

Newham's Vaccine Schedule: 24 October to 30 October 2022

Clinics marked with * can accept walk-ins subject to availability. All other clinics require booking via the NHS website www.nhs.uk/covidvaccination.

Please check the vaccine available and age eligibility for each clinic. Moderna is suitable for anyone over 18 years old. Pfizer is suitable for people under 18 years old, with under 12s receiving a specific children's Pfizer vaccine. If you're unsure which vaccine you should get please check with a pharmacist or the clinic.

Get your 2nd dose 8 weeks after your 1st dose (12 weeks if 5-17 yrs) & your booster 3 months after your previous dose.

Day	Where	Time	Neighbourhood	Vaccine types
Mon 24 October	Essex Lodge	9am to 3pm*	Plaistow	Pfizer Booster (12+yrs)
		3:30pm to 5pm		Pfizer (5-11yrs)
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Tues 25 October	Bus – Queens Square Market	11:15am to 5pm*	Green Street	Pfizer (5+yrs) 1 st , 2 nd & Boosters
	Sir Ludwig Guttman Medical Centre	8:30am to 12:30pm*	Stratford	Pfizer Booster (12+yrs)
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Wed 26 October	St.Bartholomew's Church	11:15am to 3pm*	East Ham	Pfizer (5+yrs) 1 st , 2 nd & Boosters
	Essex Lodge	9am to 3pm*	Plaistow	Pfizer Booster (12+yrs)
		3:30pm to 5pm		Pfizer (5-11yrs)
	Wordsworth Health Centre	2pm to 4pm*	East Ham	Pfizer (18+yrs)/ Moderna
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Thur 27 October	Sir Ludwig Guttman Medical Centre	8:30am to 12:30pm*	Stratford	Pfizer Booster (12+yrs)
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Fri 28 October	Essex Lodge	1:30pm to 4:30*	Plaistow	Pfizer Booster (12+yrs)
	Wordsworth Health Centre	2pm to 4pm*	East Ham	Pfizer (18+yrs)/ Moderna
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs) / Moderna
Sat 29 October	Woodgrange Medical Practice	10am to 2pm*	Forest Gate	Pfizer (5+yrs) / Moderna

All boosters being offered are Pfizer or Moderna. It is safe for people who get a different vaccine from their first and second dose for their booster.

You must wait 28 days after having COVID-19 to get your vaccine. If you are under 16, you will have to wait for 12 weeks before getting the vaccine after having COVID-19.

Some people who can get COVID-19 booster are also eligible for the annual flu vaccine. If you are offered both vaccines, it's safe to have them at the same time. More information about the flu vaccine and where to get it www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/.

To find out more: www.newham.gov.uk/bookyourvaccine

Questions? Request a conversation with a Vaccine Peer Supporter covidhealthchampions@newham.gov.uk

Newham's Vaccine Schedule (Pharmacies): 24 October to 30 October 2022

Clinics marked with * can accept walk-ins subject to availability. All other clinics require booking via the NHS website www.nhs.uk/covidvaccination. Please contact the Pharmacy ahead of your visit.

Unless specified, all pharmacies vaccinate people over 16 yrs old. Moderna is suitable for anyone over 18 years old. Pfizer is suitable for people under 18 years old, with under 12s receiving a specific children's Pfizer vaccine. If you're unsure which vaccine you should get please check with a pharmacist or the clinic.

Get your 2nd dose 8 weeks after your 1st dose (12 weeks if 5-17 yrs) & your booster 3 months after your previous dose.

Where	Day	Time	Neighbourhood	Vaccine types
Beckton Pharmacy	Monday – Saturday	10am to 4pm*	Beckton	Pfizer (16 years+)
Berg Pharmacy	Monday – Friday	9am to 6:30pm*	Canning Town	Pfizer (18 years+)
	Saturday	9am to 6pm*		
Duncans Pharmacy	Monday – Thursday	12pm to 5pm	Manor Park	Moderna Booster
Kalhan Ltd	Monday – Friday	12pm to 5pm*	Upton Park	Moderna / Pfizer (18 years+)
	Saturday	10am to 2pm*		
LRM Dispensing Chemist	Monday – Saturday	11am to 4pm	Forest Gate	Moderna / Pfizer (16 years+)
Pharmacy Republic	Monday – Friday	12:30pm to 8pm*	East Ham	Moderna / Pfizer (18 years+)
	Saturday – Sunday	9:15am to 7:30pm*		
Royal Docks Pharmacy	Monday – Friday	10am to 8pm	West SilverTown	Moderna / Pfizer (12+yrs)
	Saturday – Sunday	10am to 6pm		
Vicarage Pharmacy	Monday – Saturday	9:30am to 2pm*	Stratford	Moderna / Pfizer Booster (18 years+)
Weston Ltd	Tuesday – Saturday	10am to 5pm*	Forest Gate	Moderna / Pfizer (18 years+)
Weston Pharmacy	Monday – Friday	10am to 4pm*	Forest Gate	Pfizer Booster (18 years+)
	Saturday	10am to 1pm*		
Woodgrange Pharmacy	Monday – Sunday	9am to 6pm	Forest Gate	Moderna / Pfizer (16 years+)

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Some people who can get COVID-19 booster are also eligible for the annual flu vaccine. If you are offered both vaccines, it's safe to have them at the same time. More information about the flu vaccine and where to get it www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/.

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