We wish you a Happy New Year From The Welcome Newham Team

#### EAST LONDON JOB FAIR

# EAST LONDON **BS FAIR**

Wednesday 25 January, 10am - 4pm Hackney Jobcentre, 2 Hillman Street, London E8 1FB

You are invited to attend the East London Jobs Fair on Wednesday 25 January 2023.

Department for Work and Pensions, Corporation of London and all East London councils have joined together with a wide range of exciting employers from a wide variety sectors to bring you jobs, jobs and more jobs! You will have an opportunity to talk to prestige employers such as Kings College, Thames Water, London Fire Brigade, Tate Modern and many more.

So come along dressed to impress with your CV in hand, a big smile and a positive approach and you could land yourself a job that could change your life.

To register: click on the link EAST LONDON JOBS FAIR Or scan the QR code

Barking&

Newham London



Department for Work & Pensions 
 BISLINGTON



# **EMPLOYMENT EVENTS**

Newham London

it is important that your CV helps you stand out from the rest. If you have not updated your CV in a while or find yourself looking for different types of work, it might be worth letting one of our experts help you to highlight all your skills and tailor the CV to help you impress relevant employers. If you do not have a CV? No problem, we can also help you with that, drop in to the One Stop Shop or attend one of 2 employment event.



Our one stop shop is still happening every Thursday from 10 – 2pm at the The Stratford library. Please come visit us there if you need help with any of the following:

- Benefits; child benefits, PIP, Universal credit
- Registering for GP Application
- Housing; advice, Homelessness application
- Employment, CV advice
- School Application for children, help with school uniform
- ESOL; registration, information
- Our Newham money
- BRP advice.

Or call us on 020 373 3222

## FINDING A JOB IN LONDON



# EXPLORING WAYS TO FIND A JOB AND DEVELOP YOUR CAREER.

During this session we will;

- Listen: Hear from you, to learn what are some of the barriers to employment, and identify potential solutions
- Learn: Meet representatives from organisations offering services which support people into employment
- Action: Hear from those who have successful navigated the system into employment/ self employment, learn from their success and challenges.

#### 7TH FEBURAY. 5-7.30PM @ STRATFORD LIBRARY. 3 THE GROVE. E15 1EL

#### Programme outline

- 5.pm. Welcoming and Networking 5.30. Information sharing from organisations who assist people to find jobs
- 6.00 . Hear success stories from Ukrainians who are now working
- 6.15. Open discussion: What are the barriers to employment for you?
- How can we work together to overcome these? 7.00. Final comments and networking

#### FOR MORE INFORAMTION CONTACT

anastaiia.vorobeva@renewalprogramme.org.uk 07508984145

Newham London





#### THINKING OF RENTING YOUR OWN PLACE?

If the time has come that you are thinking about renting your own place, but you are not sure where to start, then the Welcome Newham Team can help! We will be hosting Private Rental Scheme information sessions in both English and Ukrainian for people who are would like more information about how to rent their own property. During these session's we will cover the items below and there will a chance to ask questions afterwards.

Some of the things that we will cover in the session include:

- How Newham Council is able to support you when the time comes to move to the private rented sector
- Guidance that can help you navigate the private housing sector maximising the likelihood of success
- Advice on the challenges you may face when you transition to living in the private rented sector
- A short talk from someone who has been through the process themselves

The next PRS workshops/sessions will held on:

- Thursday 26<sup>th</sup> January 3.30-5.00pm
- Stratford Library, <u>3 The Grove, London E15 1EL</u> (upstairs)

If you would like to attend then please email us with your name and contact number so we know to expect you! You can email <u>welcome.newham@newham.gov.uk</u> or call 020 3 373 3222 and ask for Kristina or lana.

FREE DANCE CLASSES for children and young people boys and girls welcome

БЕЗКОШТОВНІ ТАНЦЮВАЛЬНІ КЛАСИ для дітей та молоді запрошуються хлопчики та дівчатка



We are working partnership with East London School of dance who are offering a number of free dance lessons to refugee/asylum seeker children/young people. The classes will give the children a chance to learn or further develop their dancing skills, make new friends and build their confidence. The children do not need to speak English as the can learn the moves by watching the teacher (the other children usually help each other also).

Where: Buxton School (No. 58 bus stops outside) Cann Hall Rd, London E11 3NN
Cost: FREE
Age criteria: 4 – 17 years old
How to apply: Email Olena.hryhorieva@newham.gov.uk with your child's, name, age, postcode and a contact number that we can reach you on. Or call the helpline on 020 3 373 3222.
Dress code: bare feet, t-shirt and leggings
Note: Tap classes also available

Age range/Вік	When/Коли	How many classes per week/Скільки занятть на тиждень	Space availability/Кількість вільних місць
4 year olds/роки	Sat/Cб 10.30- 11.30am	1	8 places between this
5 year olds/роки	Sat/C6 2.15 - 2.45pm	1	age group/8 місць між
6 year olds/роки	Sat/C6 11:15 - 11:45am	1	цією віковою групою
7 year olds/роки	Sat/C6 9am - 09:45am	2	13 places for this age
			group/13 місць між цією
Over 7 – 17 years old/роки	Тwo Classes Sat & Mon/ Два рази на тиждень у Сб та Пн	2	віковою групою



#### FREE tickets to Discover Children's Story Centre

Discover Children's Story Centre In Stratford is a place where children and their families can enjoy playing, learning and making up stories together. For children aged 0-11 and their families.

If you'll like to organise a family day out please give us a call on 0203 373 3222, or please visit the Welcome Newham team at the One stop shop on **Thursdays from 10 – 2pm at the Stratford Library** 

Basketball at Baltic	Saturday group (beginner level)		
Stars	11:00-12:00 (4-8yrs)		
Newham Sixth Form	12:00-13:00 (8-13yrs)		
College E13 8SG	Price: £10 per session, £30-£50 per month depending on the number of practices.		
	Community group (beginner/intermediate)		
	Every Tuesday & Friday, 18:00-19:30		
	Price: £85 per month <u>info@balticstarsbc.com</u>		
Karate at	Mondays 18.00 - 19.00		
Olympic Karate Inc	Saturdays 11.30 - 12.30		
Forest Gate Youth	Children £6 Adults £8		
Zone			
1 Woodford Road	olympickarateinc2012@googlemail.com		
E7 0DH			
Newham Music	First step session are for the ages 3-7, and run on Saturday mornings at St Luke's		
	Business Centre in Canning Town.		
	First Steps runs for 10 sessions each term and cost £45 per term. To book your place on		
	the waiting list, or sign up for a taster seesion, please contact info@newham-		
	music.org.uk or call us on 0203598660		
	To enquire about times, venue and cost of giuater, ukulele, piano, drums, brass and		
	string instrument lessons please contact info@newham-music.org.uk or call us on		
	0203598660		
Samba	Fun group activity, drums provided.		
music/carnival	Walk in, no booking required.		
drumming at	Not suitable for under 8s.		
Aldersblok			
	Saturdays 11.30-12.30		
Forest Gate Youth			
Zone	FREE		
1 Woodford Road			
E7 0DH			

# Wellbeing walks at the Olympic Park – run by Groundwork & Parklife

Walk Details: Tuesdays, 11-1.30pm at Queen Elizabeth **Olympic Park, Stratford** 



Welcoming Wellbeing Walks is a course of eight walks and workshops, running over 3 months, at Queen Elizabeth Olympic Park. The walks aimed at refugees or people with leave to remain who want to get to know their local area and meeting new people. The park team will be doing walks around the park in small groups, visiting some local attractions and practicing wellbeing techniques. For those who are interested, there will also be the opportunity to learn about volunteering positions at the Park. If you enjoy spending time outside, would like to meet new people and explore your local area then please let us know so we can sign you up! The course is free to attend and with funds available to cover travel expenses. Each session will end with shared tea and coffee

- English language skills not essential

If you would like to take part or find out more information, then **please come along to one of** our One stop shop taking place every Thursday at Stratford library to sign up or call our helpline on 020 3 3738975.

## Welcome Newham partners up with Caramel ROCK

Caramel Rock is a fashion and creative arts education charity based in Newham who will be providing free training and opportunities to refugees and asylum seekers. Brief overview of course offer:

#### Course price: FREE

What it is: 6 month fashion course, learn skills to assist you to enter the fashion industry. You will be required to attend 3 days a week, Tues, Weds and Thurs, 10am - 3pm and the age criteria is 16 - 25 year olds (+)

No previous skills required. There is no set term start date, you will be able to start the week after applying.

#### We have 10 spaces available

Previous participants have gone into jobs via introductions from Caramel rock to companies they have relationships with like ASOS, Nike etc

Basic language skills required – an assessment will be carried out beforehand to make sure the course is suitable for you. Email Welcome.newham@newham.gov.uk for more details. Please provide us with your, age and contact number and we will call you to discuss.



