



COVID-19

Learning from COVID-19 Heath Champions Summary slides





Why did we start COVID-19 Health Champions?

Most of us trust friends family, community and neighbours for information particularly when things are new or different.

We often trust the people we know more than officials, politicians and other officials

What we knew and know about COVID-19 – and the rules – changed frequently and quickly

Knowing this information is critical for people's safety and health

None of us had ever done this before. So in the Council we really need to know what works for people across Newham

And the way we had communicated with each other in the past was no longer good enough







How COVID-19 Health Champions works

Covid-19 Health Champions empowers hundreds of Newham residents to be up to date on the latest advice about COVID, discuss it and share it with friends and family.

We use WhatsApp, Zoom and email to share information about COVID-19 and to hear back from people about what does and doesn't work.









What the Council* has done (in numbers)

Zoom drop in sessions held

300+ WhatsApp messages sent 200+

Instagram posts shared

Holiday messages sent

300+ Email messages sent Shared weekly dashboards on COVID-19 in Newham for more than 20 weeks and, more recently, more than 10 weeks of vaccine schedules Sent video messages of thanks and information from more than 20 leaders and colleagues including many from the Director of Public Health

50+ Infographics sent

*Champions have done SO MUCH MORE!







How would you rank our success in sharing on channels that are simply and easy to use









What worked...

- Using technology and ways of sharing that are part of everyday life
- Sharing infographics even if there are some words the pictures make it easier and calmer to read and see the information
- Knowing the information came from the Public Health team it was credible and local
- Having a brand that makes things recognisable





What could be better...

- Find ways for Champions to use all of their skills
- Find ways to include more people e.g. British Sign Language, speaking other languages besides English







What was surprising...

- We didn't expect to create community between Champions and for some that has happened
- We didn't expect to influence national and London policy the way we have





What we've learned for future work

- Put power in the hands of the community
- Be honest about what the Council knows and doesn't know (and also what the NHS and others know and don't know)
- Respond to issues on the community's timeline not the Council's
- Trust and earn trust
- Be authentic share yourself
- Balance the serious with the joyful





What we learned for how the Council works

- Meet people where they are not where the system / officials are
- Connect into policy and practice share what we hear
- Be careful to share information that Champions can use but don't tell Champions what to do
- Be human and open
- There are things that we need to balance
 - Working deeply with a small core group or supporting a large number of people at a more shallow level
 - Making it easy to join but also wanting to know where there are gaps
 - Being responsive and available but also balancing life with work
 - Being authentic and professional





Where next?

- COVID-19 is still here the COVID-19 champions programme will continue
- Champions in other areas such as mental health, climate and food
- Using the tools of Champions in other ways particularly WhatsApp and Zoom





Find the evaluation at

www.newham.gov.uk/coronavirus-covid-19/covid-health-champions