



Newham's Free Walk-in Health and Vaccine Bus



Diabetes Week

13 to 19 June 2022

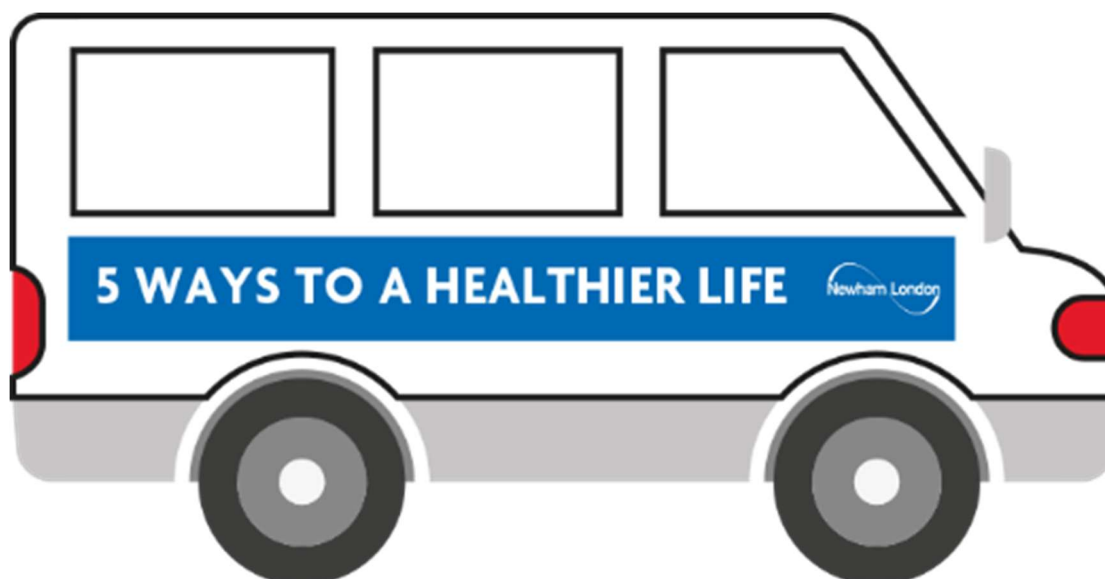
Visit the bus for:

- Your **free blood sugar, BMI, blood pressure and cholesterol checks**
- Your **free NHS health check**
- Pick up **free vitamin D** if aged 65 and over
- Any other questions about **health** and **well-being**.

You can also get your **COVID-19 vaccines**: 1st, 2nd and boosters to anyone aged 12+
Spring booster for people aged 75+ and 12+ who are immunocompromised.

| Day | Where | Time | Neighbourhood | Health checks/vaccine |
|---------------|---|------------------|---------------|---|
| Mon 13 June | Beckton Globe Library | 10:30am – 3:30pm | Beckton | Health checks |
| Wed 15 June | East Ham Library | 10:30am – 3:30pm | East Ham | Health checks |
| Thurs 16 June | Co-production Forum Event, 88A Romford Road | 12:30pm – 4:30pm | Stratford | Health checks and vaccine (Pfizer 12-17/ Moderna 18+) |
| Fri 17 June | Queens Market | 10:30am – 3:30pm | Forest Gate | Health checks |
| Sun 19 June | Big Dragon Boat Event | 10:30am - 2:30pm | Royal Docks | Health checks and vaccine (Pfizer 12-17/ Moderna 18+) |

For more information on **diabetes support** visit: www.newham.gov.uk/diabetes



For more information on COVID-19 vaccines: www.newham.gov.uk/bookyourvaccine
or call 0203 373 6487 (10am-5:30pm, Mon-Fri)