



## Newham's Free Walk-in Health and Vaccine Bus

Schedule 02 May to 08 May



The bus offers 1<sup>st</sup>, 2<sup>nd</sup> and boosters to anyone 18 years old and older. It is safe for people to get a different vaccine for their booster.

You can also get your **blood pressure checked**, have your **NHS health check**, pick up **FREE vitamin D if 65 and over** and **ask any other questions about health and health care**

Get your 2<sup>nd</sup> dose 8 weeks after your 1<sup>st</sup> dose & your booster 3 months after your 2<sup>nd</sup> dose.

If you are eligible for a spring booster the guidance is:

- Over 75 years old – 3 months since last dose
- 12+ immunocompromised – 6 months since last dose

You must wait 28 days after having COVID-19 to get your vaccine.

Day	Where	Time	Neighbourhood	Vaccine types
Tues 03 May	West Ham Park	10am to 1:30pm	West Ham Park	Moderna
Thurs 05 May	Queens Square Market	10am to 1:30pm	Green Street	Moderna
Fri 06 May	Stratford Library/ Grove Market	10am to 1:30pm	Stratford	Moderna

To find out more: [www.newham.gov.uk/bookyourvaccine](http://www.newham.gov.uk/bookyourvaccine) or 0203 373 6487 (10am to 5:30pm, Mon–Fri)

Questions? Request a conversation with a Vaccine Peer Supporter  
[covidhealthchampions@newham.gov.uk](mailto:covidhealthchampions@newham.gov.uk)

