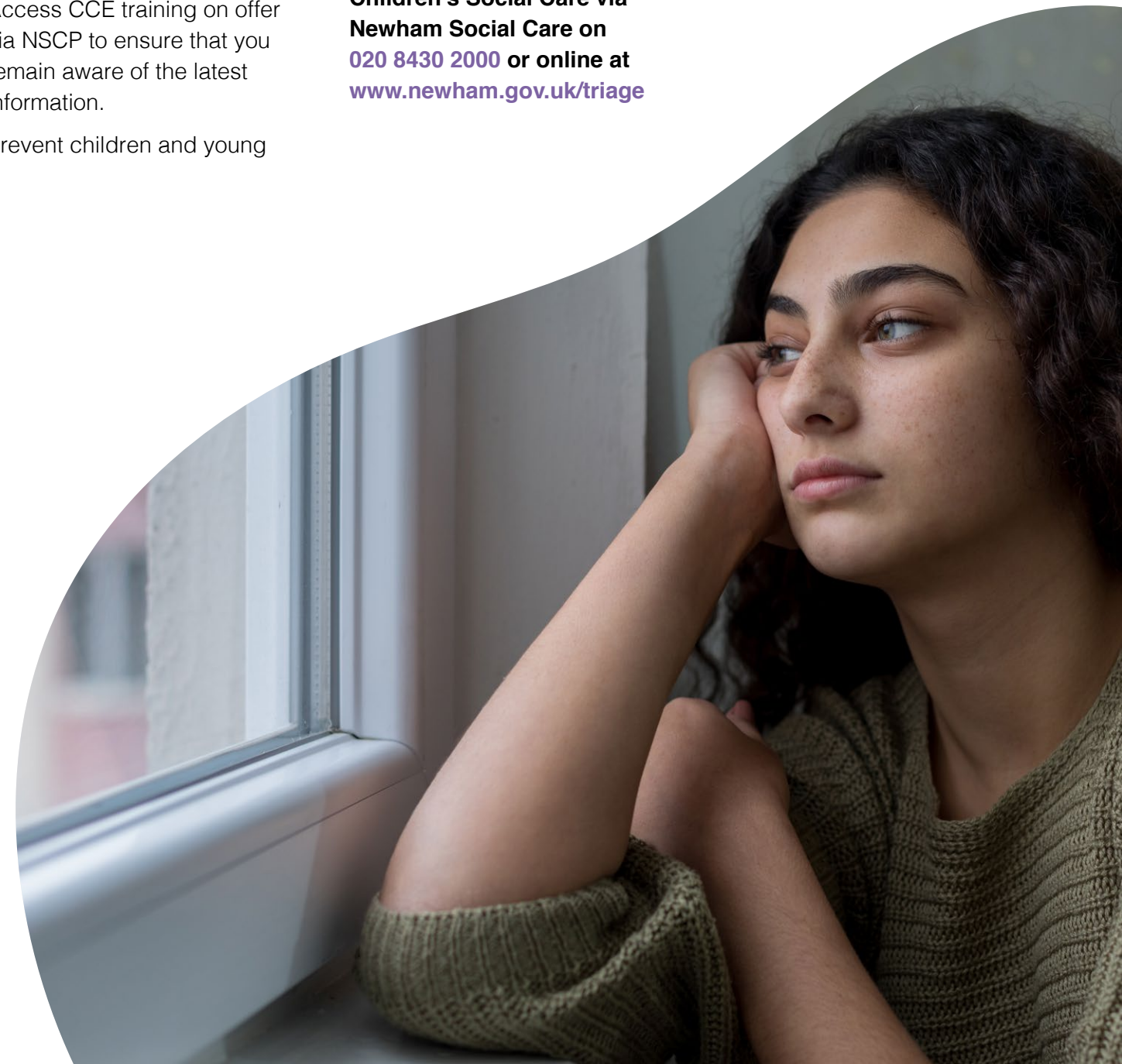
Stay vigilant and remain aware of the signs of CCE empower your colleagues to stay aware.

Access CCE training on offer via NSCP to ensure that you remain aware of the latest information.

Prevent children and young



Child exploitation is abuse. If you have a concern about a child contact Newham Children's Social Care via Newham Social Care on 020 8430 2000 or online at www.newham.gov.uk/triage





Keeping children and young people safe: preventing exploitation

On the next page is a list of organisations who have previously delivered Child exploitation-related interventions to schools and children and young people services in the borough.

Please note that when selecting resources consideration should be given to the needs of the children and young people that you are working with and should adopt a trauma-informed approach; recognising that some children may have had traumatic experiences and certain content may be ‘triggering’ for them. It is helpful to ensure that all students have the opportunity to access the relevant emotional help and support should they need it following discussions/intervention and that a proactive approach is adopted to identify any such needs. Newham Safeguarding Children Partnership Board offers free training on Trauma informed practice. Refer to the CPD & Training section of this toolkit for further details.

Information effective as of July 2020:

Organisation	Themes covered	Age Range	Contact Details
NSPCC	<ul style="list-style-type: none"> • Keeping safe • Exploitation awareness • Online grooming. 	Primary	
Tender	<ul style="list-style-type: none"> • Healthy Relationships • Sexual Exploitation awareness. 	Primary & Secondary	020 7697 4277 nathan@tender.org.uk www.tender.org.uk
Gangsline	<ul style="list-style-type: none"> • Impact serious youth violence • Lived experiences of involvement in gangs. 	Primary (Year 5 upwards) Secondary	01375 483 239 & 07753 351 256 Sheldon.thomas@gangsline.com www.gangsline.com
SmartChoices (Formally The Mizen Foundation)	<ul style="list-style-type: none"> • Impact of youth violence • Victim perspective, • lived experiences of youth violence. • Coaching and personal development/growth mindset approach. 	Primary & Secondary	hello@smartchoices.org.uk 01883 621 102 www.smartchoices.org.uk
Breck Foundation	<ul style="list-style-type: none"> • Online grooming. • Online Safety. • Lived experiences from a victim perspective. 	Primary & Secondary	www.breckfoundation.org/ 01883 621 102 admin@breckfoundation.org
Growing Against Violence (GAV)	<ul style="list-style-type: none"> • Impact of gangs & Serious Youth Violence, • Grooming, • Online exploitation and social media. 	Primary & Secondary	www.growingagainstvience.org.uk 07736 150065 Operations@growingagainstvience.org.uk
Ben Kinsella Trust	<ul style="list-style-type: none"> • Impact of youth violence, lived experiences from a victim perspective, • Consequences of serious youth violence. 	Primary & Secondary	info@benkinsella.org.uk 07712 306103 www.benkinsella.org.uk
St Giles Trust	<ul style="list-style-type: none"> • Impact of violence and those with lived experiences of involvement in gangs. 	Secondary	info@stgilestrust.org.uk 020 7708 8000 www.stgilestrust.org.uk
Street Doctors	<ul style="list-style-type: none"> • First Aid skills • Information on medical consequences of violence • Peer education programme. 	11-25 years	07763 457712 nfo@streetdoctors.org www.streetdoctors.org
Just Enough	<ul style="list-style-type: none"> • Modern day slavery • Healthy relationships • County lines • Online bullying. 	Primary	www.thesocialbookclub.com/workshops shireenah@thesocialbookclub.com 0300 999 1807
Newham Police Youth Engagement Team	<ul style="list-style-type: none"> • Personal safety • Keeping safe • Internet safety • Gangs & Peer pressure • Junior Citizens Programme (Primary) 	Primary & Secondary	For Primary School workshops contact: suzie.threadgold@met.police.uk For Secondary Schools workshops contact: Hayley.e.ellis2@met.police.uk
Fight For Peace	<ul style="list-style-type: none"> • Personal Safety • Conflict resolution • Keeping Safe. 	Secondary	info@fightforpeace.org 0207 474 0124 www.fightforpeace.net

Safety Planning

Young people can experience risks to their safety outside of the home; often in ways that adults may not. These experiences impact how children and young people navigate their way through their local neighbourhood, on the way to school/college, extra-curricular, and social activities or whilst online. It can further impact the choices that they make about how to keep themselves safe.

To support and safeguard children and young people from risks that may occur outside of their homes it is important to listen to these experiences and work together to co-create effective responses.

Looking out for me: Safety Plan

A safety plan activity has been included in this toolkit. This can be used with a child/young person to explore with them their experiences of safety; may that be in the community, at home, or online. The 'Looking out for me' Safety plan template can be found in the Appendix section of this toolkit.

As a part of the safety planning activity, helping young people to identify sources of support can be helpful. Helping them to identify a 'Trusted adult' with whom they can share their concerns.

Sharing information with children and young people about dedicated 'safe spaces' such as the City Safe Scheme run by Newham Citizens is another useful opportunity to provide information and support to help them to keep safe.

Refer to the appendix section for the safety planning activity and further information regarding the Citysafe programme.

Creating a safety plan with a child/young person can be a helpful way to work them to think practically about their safety, identify places of concern and make a note of what actions they can take and the support that can be accessed should they be in a situation where they feel unsafe. This exercise may be particularly helpful for children and young people to complete when encountering a change such as the transition from primary to secondary school which may present a point of increased vulnerability and/ or anxiety.



For individuals who may be experiencing sexual violence or Domestic Abuse there are safe spaces available via the UK Says No More initiative. Anyone experiencing domestic abuse in the UK can access Boots, Superdrug Morrison's pharmacies, and independent pharmacies who have Safe Spaces in their consultation rooms. Here they can access specialist support, providing a space for them to safely phone a helpline, contact a support service, or talk to a friend or family member.

For more information visit
www.uksaysnomore.org/safespaces

Training and CPD offer:

There are a range of opportunities to learn about the various forms of Child Exploitation, recognising the signs, how to support a child experiencing exploitation, how to report a concern, and services to support Children and Young people or divert them from becoming exploited.

Information effective as of August 2020.

Newham Training & Continuing Professional Development (CPD) Offer:

I want to learn about	Course Name	Target audience	How can I access	Cost
Children and Young People who are experiencing criminal exploitation, how to spot the signs and safeguarding responses.	Child Criminal Exploitation Training explores how young people are targeted to join groups, the business model of county lines and how this operates. The safeguarding response to Criminal Exploitation and the signs and triggers to be aware of for those who are involved in/or are at risk of county lines exploitation. The strategic and tactical plan to address Criminal exploitation and how youth violence and exploitation is evolving.	Anyone working with CYP who are at risk of or are experiencing exploitation.	Register via Newham Safeguarding Children Partnership website (NSCP) www.newhamscp.org.uk/training-brochure	Free
Newham’s Complex and Contextual Safeguarding approaches.	This is a virtual course designed to embed understanding, knowledge and skills to identify the impact and complexities associated with complex and contextual safeguarding. Each module must be completed in sequence. <ul style="list-style-type: none"> • Module One - Definitions and disclosures • Module Two - Trauma, traumatic memory, ABE • Module Three - Impact on professionals, trauma bonds, DTD • Module Four - Victim-blaming and vulnerability • Module Five - Peer-on-peer abuse, culpability, contextual safeguarding • Module Six - Intersectionality, identity and exploitation • Module Seven - Risk, resilience, reflective function • Module Eight - Adolescent abuse, adolescence, innovation. 	Anyone working with CYP who are at risk of or are experiencing exploitation.	Register via Newham Safeguarding Children Partnership website (NSCP). www.newhamscp.org.uk/training-brochure	Free

I want to learn about	Course Name	Target audience	How can I access	Cost
Child Criminal Exploitation, it’s impacts and how to respond to the needs of Children and Young People in Newham.	Criminal Exploitation & Serious Youth Violence Bespoke training offer. Delivered by Newham Youth Offending Service, a tailored training package can be provided to your school or organisation on how to work with Children and Young People at risk of or experiencing exploitation, safeguarding responses, and information tailored to the context of your organisation and its locality in Newham. Bespoke Interventions can also be delivered tailored to children and young people.	Professionals working with Children and Young People	Newham Youth Offending Service Contact: Michelle Edwards London Borough of Newham Group Manager 192 Cumberland Road Plaistow London E13 8LT 020 8430 2361	Quote available upon request.
How to protect children and young people online.	Protecting children and young people online. How to keep children safe online. One-day intensive course into how children and young people access new information technologies, what the safety issues are and how professionals can help parents and young people to keep safe.	Anyone working with children and young people.	Register via Newham Safeguarding Children Partnership website (NSCP) www.newhamscp.org.uk/training-brochure	Free
The specific needs of girls in the context of exploitation.	<ul style="list-style-type: none"> • Child Sexual Exploitation • Girls and gangs • Young women and county lines • Solution Focused- Brief therapy • Participatory and strengths-based approaches to working with adolescents at risk. 	Anyone working with young women and girls. Bespoke training offer for organisations.	Abianda www.abianda.com hello@abianda.com 020 7686 0520	Available upon request
Understanding and awareness of Trauma informed practice.	Trauma Informed Practice suite of modules have been designed to embed understanding, knowledge and skills to identify the impact and complexities within this arena. The modules build on understanding and must be attended in: <ul style="list-style-type: none"> • Module One - Impact of fear on functioning, traumatic memory and dissociation • Module Two – Adverse Childhood Experience (ACES): misuse and critique • Module Three - Trauma bonds vs secure attachments, traumagenic dynamics • Module Four - Trauma-informed practice, formulations. 	Anyone working with CYP who are at risk of or are experiencing exploitation.	Register via Newham Safeguarding Children Partnership website (NSCP) www.newhamscp.org.uk/training-brochure	Free

External Training Providers:

I want to learn about	Course Name	Target audience	How can I access	Cost
How to promote good emotional health and well-being amongst children and young people.	Building Resilience Understand the importance of resilience and how to help build it in the children and young people you work with.	Practitioners working with children and young people in whole class, group or 1-1 settings, e.g. school staff, youth workers, residential care workers, ETC.	YoungMinds www.youngminds.org.uk/find-a-course Parents Helpline: 0808 802 5544	£225.00 + VAT
How to train other professionals on Domestic/Peer on Peer abuse.	Developing and Delivering Domestic Violence and Sexual Violence Training	Practitioners who want to develop their understanding of the relevant information, models and theories required to plan and deliver basic Multi-Agency Awareness and Best Practice Domestic Violence Training.	Tender www.tender.org.uk/home@tender.org.uk 0207 697 4277 Resource for London 356 Holloway Road London, N7 6PA	Quote available upon request.
Responses to Child Sexual Exploitation.	NWG Exploitation response unit offer a range of e-courses to raise awareness on Child Sexual Exploitation • Tackling Child Sexual Exploitation E-Learning Course • Child Sexual Exploitation Foundation Course • Child Sexual Exploitation Advanced Course • Understanding Trauma Foundation Course • Working Alongside Families: Experts by Experience • Transitions: 16 – 18 and Beyond • Sexual Exploitation of Children with Learning Disabilities & Difficulties • Combating Child Sexual Exploitation in Sport • Modern Day Slavery & Human Trafficking • Powerful Legislation to Combat Child Sexual Exploitation (NRM).	Practitioners who wish to develop their understanding and awareness of child sexual exploitation.	www.nwgnetwork.org 01332 585371 network@nwgnetwork.org Innovation House Suite 1 East Service Road Raynesway, Derby DE21 7BF	Refer to website for further information.
Responses to Child Sexual/Criminal exploitation.	PACE UK Accredited training courses on child sexual exploitation, county lines, Police investigations/disruption/ Prosecution Train the trainer courses. See www.paceuk.info/training	A range of training courses aimed at professionals. Also includes the free 'Keep them safe' awareness e-learning course suitable for parents/carers.	PACE UK www.paceuk.info/training 0113 240 3040	Refer to website for further information

I want to learn about	Course Name	Target audience	How can I access	Cost
Keeping children and young people safe online.	Developed by the NSPCC in association with CEOP to provide information on: • How children use the internet and technology • The risks children may encounter online • Harmful content online • Online radicalisation and extremism • Sharing personal content and sexting • Sexual offending against children online • Bullying online • Supporting parents and carers • Supporting children and young people • How to make organisations safer places for children to go online.	Professionals working with children and young people.	NSPCC https://learning.nspcc.org.uk/training/online-safety learning@nspcc.org.uk	£31.50 per person (reduced rates when purchasing multiple places)
Teaching digital citizenship and safety.	Free online courses by Google on teaching online safety skills to children and young people.	Teachers/ professionals working with children/young people.	Google Teacher Training Suite https://teachercenter.withgoogle.com/digital_citizenship/preview	Free
Contextual Safeguarding and promoting children and young people's safety in contexts outside the family home (e.g. schools, colleges, parks, and youth organisations).	Case studies, podcasts and 30 minute bite-sized learning webinars on using a contextual safeguarding approach to keep children and young people safe in settings outside of the family home.	Teachers/ Professionals working with children and young people.	https://www.csnetwork.org.uk/en/publications/training-resources	Free
Harmful sexual behaviours in schools.	Online training to help school staff on how to manage harmful sexual behaviour in primary or secondary schools in the UK.	NSPCC Online Training https://learning.nspcc.org.uk/training/online-safety learning@nspcc.org.uk	Abianda Hello@abianda.com 020 7686 0520	£31.50 per person (reduced rates when purchasing multiple places).
Online resources to educate professionals on safeguarding children and yp online	INEQE Safeguarding Empowering professionals to support children and young people and their families to stay safer through education and the use of innovative technology.	School staff/ professionals.	www.ineqe.com/safeguarding-hub enquiries@ineqe.com 028 9023 2060	Some free resources. Safer School programme may be available free of charge to schools who are ensured by Zurich Municipal.

E-Learning Courses

A range of courses are accessible online that can be used to learn about and improve practice to raise awareness and respond to Child Exploitation:

I want to learn about	Course Name	Target audience	How can I access	Cost
Indicators of sexual exploitation, what to do and how to report a concern.	20/30-minute e-learning course Learn the signs and indicators of when a child may be being sexually exploited. Understand the impact that child sexual exploitation can have on families. Know what to do if a child might be at risk of this abuse.	Parents/ Carers and professionals working with CYP.	Pace UK https://paceuk.info/training/online-learning/e-learning/keep-them-safe	Free
An introduction to Criminal Exploitation	Develop understanding about how county lines are managed and children are criminally exploited. An interactive 20-30-minute e-learning course for anyone who works alongside children and young people.	Aimed at parents, carers and professionals.	Pace UK http://paceuk.info/training/online-learning/e-learning	£15
Understanding of different forms of Child Exploitation	<ul style="list-style-type: none">Models & forms of exploitationFactors that can increase a person's vulnerabilityShort & long-term effects of exploitation and its impact on family membersBarriers to disclosureWhat to do if you are worried about a child.	Educators and Professionals.	EDUCARE (part of TES) CPD accredited www.educare.co.uk	£18.50 excl VAT
Safeguarding tips and advice on Social media	Interactive short video which identifies risks concerning: <ul style="list-style-type: none">PrivacyLocations settingsRemote controllingOversharingGroomingIndecent ImagesSextingGaming.	Parents and professionals.	Growing Against Violence www.growingagainstviolence.org.uk/online-parents-professionals	Free
Information on Criminal exploitation and county lines	Information for Parents, Teachers and Professionals associated with the criminal exploitation of young and vulnerable people by gangs involved in 'County Lines' activity.	Parents and professionals	Growing Against Violence www.growingagainstviolence.org.uk/online-parents-professionals	Free

Specialist Support Services:

Organisation	Support Offered	Target Client group	How to Access
Online Service			
Childline	Childline offer confidential advice via a livechat service.	Children and Young People.	www.childline.org.uk/get-support/1-2-1-counsellor-chat
Kooth.com	Newham Headstart's online counselling service	Children and young people. Provide anonymous online counselling/emotional support.	www.kooth.com
Counselling services			
Ascent Advice and Counselling Service	Deliver a range of specialist advice and counselling services to women and girls affected by DV/SV across every London borough.	Women and girls (age 14+).	Unit 5-7, Blenheim Court, 62 Brewery Road, London N7 9NY 0808 802 5565 advice@solacewomensaid.org www.solacewomensaid.org/ Women and Girls Network (WGN) Hub (West) on freephone 0808 801 0660 or advice@wgn.org.uk
You & Co	Victim Support's youth programme that helps young people cope with the impact and effects of crime. *One to one and group work sessions.	Children and Young People.	

Specialist Support Services:

Organisation	Support Offered	Target Client group	How to Access
Online services			
PACE (Parents Against Exploitation)	<p>Organization run by parents set up to support other parents of children who have experienced or are at risk of Sexual Exploitation.</p> <ul style="list-style-type: none">• Services include:• Advice line for families• Training for professionals and parents• One to one telephone advice and support• Befreinding scheme• Advocacy service.	<p>Parents/Carers of children who have experienced Sexual exploitation external to the family.</p> <p>Also offer training to professionals on how sexual exploitation can affect the family.</p> <p>Telephone support service for parents of children who are/have experienced exploitation.</p>	<p>Funded until 2025</p> <p>Email: Info@paceuk.info General Office: 0113 240 3030 National Parent Support: 0113 240 5226</p>
Lucy Faithful Foundation	<p>Work to tackle and prevent child sexual abuse and exploitation.</p> <p>Work with all those affected by sexual abuse including adult male and female abusers; young people with harmful sexual behaviour; children with concerning sexual behaviours; victims of abuse and other family members.</p> <p>Work in families and with adults and young people where there has been no abuse, to help them keep themselves and others as safe as possible.</p> <p>Services include:</p> <ul style="list-style-type: none">• Services for young people who display sexually harmful behavior• Programme for both young people and adults who display sexually harmful behavior online).• Confidential Anonymous helpline.	<p>Adults, Children and young people and families.</p> <p>All those affected by sexual abuse including adult male and female abusers; young people with harmful sexual behaviour; children with concerning sexual behaviours; victims of abuse and other family members.</p> <p>Work in families and with adults and young people where there has been no abuse, to help them keep themselves and others as safe as possible.</p>	<p>Confidential information and advice anonymous Stop It Now! helpline: 0808 1000 900 contactus.stopitnow.org.uk stopitnow.org.uk</p> <p>General Enquires:</p> <p>The Lucy Faithfull Foundation 2 Birch House Harris Business Park Hanbury Road Stoke Prior Bromsgrove B60 4DJ Tel: 01527 591 922 Fax: 01527 575 939 Email: contact@lucyfaithfull.org.uk</p>
Missing People helpline	<p>Missing People is dedicated to bringing missing children and adults back together with their families.</p> <p>Missing people work, 24 hours a day, 365 days a year, to provide free and confidential support by phone, text or email.</p>	<p>Telephone helpline and live chat for Children and young people who go missing and their parents/ carer.</p>	<p>Call or text 116 000 Email: 116000@missingpeople.org.uk</p>

Organisation	Support Offered	Target Client group	How to Access
Online services			
London Victim and Witness Service	<p>Support service for children and young people who are victims or witnesses to youth violence in the boroughs of Brent, Camden, Croydon, Enfield, Haringey, Lambeth, Newham, Southwark, Tower Hamlets and Waltham Forest.</p>	<p>Children and young people aged 4-17 years. Service also available to those aged 18-21 years if considered more appropriate.</p> <p>One-to-one and group support sessions as well as responding to whole community needs following a fatal incident across all London boroughs.</p> <p>Support for children and young people who are witnessing domestic abuse. Support is offered to their safe parent/ carer by one of Victim Support's Independent Domestic Violence Advocate (IDVA).</p> <p>Dedicated service to support any children and young people who have been affected by losing a family member through murder or manslaughter.</p>	



Safety & Exploitation Interventions

Organisation & intervention	Target Group	Services Offered	How to access
Redthread A youth work charity aiming to support and enable young people to lead healthy, safe and happy lives.	13-19 year olds	<p>To empower young people to thrive as they navigate the challenging transition to adulthood by integrating trauma-informed youth work into the health sector.</p> <p>A&E Work Youth Violence Intervention Programme runs in hospital emergency departments in partnership with the major trauma network. There, our innovative service aims to reduce serious youth violence, and has revolutionised the support available to young victims of violence.</p>	<p>0203 744 6888 www.redthread.org.uk info@redthread.org.uk</p> <p>Redthread</p> <p>158 Buckingham Palace Rd Belgravia London SW1W 9TR</p>
Smart Choices (formerly 'For Jimmy') Breaking the Cycle of Youth Violence	<p>Children and young people aged 5-21 years.</p> <p>Interventions are targeted within the following age ranges: Early intervention: 5-11 Mid Intervention: 11-13 Advanced Intervention:</p>	<p>Smart Choices offers a five-week programme for at-risk children delivered as weekly three-hour group sessions or a series of one to ones. We also offer advanced interventions delivered to at risk young people in alternative provisions, PRU's, YOS (Youth Offending Service) within the criminal justice system and engaged in gang culture.</p> <p>Programmes can be tailored to level of need and can be pitched from an early intervention approach through to advanced interventions.</p>	<p>www.smartchoices.org.uk hello@smartchoices.org.uk</p> <p>Address: Smart Choices 40 Cambridge Drive London SE12 8AJ</p> <p>Contact: Talmud Bal – Head of Service Delivery T: 020 8852 7855 M: 020 8852 7855</p>

Organisation & intervention	Target Group	Services Offered	How to access
WIPERS Wipers specialises in delivering programmes and workshops for young people, with particular expertise in delivering tailor-made intervention programmes for hard-to-reach young people involved in offending behaviour.	Children and Young people.	<p>Specialist Mentoring, workshops</p> <p>Intervention programmes for young people.</p> <p>Specialist PHSE transitions programme from Primary to Secondary</p>	<p>www.wipers.org.uk 0203 598 4109 info@wipers.org.uk</p>
Exit Foundation Exit Foundation works to equip, empower and encourage ex offenders, adults and young people that want, need or require help into making positive life choices leading into a brighter future.	Ex-offenders, adults and young people	Mentoring Services	<p>020 8004 7448 www.exitfoundation.org.uk</p>
Re-Route Newham Youth Offending Service offers a prevention programme to divert children and young people identified as being at risk of Youth Violence and/or exploitation	Children and young people aged 10-17 years identified as at Risk of Exploitation	<p>A prevention programme to divert children and young people identified as being at risk of Youth Violence and/or exploitation.</p> <p>(Referrals to the service are via the initial assessment process via MASH, Children Services)</p>	020 8430 2361
Newham Youth Zones A wide range of activities and services for young people.	Children and young people		<p>https://www.newham.gov.uk/children-families/activities-young-people-newham</p>

Safety & Exploitation Interventions

Organisation & intervention	Target Group	Services Offered	How to access
<p>Draw the Line (Produced by Safe Lives Domestic Abuse Charity).</p> <p>Supports young people in understanding where the line is in relationships between healthy and abusive behaviours. A digital intervention which presents scenarios of concerning behaviour – participant has to ‘draw a line’ under the behaviours that are deemed to be a concern.</p>	13-19 years and parents/carers.	Draw the Line captures anonymous age-appropriate short stories submitted by young people about how they have been impacted by abuse in relationships, and asks participants to draw a virtual line where they identify toxic and harmful behaviours. Users get the chance to compare their own line with that of their peers and find out how domestic abuse professionals interpret the content.	<p>This intervention can only be accessed via a QR code. A smart mobile device is required to access</p> <p>www.drawtheline.uk</p>
<p>Keep Me Safe e-learning tool</p> <p>Developed and co-produced with Young People by University of East London the app is aimed at children and young people to keep themselves safe throughout Europe.</p>	Children and young people.	An app aimed at children and young people to keep themselves safe and ways and uses a health and wellbeing algorithm to measure their feelings of safety.	<p>http://kmse.open-lab.com/</p> <p>For information about the development of the resource visit</p> <p>https://www.uel.ac.uk/research/ihhd/our-projects/keep-me-safe-in-europe</p>

Enrichment programmes & Constructive Activities

Organisation & intervention	Target Group	Services Offered	How to access
<p>MTK Boxing</p> <p>Boxing and education Academy.</p>	15- 19 years	<p>Designed to increase employability, help reduce youth crime and increase positive and healthy lifestyles.</p> <p>Students engage in a life skills programme to support their development into industry employment.</p> <p>They will operate in an elite sports environment across the academy centres with fantastic facilities expert guidance/mentoring/ training.</p>	<p>Students can apply directly on the website www.academyse.co.uk/mtkacademy</p> <p>Tel: 07539 293 008 Instagram: myofsportseducation Twitter: academySEUK</p>
Aston Mansfield	Children and young people aged 5 and over.	Offer a range of activities and services for Children and young people.	<p>www.aston-mansfield.org.uk</p> <p>Tel: 0202 3740 8100 or 020 33553974</p>
<p>LVN Youth Services Mapping App</p> <p>A tool for frontline youth practitioners to use when engaging with young people to provide information on youth services.</p>	Front-line Practitioners and young people	<p>A tool for frontline youth practitioners to use when engaging with young people.</p> <p>The app features 1000+ youth provisions covering a wide range of interests for 14-24 yrs.</p>	<p>www.linktr.ee/londonVillageNetwork</p> <p>knowmore@lvn.org.uk</p>
Newham Families Information Service & SEND Local Offer	Children and young people aged 0-25 and their families.	Directory of services to enable families to access support, advice and activities.	www.families.newham.gov.uk

Enrichment programmes & Constructive Activities

Organisation & intervention	Target Group	Services Offered	How to access
<p>Maximus UK - Pathways to Employment, Education and Training Programme</p> <p>The Greater London Combined Authority Pathways to Employment, Education and Training Programme provides tailored support for young people to move into Employment, Education and Training (EET).</p>	<p>Young Londoners aged 16 to 24 who are not in education, employment or training and: Looked after, or care leavers Homeless, at risk of being homeless, or fall into two or more of the following; a young carer, lone parent, in debt or using substances.</p>	<p>This is currently offered remotely via telephone, SMS, email, and digital tools such as Google Hangouts and WhatsApp.</p>	<p>0300 456 8139 NEET@maximusuk.co.uk www.maximusuk.co.uk/NEET</p>
<p>Omg Education</p>	<p>Children and young people</p>	<p>Offer a range of educational courses to children ad young people</p> <p>Mentoring service for children and young people at risk of becoming NEET.</p> <p>Personal and Social Development Workshops covering a range of topics.</p>	<p>www.omgeducation.co.uk info@omgeducation.co.uk 07498 330 265</p> <p>One Miah Group Ltd – OMG Education CIC Redbox Business Centre 43-45 Gillender Street London E14 6RN</p>
<p>The Running Charity</p> <p>Running and personal development programmes.</p>	<p>Young people with complex needs or at risk of homelessness</p>	<p>The Running Charity deliver running and personal development programmes to young people with complex needs or are at greater risk of homelessness with the aims of improving and supporting their mental health and life opportunities.</p>	<p>Info@therunningcharity.org</p>



Appendix

Citysafe scheme

Keeping young people safe in Stratford when they have nowhere else to go.

What is a Safe Haven?

A place where you can go as a young person to get temporary shelter from immediate danger. 20 shops across Stratford have signed up to the scheme and nearly all these shops have a sticker in their window like the one shown in the logo above. The scheme is designed to keep young people safe when they are out and about in Stratford on the way home from school, or the weekend.

What to do?

If a young person feels unsafe for whatever reason, whether they are being followed, have had someone shout at or try to steal from them, they can go into one of the shops listed below and ask for help from one of the staff members who can help by:

- Directing the young person to the safest place.
- Ensuring they have somewhere safe to be if they are being followed.
- Activating an alarm and/or radio link for the Stratford Centre security to come and help.
- Calling their parents or someone to come and collect them.
- Dialling 999 and asking for the police - and an ambulance in a medical emergency

The Safe Haven's who are best equipped to take care of young people in Stratford are:

The Stratford Centre Security team, Zapspace, St John's Church, O2, Olive and Lemon, and Mexicasa.

The organisations signed up to the scheme are ZapSpace, St John's Church, O2, Iceland, Bodyshop, Applejacks, Olive and Lemon, Osbon Pharmacy, Baseo, Solomon Ross, Stratford Centre, Barclays, Argos, Broadway Beauty, Poundland, Footlocker, JD Sports, Mexicasa, Illusion, Quality Halal Food Market, The Fragrance Shop and Stratford Library.



For more information about the Citysafe scheme in Newham contact Alistair Rooms at Newham Citizens via Alistair.rooms@citizens.org

Appendix

Safety Plan and guidance notes

Some tips for completing your safety plan



What is a safety plan?

Everyone deserves to feel safe and supported. But sometimes there can be times when we don't feel safe.

Thinking about the things that help us to feel safe helps us to know the steps to take if your safety is at risk.

How can a safety plan help me?

A safety plan helps us to think about the things that we need and the actions to take if we are in an unsafe situation.

It's a way to help us think about the people and places around us who can help us if things go wrong.

Who can help me with my plan?

This is a plan about you - so you should be involved in making your plan.

It is helpful to complete your plan with a trusted adult like a parent, a teacher, youth worker, etc. Someone who can help you to think about what to do if you feel unsafe. Someone who cares about you and wants you to be safe.

Useful tips

Put aside some time where you won't be disturbed.

Think about who could help you to complete it. Ask them to help you (or if you prefer you can do it yourself and ask them to look at it afterwards).

Think about the times you do feel safe - how does it feel? What does it look like?

Signs of Safety

How do you know when you are feeling unsafe? Sometimes, our bodies can signal to us when we feel unsafe. We may experience changes like our heart beating very fast, or our palms may become sweaty.

What happens to your body when you feel unsafe? What could you do/who could you talk to if this happens?

Getting help

Thinking about the places that you spend your time. (e.g. school, in the community, online). What happens to your body when you feel unsafe? What could you do/who could you talk to if this happens?

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**The best place
for Children and
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