

Newham's Vaccine Schedule: 10 October to 16 October 2022

Clinics marked with * can accept walk-ins subject to availability. All other clinics require booking via the NHS website www.nhs.uk/covidvaccination.

Please check the vaccine available and age eligibility for each clinic. Moderna is suitable for anyone over 18 years old. Pfizer is suitable for people under 18 years old, with under 12s receiving a specific children's Pfizer vaccine. If you're unsure which vaccine you should get please check with a pharmacist or the clinic.

Get your 2nd dose 8 weeks after your 1st dose (12 weeks if 5-17 yrs) & your booster 3 months after your previous dose.

Day	Where	Time	Neighbourhood	Vaccine types
Mon 10 October	Essex Lodge	9am to 3pm*	Plaistow	Moderna Booster
		3:30pm to 5pm		Pfizer (5-11yrs)
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Tues 11 October	Sir Ludwig Guttman Medical Centre	8:30am to 12:30pm*	Stratford	Moderna Booster
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Wed 12 October	Essex Lodge	9am to 3pm*	Plaistow	Moderna Booster
		3:30pm to 5pm		Pfizer (5-11yrs)
	Wordsworth Health Centre	2pm to 4pm*	East Ham	Pfizer (18+yrs)/ Moderna
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Thur 13 October	Bus – East Ham Library	11am to 5pm*	East Ham	Pfizer (5+yrs) / Moderna
	Sir Ludwig Guttman Medical Centre	8:30am to 12:30pm*	Stratford	Moderna Booster
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Fri 14 October	Essex Lodge	1:30pm to 4:30*	Plaistow	Moderna Booster
	Westbury Road Medical Centre	9:30am to 1:30pm	Green Street	Pfizer Booster (12+yrs)
	Wordsworth Health Centre	2pm to 4pm*	East Ham	Pfizer (18+yrs)/ Moderna
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Sat 15 October	Ramgarhia Community Centre	11am to 3pm*	Upton Park	Pfizer (5+yrs) / Moderna
	Woodgrange Medical Practice	10am to 2pm*	Forest Gate	Pfizer (5+yrs) / Moderna

All adults will be offered the new Moderna vaccine that targets both the original COVID-19 virus and the Omicron variant for their booster. It is safe for people who get a different vaccine from their first and second dose for their booster.

You must wait 28 days after having COVID-19 to get your vaccine. If you are under 16, you will have to wait for 12 weeks before getting the vaccine after having COVID-19.

Some people who can get COVID-19 booster are also eligible for the annual flu vaccine. If you are offered both vaccines, it's safe to have them at the same time. More information about the flu vaccine and where to get it www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/.

To find out more: www.newham.gov.uk/bookyourvaccine

Questions? Request a conversation with a Vaccine Peer Supporter covidhealthchampions@newham.gov.uk

Newham's Vaccine Schedule (Pharmacies): 10 October to 16 October 2022

Clinics marked with * can accept walk-ins subject to availability. All other clinics require booking via the NHS website www.nhs.uk/covidvaccination. Please contact the Pharmacy ahead of your visit.

Unless specified, all pharmacies vaccinate people over 16 yrs old. Moderna is suitable for anyone over 18 years old. Pfizer is suitable for people under 18 years old, with under 12s receiving a specific children's Pfizer vaccine. If you're unsure which vaccine you should get please check with a pharmacist or the clinic.

Get your 2nd dose 8 weeks after your 1st dose (12 weeks if 5-17 yrs) & your booster 3 months after your previous dose.

Where	Day	Time	Neighbourhood	Vaccine types
Beckton Pharmacy	Monday – Saturday	10am to 4pm*	Beckton	Moderna / Pfizer (16 years+)
	Please check directly: 020 74760243			
Berg Pharmacy	Monday – Saturday	9:30am to 6pm*	Canning Town	Moderna / Pfizer (18 years+)
Kalhan Ltd	Monday – Friday	12pm to 5pm	Upton Park	Moderna / Pfizer (18 years+)
	Saturday	10am to 2pm		Moderna / Pfizer (18 years+)
LRM Dispensing Chemist	Monday– Saturday	11am to 4pm	Forest Gate	Moderna / Pfizer (16 years+)
Royal Docks Pharmacy	Monday– Friday	10am to 8pm	West SilverTown	Moderna / Pfizer (12+yrs)
	Saturday – Sunday	10am to 6pm		
Vicarage Pharmacy	Monday – Saturday	9:30am to 2pm*	Stratford	Moderna / Pfizer (18 years+)
Weston Ltd	Tuesday – Saturday	10am to 5pm*	Forest Gate	Moderna / Pfizer (18 years+)
Weston Pharmacy	Monday – Friday	10am to 4pm*	Forest Gate	Moderna / Pfizer (18 years+)
Woodgrange Pharmacy	Monday – Sunday	9am to 6pm	Forest Gate	Moderna / Pfizer (16 years+)

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