

## Newham's Vaccine Schedule: 23 January to 29 January 2023

Clinics marked with \* can accept walk-ins subject to availability. All other clinics require booking via the NHS website [www.nhs.uk/covidvaccination](http://www.nhs.uk/covidvaccination).

Please check the vaccine available and age eligibility for each clinic. Moderna is suitable for anyone over 18 years old. Pfizer is suitable for people under 18 years old, with under 12s receiving a specific children's Pfizer vaccine. If you're unsure which vaccine you should get please check with a pharmacist or the clinic.

Get your 2<sup>nd</sup> dose 8 weeks after your 1<sup>st</sup> dose (12 weeks if 5-17 yrs) & your booster 3 months after your previous dose.

Day	Where	Time	Neighbourhood	Vaccine types
<b>Mon 23 January</b>	<b>Woodgrange Medical Practice</b>	8am to 6pm*	Forest Gate	Pfizer (12+yrs) 1 <sup>st</sup> & 2 <sup>nd</sup> Dose
	<b>Wordsworth Health Centre</b>	2pm to 4pm*	East Ham	Pfizer Booster (18+yrs)
<b>Tues 24 January</b>	<b>Sir Ludwig Guttman Medical Centre</b>	9:30am to 11:30pm*	Stratford	Pfizer (12+yrs) 1 <sup>st</sup> , 2 <sup>nd</sup> & Booster
	<b>Woodgrange Medical Practice</b>	8am to 6pm*	Forest Gate	Pfizer (12+yrs) 1 <sup>st</sup> & 2 <sup>nd</sup> Dose
<b>Wed 25 January</b>	<b>Essex Lodge</b>	9am to 12:30pm*	Plaistow	Pfizer Booster (12+yrs)
		3:30pm to 5pm		Pfizer (5-11yrs)
	<b>Woodgrange Medical Practice</b>	8am to 6pm*	Forest Gate	Pfizer (12+yrs) 1 <sup>st</sup> & 2 <sup>nd</sup> Dose
<b>Thur 26 January</b>	<b>Woodgrange Medical Practice</b>	8am to 6pm*	Forest Gate	Pfizer (12+yrs) 1 <sup>st</sup> & 2 <sup>nd</sup> Dose
<b>Fri 27 January</b>	<b>Woodgrange Medical Practice</b>	8am to 6pm*	Forest Gate	Pfizer (12+yrs) 1 <sup>st</sup> , 2 <sup>nd</sup> & Booster
		11:30am to 6pm*		Pfizer (5+yrs)
	<b>Wordsworth Health Centre</b>	2pm to 4pm*	East Ham	Pfizer Booster (18+yrs)
<b>Sat 28 January</b>	<b>Woodgrange Medical Practice</b>	9:30am to 1:30pm*	Forest Gate	Pfizer (5+yrs)

All boosters being offered are now a new versions of the Pfizer or Moderna vaccines which targets both the original COVID-19 virus and the Omicron variant. It is safe for people who get a different vaccine from their first and second dose for their booster.

You must wait 28 days after having COVID-19 to get your vaccine. If you are under 16, you will have to wait for 12 weeks before getting the vaccine after having COVID-19.

Some people who can get COVID-19 booster are also eligible for the annual flu vaccine. If you are offered both vaccines, it's safe to have them at the same time. Flu vaccine available at our pop-up clinics. More information about the flu vaccine and where to get it [www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/](http://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/).

Most GPs and local pharmacies offer flu and childhood immunisations such as Polio and MMR. Please

To find out more: [www.newham.gov.uk/bookyourvaccine](http://www.newham.gov.uk/bookyourvaccine)

Questions? Request a conversation with a Vaccine Peer Supporter [covidhealthchampions@newham.gov.uk](mailto:covidhealthchampions@newham.gov.uk)

contact your GP or local pharmacy to find out more and what they are able to provide.

**Newham's Vaccine Schedule (Pharmacies): 23 January to 29 January 2023**

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Please check the vaccine available and age eligibility for each clinic. Moderna is suitable for anyone over 18 years old. Pfizer is suitable for people under 18 years old, with under 12s receiving a specific children's Pfizer vaccine. If you're unsure which vaccine you should get please check with a pharmacist or the clinic.

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Where	Day	Neighbourhood	Vaccine types
Berg Pharmacy	<b>Tuesday – Saturday</b>	Canning Town	Pfizer (18 years+)
	Please check directly: 020 7476 5414		
Duncans Pharmacy	<b>Tuesday – Thursday</b>	Manor Park	Pfizer Booster (16 years+)
	Please check directly: 020 8472 1555		
Kalhan Ltd	<b>Tuesday – Friday</b>	Upton Park	Pfizer Booster (18 years+)
	Please check directly: 020 8472 2118		
LRM Dispensing Chemist	<b>Monday – Saturday</b>	Forest Gate	Pfizer (18 years+)
	Please check directly: 020 8552 2731		
Munro Pharmacy	<b>Monday – Saturday</b>	Upton Park	Pfizer (18 years+)
	Please check directly: 020 8552 8968		
Pharmacy Republic	<b>Monday – Friday</b>	East Ham	Pfizer Booster (18 years+)
	Please check directly: 020 8548 0221		
Royal Docks Pharmacy	<b>Monday – Sunday</b>	West SilverTown	Moderna / Pfizer (12+yrs)
	Please check directly: 020 7511 9545		
Weston Ltd	<b>Tuesday – Saturday</b>	Forest Gate	Pfizer Booster (18 years+)
	Please check directly: 020 8472 5290		
Weston Pharmacy	<b>Monday – Saturday</b>	Forest Gate	Pfizer Booster (18 years+)
	Please check directly: 020 7476 5214		
Woodgrange Pharmacy	<b>Tuesday – Friday</b>	Forest Gate	Pfizer (16 years+)
	Please check directly: 020 8555 5660		

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