

Newham's Vaccine Schedule: 12 December to 18 December 2022

Clinics marked with * can accept walk-ins subject to availability. All other clinics require booking via the NHS website www.nhs.uk/covidvaccination.

Please check the vaccine available and age eligibility for each clinic. Moderna is suitable for anyone over 18 years old. Pfizer is suitable for people under 18 years old, with under 12s receiving a specific children's Pfizer vaccine. If you're unsure which vaccine you should get please check with a pharmacist or the clinic.

Get your 2nd dose 8 weeks after your 1st dose (12 weeks if 5-17 yrs) & your booster 3 months after your previous dose.

Day	Where	Time	Neighbourhood	Vaccine types
Mon 12 December	Essex Lodge	9am to 3pm*	Plaistow	Pfizer Booster (12+yrs)
		3:30pm to 5pm		Pfizer (5-11yrs)
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs)
Tues 13 December	Sir Ludwig Guttman Medical Centre	9:30am to 12:30pm*	Stratford	Pfizer (5+yrs) 1 st , 2 nd & Boosters
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs)
Wed 14 December	Essex Lodge	9am to 3pm*	Plaistow	Pfizer Booster (12+yrs)
		3:30pm to 5pm		Pfizer (5-11yrs)
	Masjid Baitul Ahad	11am to 3pm*	Upton Park	Pfizer (5+yrs) 1 st , 2 nd & Boosters
				Flu (50+yrs)
	Wordsworth Health Centre	2pm to 4pm*	East Ham	Pfizer Booster (18+yrs)
Thur 15 December	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs)
Fri 16 December	Essex Lodge	1:30pm to 4:30pm*	Plaistow	Pfizer Booster (12+yrs)
	Wordsworth Health Centre	2pm to 4pm*	East Ham	Pfizer Booster (18+yrs)
	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs)
Sat 17 December	Woodgrange Medical Practice	9:30am to 1:30pm*	Forest Gate	Pfizer (5+yrs)

All boosters being offered are now a new versions of the Pfizer or Moderna vaccines which targets both the original COVID-19 virus and the Omicron variant. It is safe for people who get a different vaccine from their first and second dose for their booster.

You must wait 28 days after having COVID-19 to get your vaccine. If you are under 16, you will have to wait for 12 weeks before getting the vaccine after having COVID-19.

Some people who can get COVID-19 booster are also eligible for the annual flu vaccine. If you are offered both vaccines, it's safe to have them at the same time. Flu vaccine available at our pop-up clinics. More information about the flu vaccine and where to get it www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/.

Most GPs and local pharmacies offer flu and childhood immunisations such as Polio and MMR. Please contact your GP or local pharmacy to find out more and what they are able to provide.

To find out more: www.newham.gov.uk/bookyourvaccine

Questions? Request a conversation with a Vaccine Peer Supporter covidhealthchampions@newham.gov.uk

Newham's Vaccine Schedule (Pharmacies): 12 December to 18 December 2022

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Get your 2nd dose 8 weeks after your 1st dose (12 weeks if 5-17 yrs) & your booster 3 months after your previous dose.

Where	Day	Time	Neighbourhood	Vaccine types
Beckton Pharmacy	Monday – Saturday	10am to 4pm*	Beckton	Pfizer Booster (18 years+)
Berg Pharmacy	Monday – Friday	9am to 6:30pm*	Canning Town	Pfizer (18 years+)
	Saturday	9am to 6pm*		
Duncans Pharmacy	Monday – Thursday	12pm to 5pm	Manor Park	Moderna Booster (18 years+)
Kalhan Ltd	Monday – Friday	10am to 1pm*	Upton Park	Pfizer Booster (18 years+)
		2pm to 5pm*		
LRM Dispensing Chemist	Monday – Friday	9:00am to 6pm*	Forest Gate	Pfizer (16 years+)
	Saturday	10am to 2pm*		
Munro Pharmacy	Monday – Saturday	2:30pm to 6:30pm*	Upton Park	Pfizer (18 years+)
Pharmacy Republic	Monday – Friday	12:30pm to 8pm*	East Ham	Moderna / Pfizer (18 years+)
	Saturday – Sunday	9:15am to 7:30pm*		
Royal Docks Pharmacy	Monday – Friday	10am to 8pm	West SilverTown	Moderna / Pfizer (12+yrs)
	Saturday – Sunday	10am to 6pm		
Vicarage Pharmacy	Monday – Saturday	9:30am to 2pm*	Stratford	Moderna / Pfizer Boosters (18 years+)
Weston Ltd	Tuesday – Saturday	10am to 5pm*	Forest Gate	Moderna / Pfizer (18 years+)
Weston Pharmacy	Monday – Friday	10am to 4pm*	Forest Gate	Pfizer Booster (18 years+)
	Saturday	9:30am to 1:30pm*		
Woodgrange Pharmacy	Monday – Friday	9am to 6pm*	Forest Gate	Pfizer (16 years+)

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