Central PCN Profile

Prepared by Newham Public Health Intelligence Team

May 2023

Index

Summary

- Female and male life expectancy in Central PCN are similar to the Newham average.

- There is a similar rate of premature mortality in Central PCN when compared to the Newham average.

- For Central PCN, child immunisation uptake (at 1, 2, & 5 years) is similar to or above the Newham average.

- There is a lower prevalence of coronary heart disease and stroke for Central patients when compared to the Newham average.

  ➢ However, the percentage of heart failure patients with a review is below the Newham average (6.5 percentage points).

- For Central PCN, the prevalence of cancer and rate of emergency admissions (for cancer) is below the Newham average.

- Cancer two week wait referrals for Central patients are similar to the Newham average, whilst the detection and conversion rate of cancer for Central patients is below the Newham average.

- For Central PCN, the prevalence of depression and long term mental illness is above the Newham average.

- For Central PCN, obesity prevalence is above the Newham average, however the prevalence of diabetes is below the Newham average (1.1 percentage points).

- Average HbA1c levels at the point of diabetes diagnosis is above the Newham average for Central PCN patients (2 percentage points).

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Data source: NHS digital

Demographics: Age and gender

Central PCN Profile by Gender

■ Males ■ Females
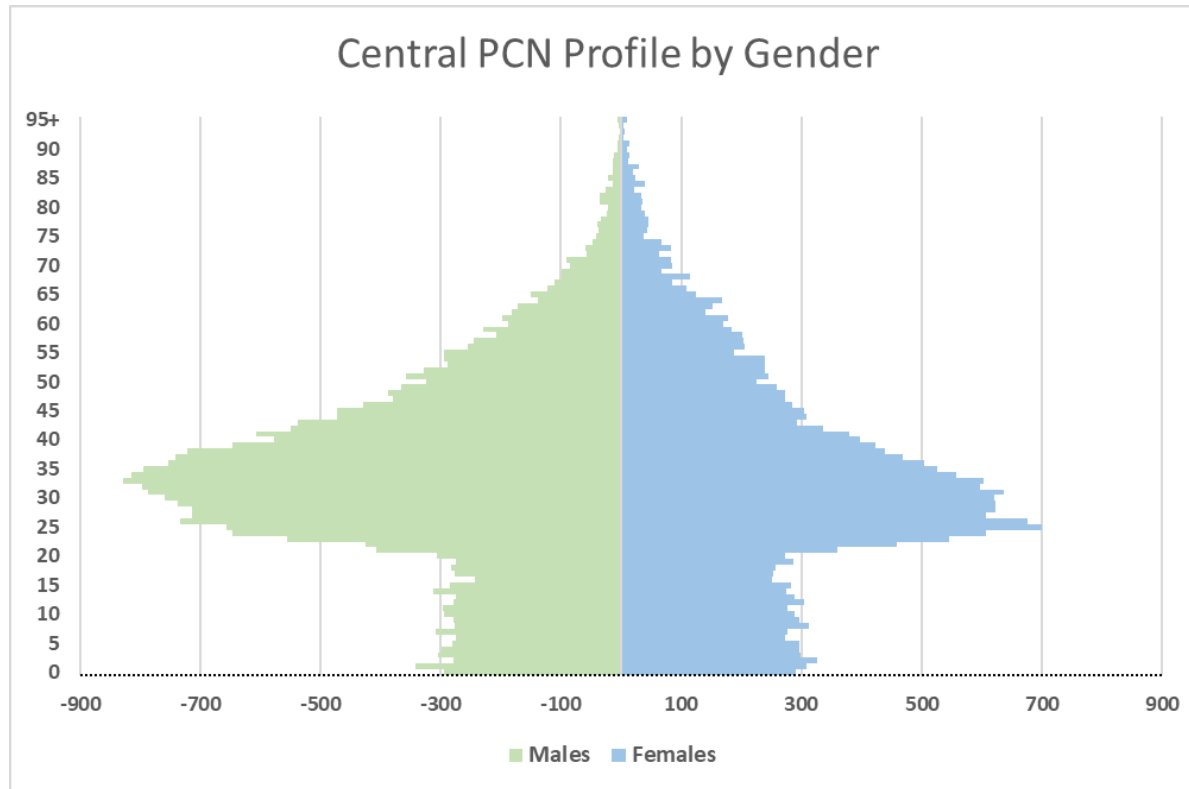
Age band	Central PCN	Newham
0-9	11.1%	15.1%
10-19	10.5%	12.0%
20-29	21.4%	18.6%
30-39	24.5%	20.1%
40-49	14.8%	12.9%
50-59	9.4%	9.9%
60-69	5.2%	6.3%
70-79	2.1%	3.2%
80+	1.0%	1.9%

- There is a higher percentage of males (55%) in the Central PCN.
- The highest proportion of the population are in 30-39 age group.
- Over 20% of the population are over 50 years old.

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Data source: NHS digital

Life expectancy - males

Newham London

Life expectancy at birth - males 2016-20
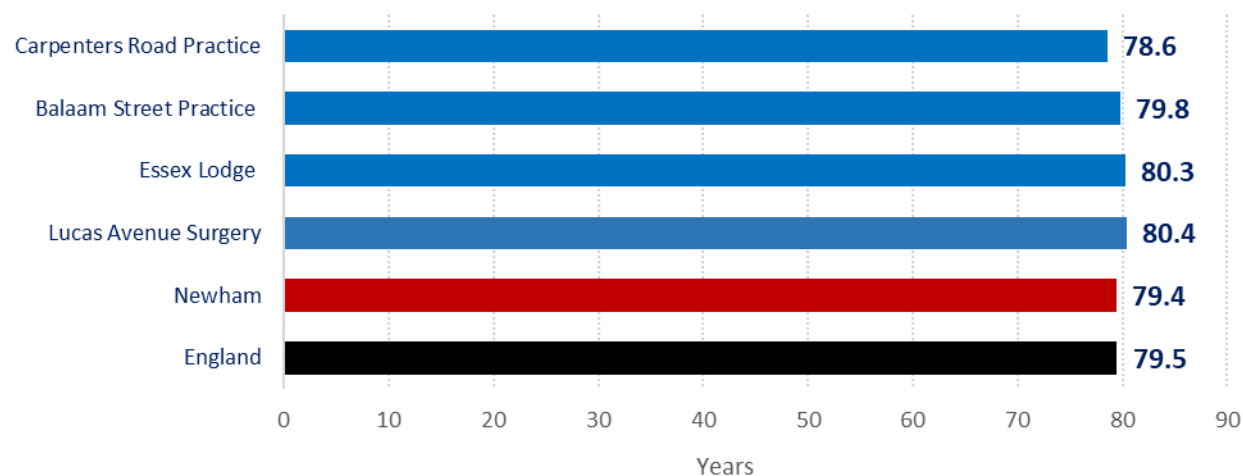
Males	Newham	London	England
Life expectancy at birth (2018-20)	79	80.3	79.4
Life expectancy at 65 (2018-20)	18.4	19.2	18.7
Healthy life expectancy at birth (2018-20)	59.5	63.8	63.1
Healthy life expectancy at 65 (2018-20)	5.9	10.3	10.5
Disability free life expectancy at birth (2018-20)	60.9	64.4	62.4
Disability free life expectancy at 65 (2018-20)	6.2	10.3	9.8

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Data source: PHE, based on ONS mortality data

Life expectancy - females

Newham London

Life expectancy at birth - females 2016-20

Balaam Street Practice		82.8
Carpenters Road Practice		83.8
Essex Lodge		83.4
Lucas Avenue Surgery		84.9
Newham		83.5
England		83.4

Years
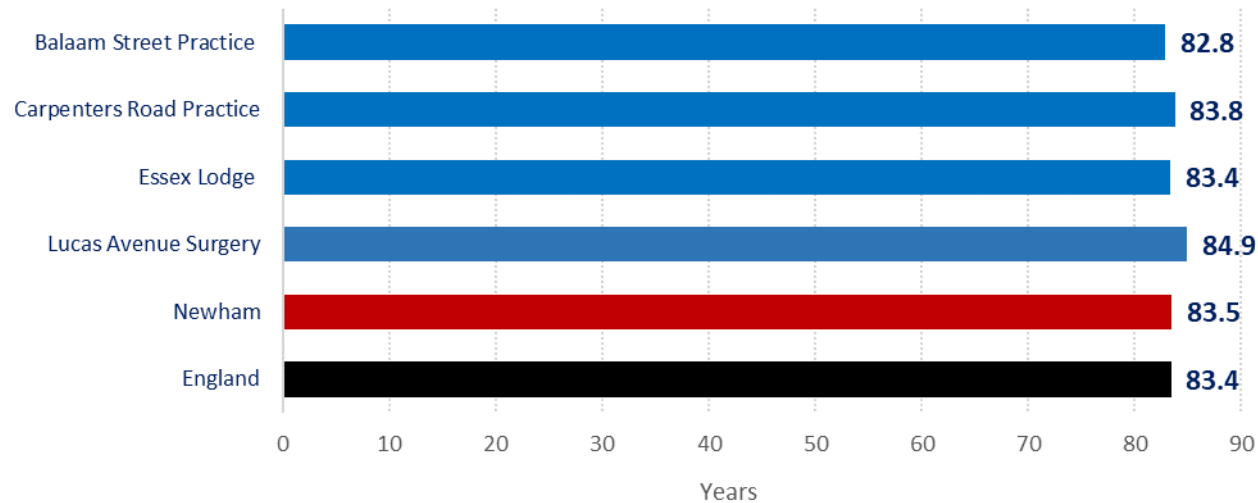
Females	Newham	London	England
Life expectancy at birth (2018-20)	83.1	84.3	83.1
Life expectancy at 65 (2018-20)	21.2	22	21.1
Healthy life expectancy at birth (2018-20)	64.6	65.0	54.3
Healthy life expectancy at 65 (2018-20)	11.5	11.2	11.3
Disability free life expectancy at birth (2018-20)	65.7	63.3	60.9
Disability free life expectancy at 65 (2018-20)	11.5	10.2	9.9

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Data source: PHE, based on ONS mortality data

Childhood Immunisations: 6 in 1 uptake for children aged 12 months

6 in 1 uptake for children aged 12 months 2020/21

Data source: CEG dashboards, Fingertips PHE

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Childhood Immunisations: 6 in 1 uptake for children aged 2 years

6 in 1 uptake for children aged 2 years 2020/21 — NHS Newham CCG — England — PCN average

Data source: CEG dashboards, Fingertips PHE

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Childhood Immunisations: MMR primary uptake for children aged 2 years

Newham London

MMR Primary uptake for children aged 2 years 2020/21

— NHS Newham CCG — England
— PCN average

Central

Data source: CEG dashboards, Fingertips PHE

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Childhood Immunisations: MMR primary uptake for children aged 5 years

Newham London

MMR Primary uptake in Newham for children aged 5 years 2020/21
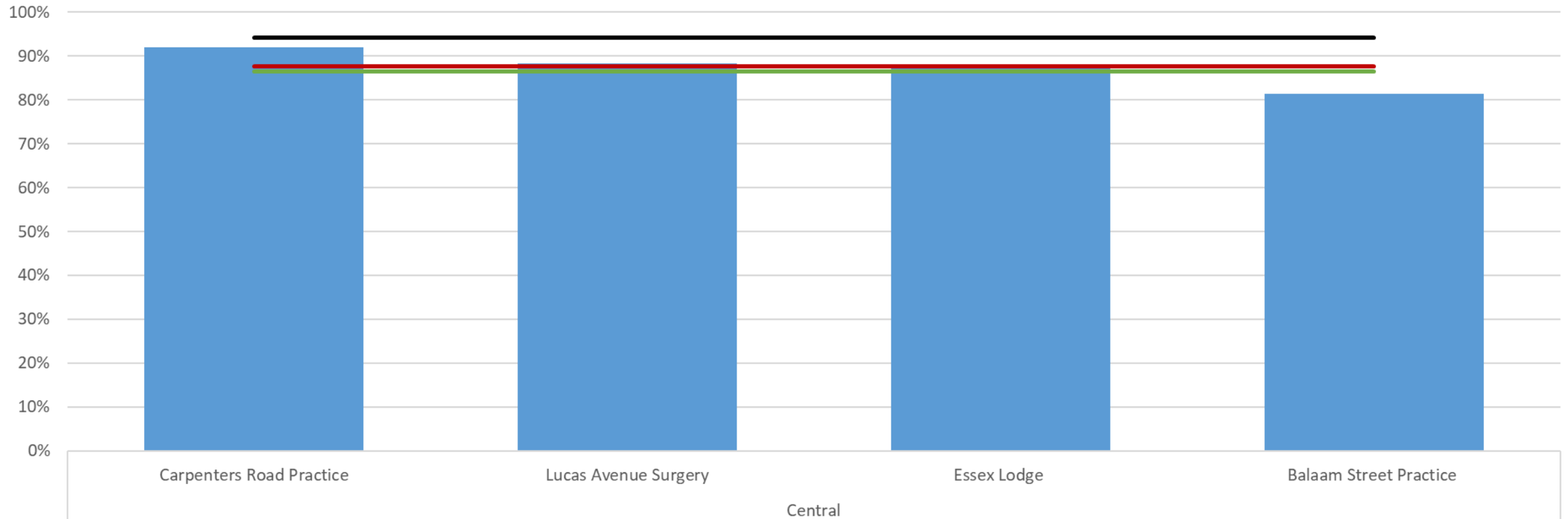
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Data source: CEG dashboards, Fingertips PHE
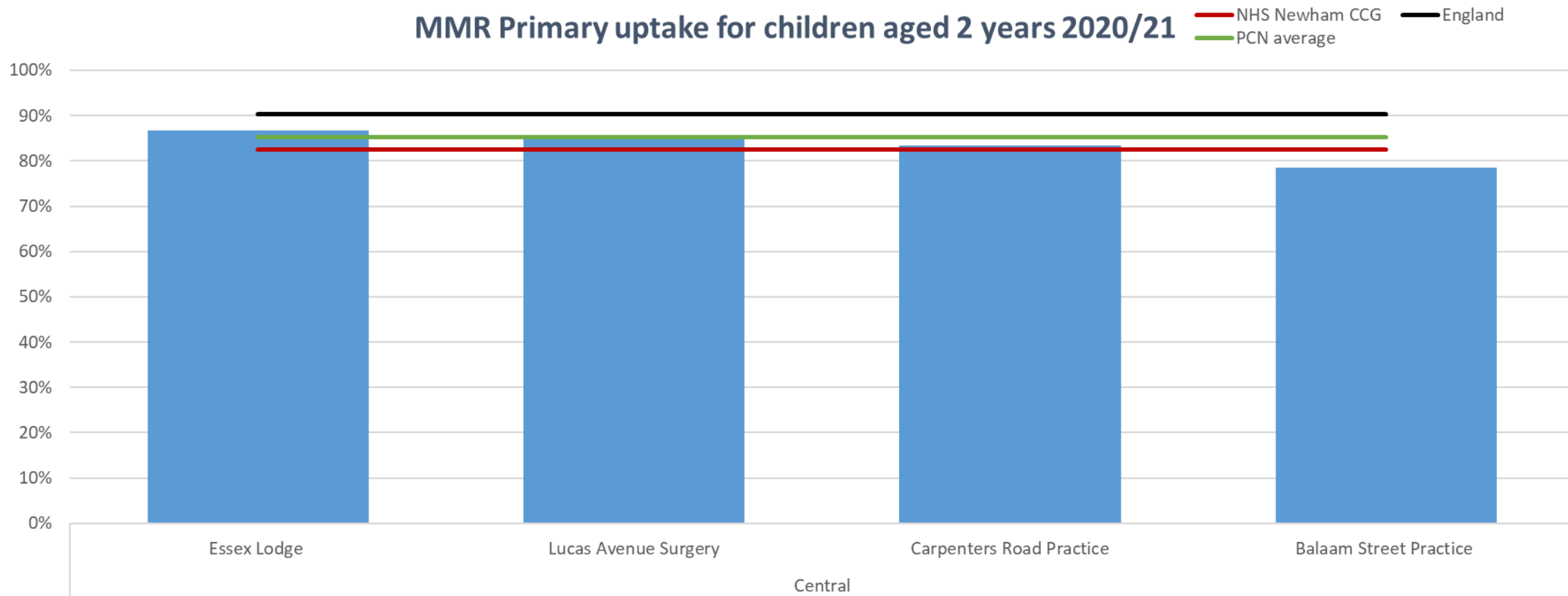
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Childhood Immunisations: MMR booster uptake for children aged 5 years

MMR Booster uptake for children aged 5 years 2020/21

Legend: NHS Newham CCG — England — PCN average

Data source: CEG dashboards, Fingertips PHE

Health checks – invites and uptake

Health check invites 2022-23

Health check uptake 2022-23

- **In 2022-23, 1898 invites for health checks were sent from Central PCN with a target of 1908**

- **Uptake was 1667 with a target of 1259**

Health checks: Measurements

Q-risk score ≥10 & cholesterol test within 3 months

Qrisk and cholesterol test - April - December 2021
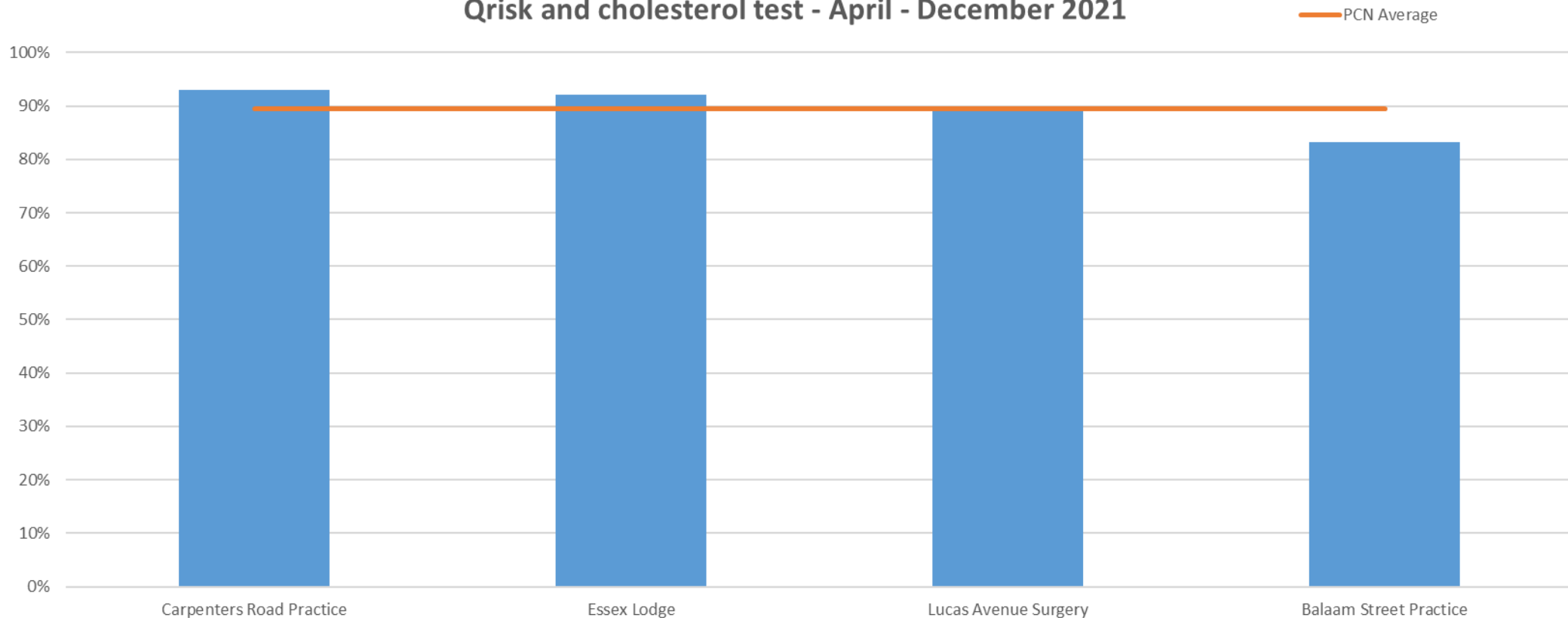
— PCN Average

Data source: Clinical Effectiveness Group

Health checks: Measurements

Blood pressure recorded as a proportion of NHS Health Check
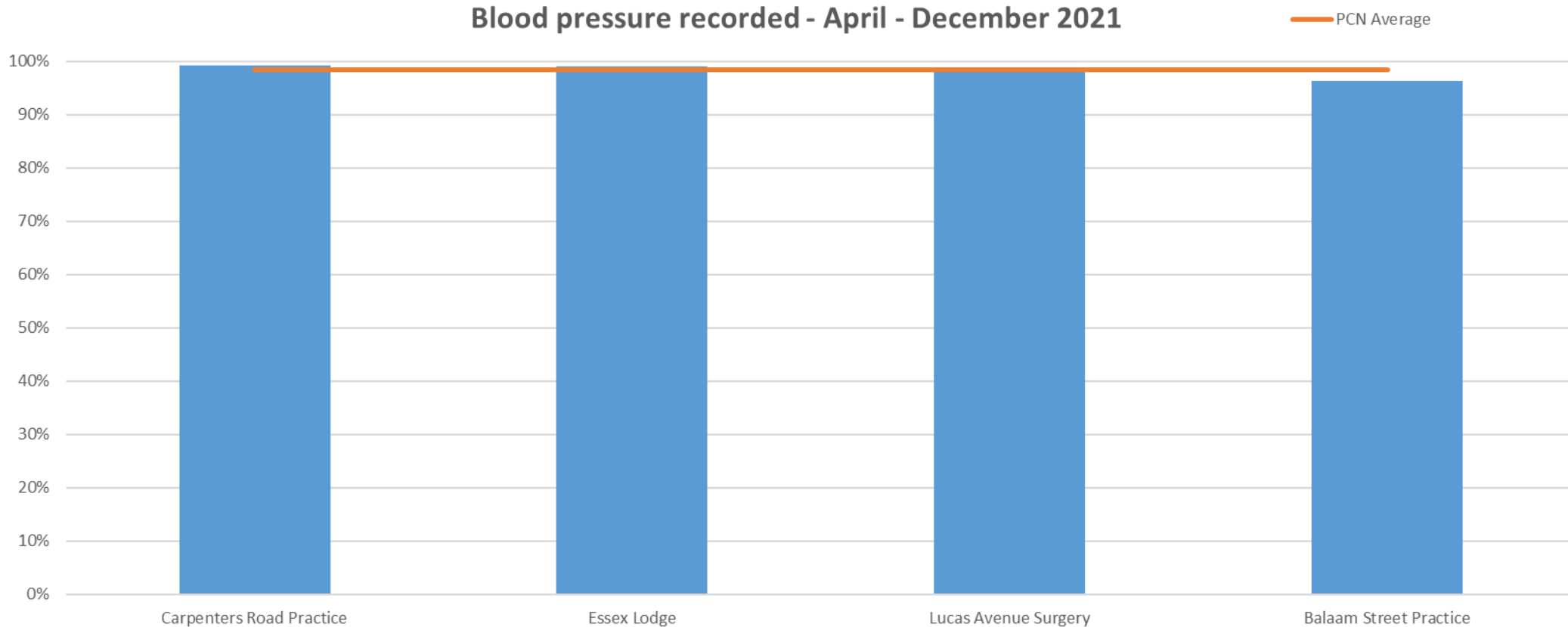
Newham London

Blood pressure recorded - April - December 2021

— PCN Average

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Data source: Clinical Effectiveness Group

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Learning Disabilities: Health checks 14-17 years

Percentage of Health Checks carried out over the last 12 months (as at 1st May 2023) in people aged 14-17 with learning disabilities

Source: CEG NEL Dashboards

Learning Disabilities:
Health checks 18+ years

Percentage of Health Checks carried out over the last 12 months (as at 1st May 2023) in people aged 18 and over with learning disabilities

Legend: GP practice — Central average — Newham average

Data labels: Lucas Avenue Surgery (n=18), Essex Lodge (n=59), Balaam Street Practice (n=35), Carpenter's Practice (n=52)
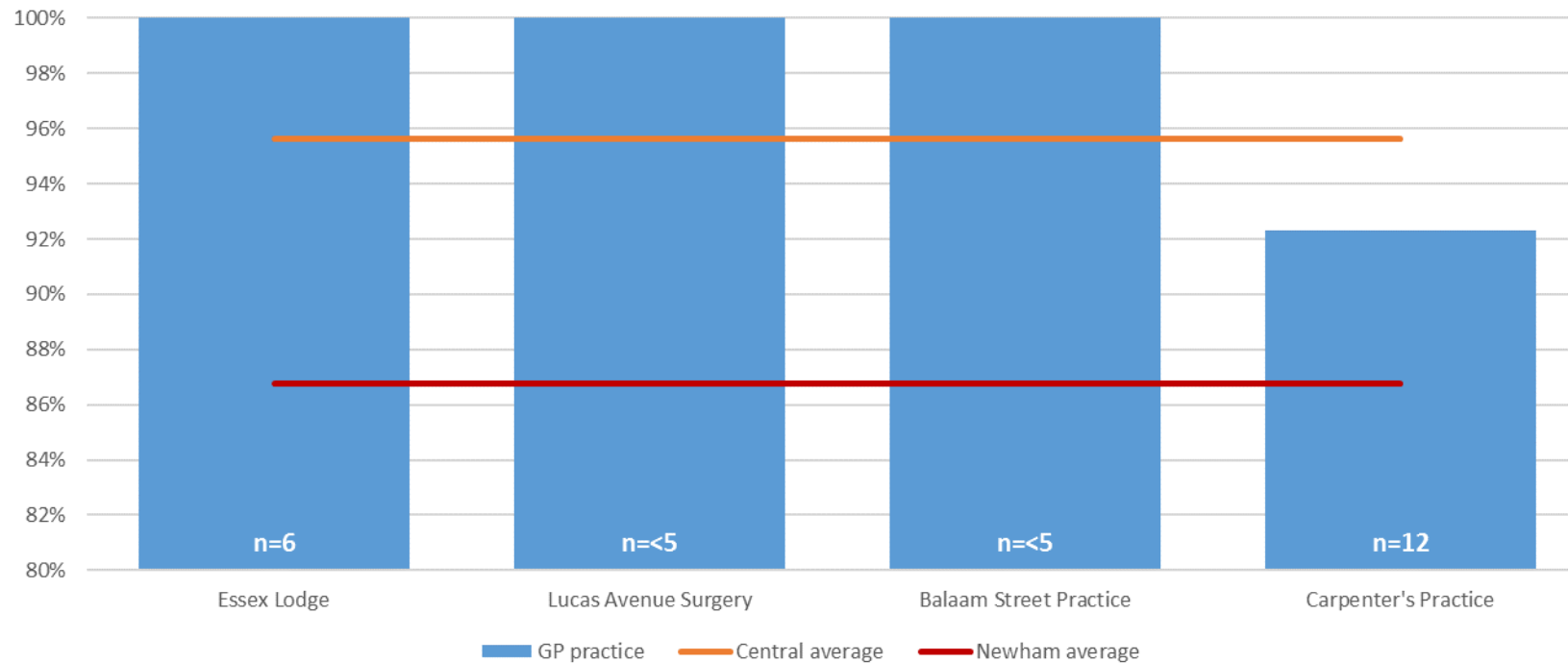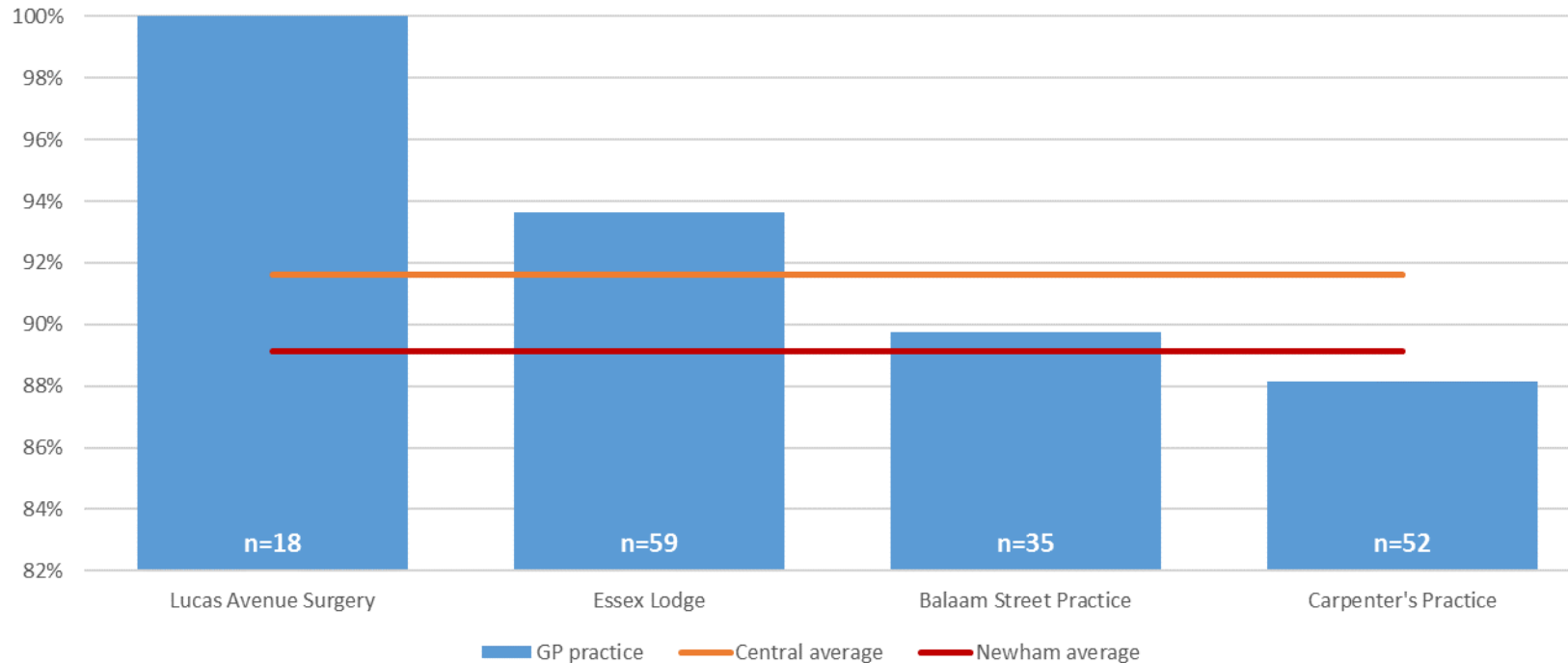
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Source: CEG NEL Dashboards

CVD: Coronary Heart Disease

Coronary Heart Disease - QOF prevalence 2021/22 (all ages)
Number at end of bar refers to count (n)

Practice	Count
St. Bartholomews Surgery	191
The Project Surgery	64
Newham Medical Centre	190
Boleyn Medical Centre	171
Newham Central	711
NHS Newham CCG	7,374
England	1,856,476

Data source: Quality and Outcomes Framework (QOF), NHS Digital

CVD: Stroke – QOF Prevalence

Stroke - QOF prevalence 2021/22 (all ages)
Number at end of bar refers to count (n)

Practice	Count (n)
Essex Lodge	149
Balaam Street Practice	45
Lucas Avenue Practice	63
Carpenters Practice	84
Central	341
NHS Newham CCG	3,421
England	1,117,509

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Data source: Quality and Outcomes Framework (QOF), NHS Digital

CVD: % of all patients with heart failure

Percent of patients with heart failure as at March 2023
Number at end of bar refers to count (n)

Practice	Count
Essex Lodge	102
Balaam Street Practice	40
Carpenter's Practice	76
Lucas Avenue Surgery	37
Newham Central	255
Newham	2,464

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Data source: Clinical Effectiveness Group Toolkit

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CVD: % of all heart failure patients with review

Newham London

Percent of heart failure patients with review as at March 2023

Number at end of bar refers to count (n)

Practice	Count (n)
Balaam Street Practice	32
Essex Lodge	66
Carpenter's Practice	36
Lucas Avenue Surgery	12
Newham Central	146
Newham	1333

Percent axis: 0% 10% 20% 30% 40% 50% 60% 70% 80% 90%

Percent

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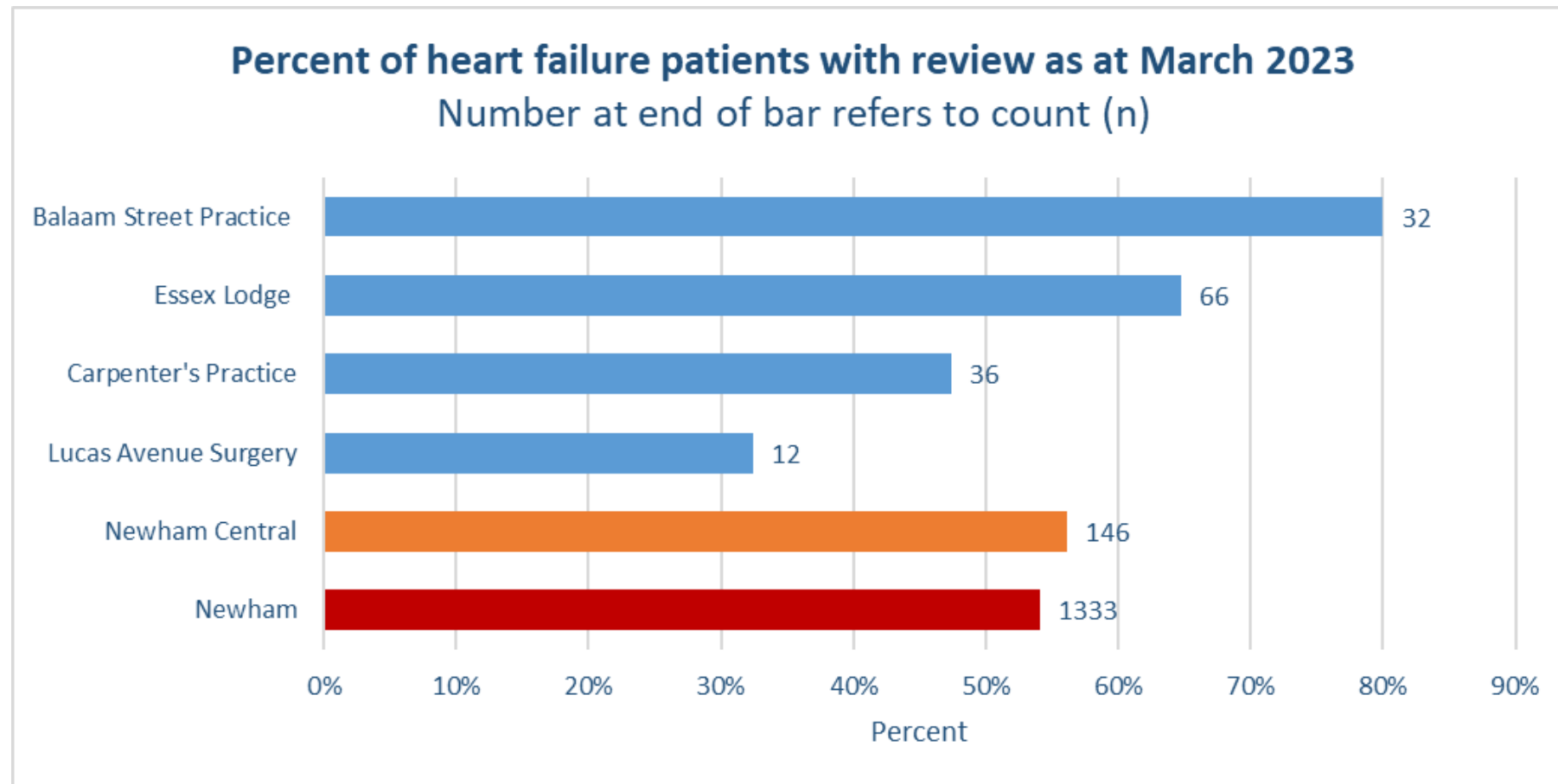
Data source: Clinical Effectiveness Group Toolkit

CVD: % of all patients with LVSD on ACE/ARBs (6m)

Percent of heart failure patients with LVSD on ACE/ARBs (6 months) as at Mar 2023
Number at end of bar refers to count (n)
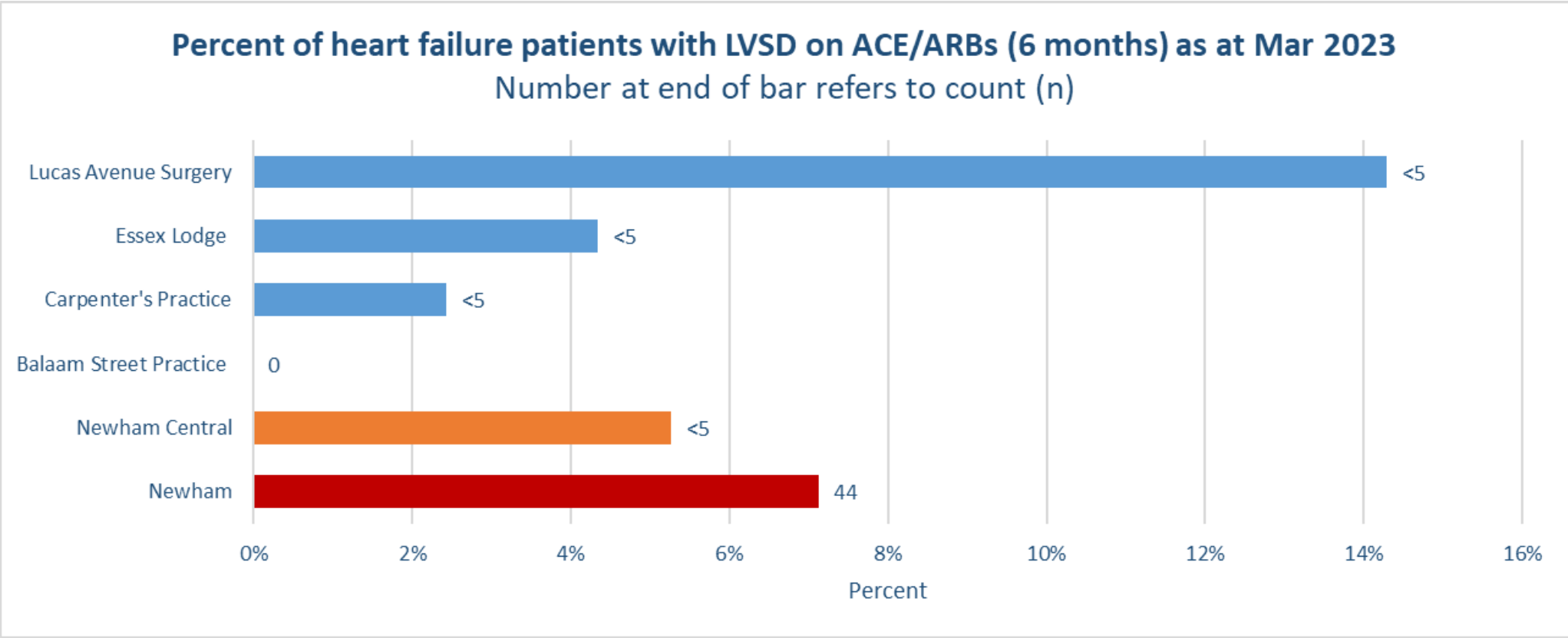
Data source: Clinical Effectiveness Group Toolkit

Coronary Heart Disease prevalence

In Newham and Central by
GP practice

Coronary Heart Disease prevalence
(%, all ages) in 2021/22

GP practice	CHD prevalence (%)
Carpenters Road Practice	1.2
Lucas Avenue Surgery	1.3
Balaam Street Practice	1.3
Essex Lodge	1.8
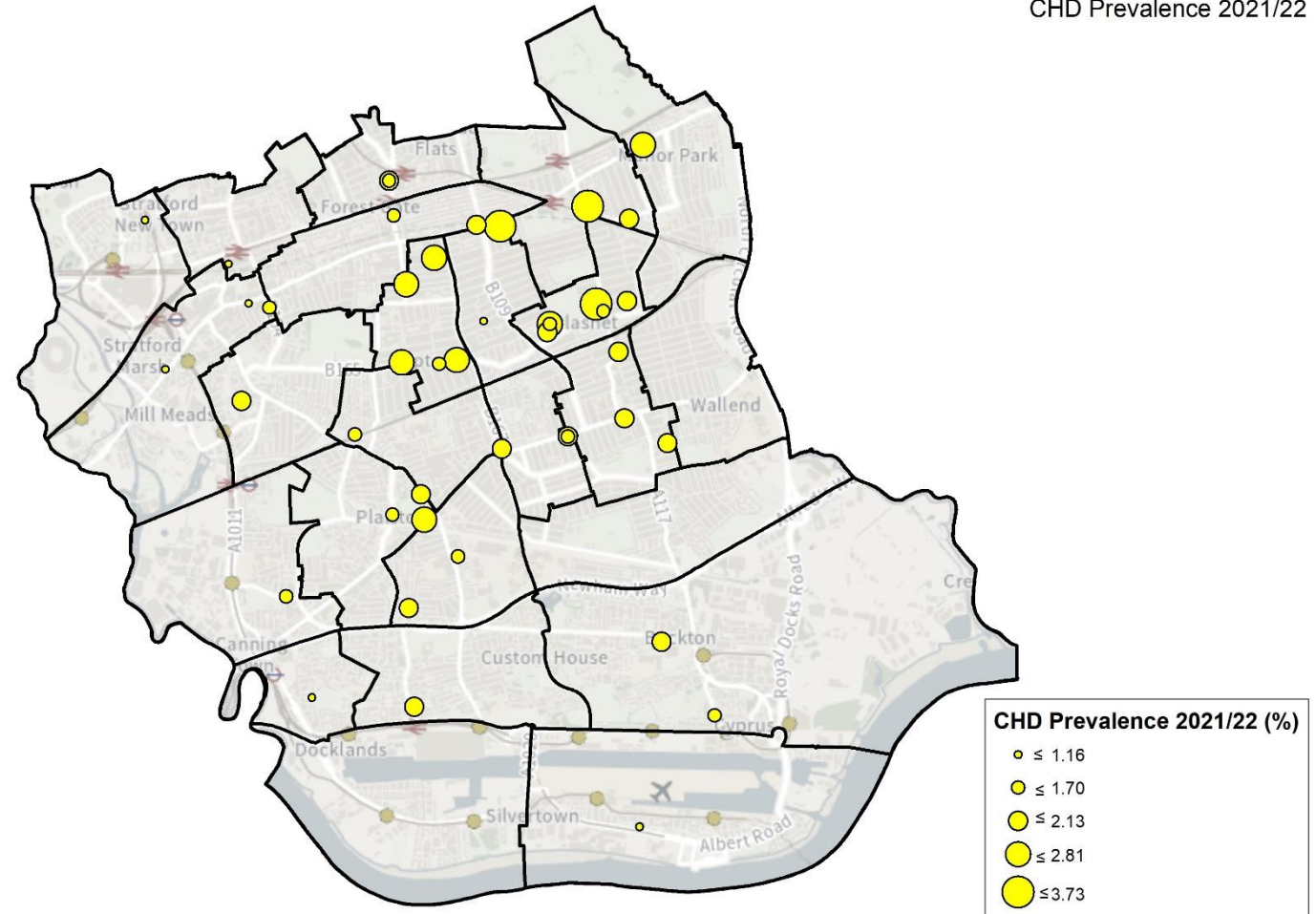
CHD Prevalence 2021/22

CHD Prevalence 2021/22 (%)
- ≤ 1.16
- ≤ 1.70
- ≤ 2.13
- ≤ 2.81
- ≤ 3.73

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Data source: OHID Fingertips

Coronary Heart Disease prevalence - gradient change

In Newham and Central by
GP practice

CHD 2014/15 vs. 2021/22 by GP Surgery
(Gradient)

Coronary Heart Disease prevalence (%, all ages)
2015/16 vs. 2021/21 and gradient change

GP practice	2015/2016	2021/2022	Gradient change
Balaam Street Practice	1.3	1.3	-0.01
Carpenters Road Practice	1.2	1.0	-0.20
Essex Lodge	2.0	1.8	-0.22
Lucas Avenue Surgery	1.7	1.3	-0.42

CHD 2014/15 vs 2021/22 (Gradient)

- ≤ -0.85
- ≤ -0.64
- ≤ -0.36
- ≤ -0.20
- ≤ -0.11
- ≤ -0.01
- ≤ 0.11
- ≤ 0.31
- ≤ 0.81

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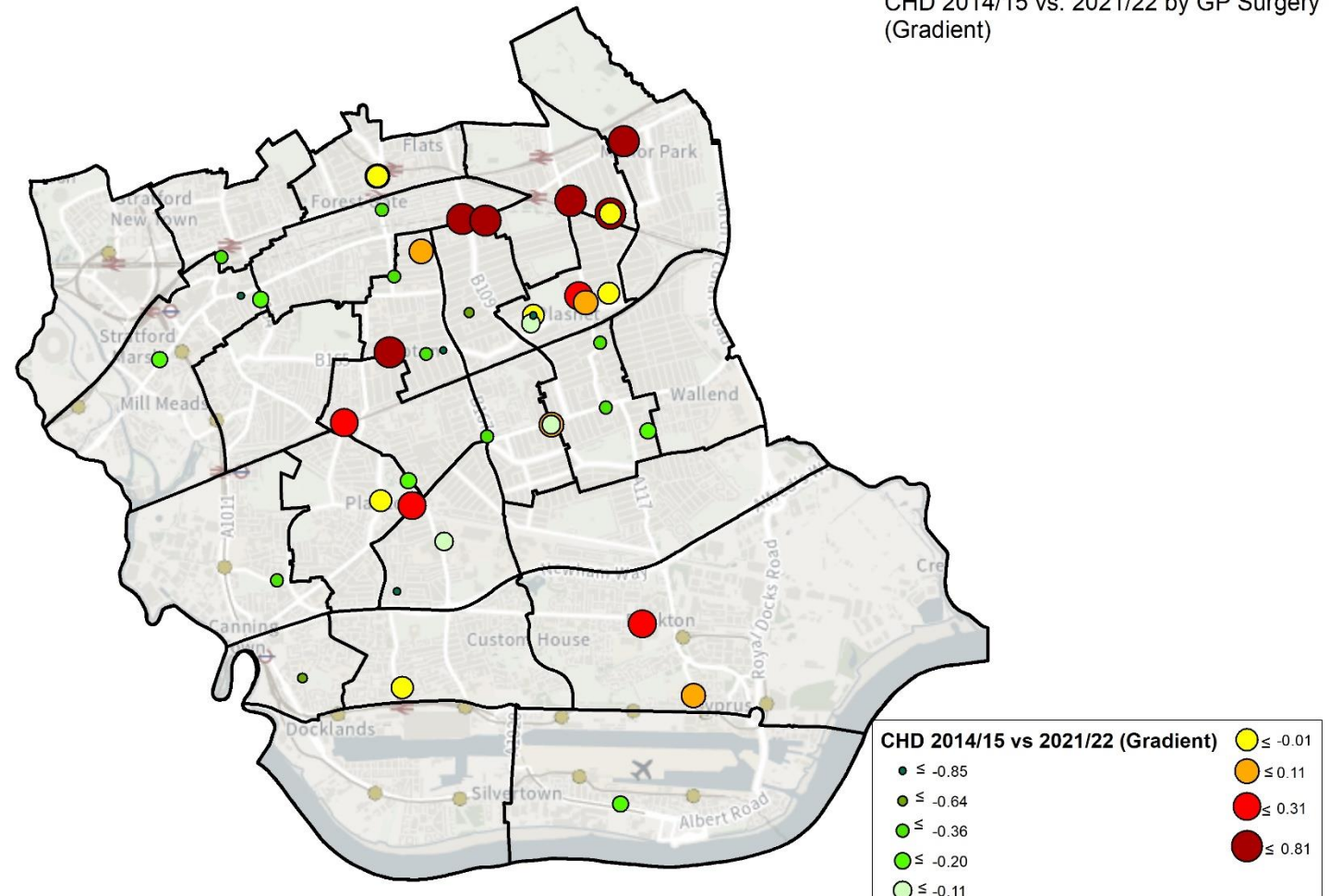
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Data source: OHID Fingertips

CHD prevalence and change in prevalence scatterplot Among all Newham GP practices
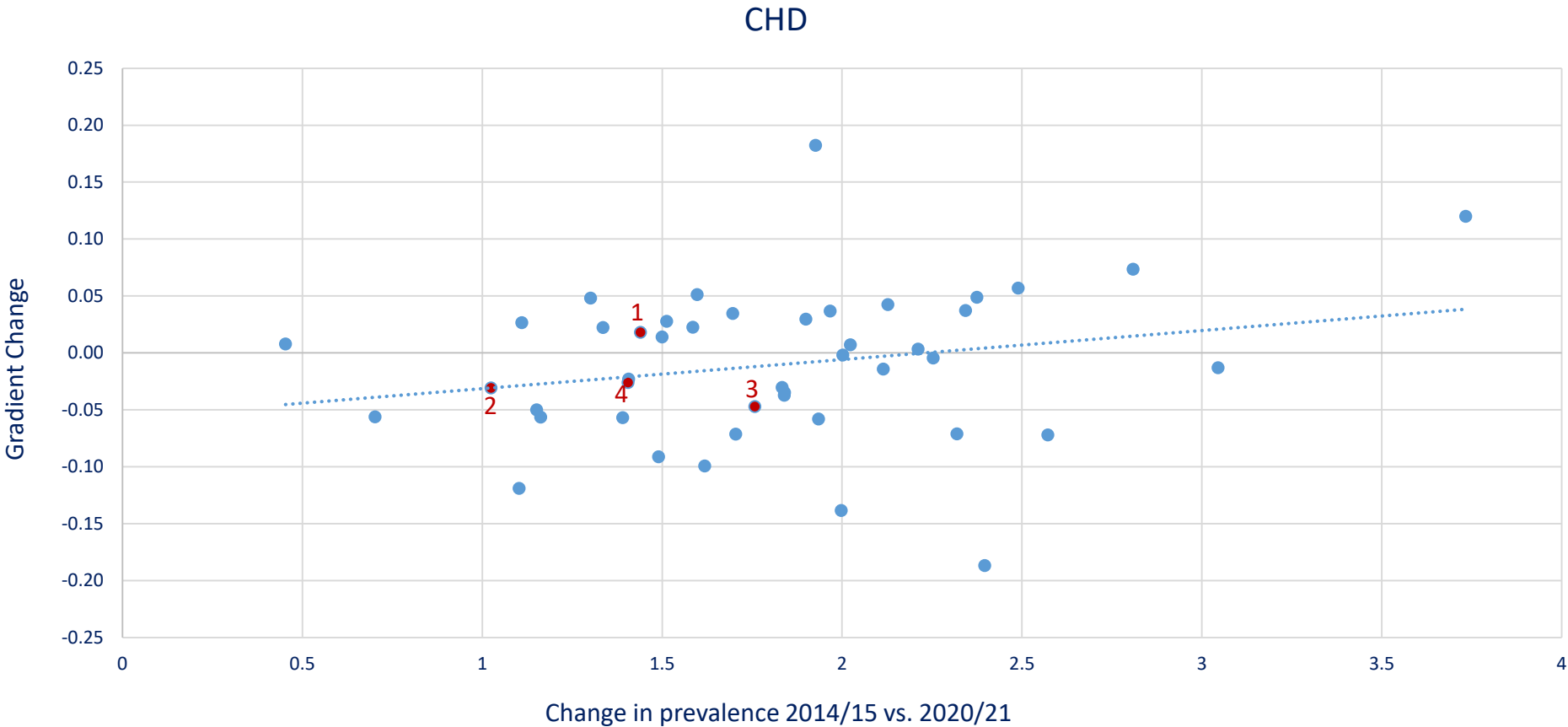
Newham London

CHD

Key

1 Balaam Street Practice
2 Carpenters Road Practice
3 Essex Lodge
4 Lucas Avenue Surgery

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Data source: OHID Fingertips

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Cancer: Prevalence

Cancer - QOF prevalence 2021/22 (all ages)
Number at end of bar refers to count (n)

Practice	Count (n)
Essex Lodge	202
Balaam Street Practice	58
Carpenters Practice	179
Lucas Avenue Practice	78
Central	517
NHS Newham CCG	5,419
England	2,058,852

Source: HES data held by OHID originally provided by NHS Digital

Cancer: Emergency Admissions

Emergency admissions with cancer 2021/22 (all ages)
Number at end of bar refers to count (n)

Practice	Count (n)
Essex Lodge	36
Balaam Street Practice	8
Carpenters Practice	25
Lucas Avenue Practice	11
Newham Central	80
NHS Newham CCG	924
England	316,844

Crude rate per 100,000

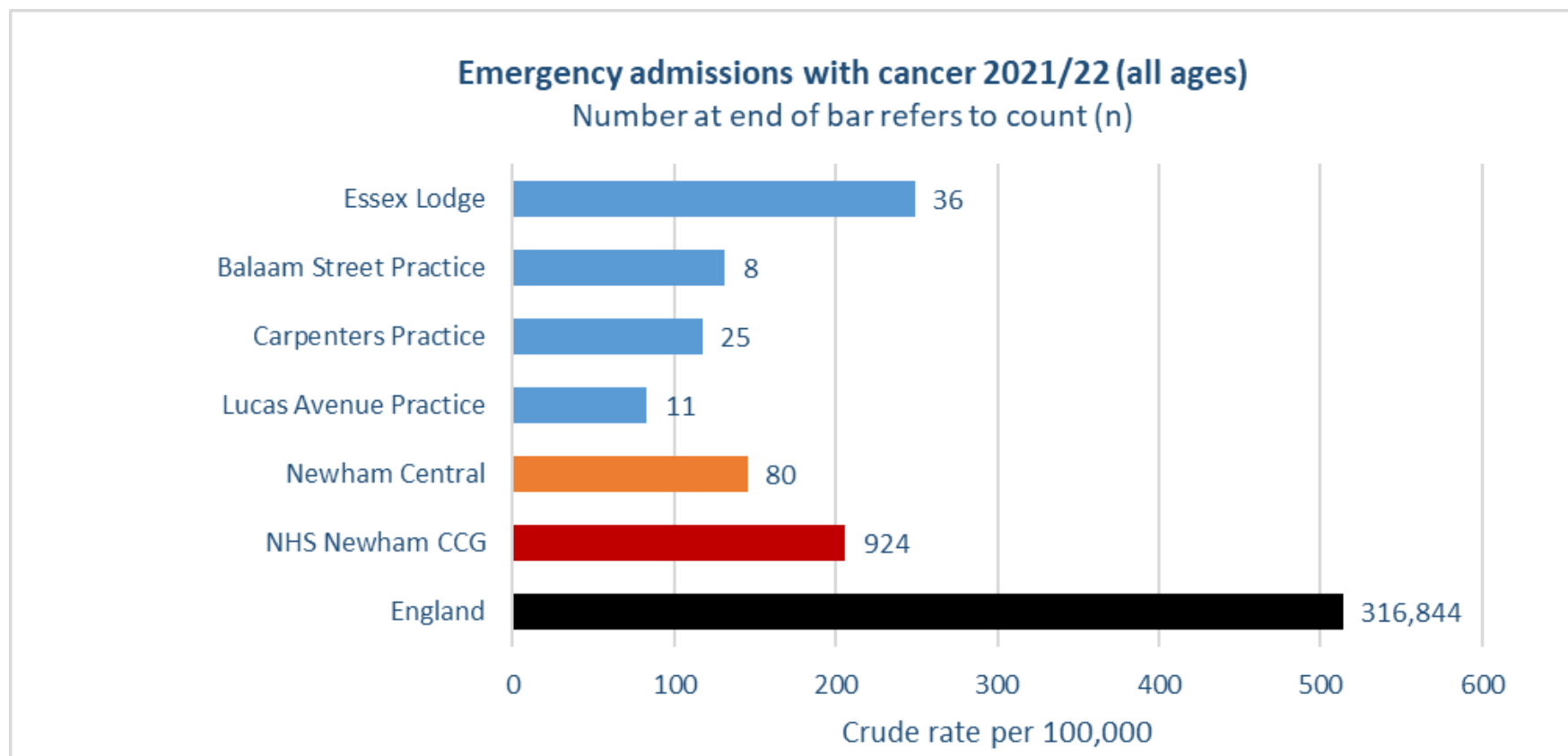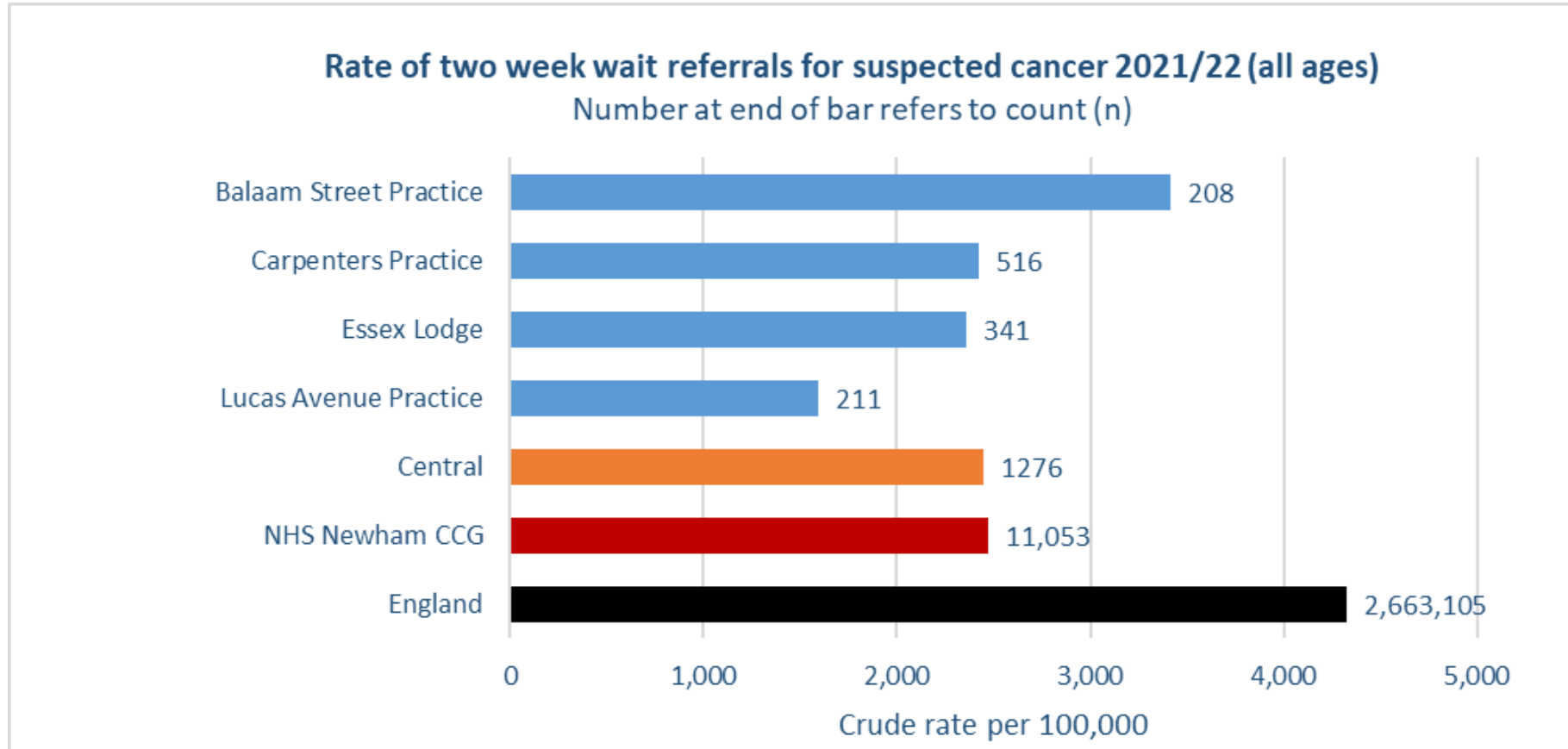**WE ARE NEWHAM.**

Source: HES data held by PHE originally provided by NHS Digital

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Cancer: 2 week wait referrals

Rate of two week wait referrals for suspected cancer 2021/22 (all ages)
Number at end of bar refers to count (n)

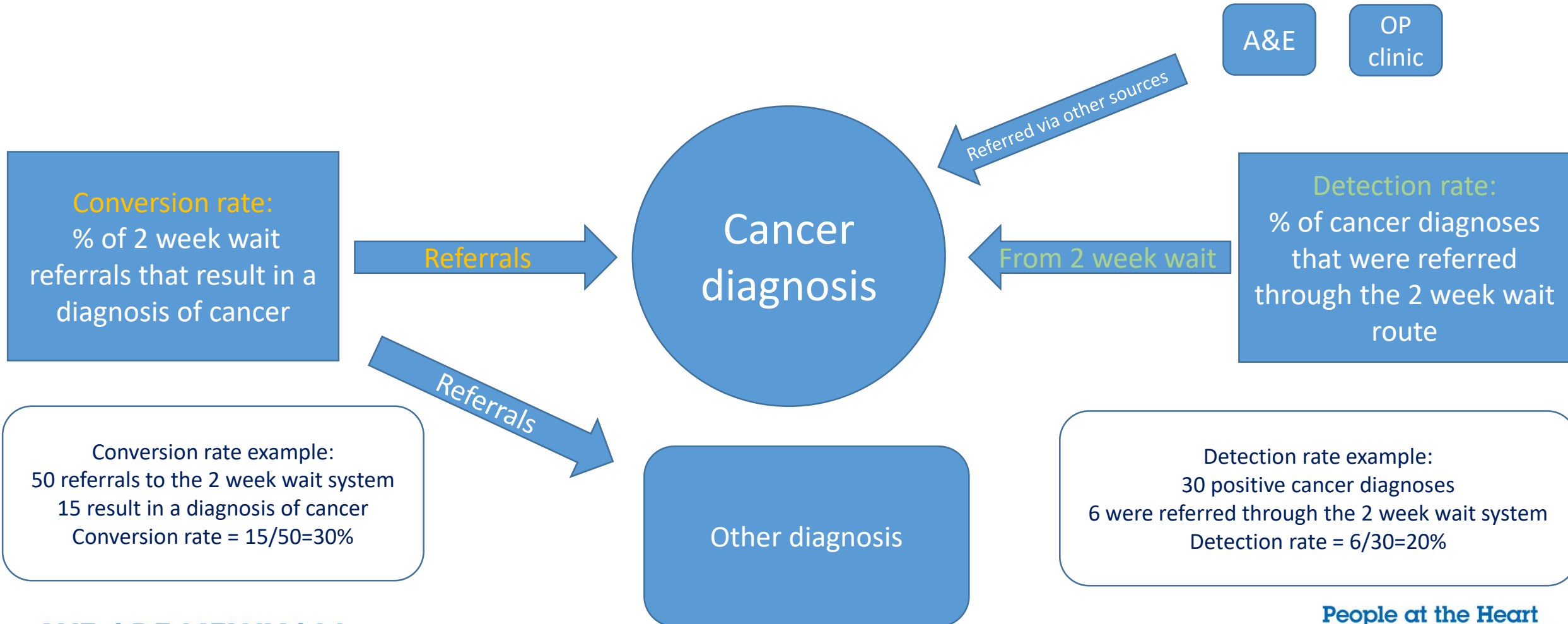| Practice	Count (n)
Balaam Street Practice	208
Carpenters Practice	516
Essex Lodge	341
Lucas Avenue Practice	211
Central	1276
NHS Newham CCG	11,053
England	2,663,105

Crude rate per 100,000

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Data source: NHS England Cancer Waiting Times database via National GP Practice Profiles, OHID

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Cancer: 2 week wait referrals: Detection and conversion explained

Newham London

A&E

OP clinic

Referred via other sources

Cancer diagnosis

Conversion rate:
% of 2 week wait referrals that result in a diagnosis of cancer

Referrals

From 2 week wait

Detection rate:
% of cancer diagnoses that were referred through the 2 week wait route

Referrals

Conversion rate example:
50 referrals to the 2 week wait system
15 result in a diagnosis of cancer
Conversion rate = 15/50=30%

Other diagnosis

Detection rate example:
30 positive cancer diagnoses
6 were referred through the 2 week wait system
Detection rate = 6/30=20%

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Data source: NHS England Cancer Waiting Times database via National GP Practice Profiles, OHID

Cancer: 2 week wait referrals - conversion

Newham London

Two week referrals resulting in diagnosis of cancer (conversion rate) 2021/22 - all ages
Number at end of bar refers to count (n)
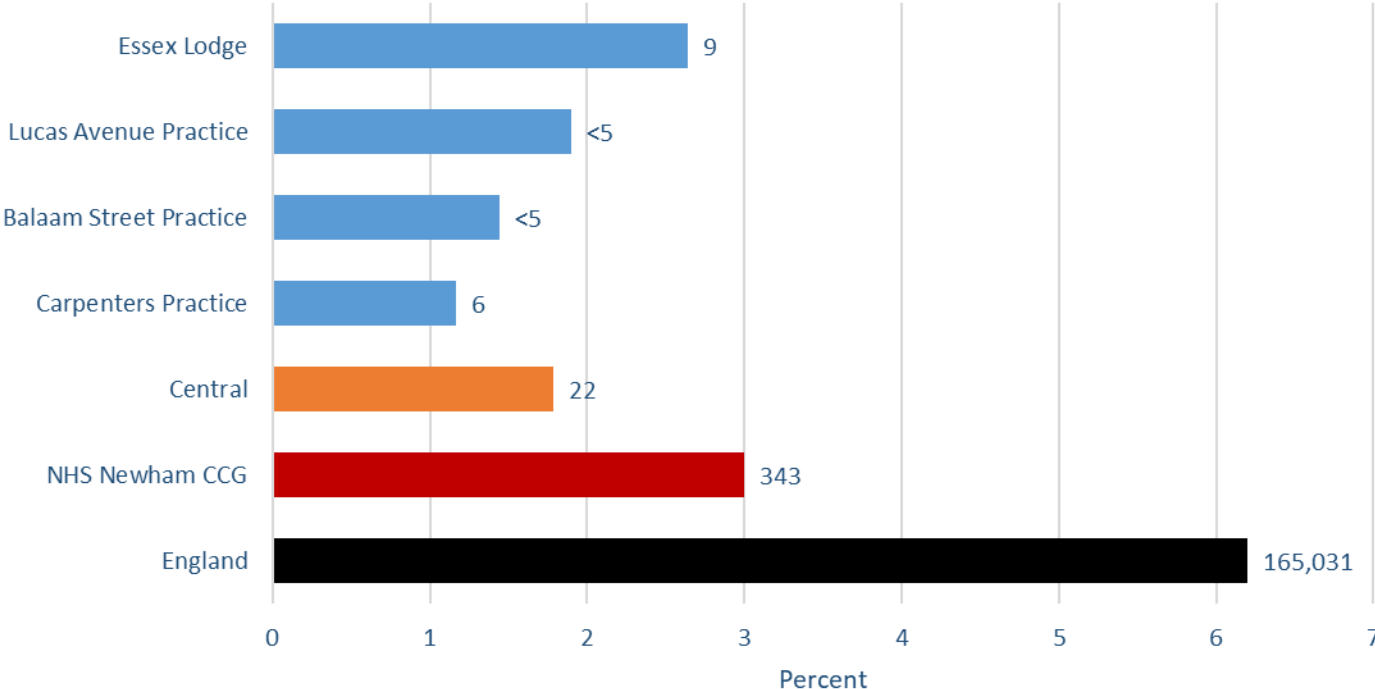
Practice	Value
Essex Lodge	9
Lucas Avenue Practice	<5
Balaam Street Practice	<5
Carpenters Practice	6
Central	22
NHS Newham CCG	343
England	165,031

Percent

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Data source: NHS England Cancer Waiting Times database via National GP Practice Profiles, OHID

Cancer: 2 week wait referrals - detection

New cancer cases resulting from 2 week wait referral (detection rate) 2021/22 - all ages
Number at end of bar refers to count (n)
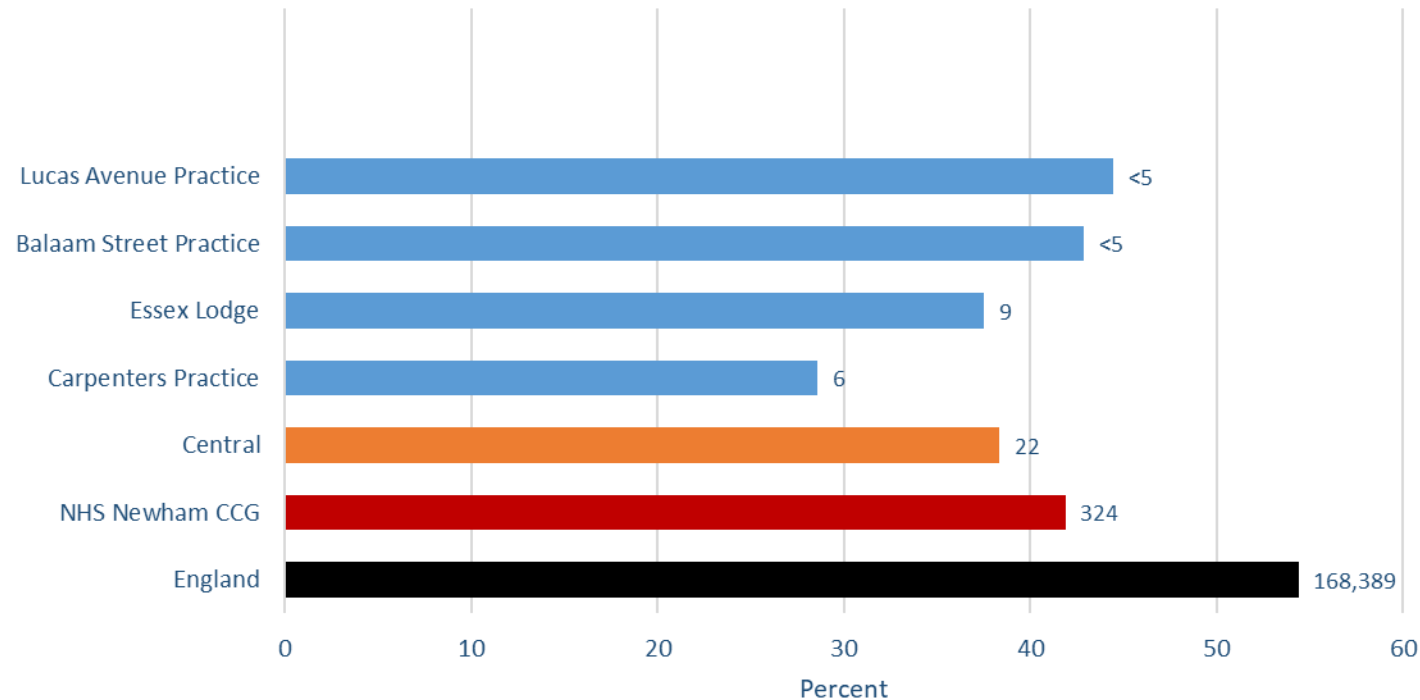
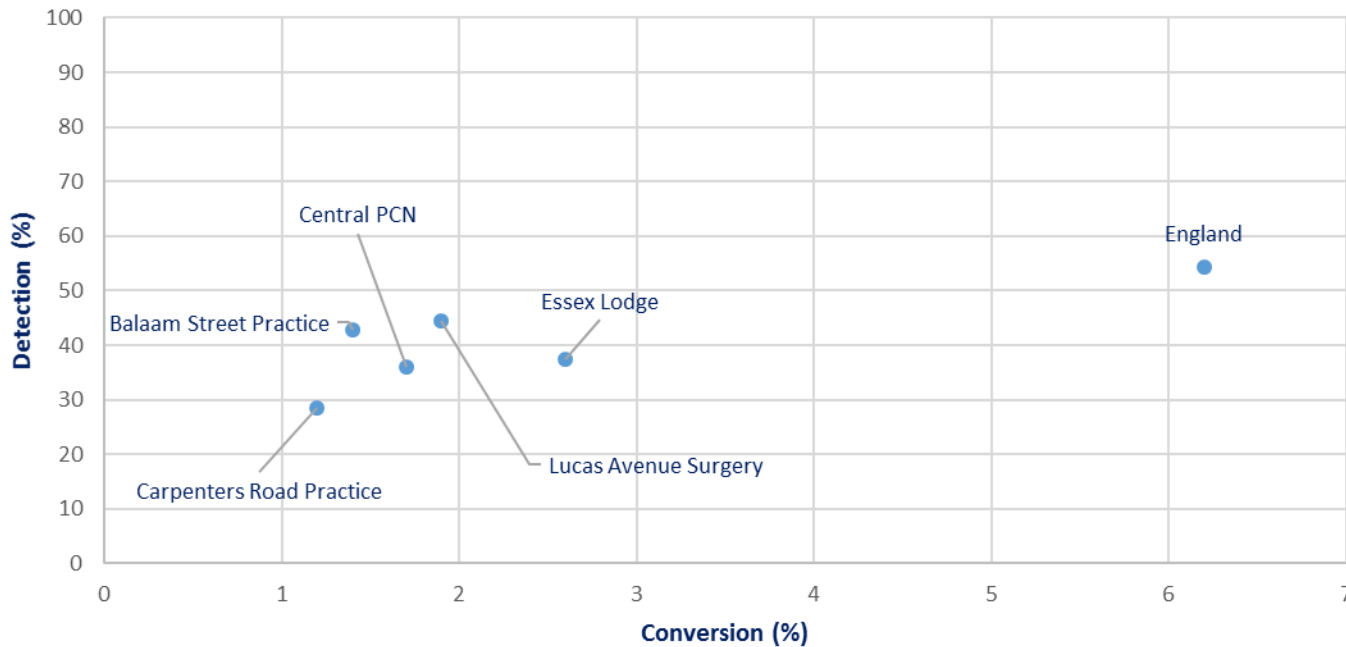Data source: NHS England Cancer Waiting Times database via National GP Practice Profiles, OHID

Cancer: 2 week wait referrals – conversion/detection 2021/22

2 week wait referrals - GP Practices showing detection and conversion 2021/22

Conversion = 2ww referrals resulting in a diagnosis of cancer

Higher conversion percentage means that a higher proportion of 2 week wait referrals for suspected cancer resulted in a cancer diagnosis.

Detection = cancers referred via the 2 week wait referral

A higher detection percentage means cancers have been detected via referrals through the 2 week wait system, as opposed to emergency admissions for example.
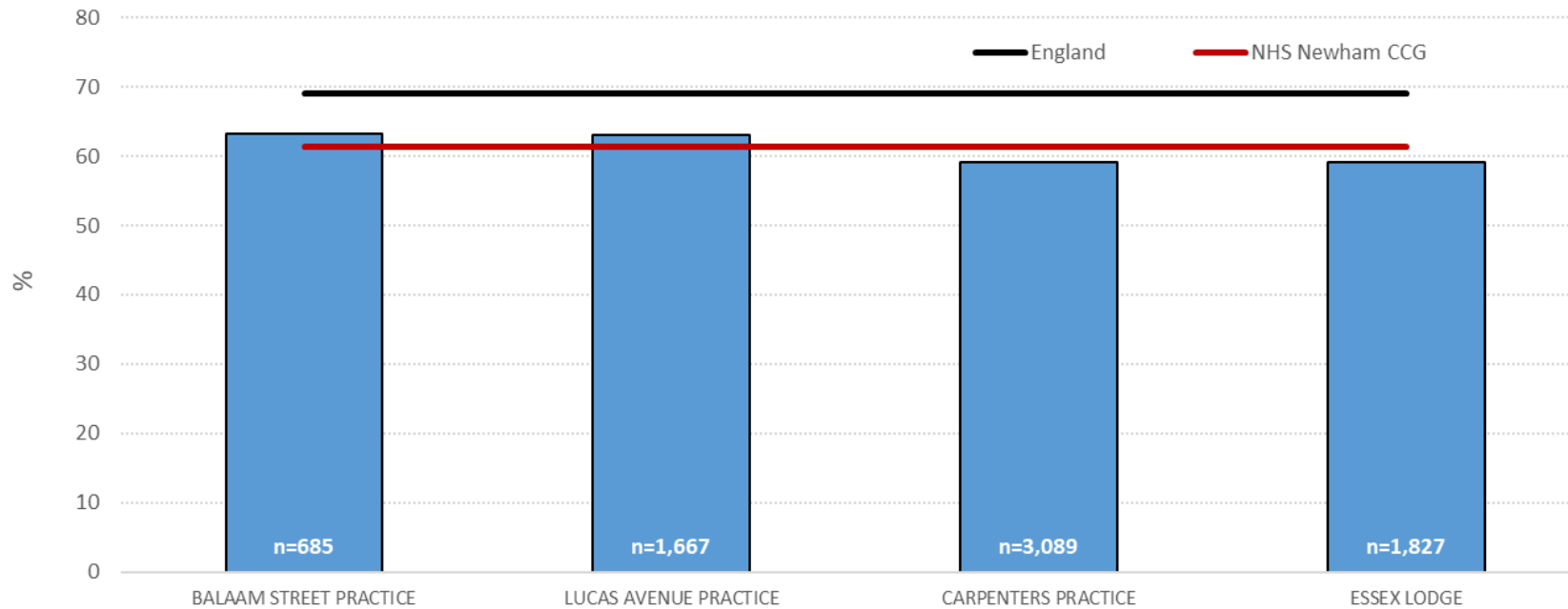
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Data source: NHS England Cancer Waiting Times database via National GP Practice Profiles, OHID

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Cervical Screening

Percentage of Women aged 25-49 with a record of cervical screening in the last 3.5 years (including patients with PCAs) - 2021/22

— England — NHS Newham CCG

BALAAM STREET PRACTICE	n=685
LUCAS AVENUE PRACTICE	n=1,667
CARPENTERS PRACTICE	n=3,089
ESSEX LODGE	n=1,827

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Data source: Quality and Outcomes Framework (QOF), NHS Digital via Fingertips, OHID (see notes for PCA definition)

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Bowel Screening

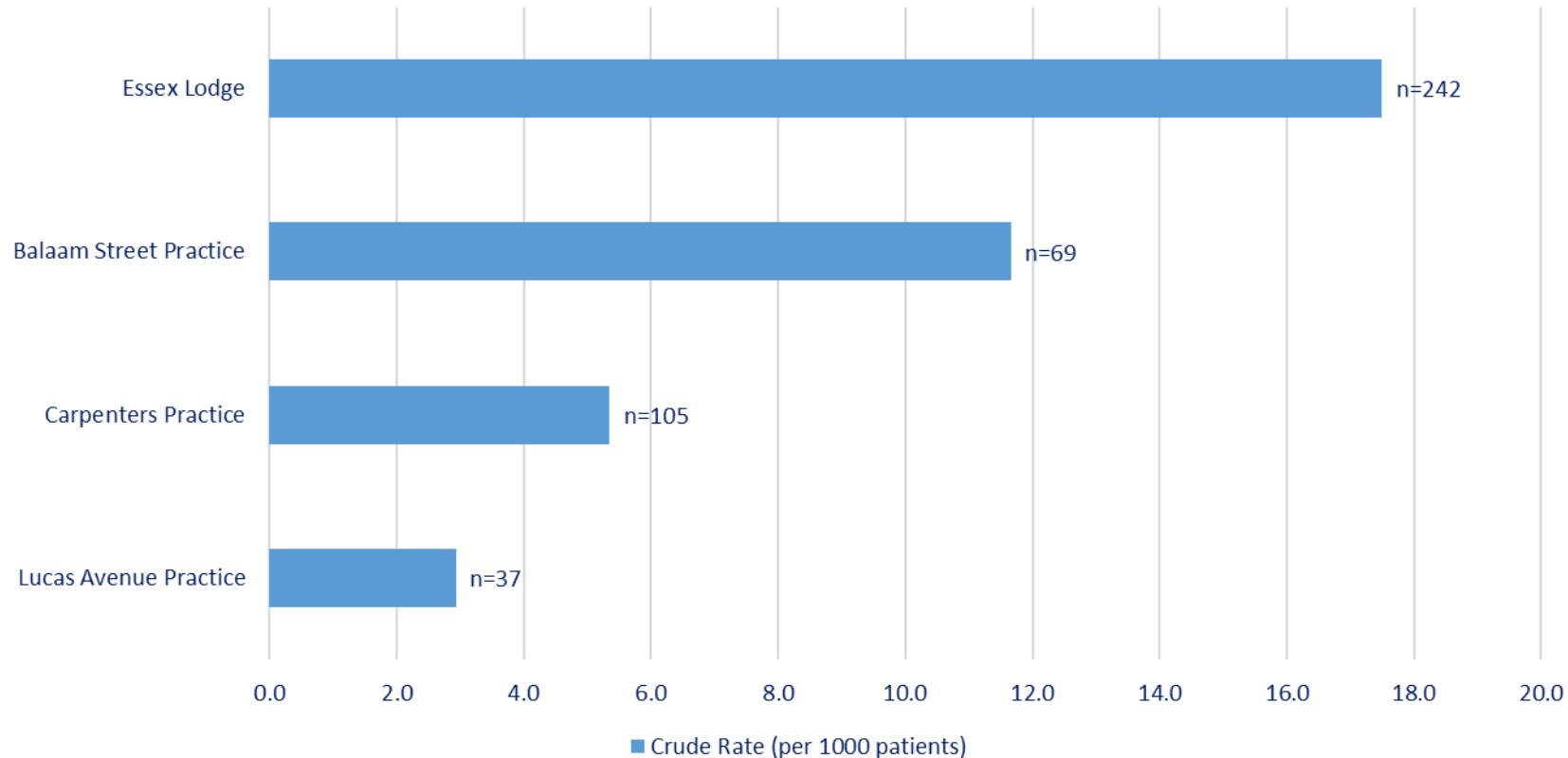Percentage of people aged 60-74 screened for bowel cancer within 6 months of invitation (uptake) 2021/22
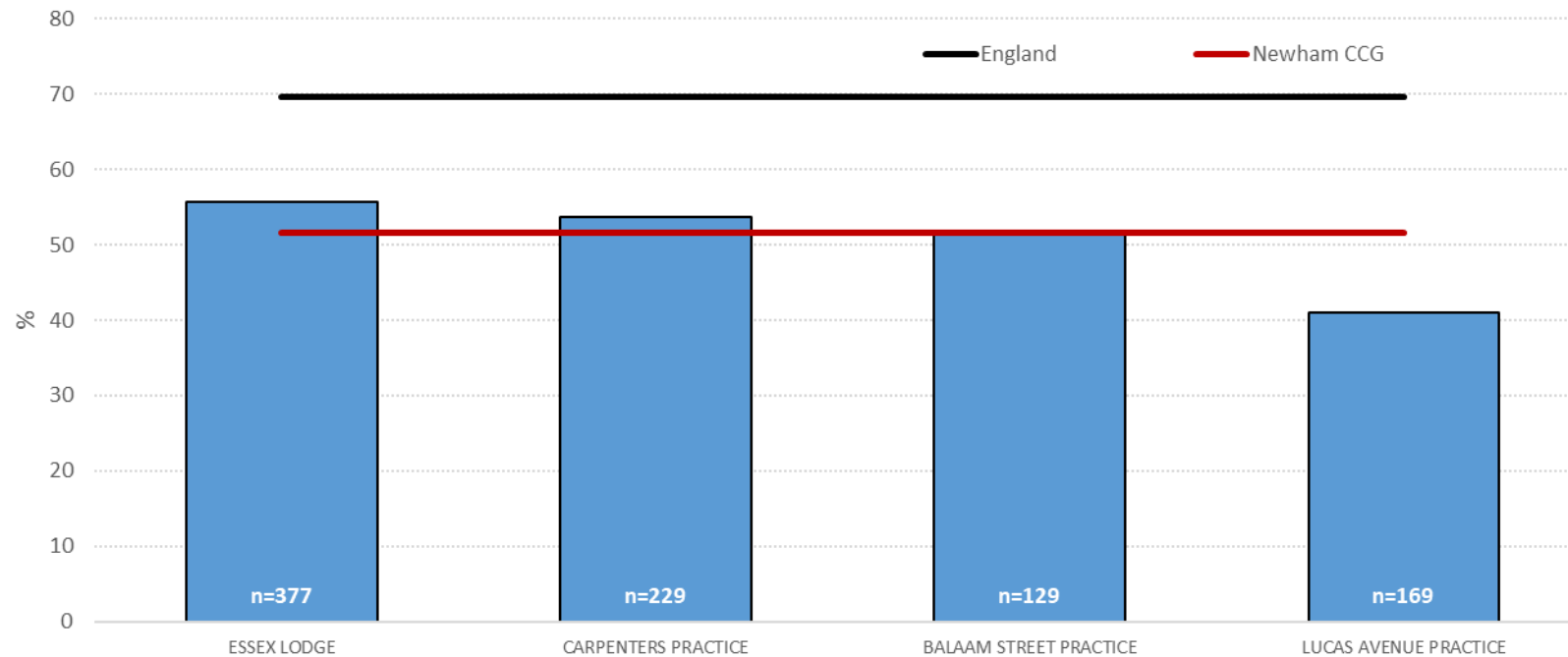
Data source: Quality and Outcomes Framework (QOF), NHS Digital via Fingertips, OHID

Chronic obstructive pulmonary disease (COPD)

Rate of COPD by practice - Central (n=453)

Data source: Clinical Effectiveness Group

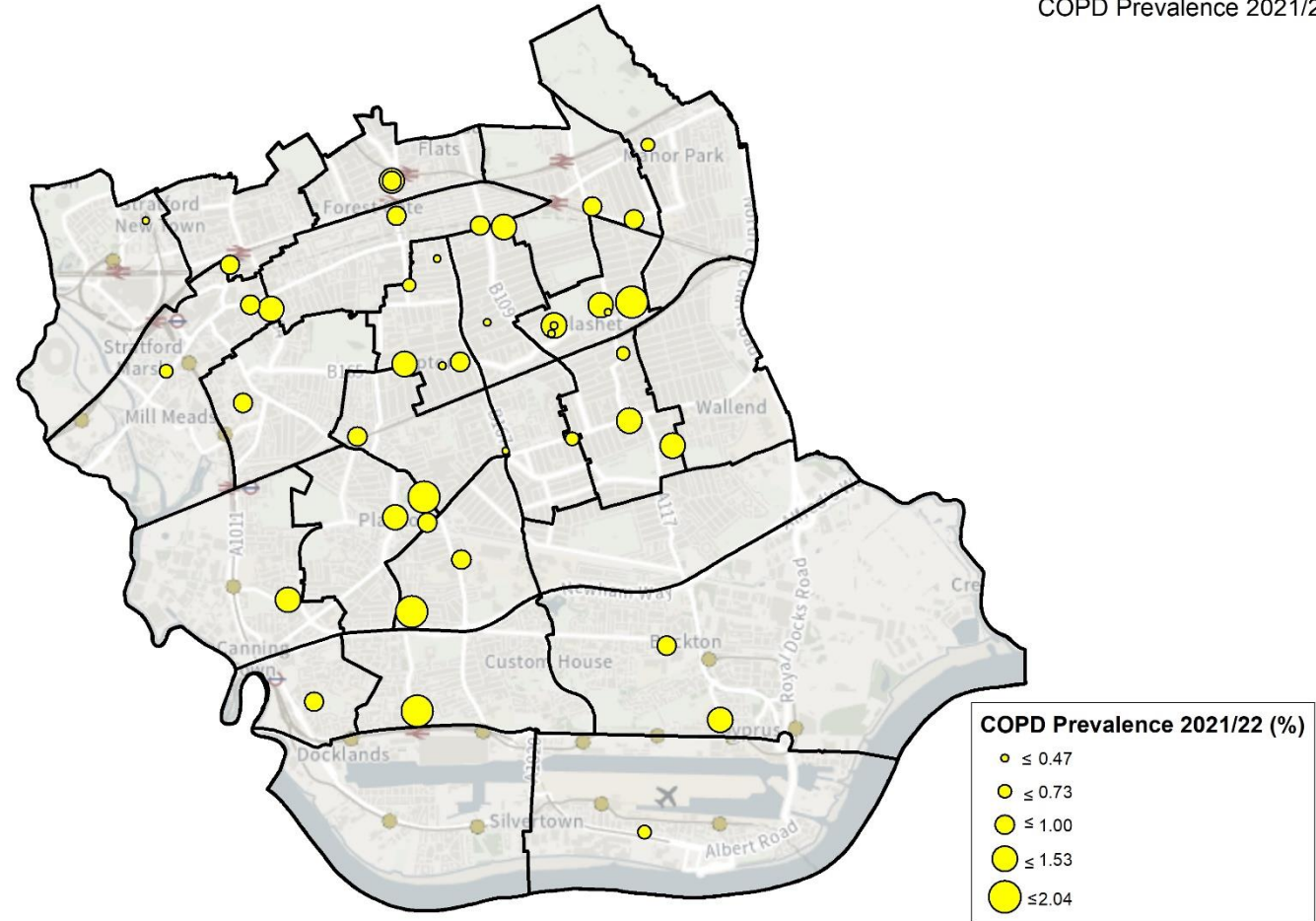# COPD prevalence

In Newham and Central by
GP practice

COPD prevalence (%, all ages) in 2021/22

GP practice	COPD prevalence (%)
Essex Lodge	1.7
Balaam Street Practice	1.1
Carpenters Road Practice	0.5
Lucas Avenue Surgery	0.3

COPD Prevalence 2021/22

COPD Prevalence 2021/22 (%)
- ≤ 0.47
- ≤ 0.73
- ≤ 1.00
- ≤ 1.53
- ≤ 2.04

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Data source: OHID Fingertips

COPD prevalence - gradient change

In Newham and Central by
GP practice

Newham London

COPD prevalence (%, all ages) 2015/16 vs.
2021/22 and gradient change

GP practice	2015/2016	2021/2022	Gradient change
Balaam Street Practice	0.9	1.1	0.21
Carpenters Road Practice	0.5	0.5	0.03
Essex Lodge	1.7	1.7	0.00
Lucas Avenue Surgery	0.7	0.3	-0.34

COPD 2014/15 vs. 2021/22 by GP Surgery (Gradient)
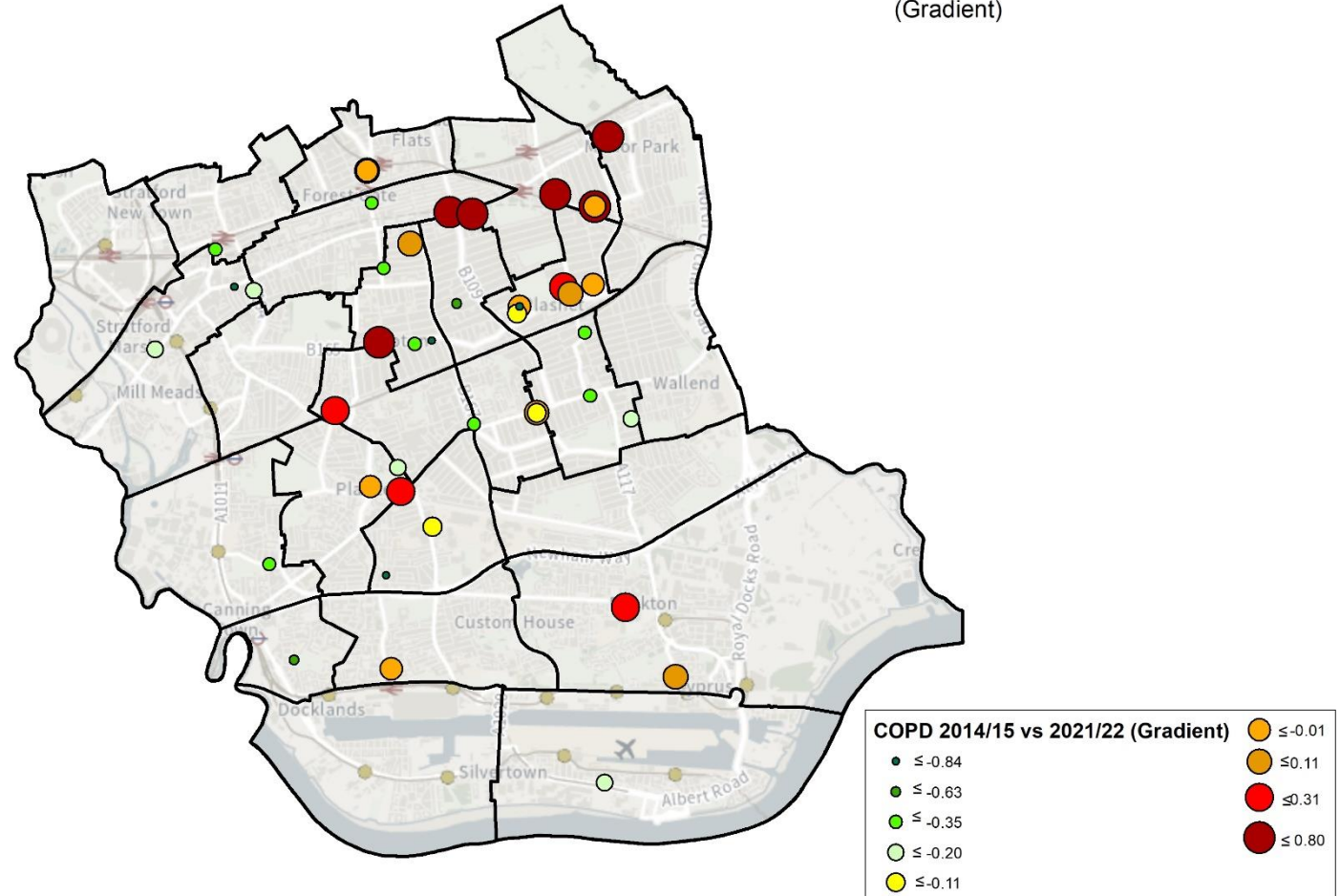
COPD 2014/15 vs 2021/22 (Gradient)

- ≤ -0.84
- ≤ -0.63
- ≤ -0.35
- ≤ -0.20
- ≤ -0.11
- ≤ -0.01
- ≤ 0.11
- ≤ 0.31
- ≤ 0.80

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Data source: OHID Fingertips

COPD prevalence and change in prevalence scatterplot Among all Newham GP practices

COPD

Key

1 Balaam Street Practice
2 Carpenters Road Practice
3 Essex Lodge
4 Lucas Avenue Surgery

Gradient Change

Change in prevalence 2014/15 vs. 2020/21

Data source: OHID Fingertips
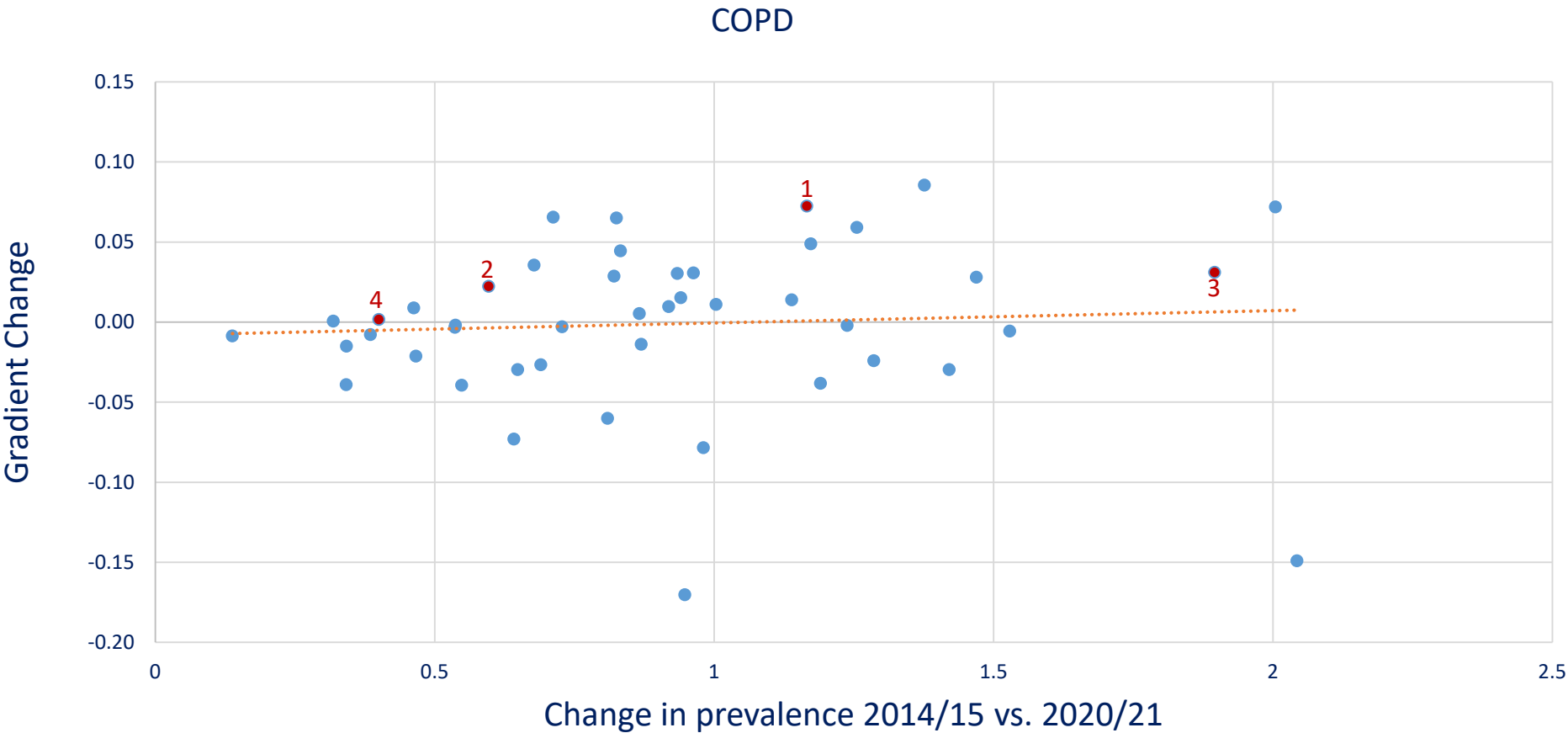
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COPD: Patients who had a review in the last 12 months

Percentage of Patients with COPD who had a review in the last 12 months (2021/22)
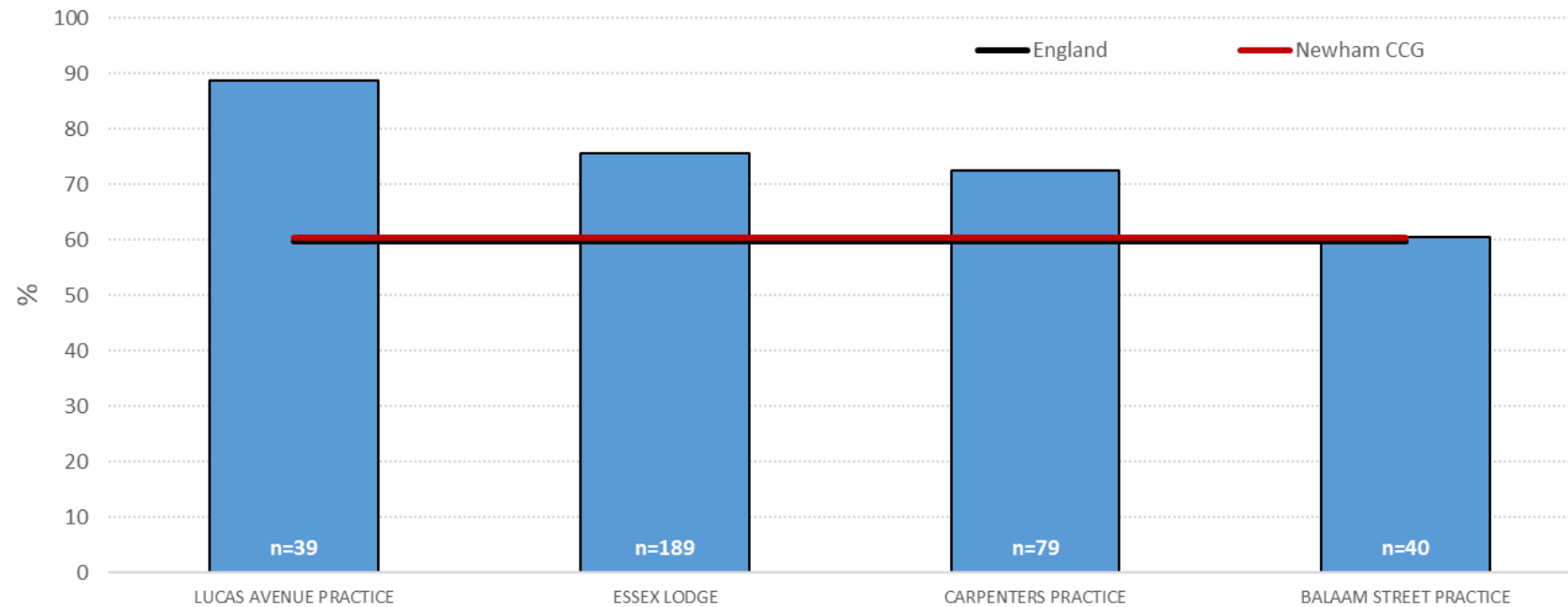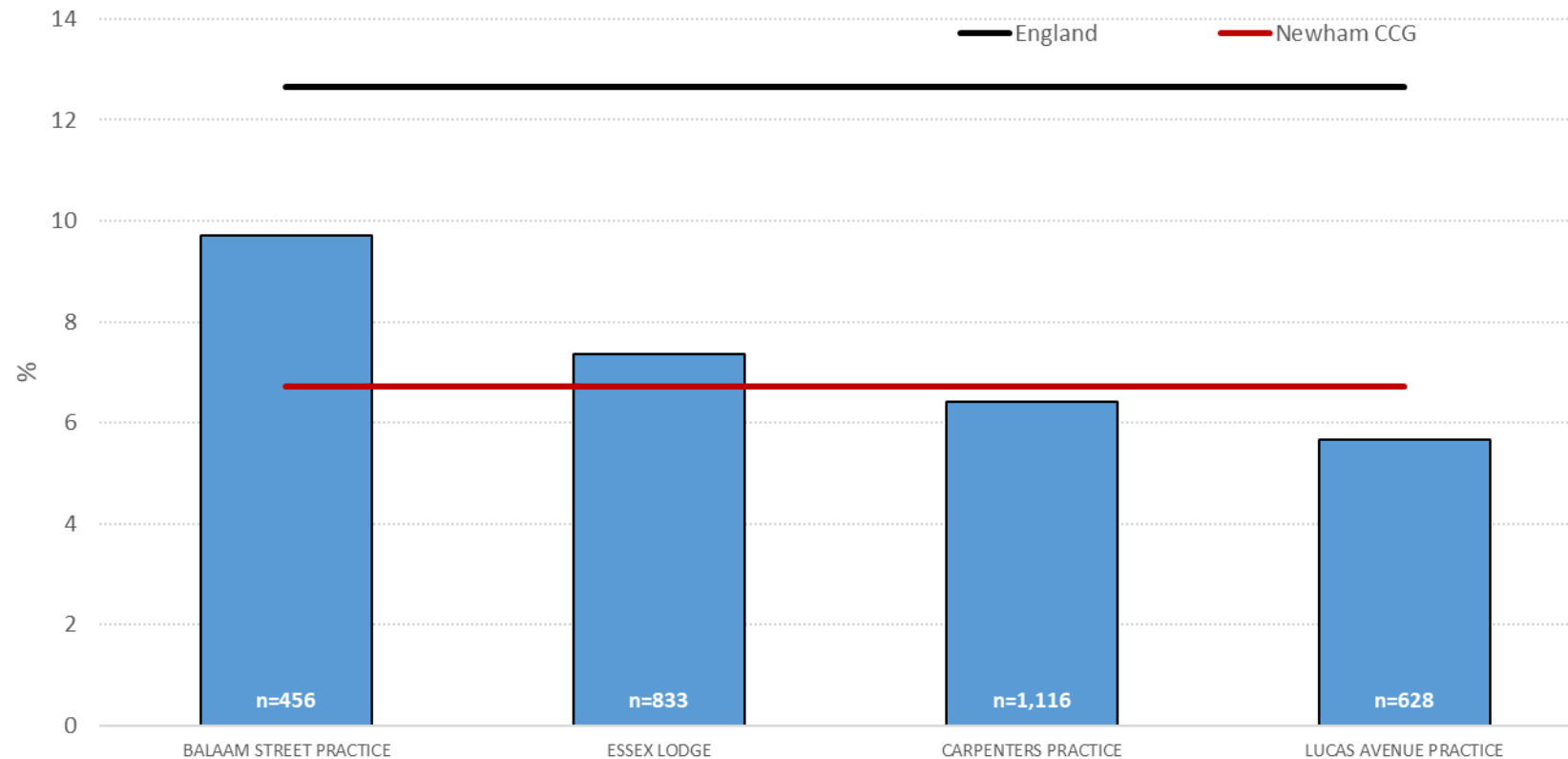
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Data source: Quality and Outcomes Framework (QOF) via Fingertips, PHE

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Mental health: Depression prevalence
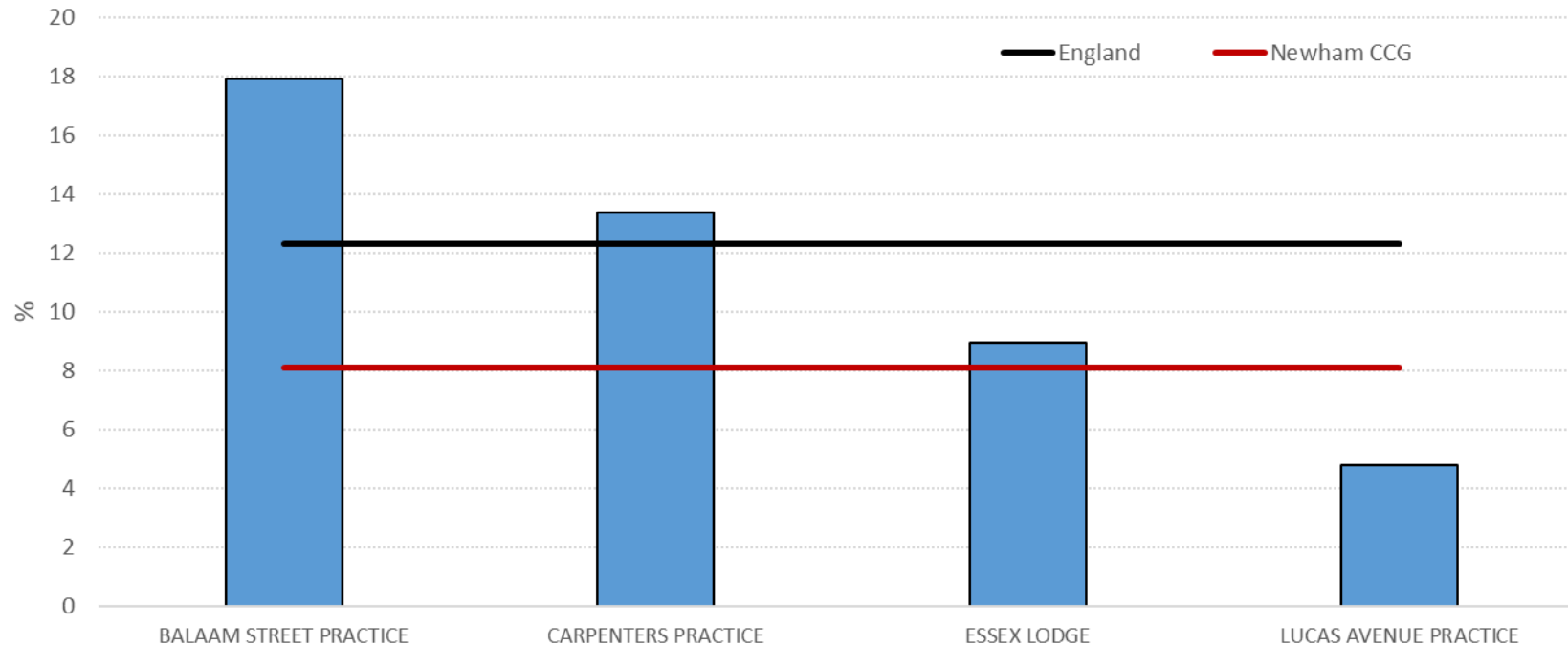
Newham London

Depression Prevalence (18+): 2021/22

Legend: England, Newham CCG

Practices: BALAAM STREET PRACTICE (n=456), ESSEX LODGE (n=833), CARPENTERS PRACTICE (n=1,116), LUCAS AVENUE PRACTICE (n=628)

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Data source: OHID Fingertips

Mental health: Long term mental health problem

Prevalence (%) with long term mental health problem 2021/22

Data source: OHID Fingertips

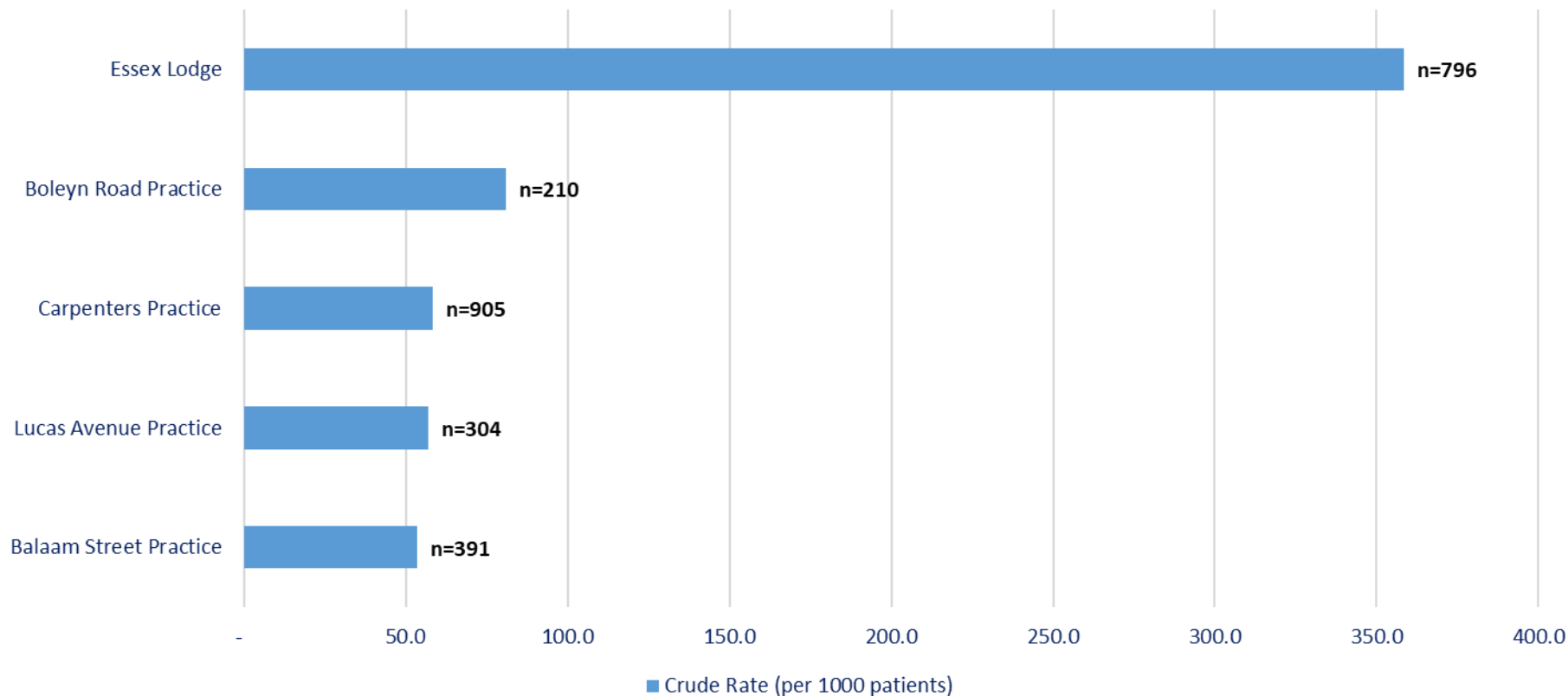# Chronic mental illness (CMI)

Rate of CMI by practice - Central (n=2,606)

- Essex Lodge: n=796
- Boleyn Road Practice: n=210
- Carpenters Practice: n=905
- Lucas Avenue Practice: n=304
- Balaam Street Practice: n=391

■ Crude Rate (per 1000 patients)

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Data source: Clinical Effectiveness Group

Serious mental illness (SMI)

Rate of SMI by by practice - Central
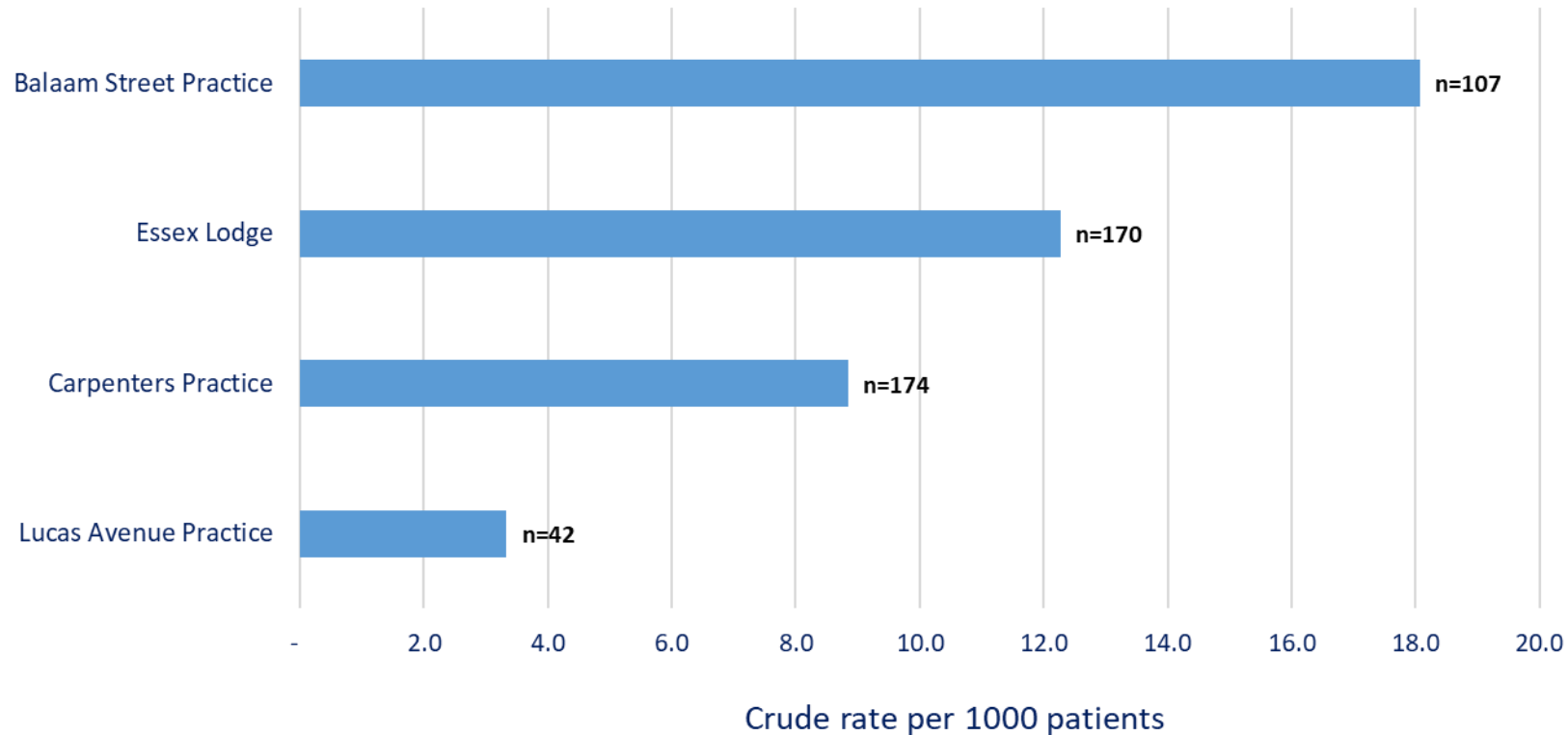
| Practice	n
Balaam Street Practice	n=107
Essex Lodge	n=170
Carpenters Practice	n=174
Lucas Avenue Practice	n=42

Crude rate per 1000 patients

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Data source: Clinical Effectiveness Group

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Mental health: Patients with severe mental issues having a comprehensive care plan

Patients with severe mental health issues having a comprehensive care plan (2021/22)
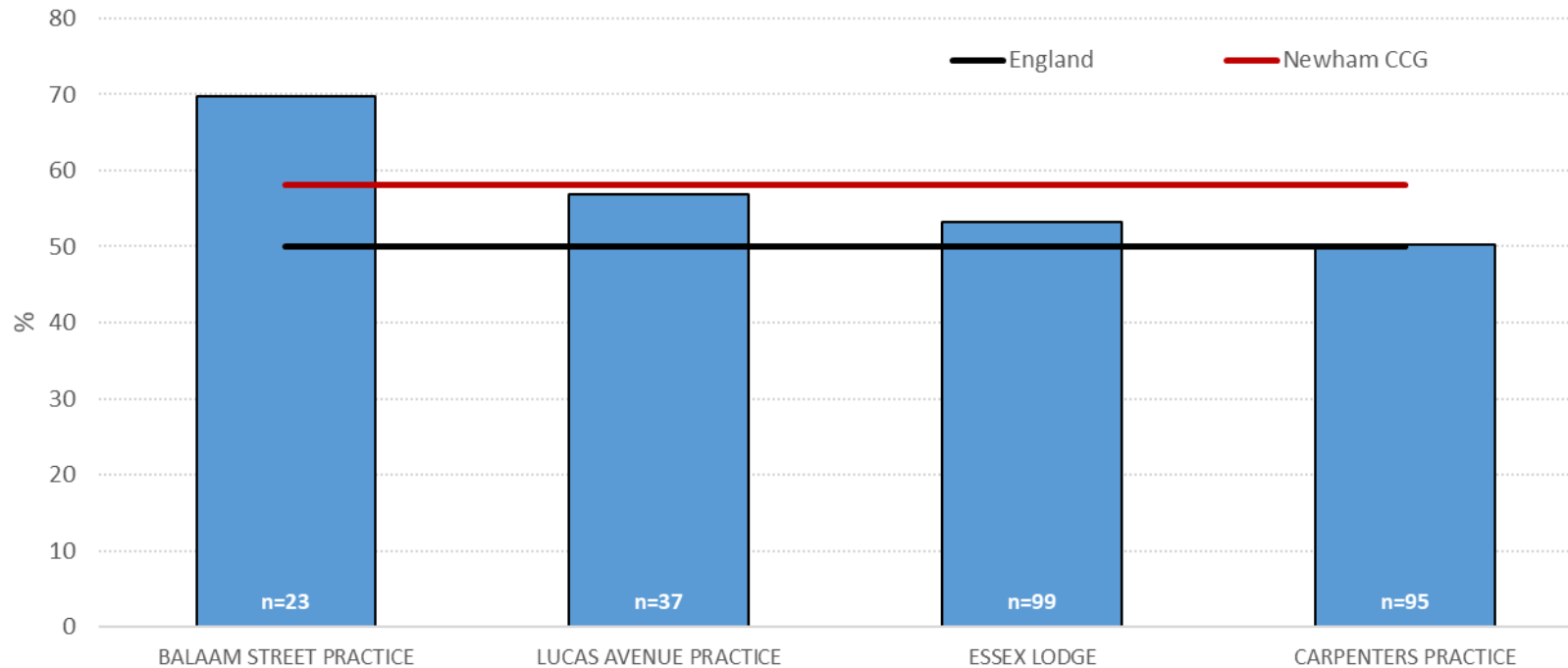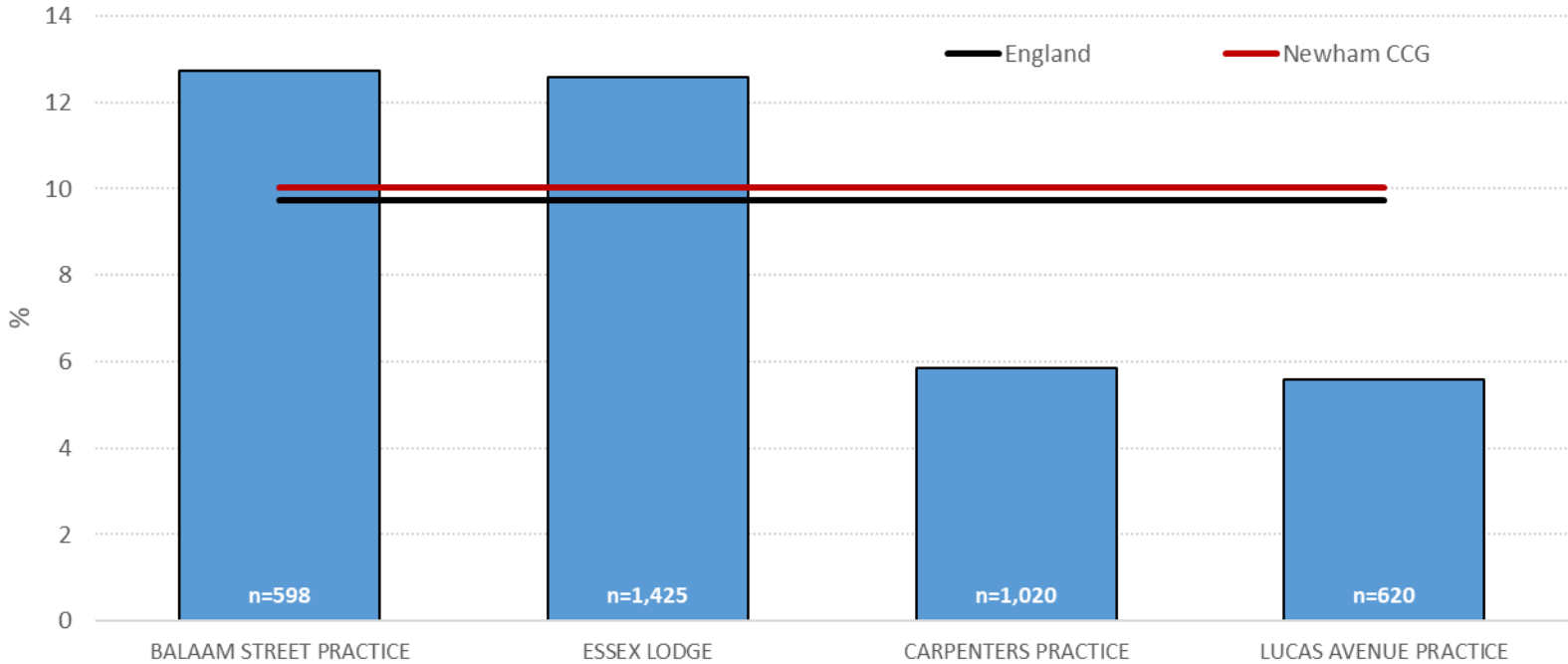
Data source: OHID Fingertips

Obesity: Prevalence 18+

Obesity Prevalence (18+): 2021/22

Data source: Quality and Outcomes Framework (QOF) via Fingertips, PHE

Diabetes prevalence – as of Nov 2021
(Type 1 and Type 2 diabetes mellitus)

Newham London

Diabetes Prevalence (Type 1 & Type 2 diabetes melitus): 2021/22

— England   — Newham CCG

Practice	n
BALAAM STREET PRACTICE	n=443
ESSEX LODGE	n=1,013
LUCAS AVENUE PRACTICE	n=779
CARPENTERS PRACTICE	n=919

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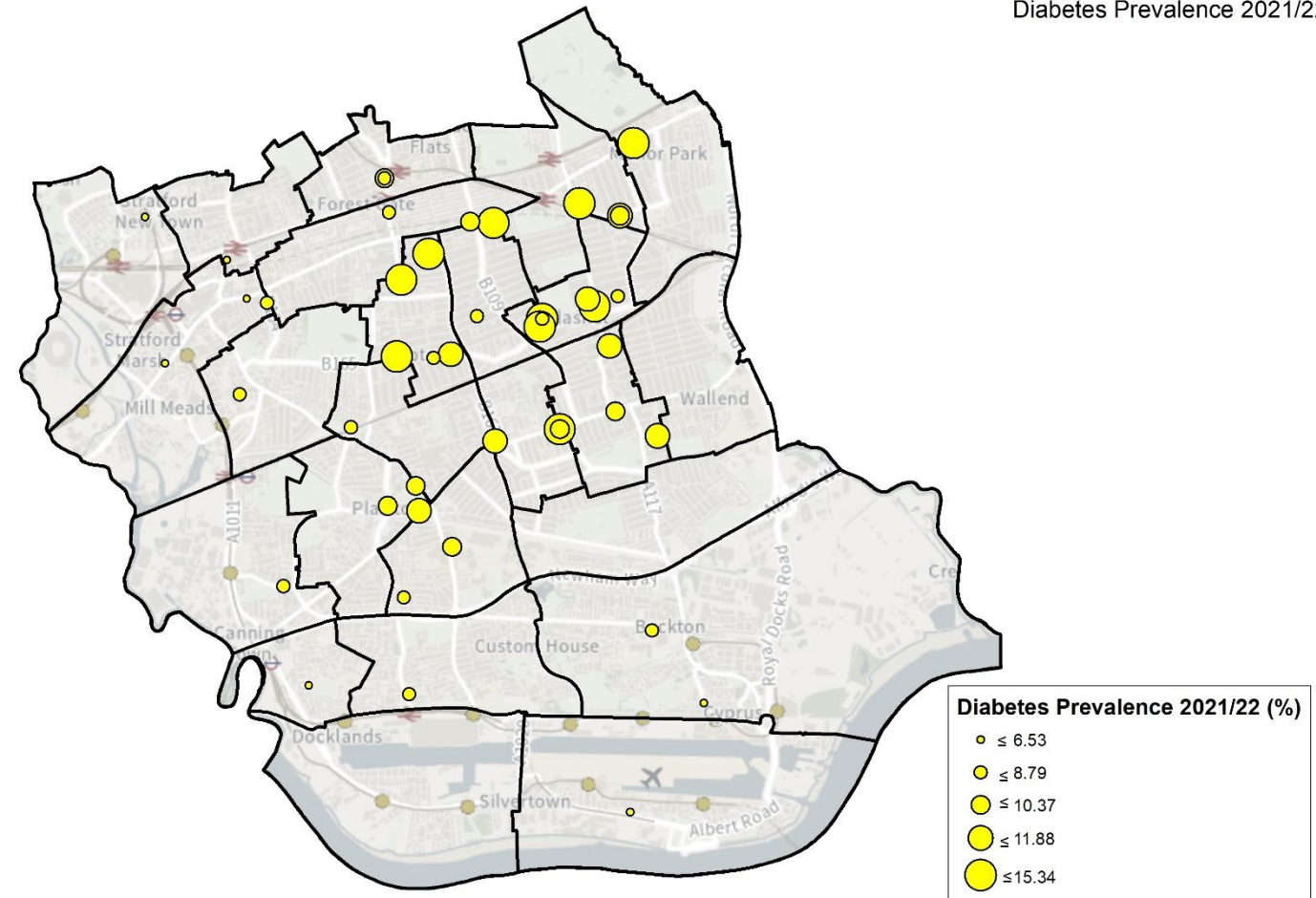Data source: OHID Fingertips
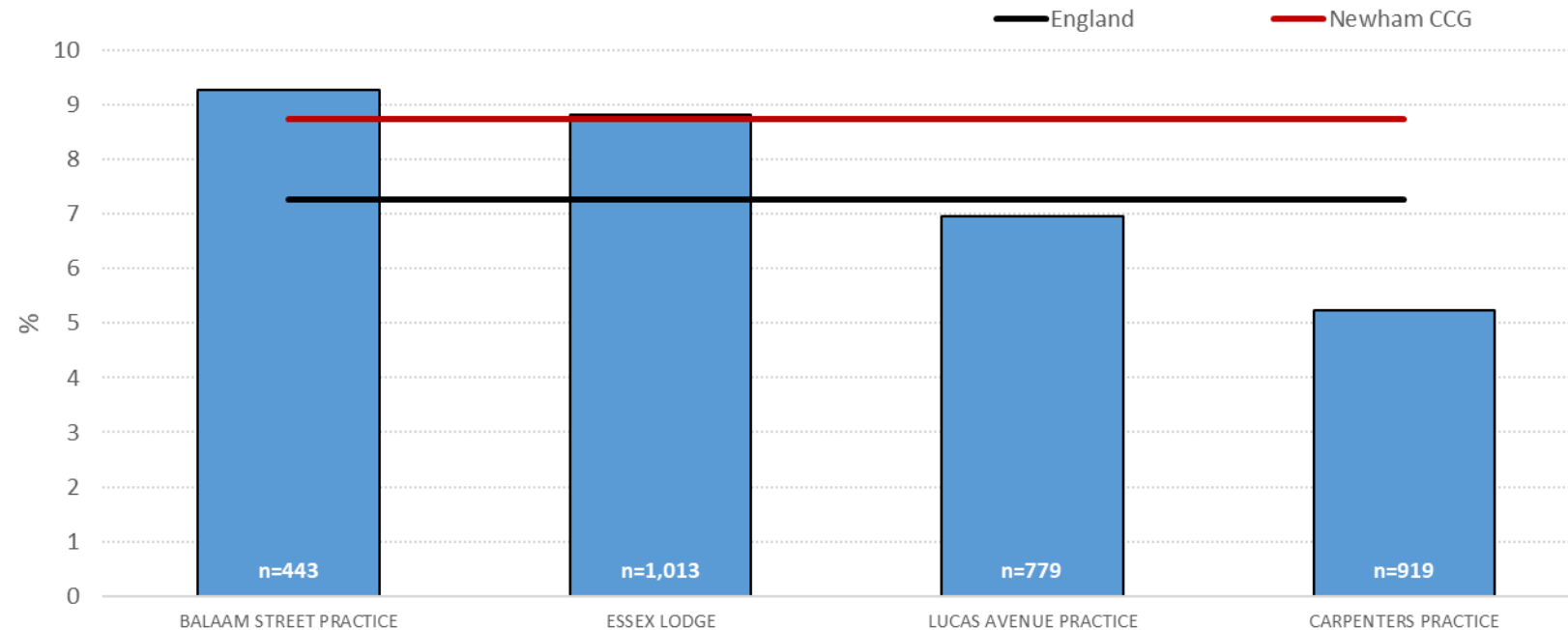
Diabetes prevalence

In Newham and Central by
GP practice

Diabetes Prevalence 2021/22

Diabetes prevalence (%, all ages) in 2021/22

GP practice	Diabetes prevalence (%)
Balaam Street Practice	9.3
Essex Lodge	8.8
Lucas Avenue Practice	7.0
Carpenters Practice	5.2

Diabetes Prevalence 2021/22 (%)

- ≤ 6.53
- ≤ 8.79
- ≤ 10.37
- ≤ 11.88
- ≤ 15.34

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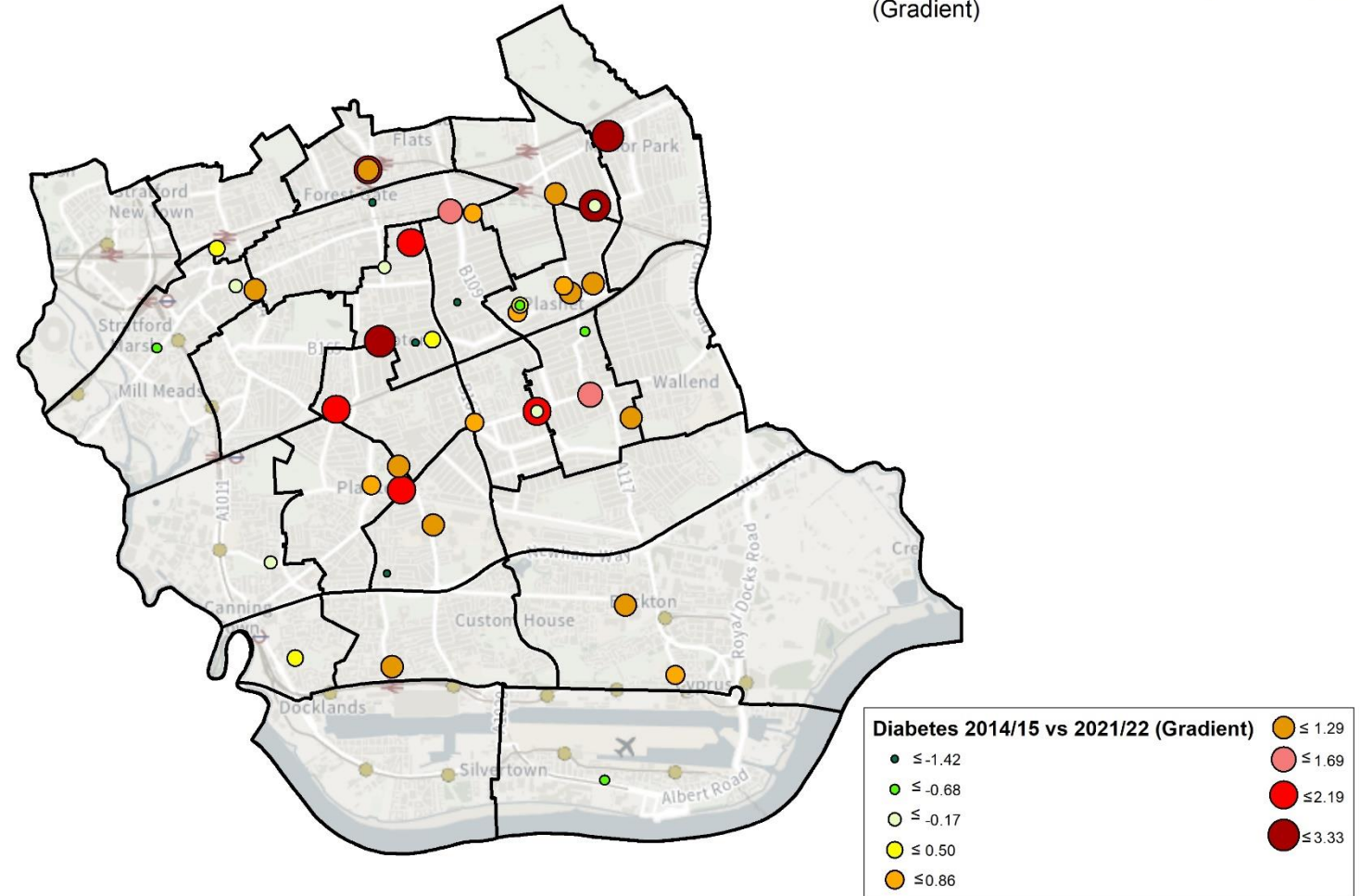**WE ARE NEWHAM.**

Data source: OHID Fingertips

Diabetes prevalence - gradient change

In Newham and Central by
GP practice

Newham London

Diabetes 2014/15 vs. 2021/22 by GP Surgery
(Gradient)

Diabetes prevalence (%, all ages) 2015/16 vs. 2021/22 and gradient change

GP practice	2015/2016	2021/2022	Gradient change
Balaam Street Practice	8.4	9.3	0.86
Carpenters Road Practice	6.3	5.2	-1.10
Essex Lodge	7.5	8.8	1.30
Lucas Avenue Surgery	8.5	7.0	-1.55

Diabetes 2014/15 vs 2021/22 (Gradient)

- ● ≤ -1.42
- ● ≤ -0.68
- ○ ≤ -0.17
- ● ≤ 0.50
- ● ≤ 0.86
- ● ≤ 1.29
- ● ≤ 1.69
- ● ≤ 2.19
- ● ≤ 3.33
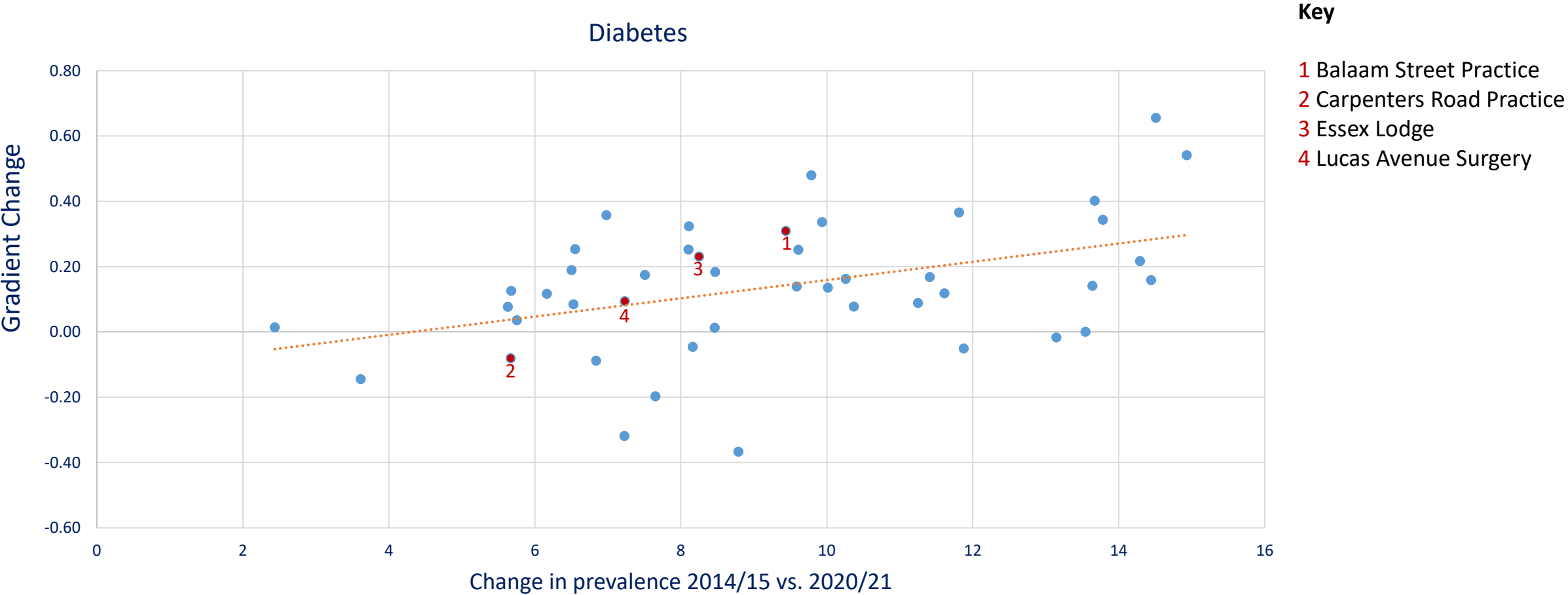
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Data source: OHID Fingertips

Diabetes prevalence and change in prevalence scatterplot Among all Newham GP practices

Newham London

**Key**

1 Balaam Street Practice
2 Carpenters Road Practice
3 Essex Lodge
4 Lucas Avenue Surgery

Diabetes

Gradient Change vs. Change in prevalence 2014/15 vs. 2020/21

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Data source: OHID Fingertips

Diabetes: Type 2 diabetic patients who have 8 recorded care processes

Type 2 diabetic patients who have 8 recorded care processes 2021/22
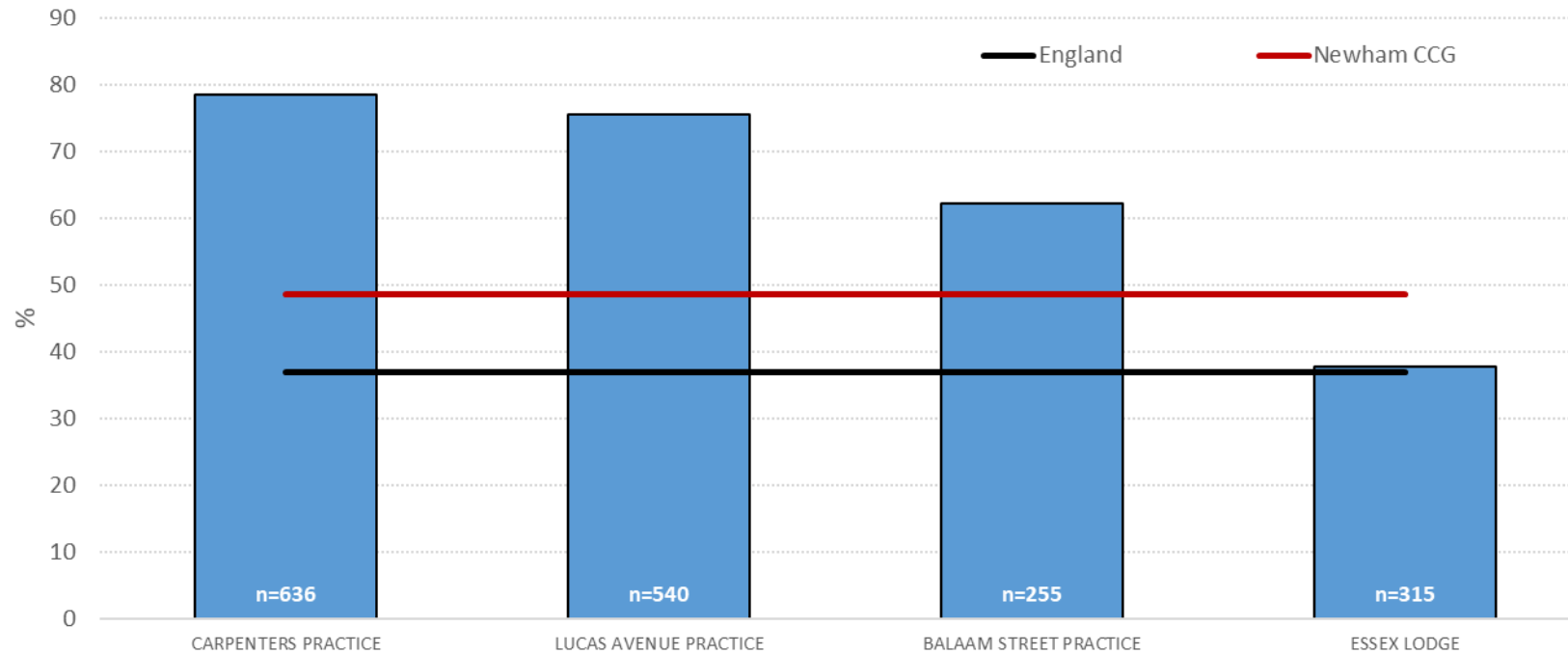
Data source: OHID Fingertips

Diabetes: Type 2 diabetic patients: Average Body Mass Index (BMI) at diagnosis*
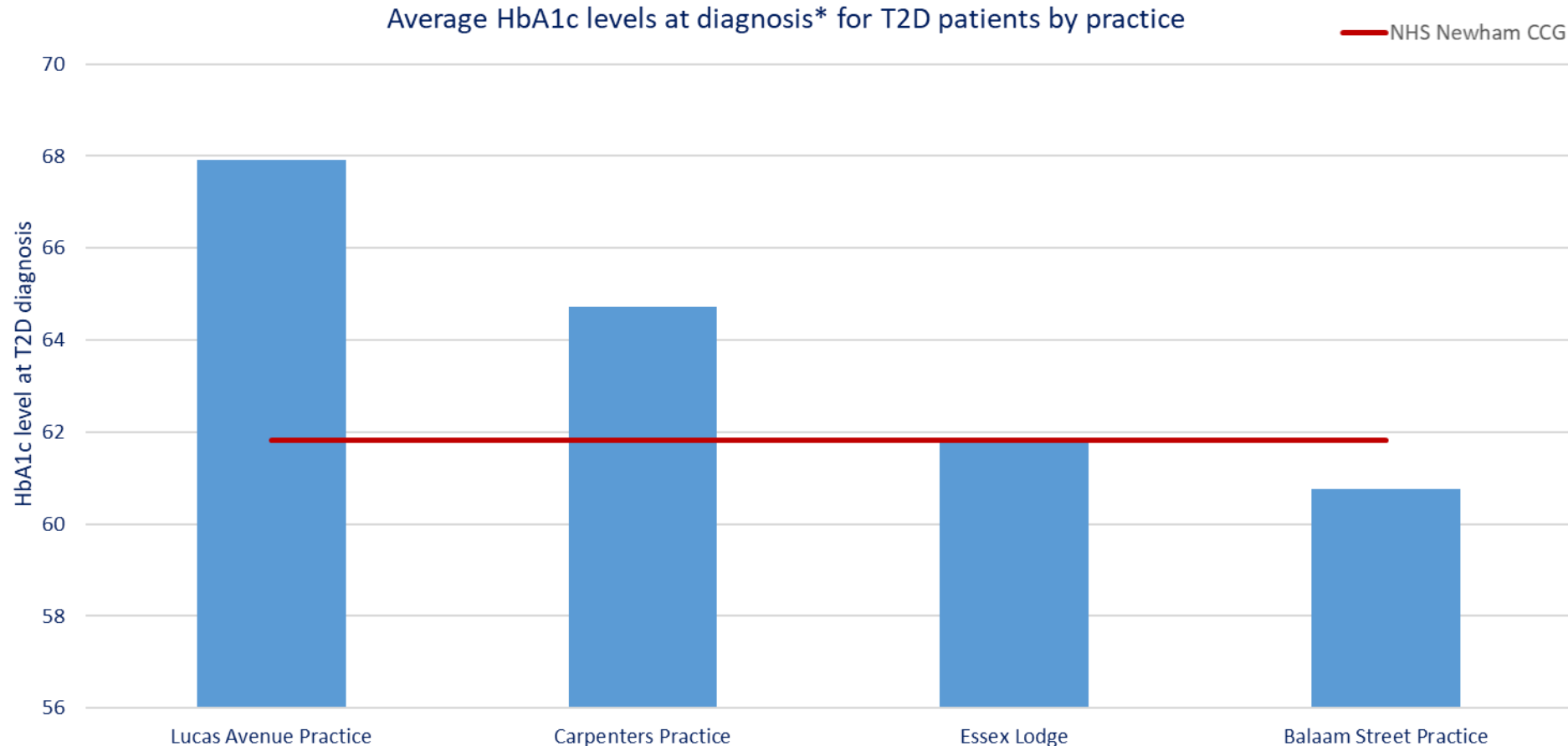

Average BMI at T2D diagnosis* by practice
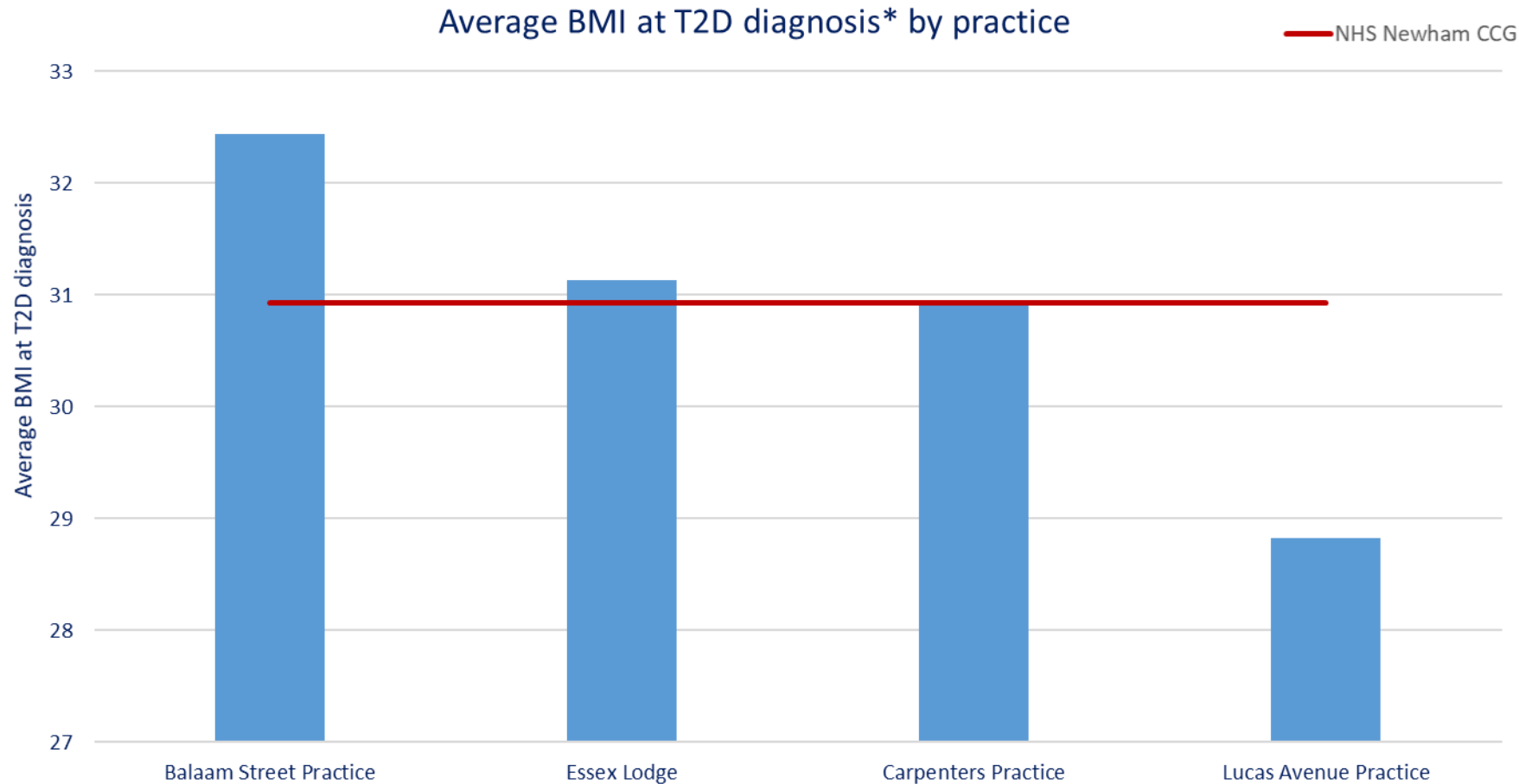
*Diagnosis refers to value taken between 3 months before to 2 months after T2D diagnosis

Data source: Clinical Effectiveness Group (CEG)

Diabetes: Type 2 diabetic patients: Average HbA1c levels at diagnosis*

Average HbA1c levels at diagnosis* for T2D patients by practice

— NHS Newham CCG

*Diagnosis refers to value taken between 3 months before to 14 days after T2D diagnosis

Data source: Clinical Effectiveness Group (CEG)

Hypertension: Prevalence

Hypertension Prevalence 2021/22
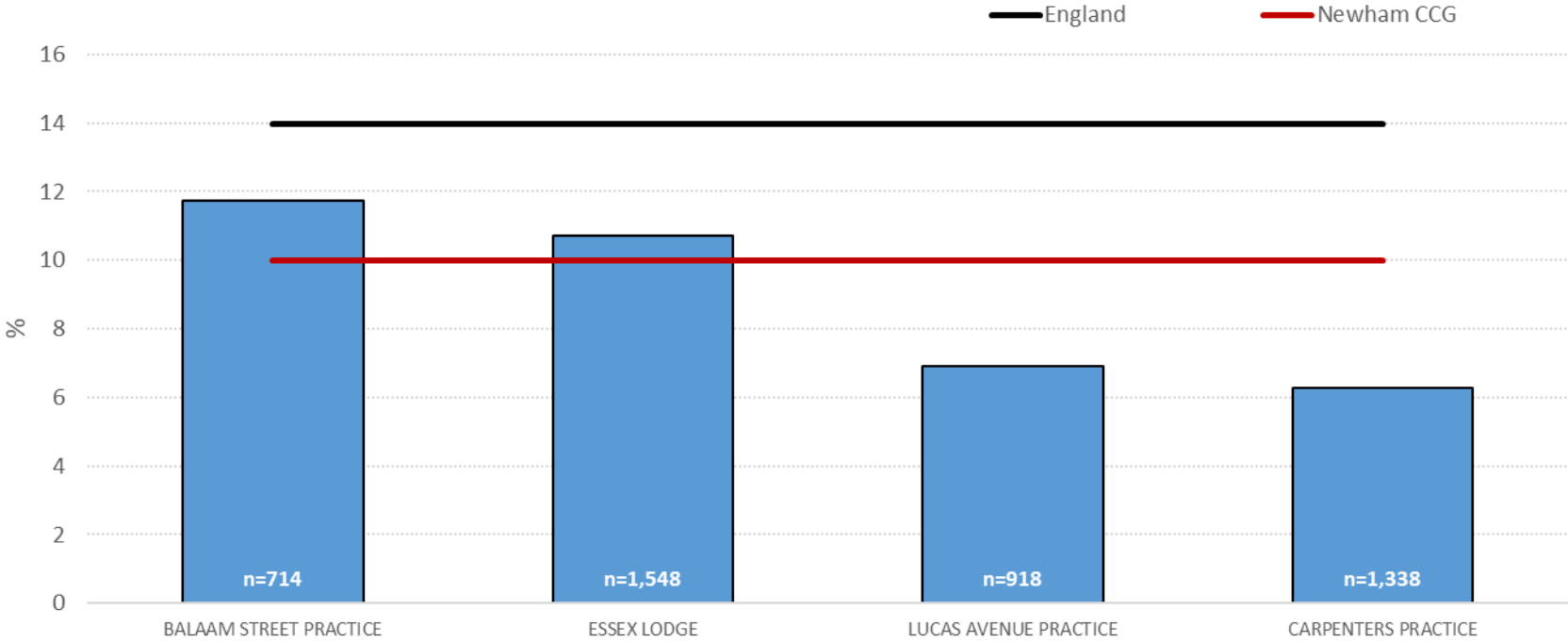
Legend: England (black line), Newham CCG (red line)

Bars:
- BALAAM STREET PRACTICE: ~11.7%, n=714
- ESSEX LODGE: ~10.7%, n=1,548
- LUCAS AVENUE PRACTICE: ~6.9%, n=918
- CARPENTERS PRACTICE: ~6.3%, n=1,338

Data source: Quality and Outcomes Framework (QOF) via Fingertips, PHE

Living alone

**Residents living alone
by Ward (all ages)**
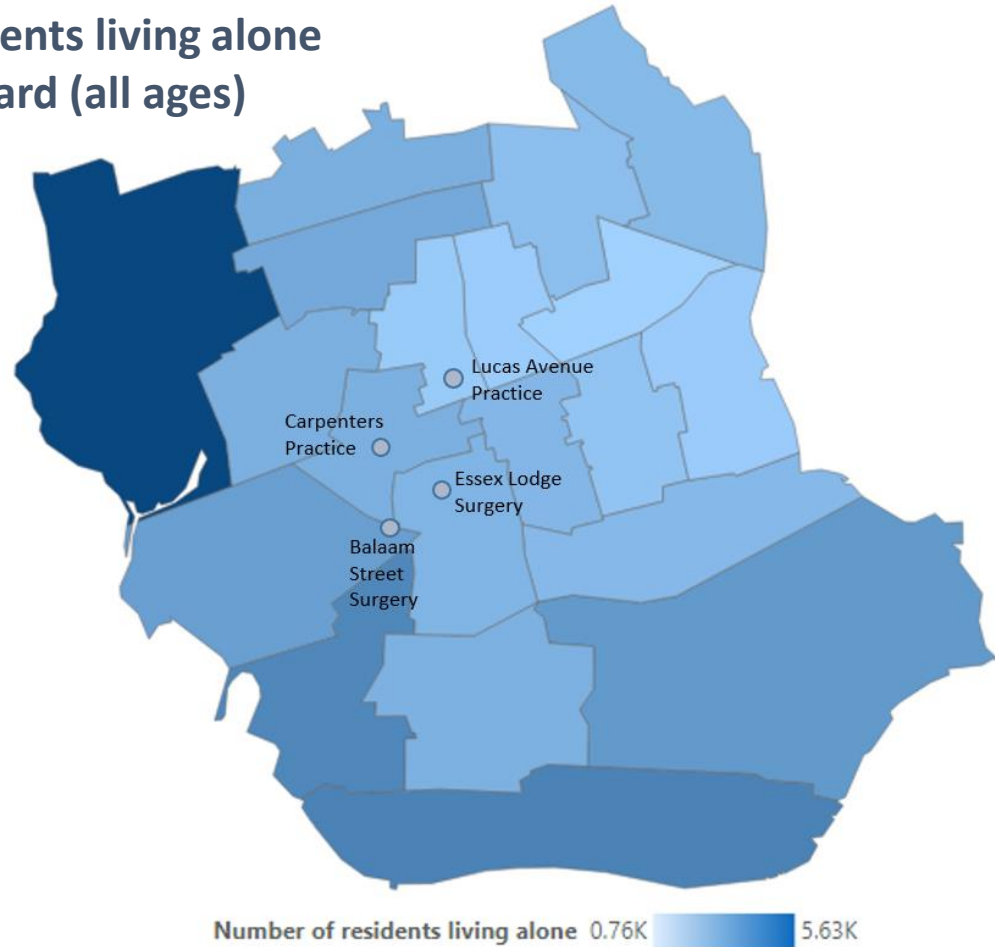
**Residents living alone
by Ward (80+)**

Number of residents living alone 0.76K ▮▮▮▮ 5.63K

Number of residents living alone 61 ▮▮▮▮ 183

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Data source: Data Warehouse (March 2022)
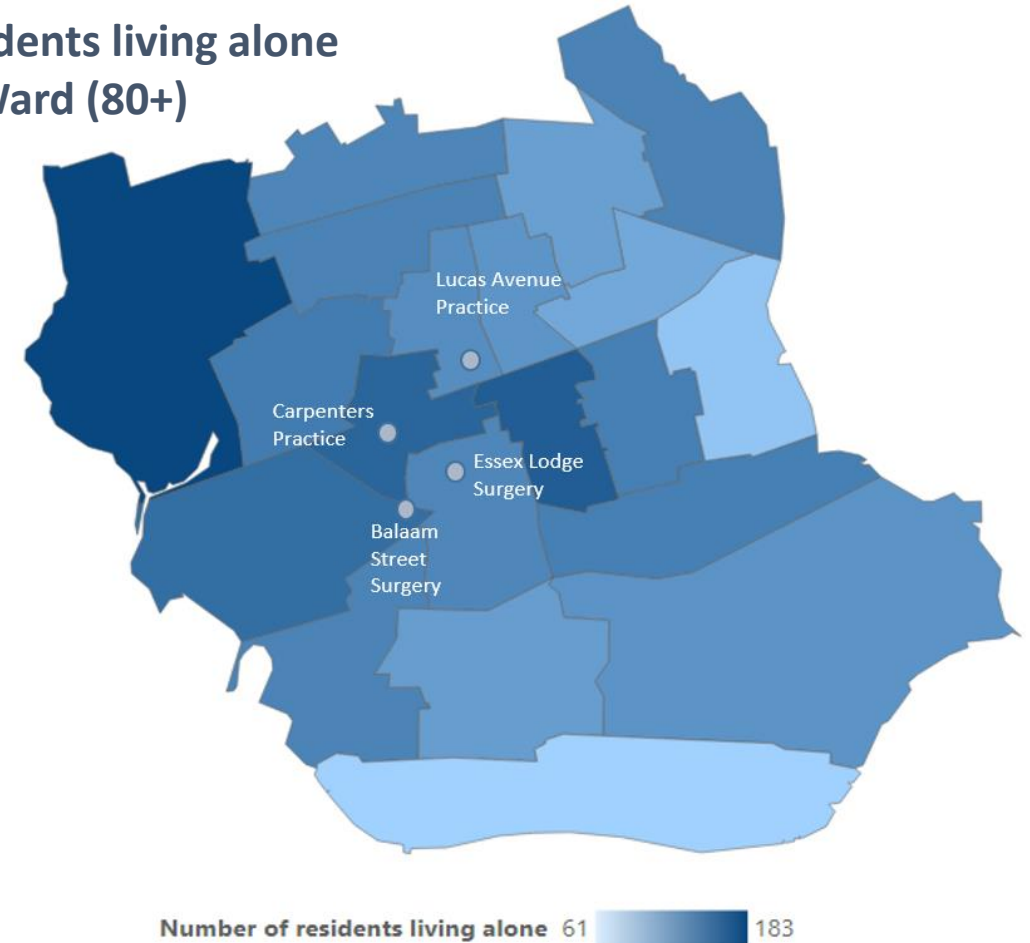
Frailty

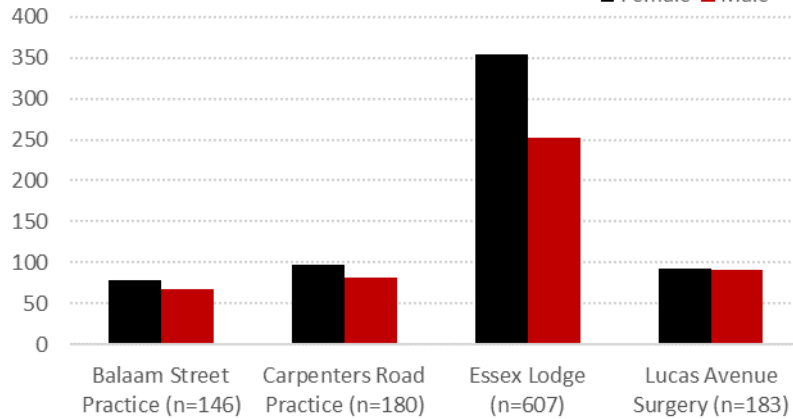## Patients 65+ with recorded frailty score by GP Practice
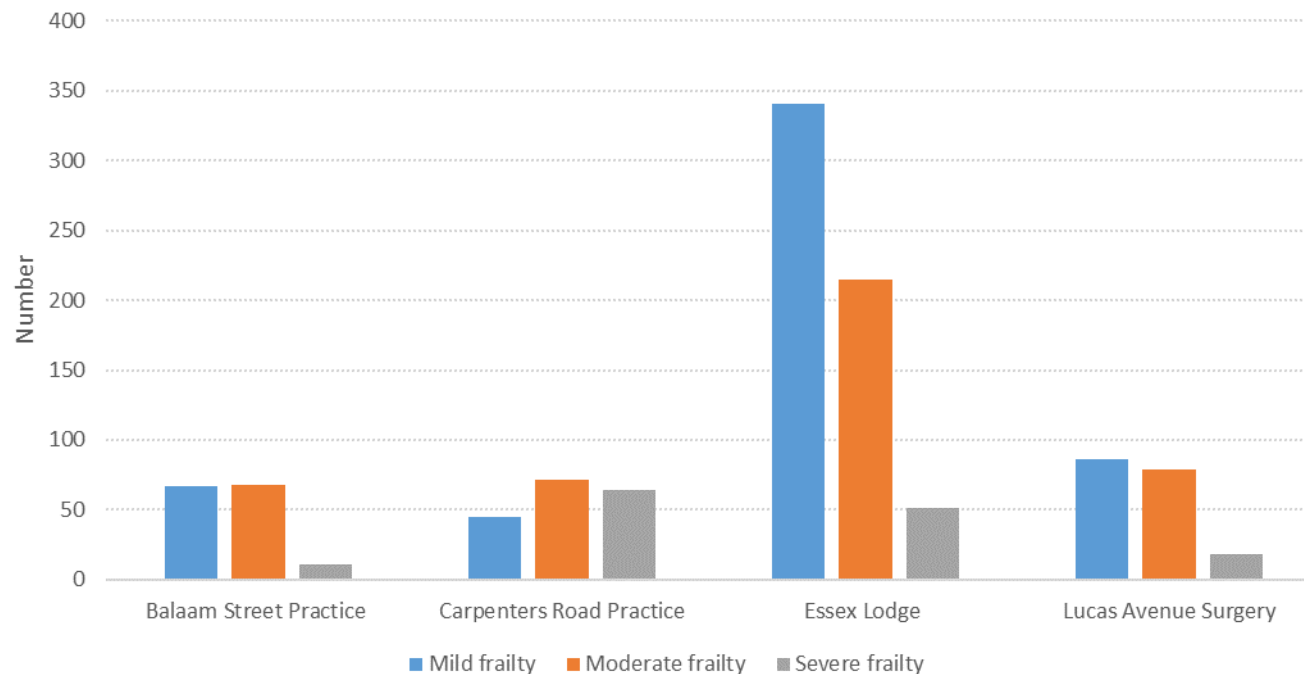
- The data is a snapshot as at 1st April 2020

- Patients in this data are those with a frailty score recorded between 2016-2020

  - Score 0 to 0.12 represents patients without frailty
  - >0.12 to 0.24 represents patients with mild frailty
  - >0.24 to 0.36 represents patients with moderate frailty
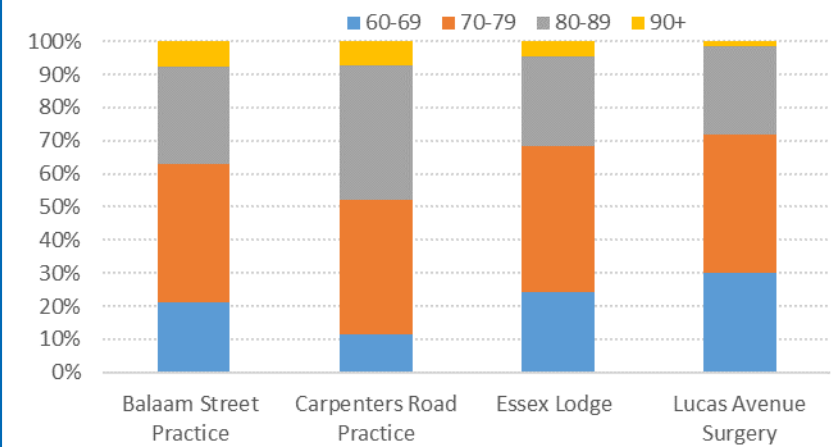 - >0.36 represents patients with severe frailty

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Data source: East London Database via CEG

Frailty by ethnicity and age

Newham London

Patients aged 65+ with mild, moderate or severe frailty by gender
Legend: Female (black), Male (red)
- Balaam Street Practice (n=146)
- Carpenters Road Practice (n=180)
- Essex Lodge (n=607)
- Lucas Avenue Surgery (n=183)

- The data is a snapshot as at 1st April 2020

- Females account for the highest proportion at 59% compared to 41% males

- Data by age band shows the highest proportion to be in the 70-79 age band for all practices

- The graphs below show a split by Practice and ethnicity for mild, moderate and severe frailty scores
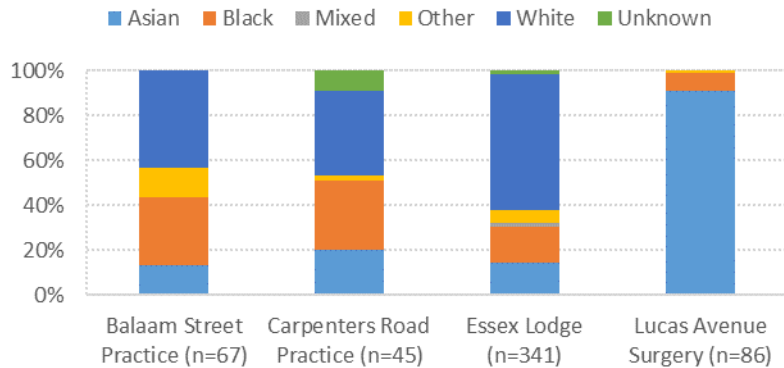
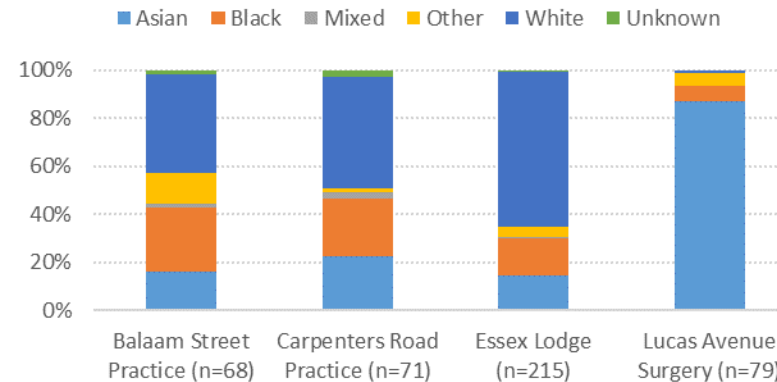**Patients aged 65+ with mild, moderate or severe frailty by gender**
Legend: 60-69, 70-79, 80-89, 90+
- Balaam Street Practice
- Carpenters Road Practice
- Essex Lodge
- Lucas Avenue Surgery

Mild frailty aged 65+ by practice and ethnic group
Legend: Asian, Black, Mixed, Other, White, Unknown
- Balaam Street Practice (n=67)
- Carpenters Road Practice (n=45)
- Essex Lodge (n=341)
- Lucas Avenue Surgery (n=86)

Moderate frailty aged 65+ by practice and ethnic group
Legend: Asian, Black, Mixed, Other, White, Unknown
- Balaam Street Practice (n=68)
- Carpenters Road Practice (n=71)
- Essex Lodge (n=215)
- Lucas Avenue Surgery (n=79)

Severe frailty aged 65+ by practice and ethnic group
Legend: Asian, Black, Mixed, Other, White, Unknown
- Balaam Street Practice (n=11)
- Carpenters Road Practice (n=64)
- Essex Lodge (n=51)
- Lucas Avenue Surgery (n=18)

Data source: East London Database via CEG

Back to contents
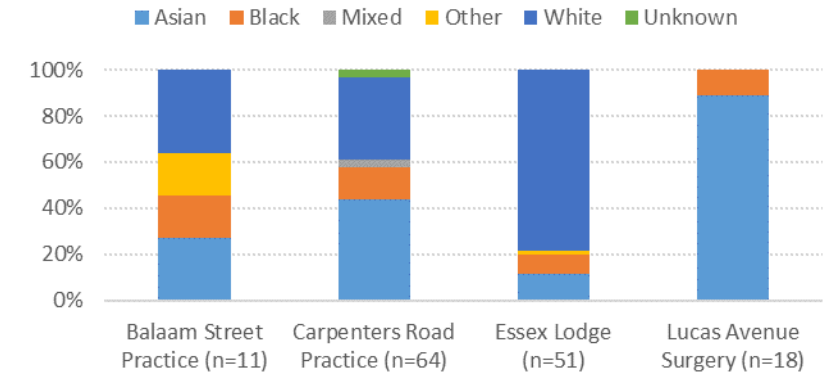
Frailty showing detailed ethnicity

Newham London

Proportion of Asian ethnicities by GP Practice

Legend: Bangladeshi or British Bangladeshi, Indian or British Indian, Other Asian, Pakistani or British Pakistani, White + Asian
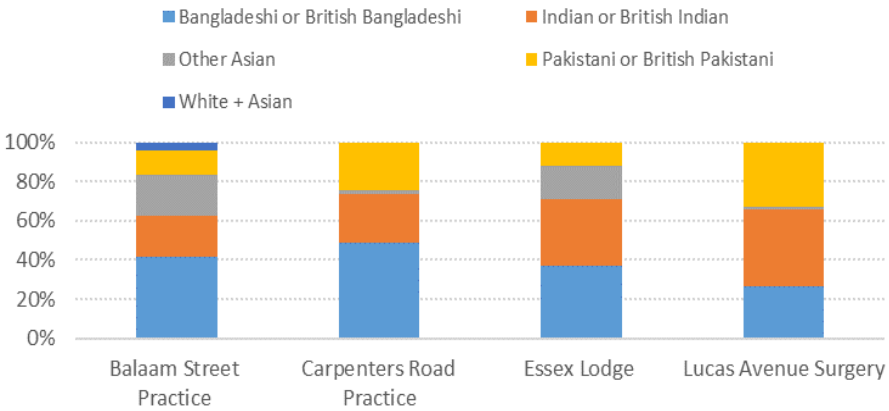
Proportion of Black ethnicities by GP Practice

Legend: African, Caribbean, Other Black
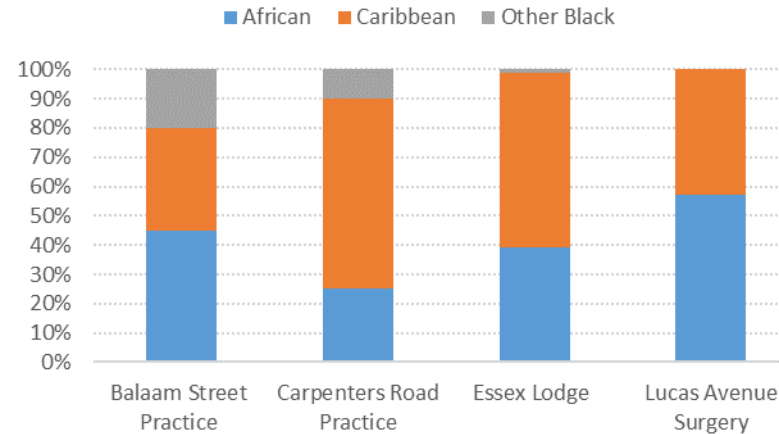
Proportion of White ethnicities by GP Practice

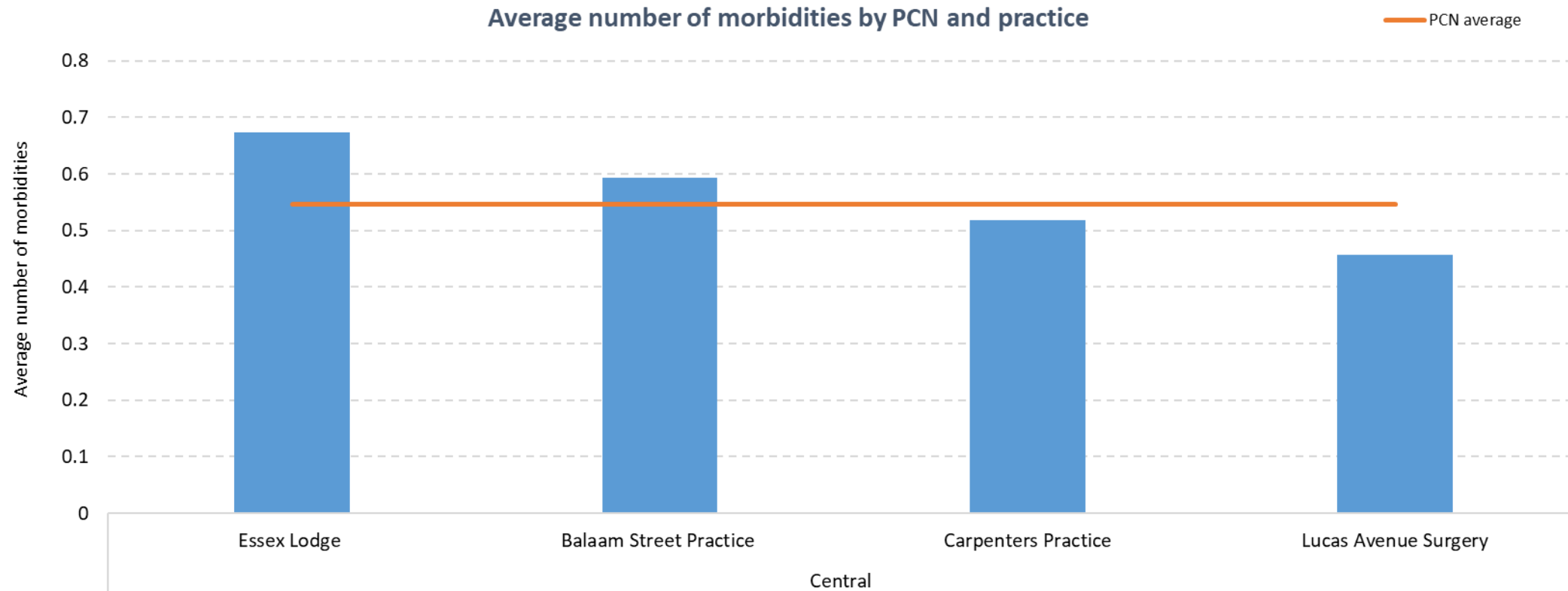

Legend: British or Mixed British, Other White
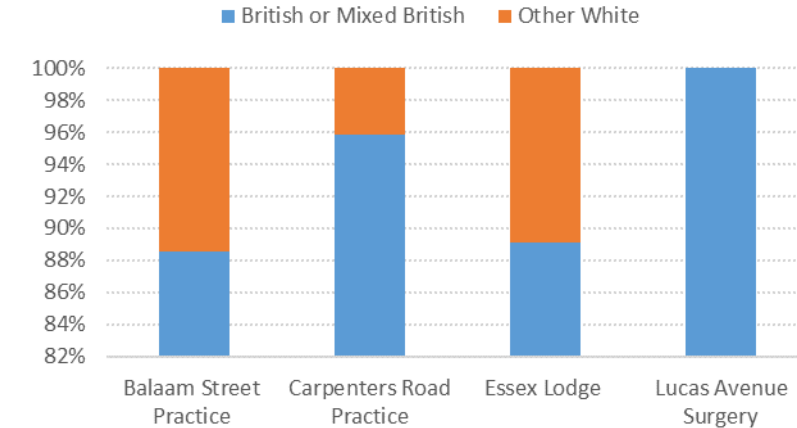
- Asian ethnicities make up 37.1% of all Central PCN patients with mild, moderate or severe frailty

- The chart above shows a breakdown of the Asian ethnic groups for residents with mild, moderate and severe frailty scores

- Total counts for all Asian ethnicities are shown for each practice

- Black ethnicities make up 15.5% of all Central PCN patients with mild, moderate or severe frailty

- The chart above shows a breakdown of the Black ethnic groups for residents with mild, moderate and severe frailty scores

- Total counts for all Black ethnicities are shown for each practice

- White ethnicities make up 40.6% of all Central PCN patients with mild, moderate or severe frailty

- The chart above shows a breakdown of the White ethnic groups for residents with mild, moderate and severe frailty scores

- Total counts for all White ethnicities are shown for each practice

Data source: East London Database via CEG

Multi-morbidity: Average number by practice

Average number of morbidities by PCN and practice

— PCN average

Central

Data source: Clinical Effectiveness Group – ELDB (2021)

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Multi-morbidity: Average number by practice and age

Average number of morbidities by practice and age band
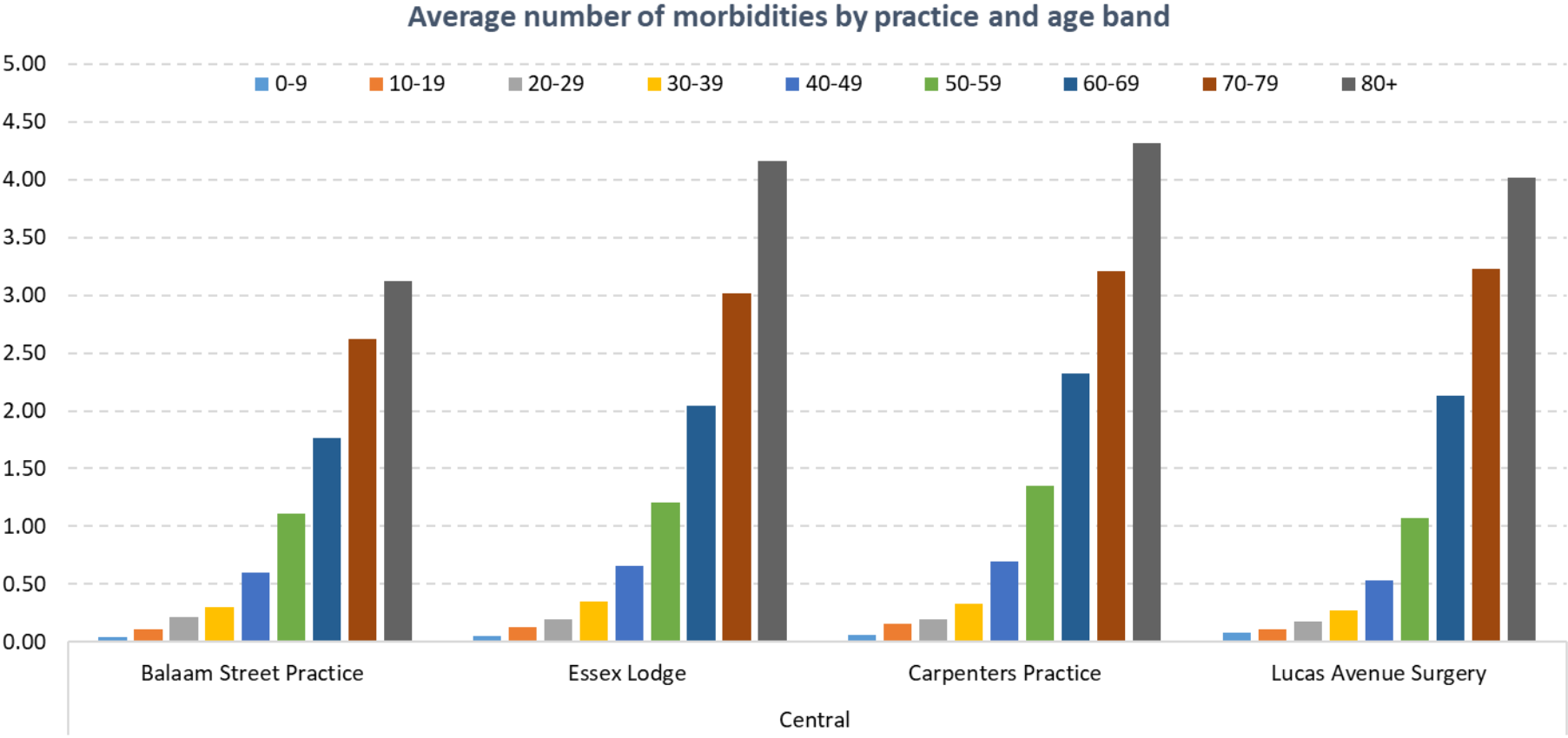
Data source: Clinical Effectiveness Group – ELDB (2021)

Unemployment

Claimant count crude rate per 100k by LSOA February 2022

Rate per 100k 1.73K — 13.46K
7.6K
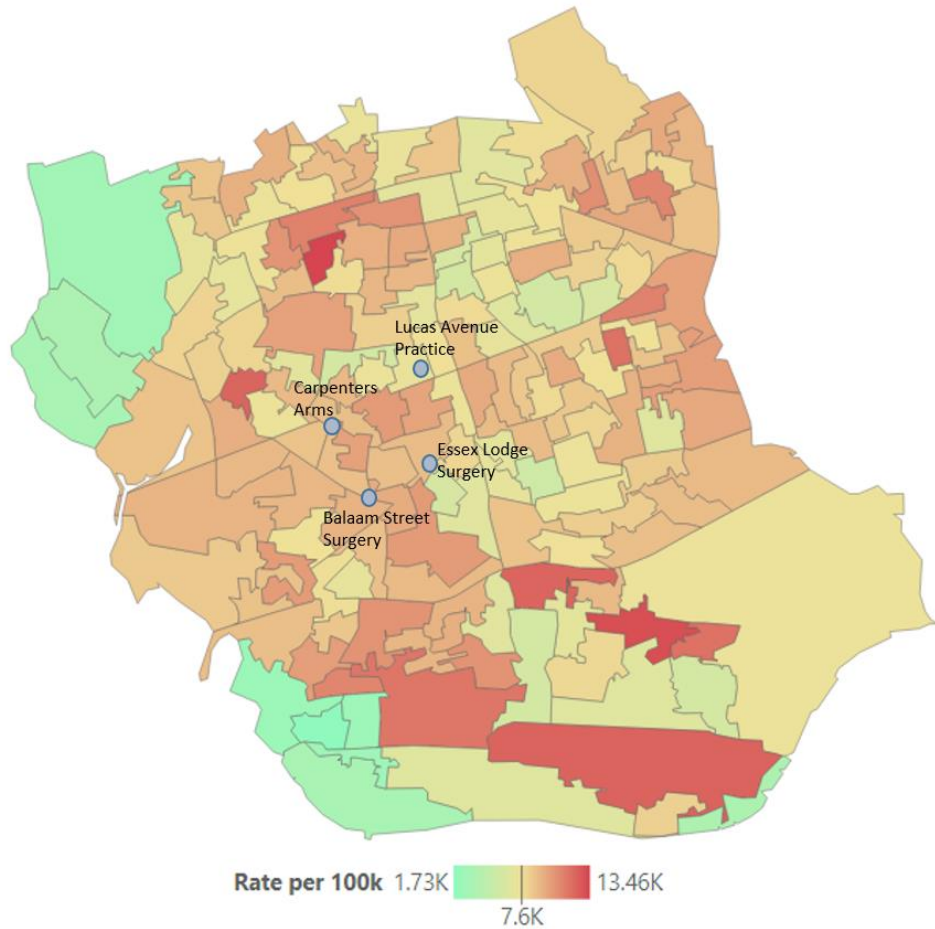
Total number of claimants by LSOA February 2022

Claimant count 25 — 425
225

Data source: Office for National Statistics - NOMIS
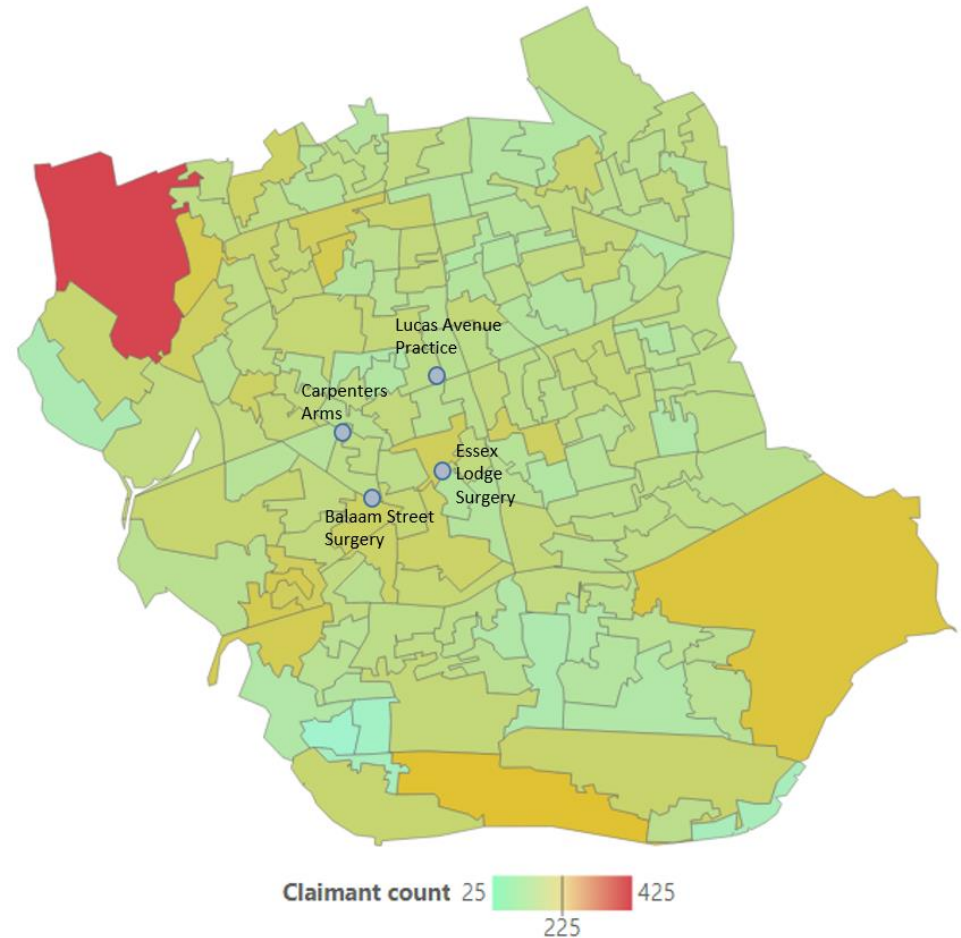
Mortality: Premature deaths (<75 years)

Newham London

Premature mortality rates: Deaths in 2021 - population under 75 years

Legend: Central (orange), NHS Newham CCG (red)

Y-axis: Crude rate per 100,000

- Balaam Street Practice: n=21
- Essex Lodge: n=25
- Carpenters Road Practice: n=29
- Lucas Avenue Surgery: n=8
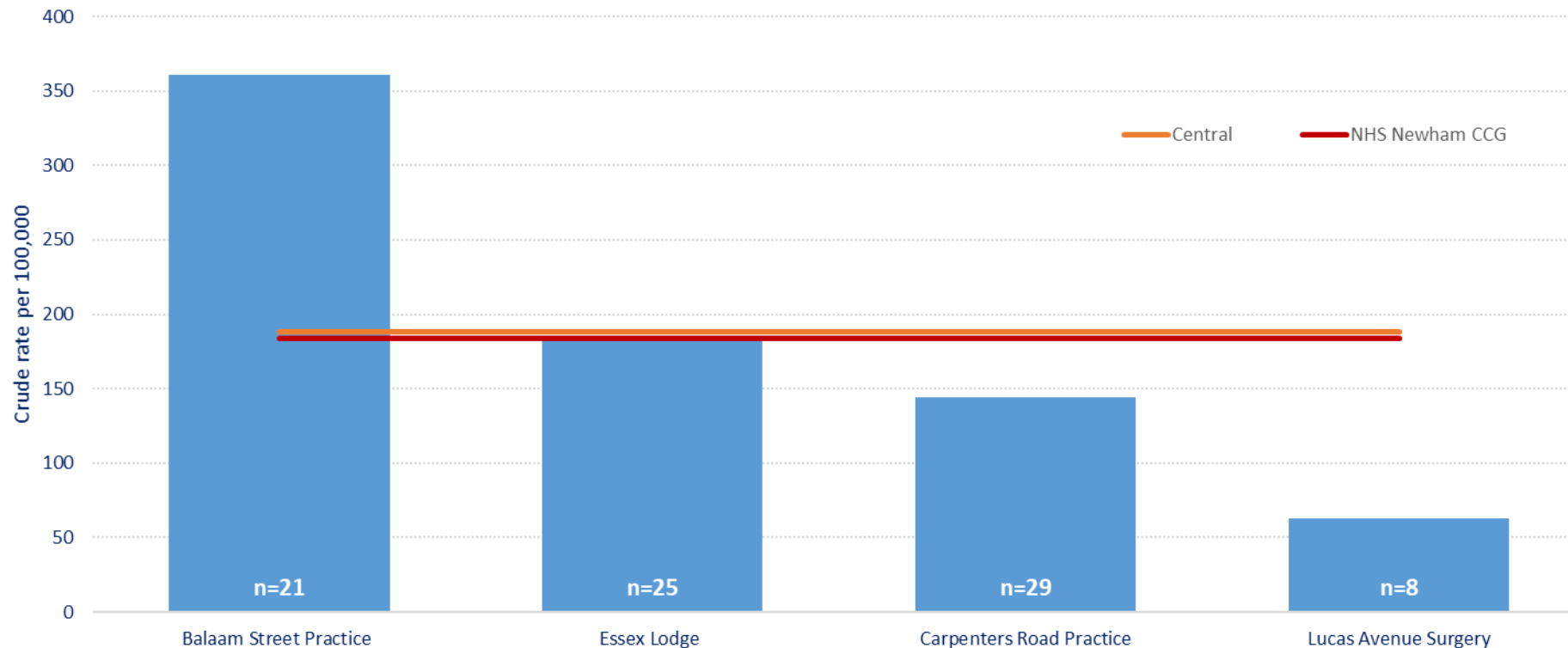
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Data source: Primary Care Mortality Data, NHS Digital

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Newham Public Health Team

Central PCN Profile

May 2023

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