

## Newham's Vaccine Schedule: 20 February to 26 February 2023

Clinics marked with \* can accept walk-ins subject to availability. All other clinics require booking via the NHS website [www.nhs.uk/covidvaccination](http://www.nhs.uk/covidvaccination).

It is not too late to get your COVID-19 vaccine. Everyone aged 5 and over can still get their first and second COVID-19 vaccines without judgement.

After 12 February 2023 you will not be able to get a COVID-19 seasonal booster vaccine. Some people who are at increased risk (for example because of age or certain medical conditions), may be offered a seasonal booster later in the year. If you are eligible for this, the NHS will contact you when it's your turn to get vaccinated.

Get your 2<sup>nd</sup> dose 8 weeks after your 1<sup>st</sup> dose (12 weeks if 5-17 yrs).

Day	Where	Time	Neighbourhood	Vaccine types
Mon 20 February	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs)
Tues 21 February	Sir Ludwig Guttman Medical Centre	9:30am to 11:30am*	Stratford	Pfizer (5+yrs)
Wed 22 February	Essex Lodge	9am to 1pm*	Plaistow	Pfizer (12+yrs)
		3:30pm to 5pm		Pfizer (5-11yrs)
Fri 24 February	Woodgrange Medical Practice	8am to 6pm*	Forest Gate	Pfizer (5+yrs)
Sat 25 February	Woodgrange Medical Practice	10:30am to 1:30pm*	Forest Gate	Pfizer (5+yrs)

You must wait 28 days after having COVID-19 to get your vaccine. If you are under 16, you will have to wait for 12 weeks before getting the vaccine after having COVID-19.

Some people who can get COVID-19 vaccine are also eligible for the annual flu vaccine. If you are offered both vaccines, it's safe to have them at the same time. Flu vaccine available at our pop-up clinics. More information about the flu vaccine and where to get it [www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/](http://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/).

Most GPs and local pharmacies offer flu and childhood immunisations such as Polio and MMR. Please contact your GP or local pharmacy to find out more and what they are able to provide.

To find out more: [www.newham.gov.uk/bookyourvaccine](http://www.newham.gov.uk/bookyourvaccine)

Questions? Request a conversation with a Vaccine Peer Supporter [covidhealthchampions@newham.gov.uk](mailto:covidhealthchampions@newham.gov.uk)

## Newham's Vaccine Schedule (Pharmacies): 20 February to 26 February 2023

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Get your 2<sup>nd</sup> dose 8 weeks after your 1<sup>st</sup> dose (12 weeks if 5-17 yrs).

Where	Day	Neighbourhood
Beckton Pharmacy	Monday – Saturday	Beckton
	Please check directly: 020 74760243	
Berg Pharmacy	Tuesday – Saturday	Canning Town
	Please check directly: 020 7476 5414	
Duncans Pharmacy	Tuesday – Thursday	Manor Park
	Please check directly: 020 8472 1555	
LRM Dispensing Chemist	Monday – Saturday	Forest Gate
	Please check directly: 020 8552 2731	
Munro Pharmacy	Monday – Saturday	Upton Park
	Please check directly: 020 8552 8968	
Rohpharm Ltd	Monday – Friday	Plaistow
	Please check directly: 0208 471 1040	
Royal Docks Pharmacy	Monday – Sunday	West SilverTown
	Please check directly: 020 7511 9545	
Sai Pharmacy	Monday – Saturday	East Ham
	Please check directly: 020 85528955	
Woodgrange Pharmacy	Tuesday – Friday	Forest Gate
	Please check directly: 020 8555 5660	

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Some people who can get COVID-19 vaccine are also eligible for the annual flu vaccine. If you are offered both vaccines, it's safe to have them at the same time. Flu vaccine available at our pop-up clinics. More information about the flu vaccine and where to get it [www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/](http://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/).

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