

COVID-19 vaccine information session

20 Jan 2020



- These slides set out what the Newham Council Public Health Team understand about COVID-19 vaccines.
- This is information as of 19 January 2021.
- The information will change as we learn more.
- Please do ask questions

<https://www.newham.gov.uk/covidhealthchampions>

Focus of these sessions



As the vaccine roll-out gains pace we want to continue to share what this means for everyone in Newham – what we know and what we don't know (yet).

We want to make sure everyone has the chance to ask their questions and to have answers from experts.

Where we don't know the answer we will try and find it for you

Please do keep sharing the questions that you and your communities have – and we will continue to try and answer them as best we can

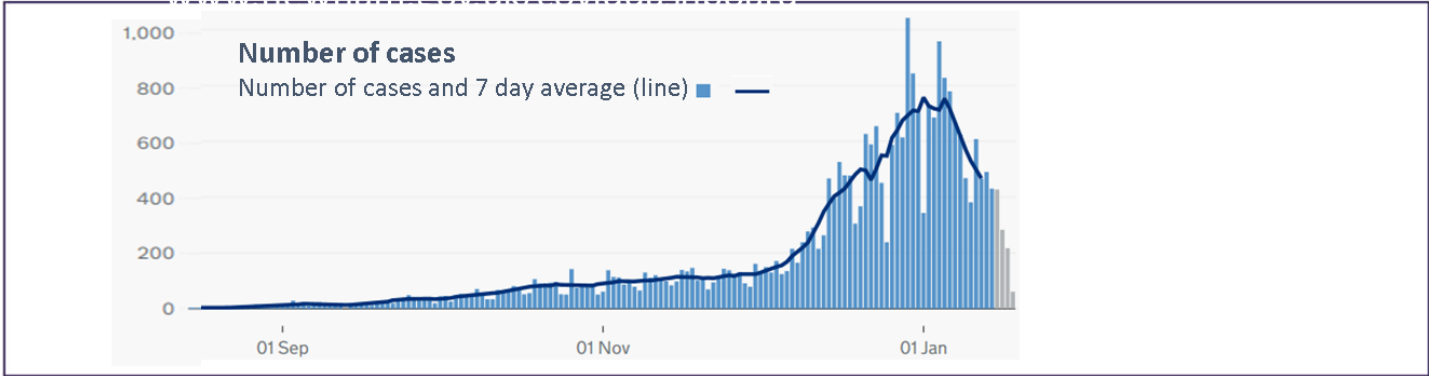


COVID-19 in Newham



NEWHAM WEEKLY COVID-19 STATISTICS

Updated: 20th January for period 10th to 16th January www.newham.gov.uk/coviddashboard



WHAT DOES THIS MEAN?

There has been a significant fall (by 37%) in the number of new cases of Covid-19 in Newham and across London, which is really great news, and everyone's efforts through lockdown to stay safe are starting to work. However overall rates remain very high and we need them to keep coming down. Community transmission continues particularly amongst the elderly and the new strain of Covid-19 is highly transmissible.. The NHS remains under major pressure. Please protect yourself and your loved ones:

- Absolutely limit your contact with other household and please ensure your face is covered when going to shops or other indoor places
- Be regularly tested if you leave home for work
- If you have been invited for a vaccination please take it up and if you know someone who needs support to get a vaccine please help them to do so.

Jason Strelitz
Director of Public Health
London Borough of Newham
20th January 2021



| Cases (Positive tests) | Rate of cases (per 100,000 persons) | Pillar 2 daily testing ₂ (per 100,000 persons) | Positive tests (%) Total weekly tests: 14,612 ₂ |
|---|--|--|---|
| This week 3,208 ↓ Last week₁ 5,072 28,054 total cases to date | This week 898 ↓ Last week₁ 1,392 222,442 tests to date | This week 573 ↓ Last week₁ 664 222,442 tests to date | This week 23.2 ↓ Last week₁ 30.6 14,612 tests last week |

Data source: Covid-19 Situational Awareness Explorer, (PHE). Rendered on 20th Jan for data reported up to and including 16th. Due to reporting delays the most recent 4 days are excluded.
1Numbers for the previous week may be different from last week's dashboard as new data can change counts for previous weeks. 2 Pillar 2 only <https://coronavirus.data.gov.uk>

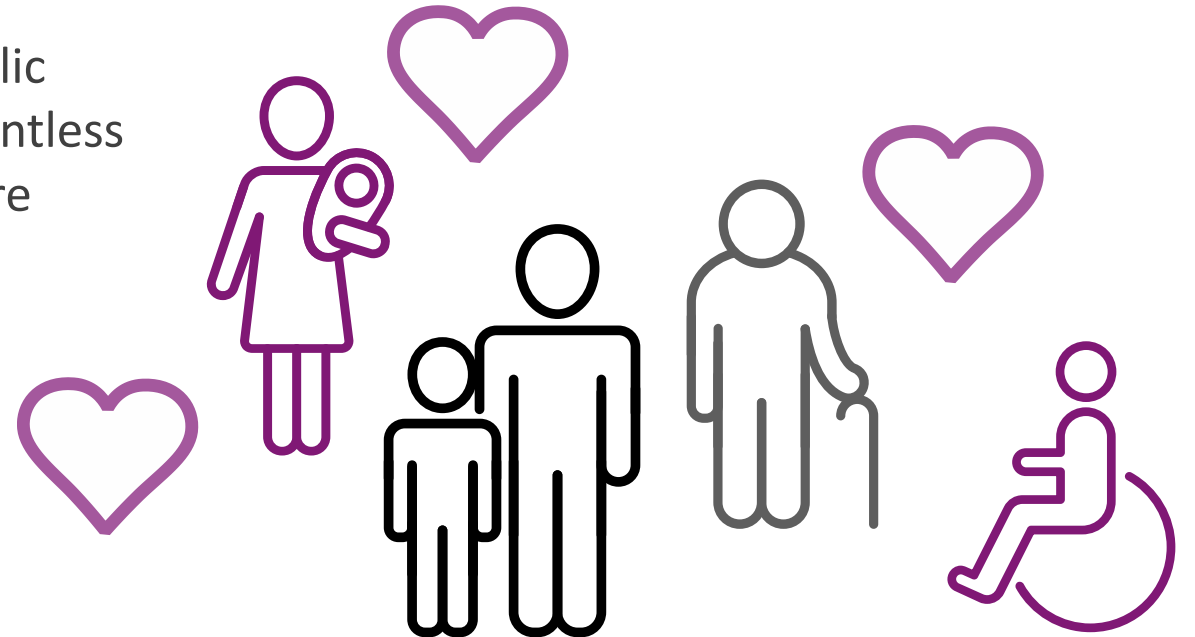
Vaccines protect everyone in our community



Vaccines keep us, our loved ones and our wider communities safe.

One of the most important things they do is stop other people from getting sick, particularly those (very few) people who are not able to have vaccines but who are often the most vulnerable.

After clean water, vaccines are the most effective public health intervention in the world. They have saved countless lives – and we all have them starting from when we are babies.



How the COVID-19 vaccines work



The vaccines all work by making our body think that the 'spike' from the COVID-19 virus has attacked the body. Our bodies then create immune responses even though we haven't actually been sick.

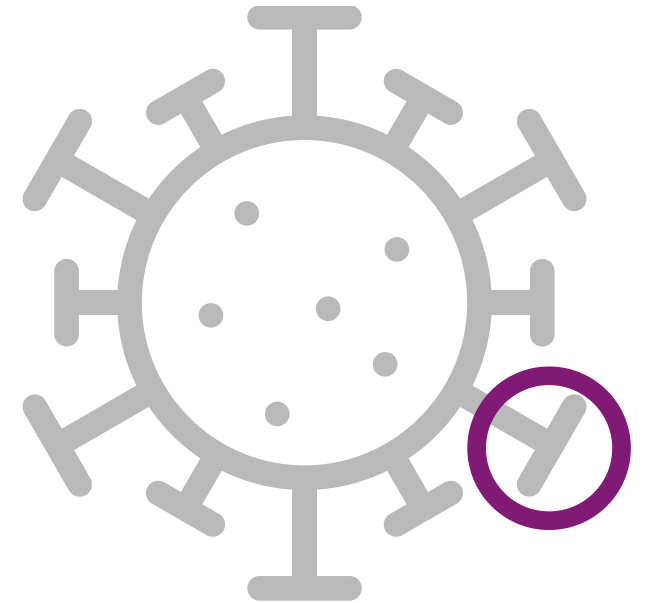
Pfizer/ BioNTech and Moderna

This uses bits of code (mRNA) that make the spike protein and only the spike protein to show to the immune system to prompt the antibody response. These cannot alter human cells. They only present the body with instructions to build immunity to COVID-19.

Oxford, Astra Zeneca, Imperial College

This vaccine uses a harmless virus that is known to not cause diseases in humans. It's been altered make the spike protein and only the spike protein to show to the immune system to prompt the antibody response.

We don't yet know how long the vaccine lasts – much like we don't yet know the long term effects of COVID-19.



How the COVID-19 vaccine happened so fast

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No safety step has been skipped or compromised. But there has been unprecedented effort from the whole world:

1. **Co-operation & collaboration:** scientists, funders, researchers, governments – everyone is working together, sharing research, findings and information. The usual competition is gone.
2. **Participation from the public:** Thousands of people have signed up to take part, when it's usually hard to recruit members of the public to take part in vaccine trials. Not so with COVID-19. 40,000 people participated in the Pfizer research alone
3. **Resources for all stages:** Funding is pre-approved. Usually researchers need to have their previous phase reviewed (slowly) and then use this review to apply for more funding. This time, funding is guaranteed as long as the previous phase is safe and successful. And the companies making the drugs are doing it earlier in the process so they are ready when needed.

And it's not starting from scratch:

The vaccine is built on previous research, into other vaccines and ways to deliver vaccines.

Unprecedented

- Collaboration & co-operation
- Participation from the public
- Resources for research and production



Roll-out: what we know & progress so far

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What we know:

This is the current priority order is:

- **Older residents in care homes and care home workers**
 - **All those 80 years and over and front-line health and social care workers**
 - **All those 75 years and over**
 - **Those 70 and over, and clinically extremely vulnerable people - including those with cancer and kidney disease**
 - All aged 65 and over
 - All individuals aged 16 to 64 with underlying health conditions which put them at higher risk of serious disease and mortality
 - All those 60 years and over
 - All those 55 years and over
 - All those 50 years and over
 - The 40% remainder of the population, with order of priority to be determined
- This is where the NHS is now – and have not yet finished.
 - Not everyone has been contacted yet but the NHS is working as quickly as possible to contact and book people in.
 - New guidance means the NHS is focusing on first doses before second which will come later – some people who have had their 1st dose will still have their 2nd but most will have a new date agreed
- We have vaccinated more than 8000 people
 - This includes at least 50% of people over 80 in Newham
 - We have been to all of our care homes and 75% of the care home residents have been vaccinated
 - More and more of our front line health and social care staff are being vaccinated every day

How the vaccine process works at the moment*

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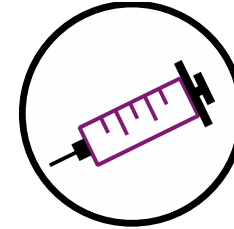
You will get an email from your manager

- You get an email/message from their manager
- You will be invited to share your name, NHS no, phone number



You will get invited to book an appointment

- They either get an email with a link to book an appointment or a text message



Go & have your vaccine

- You will have a chance to speak to a Dr at the vaccine site if you have concerns about medication
- Try not to take public transport to or from the site
- Each site has one vaccine available



Continue as before

- Follow the current guidance on staying safe.
- If you are shielding continue to follow the guidance
- Continue to have rapid tests for 21 days
- Make sure you have your 2nd dose (it will be the same vaccine)

The 1st dose of the vaccine gives limited protection in the early days & only reaches its full potential after 21 days

***This process is current as of 19 Jan & may change**

20 January 2021

What is not part of the process



Help us do this...

Please DO NOT call and ask about your appointment.

People are being contacted as per the roll-out priority orders

Calling only clogs up the same people who are trying to do the booking



Stay safe from scams

You will NEVER be asked for bank details or any other form of payment

You will only be contacted by the NHS to schedule the vaccine

The vaccine is only available on the NHS

Our existing response



A 'ladder' of support – from the most general / broadest to the most detailed / individual. LBN, Newham Health Collaborative and Barts Health all working together

1: Information on line from the NHS:

- NHS vaccine website
- East London Foundation Trust FAQs:

2: Champions: infographics, videos, social media and direct conversation over whatsapp and email

- How does the COVID-19 vaccine work
- How do you get a vaccine – and what is it like to get one
- Where are we in vaccine roll-out [will need to keep this updated]

3: Q&A sessions with NHS, Public Health Team Newham, academics and experts

- Public sessions: every other Wednesday 7-8 pm on zoom
- Staff specific sessions: happy to come to any staff group

4: Enabling “supportive conversations”

- Recruiting vaccine Peer Supporters are volunteers from our community who will listen to your questions, concerns and worries. They can also answer basic questions about the vaccine and find out more detailed information if useful.
- Supporting employers through information and zoom sessions to have supportive conversations to staff, residents and others

5: Specific clinical questions

- GP surgery to ask questions

COVID-19 health champions

Regular information and 2-way conversation via Zoom, whatsapp and email

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COVID-19 VACCINE BACKGROUND INFORMATION



Why is a vaccine important?

- Vaccines keep us, our loved ones and our wider communities safe
- They stop other people from getting sick
- After clean water, vaccines are the most effective public health intervention in the world



How do the COVID-19 vaccines work?

- Vaccines make our body think that we have been sick without us actually being sick
- Our bodies then create immune responses
- Then, if we do come across COVID-19 we don't get as sick or not sick at all

The COVID-19 vaccines do not give you COVID-19



How did the COVID-19 vaccines arrive so quickly?

- Co-operation & collaboration: scientists, funders, researchers, governments all working together like never before
- Participation from the public: thousands of people taking part – many more than normal
- Resources for all stages: funding pre-approved if you pass the required regulation

All the same reviews were done as for any other vaccine. No regulatory stages were missed.

For more information, visit
www.newham.gov.uk/covidvaccine

001 (01-21)



HOW THE VACCINE PROCESS WORKS

This process is current as of 11 Jan & may change



Wait for your invitation from the NHS

- This may be from your GP or from the NHS
- This may be a phone call, letter or text message
- You will be asked to book an appointment



Book your appointment

- When you are contacted, you will be given all of the information about how to book your appointment
- When you book, have your NHS number or the name you used when you registered with your GP
- If asked to, book your 1st and 2nd jab at the same time
- You will be given a booking number – hold on to this



Go and have your vaccine

- You will have time to ask questions and discuss any concerns
- Wear your face covering and follow social distancing rules
- You will be asked to wait for 15 minutes afterwards to check that you feel okay to go home



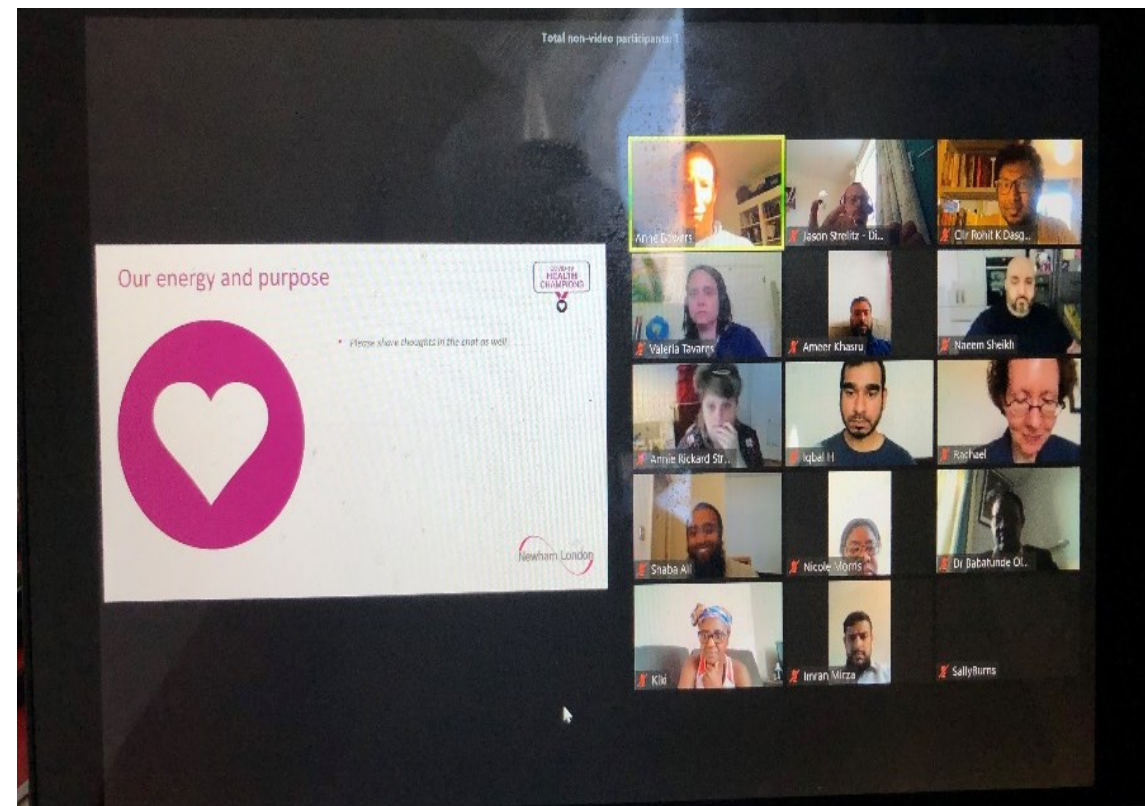
Go home and follow the COVID-19 rules

- Hold on to your record card for your next appointment
- If you don't have a 2nd appointment, you will be contacted to book one
- Follow the current guidance on staying safe
- If you are shielding continue to follow the guidance

The first dose will protect you after 21 days.

For more information, visit
www.newham.gov.uk/covidvaccine

001 (01-21)



15 Jan 2021

Be a vaccine peer supporter



People at the Heart
of Everything We Do



BE A VACCINE PEER SUPPORTER

How it works:

- Talk to people who have questions or concerns about the vaccine
- Give the time you can – no minimum requirement
- 2 hours of training on peer support & information about the vaccine
- Regular support after training

Contact

covidhealthchampions@newham.gov.uk
or msg / call 07929 792873
or 02033732777

**Training sessions
from 27 January**



2 hr training

2 hr full training

Wed 27 Jan 6-8

Thurs 28 Jan 6-8

Fri 29 Jan 2 – 4 pm

Mon 1 Feb 7 – 9 pm

Thurs 4 Feb 7-9pm

1 hr lunch time – over 2 days

Thurs 4 Feb 12.30-1.30

Fri 5 Feb 12.30-1.30

Contact

covidhealthchampions@newham.gov.uk
for more information

Please stay safe



The vaccine roll-out will take some time.

The vaccine protects you if you've had it – not if you haven't.

The vaccine gives limited protection in the early days & only reaches its full potential after 21 days

**Wash your hands,
keep your distance,
wear your face covering,
make sure air is flowing
& stay home as much as you can**



Thank you!

Next session

3 Feb 7-8pm – same zoom link

Email covidhealthchampions@newham.gov.uk

for more information