



## Newham's Free Walk-in Health and Vaccine Bus

Schedule 30 May to 05 June



The bus offers 1<sup>st</sup>, 2<sup>nd</sup> and boosters to anyone **12 years old and older**. It is safe for people to get a different vaccine for their booster.

You can also get your **blood pressure checked**, have your **NHS health check**, pick up **FREE vitamin D if 65 and over** and **ask any other questions about health and health care**

Get your 2<sup>nd</sup> dose 8 weeks after your 1<sup>st</sup> dose (12 weeks if 12-17 yrs) & your booster 3 months after your 2<sup>nd</sup> dose.

If you are eligible for a spring booster the guidance is:

- Over 75 years old – 3 months since last dose
- 12+ immunocompromised – 6 months since last dose

You must wait 28 days after having COVID-19 to get your vaccine. If you are under 16, you will have to wait for 12 weeks before getting the vaccine after having COVID-19.

Day	Where	Time	Neighbourhood	Vaccine types
Tues 31 May	Bus – Stratford Library/ Grove Market	10am to 2:30pm	Stratford	Pfizer/ Moderna
Wed 01 June	Bus – East Ham Library	11am to 3pm	East Ham	Pfizer (5-11yrs only)
Fri 03 June	Bus – People Street Party Event at Mitcham Street	11am to 1:30pm	East Ham	Pfizer/ Moderna
	Bus – The Platinum Mela Event	2:30pm to 5:30pm	East Ham	Pfizer/ Moderna
Sun 05 June	Bus – Pulleys Avenue Street Party	12pm to 4pm	East Ham	Pfizer/ Moderna

To find out more: [www.newham.gov.uk/bookyourvaccine](http://www.newham.gov.uk/bookyourvaccine) or 0203 373 6487 (10am to 5:30pm, Mon–Fri)

Questions? Request a conversation with a Vaccine Peer Supporter  
[covidhealthchampions@newham.gov.uk](mailto:covidhealthchampions@newham.gov.uk)

