

NewDay Children's Wishes and Feelings

building children's resilience

NewDay Children's Wishes and Feelings helps to capture your child's voice and explores ways to build their resilience.

What to expect?

Children access three one-to-one sessions on resilience and safety, building positive relationships with family members or friends, and recognising and managing their emotions.

A NewDay practitioner will consider your child's age, interests and abilities when choosing activities to deliver this work with them.

Sessions can take place in the family home or at school, as agreed by you.

The lead professional working with your child will be given resources to continue direct work once our support ends.

Course details

Three sessions of one-to-one work.

Who is it for?

NewDay Children's Wishes and Feelings is for children aged 4 -17 who have experienced or witnessed domestic abuse.

How does it help?

Children will get support to:

- build their resilience and planning for safety
- manage their emotions and behaviours
- develop healthy relationships.

Who can refer?

Social Worker or Families First Worker.

What are the referral criteria?

NewDay can support families that have experienced domestic abuse and are currently working with a Social Worker or Families First Worker.

Children should be aged 4 or above.



“NewDay have a totally different approach that helps”