# SUMMER 2023









WE ARE NEWHAM.



# HELLO FROM MAYOR ROKHSANA FIAZ

# YOU **EMPOWERMENT**



Hello Everyone!

I bet you're super excited about the school holidays coming up as the summer signals the end of this academic year.

I'm excited by the fun and exciting summer programme we've put together for you and all our children and young people that live in Newham, and it makes me wish I was young again!

Across the borough there's loads of fun and interesting things for you to do with your friends and family; including stuff that you can experience and learn from. As you flick through the pages of this Summer 2023 brochure; you'll see there's a whole bunch of summer fun activities and stuff for everyone!

We have everything from pony riding to street tag, go-karting to mini yoga. Our libraries, Youth Zones, parks, community and activity centres will be open to provide you and your mates a brilliant range of activities, alongside delicious snacks and meals for youngsters eligible.

So, make the most of the free events and activities that we've put on for you all; and don't forget have a fab summer and heaps of fun!

John 2ng

Rokhsana Fiaz OBE @@rokhsana\_fiaz Mayor of Newham @@rokhsana\_fiaz

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# SUMMER BREAK ACTIVITIES

#### **ARTS & CRAFT**

### **Caramel Rock**

Website: caramelrock.com

Contact Info: Travis Goodchild/admin@caramelrock.com; Coleen Briggs / info@caramelrock.com / 07494426950

# Ready, Set, Create - T-shirt customisation by Caramel Rock

Design and create your own unique T - Shirt with fashion charity Caramel Rock, who work with ASOS and Nike. Materials provided, all you need is your imagination. **How to book:** http://bit.ly/newhamsrc

Date: 16th August

**Time:** 1 – 3 pm | Canning Town Library

**Ages:** 14-19

Date: 17th August

**Time:** 1 – 3 pm | Forest Gate Library

**Ages:** 14-19

Date: 22nd August

**Time:** 1 – 3 pm | Beckton Library

**Ages:** 14-19

Date: 23rd August

**Time:** 1 – 3 pm | Stratford Library

**Ages:** 14-20

Date: 24th August

Time: Ages: 1 – 3 pm | East Ham Library

**Ages:** 14-21

### **SPORTS & LEISURE**

# **Newham Riding School**

Pony and Horse Riding **Date:** Every Thursday

Time: 1pm - 3pm

Ages: 3+ (and 36" in height) and adults.

OWN A PONY £45.00 FOR THE DAY.

Place: School & Association Limited, Docklands Equestrian

Centre, 2 Claps Gate Lane, Beckton, E6 6JF.

#### PONY RIDES £1.50 PER LAP OR 4 LAPS FOR £5

If the child is under 10, they need a 'side-walker' to walk around with them. If the child is under 5 the 'side-walker' needs to be in physical contact with the rider. Riders cannot ride in trainers due to Health and Safety. If they have any boots [wellies are ideal] they should wear them. We have boots you can loan

free of charge. Side-walkers are allowed to wear trainers or any type of closed in shoe. Any form of sandal, flip-flop or slider is not permitted. No need to book, reception sells tickets.

Contact Info: riding.school@btconnect.com | 0207 473 4951 | www.docklandsequestriancentre.com

#### **West Silvertown Foundation**

Email families@wsfroyaldocks.org for more information Contact Info: Youth@wsfroyaldocks.org/ https://wsfroyaldocks.org/children-families/

#### **Summer Scheme**

Dates: 24 July - 10 August

**Times/Age:** 5-7s, 10.30am-12.30pm | 8-14s, 10.30am-3pm Place: Britannia Village Hall, 65 Evelyn Road, London, E16 1TU Contact Info: Youth@wsfroyaldocks.org / families@ wsfroyaldocks.org / 07564859134

Our annual summer scheme which includes a range of activities from arts and crafts, sports, workshops and much more. Our scheme is free for all with lunch included for 8 - 14s

### **BV Summer Scheme**

Dates: 24th - 27th July, 31st July - 3rd August, 7th - 10th August

Times: 10.30am-12.30pm

**Age:** 5 - 7

Place: Britannia Village Hall, 65 Evelyn Road, London, E16 1TU

Contact Info: families@wsfroyaldocks.org

Two hours of fun activities for 5-7 year olds! Including sports, crafts, workshops, games, dance and inflatables. (Please book

for one week only, food not included)

### **BV Summer Scheme**

**Dates:** 24 - 27 July, 31 July - 3 August, 7 - 10 August

**Times:** 10.30am-3pm

**Age:** 8 - 14

Place: Britannia Village Hall, 65 Evelyn Road, London, E16 1TU

Contact Info: families@wsfroyaldocks.org

A day of fun activities and FREE lunch! Including sports, crafts, workshops, games, dance, inflatables and boxing.

### **SEND Summer Scheme**

**Date:** 24th – 27th, 31 July, 3rd, 7th, 10th August

Time: 10.30 am - 2.30pm

Place: Royal Wharf Community Dock, 2 John Harrison Square,

London E16 2ZA

Contact Info: families@wsfroyaldocks.org

A day of activities for children with Special Educational Needs & Disabilities with small ratios and FREE lunch included. Activities include messy play, sensory play and soft play.

# **Physical activities**

**SMH Events - Table Hockey** 

Date: Every Tuesday from Tuesday 18 July 2023 to Tuesday 29 August 2023

**Time:** 12-4pm

Place: Trinity Community Centre, Bothwell Close Canning Town London E16 1Q

Age: 8+

Contact Info: regeneration@newham.gov.uk | 020 3373 3906 **To Book:** Free walk in sessions - shaun.morgan@smh-events.com

# **Build A Go-Kart Project**

Date: 3 days per week | Wednesday, Thursday & Friday

(Wednesday 26th July - Friday 25th August) Location: 7 Hillcroft Road Beckton London E6 6LW

To reserve a place please

**Email:** info@becktonskillscentre.co.uk Website link: www.becktonskillscentre.co.uk Learn fantastic new skills, have fun and gain a

City & Guilds Qualification

The project is free to attend and lunch is provided.

#### Music

New Young Voice Collective (NewYVC)

Date: Tuesdays 4.30-8.30pm

Place: Stratford Youth Zone (formerly Stratford Circus).

Theatre Square, London E15 1BX

Age: 11 - 25

Contact Info: abigail.parker@spitalfieldsmusic.org.uk www.spitalfieldsmusic.org.uk/events/newyvc/

NewYVC is a free, non-auditioned, friendly youth choir, singing everything from African folk music, to Bach and Mozart, to pop classics. We rehearse every Tuesday in term time at Stratford Youth Zone, with the full choir from 4.30pm-6.30pm. The choir is led by the wonderful Naveen Arles, and assisted by Steve Lodder on piano. You'll learn lots of new music, meet new people and have the chance to perform throughout the year in exciting venues and special events. FREE - fruit snacks and squash also provided free during break.

# **Newham Housing: Community Fun Days for Tenants &** Leaseholders

Date: Wednesday 26th July 2023

**Time:** 12-5pm All Ages

Place: Jack Cornwell/Warrior Square Green Space, E12 5NN Contact Info: getinvolved.housing@newham.gov.uk

We will be bringing fun for all, alongside the opportunity for residents to meet staff from across the Housing service and

other parts of the organisation.

We would love to have you join us for food, fun and games,

music, giveaways, and much more!

Website: www.newham.gov.uk/housingfundays

Date: Wednesday 2nd August 2023

Time: 12-5pm All Ages

Place: Westland House/Queensland House, E16 2LF Contact Info: getinvolved.housing@newham.gov.uk

We will be bringing fun for all, alongside the opportunity for residents to meet staff from across the Housing service and

other parts of the organisation.

We would love to have you join us for food, fun and games, music, giveaways, and much more!

**Website:** www.newham.gov.uk/housingfundays

Date: Wednesday 9 August 2023, 12-5pm

All Ages

Place: May Green, Watson Street, E13 9AE

**Contact Info:** getinvolved.housing@newham.gov.uk

We will be bringing fun for all, alongside the opportunity for residents to meet staff from across the Housing service and other parts of the organisation.

Website: www.newham.gov.uk/housingfundays

Date: Wednesday 16 August 2023, 12-5pm

All Ages

Place: College Point, E15 4JN

Contact Info: getinvolved.housing@newham.gov.uk

We will be bringing fun for all, alongside the opportunity for residents to meet staff from across the Housing service and other parts of the organisation.

Website: www.newham.gov.uk/housingfundays

# **Academy Achievers Summer 2023** STEM Camp

**Date:** 21-24 August, 10am-12pm

Age: 6-10

**Place:** Hybrid – online and face to face (location will be shared once registration is complete

**Contact Info:** admin@academyachievers.co.uk

centremanager@academyachievers.co.uk

How to book: www.forms.gle/kGknnDGbQr6GgaKK9

Our STEM camp is for students ages 6-10 on a hybrid learning platform. With this curated educational experience, students participate in a combo of science, technology, engineering, and mathematics. This STEM camp will immerse your child in independent, curated online/in-person experiences that will give them access to STEM and will empower them to pursue STEM/STEAM careers.

### **Early Years STEAM Music** Sessions

Date: Every Tuesday, 25 July - 29 August 2023

Time: 10-11am Age: 3-4

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**Place:** Online Pre-recorded STEAM Music sessions Contact Info: admin@academyachievers.co.uk centremanager@academyachievers.co.uk **How to book:** www.forms.gle/s9pVjjuxFvB27SSQA

Our STEM camp is for students ages 6-10 on a hybrid learning platform. With this curated educational experience, students participate in a combo of science, technology, engineering, and Mathematics. This STEM camp will immerse your child in independent, curated online/in-person experiences that will give them access to STEM and will empower them to pursue STEM/STEAM careers.

#### **Active Newham**

**Summer Parks Activities - Mini** 

Date: Week 1 – Monday 24 July – Friday 28 July Week 2 – Monday 31 July – Friday 4 August Week 3 - Monday 7 August - Friday 11 August Week 4 - Monday 14 August - Friday 18 August Week 5 – Monday 21 August – Friday 25 August

Time: 11am-12pm **Age:** 3 - 5

Place: Various Parks - Central Park, High Street South, East

**Contact Info:** sports@activenewham.org.uk

How to book: www.tinyurl.com/newhamsummeractivity2023 Introducing your little ones to sport can be great fun. Come along and try our Free Mini activity offer including: Mini Tennis & Mini Kickers for children ages 3 years this summer! The programme will take places across several parks within Newham. Please check meeting points online.

# **Summer Parks Activities -**Multisport

Date: Week 1 – Monday 24 July – Friday 28 July Week 2 – Monday 31 July – Friday 4 August Week 3 – Monday 7 August – Friday 11 August Week 4 – Monday 14 August – Friday 18 August Week 5 – Monday 21 August – Friday 25 August

**Time:** 12-2pm **Age:** 5 - 11

Place: Various Parks - Central Park, High Street South, East Ham, E6 6ET

**Contact Info:** sports@activenewham.org.uk

Come and try a variety of free sports and activities with us. The programme will take place across several parks within Newham. Please check meeting points online.

How to book: www.tinyurl.com/newhamsummeractivity2023

# **Summer Parks Activities -**Multisport

**Date:** Week 1 – Monday 24 July – Friday 28 July Week 2 – Monday 31 July – Friday 4 August Week 3 - Monday 7 August - Friday 11 August Week 4 – Monday 14 August – Friday 18 August Week 5 – Monday 21 August – Friday 25 August Time: 2-4pm

**Place:** Various Parks - Central Park, High Street South, East

Ham, E6 6ET

Contact Info: sports@activenewham.org.uk

Free activities for children and young people this summer! Come and try a variety of sports and activities with us. The programme will take place across several parks within Newham. Please check meeting points online.

**How to book:** www.tinyurl.com/newhamsummeractivity2023

### **Summer Parks Activities -Inclusive**

Date: Week 1 – Monday 24 & Tuesday 25 July Week 2 – Monday 31 July & Tuesday 1 August Week 3 – Monday 7 & Tuesday 8 August

Week 4 - Monday 14 & Tuesday 15 August Week 5 – Monday 21 & Tuesday 22 August

**Time:** 12-2pm Ages: SEND, 8+

Place: Stratford Park, West Ham Lane, Stratford E15 4PT,

Contact Info: sports@activenewham.org.uk

Come and try a variety of free taster sessions in a range of sports and activities for children and young people with disabilities this summer! Please check meeting points online. **How to book:** www.tinyurl.com/newhamsummeractivity2023

# **Summer Parks Activities -Urban Sports**

**Date:** Week 1 – Monday 24 July, Wednesday 26 July, Thursday 27 July & Friday 28 July

Week 2 – Monday 31 July, Wednesday 2 August, Thursday 3

August & Friday 4 August

Week 3 – Monday 7 August, Wednesday 9 August, Thursday 10 August & Friday 11 August

Week 4 – Monday 14 August, Wednesday 16 August, Thursday 17 August & Friday 18 August

Week 5 – Monday 21 August, Wednesday 23 August, Thursday 24 August & Friday 25 August

Time and Ages: 11am - 12pm - 3-5 years (balance bikes only)

12pm - 2pm - 5-11 years | 2pm - 4pm 12-16 years

Place: King George V Park, King George's Avenue, Custom House, E16 3HR. Meeting point: Large tarmac area.

Contact Info: sports@activenewham.org.uk

Come and try a variety of Free Urban Sports activities with us including; skateboarding, cycling, roller skating and Parkour! How to book: www.tinyurl.com/newhamsummeractivity2023

# **Female Football Fridays**

Date: Week 1 - Friday 28th July Week 2 – Friday 4th August

Week 3 - Friday 11th August

Week 4 - Friday 18th August Week 5 – Friday 25th August

Times & Ages: 11 am - 12pm - 3-5 years | 12pm - 2pm - 5-11

years | 2pm - 4 pm 12-16 years

Location: Newham Leisure Centre, Prince Regent Lane, E13 8SD Contact Info: Sports@activenewham.org.uk

To celebrate the FIFA Women's World Cup this Summer, we are hosting a number of female only football sessions for future

lionesses to come down and play.

How to book: https://tinyurl.com/NewhamSummeractivity2023

# **HOLIDAY ACTIVITIES AND FOOD**

Newham's Summer Holiday Activities & Food (HAF) Programme, which has been funded by the Department for Education, is filled with lots of exciting activities as well as a nutritious meal, and is taking place across the borough. Children and young people who are eligible for benefits related free school's meals can access the HAF programme. To book a place you will need to contact the providers in this section. There are some circumstances when children and young people not in receipt of benefit related free school meals can still book a space. To do this please contact your preferred provider to discuss. If you are not able to secure a space on the HAF programme there are still lots of other Summer activities on offer in the libraries and youth zone sections of this brochure (some of these sessions will require booking). Please visit the HAF website for more info: https://eequ.org/s?categories=haf&co uncilId=38df227f-c1f3-4b71-845c-cac903a30726

# **Quwwatul Islam Summer Club**

QIS Girls School - The Arabic College Date: 31st July - 24th August 2023

Time: 9am-1pm Ages: 7-16 years

Location: 62-66 Upton Lane, London E7 9LN

Contact Info: Email@thearabiccollege.com | 07940700637 Activity will focus on skills building including self - defence, arts and crafts, ball sports, calligraphy, henna, Arabic and more.

# **Arabic College**

Masjid Yusuf Summer Club

**Ages:** 7 - 16

Date: 31st July to 24th August 2023

Time: 9am - 1pm

Location: asjid Yusuf - 328 Romford Road, London E7 8BS Contact Info: Email@thearabiccollege.com and 07940700637 Activity will focus on skills building including self defence, arts and crafts, ball sports, calligraphy, henna, Arabic and more.

# The Arabic College

Masjid Tawheed Summer Club

Date: 31st July to 24th August 2023

Time: 9am - 1pm **Ages:** 7 - 16

Location: 328 Romford Road, London E7 8BS

Contact Info: Email@thearabiccollege.com and 07940700637 Activity will focus on skills building including self defence, arts and crafts, ball sports, calligraphy, henna, Arabic and more.

# West Silvertown Summer Club

Date: 31st July to 24th August 2023

Time: 9am - 1pm **Ages:** 7-16

**Location:** The Britannia Village Hall, 65 Evelyn Rd, London

Contact Info: Email@thearabiccollege.com and 07940700637 Activity will focus on skills building including self defence, arts and crafts, ball sports, calligraphy, henna, Arabic and more.

### **SOUL HAF Programme**

Date: 24th July - 24th August (Mon – Thurs)

**Time:** 10am – 2pm **Ages:** 6 - 16

Location: Central park, Rancliffe Road, London, E6 3HN

Star park, London, E16 4RB Plaistow park, London, E13 0BD West ham park, Upton lane, E7 9PU Beckton district park, London, E16 3SW Plashet park, Plashet grove, London, E7 8QR

**Contact Info:** Fahim 02080641351 | 07716254895 SOUL summer multi-sports session will be for 4 hours per day,

and running Monday – Thursday throughout the upcoming summer holiday. These will be structured to morning and afternoon sessions, with the sessions split with enrichment activities and team games, as well as competitive sports games and coaching with lunch being in between. The sessions will be delivered by qualified sports coaches and will be pre-planned by the coaches to ensure the children get involved in a host of sports and activities.

The lunch period will consist of hot meal as well as workshops for the young people to enhance their mental health and physical wellbeing with valuable nutritional education and literature for the children to take home to build a further understanding of the importance of individual food group benefits

# **Omega Sportz Summer Camp**

Date: Week 1: 24th July - 28th July Week 2: 31st July - 4th Aug Week 3: 7th Aug - 11th Aug Week 4: 14th Aug - 18th Aug Times: AM Session 9 am - 1 pm PM Session 12 - 4pm

**Ages:** 5 - 12

Location: Park Primary School, Mathews Park Avenue, E15 4AE Contact Info: info@omegasportz.com | 07706255327 | 07444592073 At Omega Sportz, we pride ourselves in creating a safe

space for children to be the best version of themselves. This Summer we are offering a wide range of activities including ball sports: science experiments; bouncy castle; gymnastics; dance workshop; multi sports and games; arts and crafts; and a summer party. These activities are spread across the summer with different activities daily. Please bear in mind activities are subject to change and these above are just examples. Lunch is served at 12 pm

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# **The Renewal Programme**

Fun in the Sun

**Date:** 24th July – 11th August

**Time:** 10am - 2pm **Ages:** 8-12

Location: Kensington Primary School

Activities include cake decorating, card making, fencing, mixed sports, face painting, arts and crafts, and much more – each session comes with a free, healthy lunch.

How to book: youth@renewalprogramme.org.uk leaving your contact details and a member of staff will call back within 72 hours to discuss requirements.

Contact Info: www.renewalprogramme.org.uk

# The Renewal Programme

Date: 24th July, 1-4th August 7th - 11th Aug

**Time:** 9.30 am - 1:30 pm

**Ages:** 4 - 5

**Location:** 395 High Street North E12 6PG

Fun packed sessions which include lots of arts and crafts based activities, as well as a healthy, free lunch.

How to book: youth@renewalprogramme.org.uk leaving your contact details and a member of staff will call back within 72

hours to discuss requirements.

Website Link: www.renewalprogramme.org.uk, Booking via our website will be available from 23rd June.

# The Renewal Programme

Date: 24th - 28th July | 31st July - 4th August | 7th - 11th August

**Time:** 10am – 2 pm **Ages** 8-11

**Location**: Kensington Primary School, Kensington Avenue, London, E12 6NN

Contact Info: rubina.chohan@renewalprogramme.org.uk In this programme, young people will enjoy a range of fun activities and be provided with a hot, healthy meal. There will be exciting arts and crafts classes on offer, ranging from creating your own solar system, pop-out greetings card, pottery making and knitting. For young people who enjoy

baking, cake decorating activities will be offered to create and share. There will also be a range of mixed sports to try out, aimed at all level of abilities.

How to book: https://eequ.org/experience/2994

# **Newham Carers Community**

Fun in the Sun for Young Carers

**Date:** 24th July 2023 - For three weeks Monday - Friday

**Time:** 10am – 2pm **Ages:** 8 - 12

Location: Kensington Primary School, Kensington Avenue, E12 6NN

Contact Info: youth@renewalprogramme.org.uk

Arts and Crafts, including: Bracelets & beading, Knitting and crochet, Cake & cookie decoration, Henna Art, Face painting, Art master class, Origami, Drama, Singing. Mixed outdoor sports, including: Football, Hula hoop, Tennis, Basketball,

Cricket, Dancing, Non-contact boxing, Archery, Fencing, First Aid course for young carers. Free healthy lunch included.

How to book: youth@renewalprogramme.org.uk leaving your contact details and a member of staff will call back within 72 hours to discuss requirements.

**Contact Info:** www.renewalprogramme.org.uk

# **Newham Carers Community**

Fun in the Sun for Young Carers

**Date:** 16tth, 17th, 23rd, 24th ,30th 31st August - every

Wednesday and Thursday for 3 weeks

Time: 10am-2pm **Ages:** 8 - 12

Location: The Renewal Programme, 395 High Street North, E12 6PG

Contact Info: youth@renewalprogramme.org.uk Arts and Crafts & Mixed indoor sports, including: Table tennis, Non-contact boxing, Archery, Fencing First Aid course for young carers

Local trip for young carers-one trip per week

Free healthy lunch

How to book: youth@renewalprogramme.org.uk leaving your contact details and a member of staff will call back within 72 hours to discuss requirements.

Contact Info:: www.renewalprogramme.org.uk

# **UKIM Masjid Ibrahim Plaistow**

**HAF Summer Program** 

Date: 24th July - 24th August (Mon-Thurs)

**Time:** 11am - 3 pm **Ages:** 5 - 11

Location: 721-723 Barking road London E13 9EU Contact Info: asim.uddin@ukim.org | 07894881824

HAF Summer program for children with Free school meals. Lots of fun and learning activities for children with free Nutritious Meals

# **Wonder Years Preschool, Afterschool and Holiday Club**

**Summer Holiday Club** 

Date: 31st July | 4th August | 7th August | 11th August | 21st August | 25th August | 28th August | 1st September **Time:** 8am – 12pm | 10 am – 2 pm | 12 – 4 pm | 2 - 6pm

Location: 17 Turley Close, London E15 3JD

**Contact Info:** wonderyears.info@gmail.com | 07392402767 |

Summer holiday club offering variety of indoor and outdoor activities like; sports, trampolining, playground, cooking, baking, arts, crafts, games

### LSC Activate Ltd

Physical & Well-Being Enrichment Clubs

Date: 31st July-3rd Aug 7th Aug - 10th Aug 14th Aug – 17th Aug 21st Aug – 14th Aug

**Time:** 9.30 am - 3.30 pm

**Ages:** 4 - 11

**Location:** Central Park Primary School Contact Info: Jack.Gambrill@wearelsc.co.uk

We will provide a range of fun, friendly, innovating, engaging, motivational, physical & well-being activities. All activities will be fun. Enriching activities will be provided daily, which will include: sport; creative arts & crafts; well-being; yoga; music; drama and general games & fun.

# **Sportworks**

SportWorks SEN HAF Programme

**Date:** 24th, 25th, 26th, 27th July, 31st July | 1st, 2nd, 3rd August 7th, 8th, 9th, 10th August, 14th, 15th, 16th, 17th August

**Time:** 10am – 3pm **Ages:** 5 - 16

**Location:** West Ham C of E primary school, Portway, West

Ham E15 3QG

**Contact Info:** Ernest.Ako@sportworksltd.co.uk | 07932 697 499 John.newton@sportworksltd.co.uk | 07545 490 457 We offer a range of different sports, games, and fun activities for young people to play and enjoy while at our sessions. Activities of the day can include Football, Basketball, Cricket, Tennis and school yard games such as British Bulldog, dodgeball, floor is lava and sensory activities.

A range of art and Craft and fun enriching activities will be offered on the day. Staff Ratio 1:4

SEND ONLY Provision

# **Hope for Humanity**

**Date:** 24th July - 18th Aug 2023

Time: 9am - 1pm

Location: Forest Gate Community School, E7 9BB

**Date:** 24th July - 18th Aug 2023

Time: 9am - 1pm

Location: Katherine Road Club

**Date:** 24th July - 18th Aug 2023

Time: 9am - 1pm Location: Eastham Club

Date: 24th July - 18th Aug Time: 9am - 1pm **Location:** Manor Park

# **Bonny Downs Community Association**

Go Wild Summer Scheme 2023 Date: 24th July-11th August

**Time:** 10 am - 3 pm**Ages:** 8 - 14

Location: 118 Napier Road, Flanders Playing field, E62SG Contact Info: Youth@bonnydowns.org: | 020 8586 7070

In partnership with Newham HAF (Holiday and food programme) we offer a three-week summer programme over the summer holidays between the hours of 10am-3pm. Your child will enjoy engaging activities such as arts and crafts, cooking, field games, inflatables, bouncy castle, trampoline, games, sports such as football, badminton, and basketball. We will also have two trips to Spy Missions and Flip out (on a first come first serve basis

#### **SMH** events

**Table Tennis** 

Ages: 8+

Date: 21st July - Friday 1st September | Every Friday

Time: 12 - 4pm

**Location:** Custom House Regeneration Hub, 25 Freemasons

Road E16 3AR

Contact Info: regeneration@newham.gov.uk | 020 3373 3906 |

shaun.morgan@smh-events.com **How to book:** Free walk in sessions

# **Terri Face painting Company**

**Arts and Crafts Sessions** 

Date: Every Monday from Monday 17 July 2023 to Monday 28 August 2023

**Time:** 12 – 4 pm

All Ages

Location: Trinity Community Centre, Bothwell Close Canning

Town London E16 1Q Contact Info: regeneration@newham.gov.uk | 020 3373 3906 |

terri.facepaintingcompany@gmail.com **How to book:** Free walk in sessions

Split pin puppets, finger puppets, mudroc, sand art, Jewellery

making/bracelets, beads and painting

# Sand art

Jewellery making/bracelets and beads

Date: 18th July 2023 - 29th August | Every Tuesday **Time:** 12 - 4pm

All Ages

**Location:** Custom House Regeneration Hub, 25 Freemasons Road E16 3AR

Contact Info: regeneration@newham.gov.uk | 020 3373 3906 | terri.facepaintingcompany@gmail.com

**How to book:** Free walk in sessions incluse Split pin puppets, finger puppets, mudroc, sand art, jwellery making/bracelets

and beads andpainting.

**SUMMER HOLIDAY ACTIVITIES IN NEWHAM 2023** 

### **Ambition Aspire Achieve**

Date: 24th July – 18th August

**Time**: 11 am - 3 pm **Ages:** 5 – 11 **Locations:** 

24th, 31st July, 7th, 14th August - Canning Town Rec Ground, 228 Prince Regent Lane, E13 8SE

25th July, 1st, 8th, 15th August - Keir Hardie Recreation Ground, Tarling Road, E16 1LQ

26th July, 2nd, 9th, 16th August - Central Park, High Street South, E6 6ET

27th July, 3rd, 10th, 17th August - Plashet Park, Plashet Grove, E6 1DQ 28th July, 4th, 11th, 18th August - Beckton District Park, Tollgate Road, E16 3SW

Activities Include: Basketball, Hockey, Football, Volleyball, Giant Games, Parachute Games, Cricket, Arts and Crafts & much more! NO BOOKING REQUIRED

This scheme is outdoors and will not operate in poor weather Limited places each day - allocated on a first come first served basis Children can come and go as they wish

(Please note: this is not a childcare scheme) an adult must stay

with children under 8 at all times

**Contact Info:** bob@theaaazone.com | 0207 511 4253 / 07852350793

Website link: www.theaaazone.com

# **Ambition Aspire Achieve**

**Date:** 24th July – 18th August

**Time:** 10am - 3pm

**Ages:** 7 - 11

Location: Terence Brown Arc, Hermit Road Park, Bethell

Avenue,E16 4JT

 $Adventure\ Play,\ Outdoor\ Games,\ Sports, Workshops,$ 

Competitions, Arts & Crafts

Places allocated on a first come, first served basis Booking required before attending - One week only per child

Delivered by experienced, DBS checked Playworkers
Unfortunately the scheme is unsuitable for young people with

SEND due to staffing levels

How to book: bookings@theaaazone.com | 0207 511 4253



# **LIBRARIES**

Library times and services are subject to change.

Visit newham.gov.uk/libraries or contact your library directly for the most up to date information. For full details of our services visit: www.newham.gov.uk/libraries

#### **Beckton**

1 Kingsford Way, London E6 5JQ 020 3373 0853 Monday – Saturday 10am – 8pm

# **Canning Town**

18 Rathbone Market, Barking Road, London E16 1EH 020 3373 0854

Monday – Saturday: 8am - 11pm

#### **Custom House**

Prince Regent Lane, E16 3JJ 020 3373 0855 Monday, Tuesday, Thursday, Saturday: 10am – 6pm

#### **East Ham**

328 Barking Road, E6 2RT 020 3373 0827 Monday – Saturday: 9am – 8pm

#### **Forest Gate**

2-6 Woodgrange Road, E7 0QH 020 3373 0856 Monday – Saturday: 9am - 8pm

#### **Green Street**

337 -341 Green Street, E13 9AR 020 3373 0857 Monday – Saturday: 10am – 8pm

#### **Manor Park**

658 – 693 Romford Road, E12 5AD 020 3373 0858 Monday - Friday 10am - 8pm Saturday - 10:30am - 8pm

#### **North Woolwich**

5 Pier Rd, E16 2LJ 02033730843 Monday 9:30am–5:30pm Tuesday 9:30am–8pm Wednesday 9:30am–5:30pm Thursday 9:30am–8pm Friday 9:30am–5:30pm Saturday 9:30am–5:30pm Sunday Closed

# **Plaistow Library**

North Street, E13 9HL 020 3373 0859 Monday 9.30am - 5.30pm Tuesday 9.30am - 5.30pm Wednesday 9.30am - 5pm Thursday 1pm - 8pm Friday 9.30am - 5pm Saturday 9.30am - 5.30pm

# **Stratford Library**

3 The Grove, E15 1EL 020 3373 0826 Monday - Friday 9am - 8pm Saturday 9.30am - 8pm Sunday 1pm - 5pm

# **Online Library**

Your Newham library card gives you access to thousands of e-books and e-audiobooks for children, teenagers and adults, as well as online courses, resources for studying and more. Not a member yet? You can sign up on our website and gain instant access to our online library.

Visit www.newham.gov.uk/libraries-arts-culture/newham-library-services

# **Newham Libraries on YouTube**

Our lovely library team are waiting for you on YouTube! Enjoy stories, crafts and activities at home brought to you by library  $\frac{1}{2}$ 

staff from across Newham. Enjoy amazing new videos including author events added for the Summer break!

Watch the Newham Libraries Playlist on Newham Council's YouTube:

www.youtube.com/user/LBNewham

# Join Up to Newham Libraries Mailing List

Keep up to date with all our latest library events and activities for children and adults by signing up now!

Sign up here: http://eepurl.com/cz24zz



SUMMER HOLIDAY ACTIVITIES IN NEWHAM 2023 SUMMER HOLIDAY ACTIVITIES IN NEWHAM 2023 11

# **SUMMER READING ACTIVITIES**

Ready, Set, Read! It's all go for the Summer Reading Challenge 2023. Visit your local library, read some amazing books, and pick up some fantastic prizes along the way. We also have some outstanding events this year to support the Challenge all around the theme of sports and teamwork. So what are you waiting for?

# On your marks, get set, go!

**How to book**: http://bit.ly/newhamsrc **Contact Info:** library.activities@newham.gov.uk

# Ready, Set, Read! - Summer Reading Challenge Events in Newham Libraries

# Who Wants To Be An Olympian?

**Ages:** 6 - 12

Live theatre and interactive game show that brings back the thrills and spills of London 2012 and Newham's Olympic and Paralympic heroes. Do you know your mini rolls from your log roll? ...and just how do you do a behind the back dribble? Find out by coming on down to this fun-filled interactive theatre show for the whole family where the prize is playing your part **How to book** http://bit.ly/newhamsrc

Date: 24th July

**Time:** 11am - 12pm | North Woolwich Library 2:30 – 3:30pm | Beckton Library

Date: 25th July

**Time:** 11am - 12pm | Custom House Library 2.30 - 3.30pm | Canning Town Library

Date: 26th July

**Time:** 11am - 12pm | East Ham Library 2.30 - 3.30pm | Manor Park Library

Date: 27th July

**Time:** 11am - 12pm | Stratford Library 2.30 - 3.30pm | Forest Gate Library

Date: 28th July

**Time:** 11am -12pm | Plaistow Library 230 - 3.30pm | Green Street Library

# Ready, Set Hoola Hoop!

Ages: 4+

Hula Hooping is a fantastic way to move your body and build confidence as well as being loads of fun! Come and join our hoop workshops where you'll be wow-ed with a spintastic demo from a professional hula-hooper then get to have a go yourself. Perfect for ages 4+ (but littler ones welcome to watch!)

**How to book:** http://bit.ly/newhamsrc

Date: 31st July

**Time:** 11am - 12pm | Beckton Library 2 – 3 pm | North Woolwich Library

Date: 1st August

**Time:** 11am - 12pm | Custom House Library 2.00 - 3pm | Canning Town Library

Date: 2nd August

**Time:** 11-12pm | East Ham Library 2-3pm | Manor Park Library

Date: 3rd August

**Time:** 11 - 12pm | Green Street Library 2-3pm | Plaistow Library

Date: 4th August

**Time:** 11am -12pm | Forest Gate Library 2-3pm | Stratford Library

# Ready, Set, Meet the Author

Meet Author and Illustrator Isabel Roxas

**Date:** 7th August

Time: 11-12.30pm | Forest Gate Library

**Ages:** 6 - 12

Meet author and illustrator Isabel Roxas, creator of the awardwinning graphic novel series The Adventures of Team Pom, and create your own comic with cool original characters.

**How to book:** http://bit.ly/newhamsrc

#### **Meet author Cheryl Diane Parkinson**

Date: 8th August

Time: 2-3.30pm | East Ham Library

**Ages:** 6 – 12

Meet author Cheryl Diane Parkinson as she shares her work Last Girl In: Kerry-Ann Fights to Stay In The Game, a story celebrating cricket, Windrush families and girls in sport.

**How to book:** http://bit.ly/newhamsrc

#### Meet the Venessa Taylor

Date: 9th August

Time: 11-12.30pm | Canning Town Library

**Ages:** 6 - 12

Meet the Venessa Taylor, author of Baller Boys, a series all about the adventures of a group of boys who join their local football team. Will you be crowned the next Baller Boy?

How to book: http://bit.ly/newhamsrc

#### **Meet Dan Freedman**

Date: 9th August

Time: 2-3.30pm | Green Street Library

**Ages:** 6 - 12

Meet the biggest football fan in the world, Dan Freedman, and learn all about how his passion for sports turned into a passion for writing. If you ask nicely, maybe he'll tell you about the

time he met Messi and Ronaldo! **How to book:** http://bit.ly/newhamsrc

#### **Meet JJ Arcanjo**

Date: 9th August

Time: 2 - 3.30pm | Plaistow Library

**Ages:** 6 - 12

Meet JJ Arcanjo, author of Crookhaven: The School for Thieves. What does your imaginary thief school look like?

**How to book:** http://bit.ly/newhamsrc

#### **Meet Sufiya Ahmed**

Date: 10th August

Time: 2 - 3.30pm | Manor Park Library

**Ages:** 6 - 1

Meet bestselling author Sufiya Ahmed as we learn about her character Rosie Raja, a World War II spy for England.

**How to book:** http://bit.ly/newhamsrc

# Ready, Set, Design - Textile customisation by PiNs the Artist

Ages: 6+

Customise your very own baseball cap with local artist PiNs, inspired by your favourite sports activities using various application techniques. All materials provided, so just turn up

**How to book:** http://bit.ly/newhamsrc

Date: 21st August

**Time:** 11-12am | Beckton Library 2-3pm | North Woolwich Library

Date: 22nd August

**Time:** 11-12pm | Canning Town Library 2-3pm | Custom House Library

Date: 23rd August

**Time:** 11-12pm | East Ham Library 2-3pm | Manor Park Library

**Date:** 24th August

**Time:** 11-12pm | Forest Gate Library 2-3pm | Stratford Library

Date: 25th August

Time: 11 am - 12pm | Green Street Library

2 - 3pm |Plaistow Library

#### Ready, Set, Create - T-shirt customisation by Caramel Rock

Design and create your own unique T - Shirt with fashion charity Caramel Rock, who work with ASOS and Nike.

Materials provided, all you need is your imagination.

**How to book:** http://bit.ly/newhamsrc

Date: 16th August

**Time:** 1 – 3 pm | Canning Town Library

**Ages:** 14-19

Date: 17th August

**Time:** 1 – 3 pm | Forest Gate Library

**Ages:** 14-19

Date: 22nd August

**Time:** 1 – 3 pm | Beckton Library

**Ages:** 14-19

Date: 23rd August

Time: 1 – 3 pm | Stratford Library

**Ages:** 14-20

Date: 24th August

**Time:Ages:** 1 – 3 pm | East Ham Library

**Ages:** 14-21

# Ready, Set, Build

A team building activity where children will work together using everyday objects to build a structure. This is an engineering themed activity encourages problem solving.

Date: 15th August

Time: 11-12 pm | Custom House Library
1-2 pm | Beckton Library
3-4 pm | North Woolwich Library

**Ages:** 6 - 12

Date: 16th August

**Time:** 11-12 pm | Forest Gate Library 1-2 pm | Manor Park Library 3-4 pm | East Ham Library

**Ages:** 6 - 12

Date: 17th August

**Time:** 1-2 pm | Green Street Library 3-4 pm | Plaistow Library

**Ages:** 6 - 12

Date: 18th August

**Time:** 1-2 pm | Stratford Library 3-4 pm | Canning Town Library

**Ages:** 6 - 12



SUMMER HOLIDAY ACTIVITIES IN NEWHAM 2023

SUMMER HOLIDAY ACTIVITIES IN NEWHAM 2023 13

# **ACTIVITIES AT YOUR LOCAL LIBRARY**



#### **BECKTON LIBRARY**

Spaces are limited, booking advised for all our face-to-face events. Contact Beckton Library for details on how to book. Email CN.BecktonRoyalDocks@newham.gov.uk or call 020 3373 0853.

Please bring your library card with you. Address: 1 Kingsford Way, London, E6 5JQ

#### **Stay and Play**

Date: 24th July Time: 10:30 -11.30 am **Ages:** Under 5s

Stay and play with your baby or toddler. There are lots of interesting toys and books to play with, as well as a great opportunity to meet other local parents.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Art & Craft**

Date: 24th July Time: 2-3 pm All ages

Show off your crafting skills at this special Summer Reading

Challenge arts and crafts session.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Sing along story time

Date: 25th July Time: 10:30 -11:30 am **Ages**: Under 5s

Play and sing along as our expert Beckton storytellers introduce reading and rhymes to your toddler.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Ready steady slime!

Date: 25th July Time: 2-3 pm Ages: 5+

What colour will you make yours? Who can make the stickiest

slime in the fastest time?

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Board Games**

Date: 25th July **Time:** 3:30 – 4:30 pm

Ages: 5+

Bored of games? Try these board games.

Fun for the whole family.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Baby Lego**

Date: 26th July Time: 10:30 -11.30am Ages: Under 5s

Duplo and large Lego for under 5s to get creative and learn. eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **STEM activity**

Date: 26th July Time: 2-3 pmAges: 5+

Test your brains and learn something new at our STEM sessions. Try something different every week! eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Lego club

Date: 26th July **Time:** 3:30 – 4:30 pm

Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Stay and play

Date: 27th July **Time:** 10:30 – 11:30 am **Ages:** Under 5s

Stay and play with your baby or toddler. There are lots of interesting toys and books to play with, as well as a great

opportunity to meet other local parents.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Scavenger hunt**

Date: 27th July **Time**: 2 – 3 pm Ages: 5+

X marks the spot - find the treasure... if you can! eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Ready Steady Read and Rhymes**

Date: 27th July **Time**: 3:30 – 4:30 pm Ages: 5+

Get transported into a world of reading and rhymes. eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Play time

Date: 28th July Time: 10:30 - 11:30 am Ages: Under 5s

Come and play with us. Music, bubbles, chalk, messy play and so much more! We have a different activity every week waiting

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Party games

Date: 28th July **Time**: 2 − 3 pm Ages: 5+

What's your favourite party game? Come and play it with us! eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Arts & craft**

Date: 28th July **Time:** 3:30 – 4:30 pm Ages: 5+

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Movie club

Date: 29th July **Time:** 2 - 3:30 pm

#### All ages

Spend your afternoon watching a family favourite film at the library. Popcorn provided! eventbrite.co.uk/e/beckton-globe-library-summer-holiday-

programme-tickets-646995429747?aff=ebdsoporgprofile

#### Lego club

Date: 29th July Time: 4-5 pm

Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Stay and Play**

Date: 31st July Time: 10:30 - 11:30 am Ages: Under 5s

Stay and play with your baby or toddler. There are lots of interesting toys and books to play with, as well as a great opportunity to meet other local parents.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Art & Craft**

Date: 31st July Time: 2-3 pm

All ages

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Sing along story time

Date: 1st August **Time:** 10:30 – 11:30 am **Ages:** Under 5s

Play and sing along as our expert Beckton storytellers introduce reading and rhymes to your toddler. eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Make your own playdough

Date: 1st August Time: 2-3 pm Ages: 5+

How squishy can you make your playdough? Come and make your own this summer.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Baby Lego**

Date: 2nd August **Time:** 10:30 – 11:30 am **Ages:** Under 5s

Duplo and large Lego for under 5s to get creative and

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **T-shirt decorating**

Date: 2nd August Time: 2-3 pm

Ages: 5+

Show us your inner fashion designer and decorate a t-shirt

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Lego club

**Date:** 2nd August **Time:** 3:30 – 4:30 pm

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Stay and play

Date: 3rd August **Time**: 10:30 – 11:30 am Ages: Under 5s

Stay and play with your baby or toddler. There are lots of interesting toys and books to play with, as well as a great opportunity to meet other local parents.

eventbrite.co.uk/e/beckton-

globe-library-summer-

holiday-programme-tickets-646995429747?aff=ebdsoporg

profile

#### **STEM activity**

Date: 3rd August Time: 2-3 pm Ages: 5+

Test your brains and learn something new at our STEM

sessions. Try something different every week! eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Ready Steady Read and Rhymes**

Date: 3rd August **Time:** 3:30 – 4:30 pm

Get transported into a world of reading and rhymes.

Imaginative, creative and enjoyable.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Play time

Date: 4th August **Time:** 10:30 – 11:30 am Ages: Under 5s

Come and play with us. Music, bubbles, chalk, messy play and so much more! We have a different activity every week waiting for you.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Let's Quiz

Date: 4th August **Time**: 2 – 3 pm

Ages: 5+

Put your knowledge to the test and take part in our interactive and fun quiz!

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Arts & craft

Date: 4th August **Time:** 3:30 – 4:30 pm

Ages: 5+

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Movie club

Date: 5th August **Time:** 2 – 3:30 pm

Spend your afternoon watching a family favourite film at the library. Popcorn provided!

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Lego club

Date: 5th August Time: 4-5 pm Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Stay and Play**

Date: 7th August **Time:** 10:30 – 11:30 am Ages: Under 5s

Stay and play with your baby or toddler. There are lots of interesting toys and books to play with, as well as a great opportunity to meet other local parents.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Sing along story time

Date: 8th August **Time:** 10:30 – 11:30 am **Ages:** Under 5s

Play and sing along as our expert Beckton storytellers introduce reading and rhymes to your toddler.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Sports day**

Date: 8th August **Time:** 2 – 4 pm All the family

Ready steady... GO! Join us for a sports day for all the family eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Baby Lego**

Date: 9th August Time: 10:30 - 11:30am Ages: Under 5s

Duplo and large lego for under 5s to get creative with Lego eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Just dance

Date: 9th August Time: 2-3 pmAges: 5+

Show us your best dance moves, dress up

encouraged!

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Lego club

Date: 9th August **Time:** 3:30 – 4:30 pm

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Stay and play

Date: 10th August **Time:** 10:30 – 11:30 am Ages: Under 5s

Stay and play with your baby or toddler. There are lots of interesting toys and books to play with, as well as a great opportunity to meet other local parents.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **STEM** activity

Date: 10th August **Time:** 2 – 3 pm Ages: 5+

Test your brains and learn something new at our STEM sessions. Try something different every week!

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Ready Steady Read and Rhymes**

**Date:** 10th August **Time:** 3:30 – 4:30 pm

Ages: 5+

Get transported into a world of reading and rhymes.

Imaginative, creative and enjoyable.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Play time**

Date: 18th August **Time:** 10:30 – 11:30 am

Ages: Under 5s

Come and play with us. Music, bubbles, chalk, messy play and so much more! We have a different activity every week waiting

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Have fun with food

Date: 11th August **Time:** 2 – 3 pm Ages: 5+

Could you be the next MasterChef? Come and make something delicious and healthy with us

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Arts & craft

Date: 11th August **Time:** 3:30 – 4:30pm

Ages: 5+

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Movie club

Date: 12th August **Time:** 2 – 3:30 pm All ages

Spend your afternoon watching a family favourite film at the library. Popcorn provided!

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Lego club

Date: 12th August **Time:** 4 - 5 pmAges: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Stay and Play**

Date: 14th August **Time:** 10:30 – 11:30 am Ages: Under 5s

Stay and play with your baby or toddler. There are lots of interesting toys and books to play with, as well as a great opportunity to meet other local parents.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Art & Craft**

Date: 14th August Time: 2-3 pm All ages

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Sing along story time

Date: 15th August Time: 10:30 - 11:30 am Ages: Under 5s

Play and sing along as our expert Beckton storytellers introduce reading and rhymes to your toddler eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Baby Lego**

Date: 16th August **Time**: 10:30 – 11:30 am Ages: Under 5s

Duplo and large lego for under 5s to get creative with Lego eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Teddy bears picnic**

Date: 16th August **Time:** 2 – 3 pm

#### Ages: 5+

Come down to our Beckton Globe for a big surprise... a teddy bear picnic! Bears welcome too! eventbrite.co.uk/e/beckton-globe-library-summer-holiday-

programme-tickets-646995429747?aff=ebdsoporgprofile

#### Lego club

Date: 16th August **Time:** 3:30 – 4:30 pm

Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Stay and play

Date: 17th August **Time:** 10:30 – 11:30 am Ages: Under 5s

Stay and play with your baby or toddler. There are lots of interesting toys and books to play with, as well as a great opportunity to meet other local parents.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **STEM activity**

Date: 17th August Time: 2-3 pmAges: 5+

Test your brains and learn something new at our STEM sessions. Try something different every week! eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Ready Steady Read and Rhymes**

**Date:** 17th August **Time:** 3:30 – 4:30 pm

Ages: 5+

Get transported into a world of reading and rhymes.

Imaginative, creative and enjoyable.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Play time

**Date:** 18th August **Time:** 10:30 – 11:30 am Ages: Under 5s

Come and play with us. Music, bubbles, chalk, messy play and so much more! We have a different activity every week waiting

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Bracelet making**

Date: 18th August

**Time:** 3:30 – 4:30 pm

Ages: 5+

Make a beaded bracelet with us. Bring your best friend and make a friendship bracelet.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Movie club

Date: 19th August **Time:** 2 - 3:30 pm

All ages

Spend your afternoon watching a family favourite film at the

library. Popcorn provided!

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Lego club

Date: 19th August **Time:** 4 – 5 pm Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Art & Craft**

Date: 21st August Time: 2-3 pmAll ages

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Sing along story time

Date: 22nd August **Time:** 10:30 - 11:30 am **Ages:** Under 5s

Play and sing along as our expert Beckton storytellers introduce reading and rhymes to your toddler. eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Ready steady slime!

Date: 22nd August **Time:** 2 – 3 pm All ages

What colour will you make yours? Who can make the stickiest slime in the fastest time?

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Baby Lego**

Date: 23rd August **Time:** 10:30 – 11:30 am **Ages:** Under 5s

Duplo and large lego for under 5s to get creative with Lego eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **STEM activity**

Date: 23rd August **Time:** 2 – 3 pm

Ages: 5+

Test your brains and learn something new at our STEM sessions. Try something different every week! eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Lego club

Date: 23rd August **Time:** 3:30 – 4:30 pm

Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with! eventbrite.co.uk/e/beckton-globelibrary-summer-holiday-programmetickets-646995429747?aff=ebdsopor gprofile

#### Stay and play

Date: 24th August **Time:** 10:30 – 11:30 am

Ages: Under 5s

Stay and play with your baby or toddler. There are lots of interesting toys and books to play with, as well as a great opportunity to meet other local parents.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

Date: 24th August **Time:** 2 – 3 pm Ages: 5+

Show us your best dance moves. Fancy dress strongly

encouraged! eventbrite.co.uk/e/beckton-globe-library-summer-holiday-

programme-tickets-646995429747?aff=ebdsoporgprofile

#### **Ready Steady Read and Rhymes**

Date: 24th August **Time:** 3:30 – 4:30 pm

Ages: 5+

Get transported into a world of reading and rhymes. Imaginative, creative and enjoyable.

eventbrite.co.uk/e/beckton-globe-library-summer-holiday-

programme-tickets-646995429747?aff=ebdsoporgprofile



#### **Play time**

Date: 25th August Time: 10:30 - 11:30 am **Ages:** Under 5s

Come and play with us. Music, bubbles, chalk, messy play and so much more! We have a different activity every week waiting for you.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Let's Quiz

Date: 25th August Time: 2-3 pm Ages: 5+

Join us for an interactive and fun quiz whilst putting your

knowledge to the test

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Arts & Crafts**

Date: 25th August Time: 3:30 - 4:30 pm

Ages: 5+

Show off your crafting skills at this special Summer Reading

Challenge arts and crafts session.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Movie club

Date: 26th August **Time:** 2 - 3:30 pm

All ages

Spend your afternoon watching a family favourite film at the library. Popcorn provided!

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Lego club

Date: 26th August **Time**: 4 − 5 pm

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Sing along story time

Date: 29th August **Time:** 10:30 – 11:30 am Ages: Under 5s

Play and sing along as our expert Beckton storytellers introduce reading and rhymes to your toddler.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Bowling**

Date: 29th August **Time:** 2 – 4 pm

All ages

Will you get a strike first?! Bowl with us to find out. eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Baby Lego**

Date: 30th August Time: 10:30 -11:30 am Ages: Under 5s

Duplo and large lego for under 5s to get creative with

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Lego club

Date: 30th August **Time:** 3:30 – 4:30 pm

Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Stay and play

Date: 31st August Time: 10:30 - 11:30 am Ages: Under 5s

Stay and play with your baby or toddler. There are lots of interesting toys and books to play with, as well as a great opportunity to meet other local parents.

eventbrite.co.uk/e/becktonglobe-library-summer-holiday-

programme-tickets-646995429747?aff=ebdsoporgprofile

#### Just dance

Date: 31 August Time: 2.00 - 3.00pm

Ages: 5+

Show us your best dance moves. Fancy dress strongly

encouraged!

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Ready Steady Read and Rhymes**

Date: 31st August **Time:** 3.30 - 4.30pm

Ages: 5+

Get transported into a world of Reading and Rhymes.

Imaginative, creative and enjoyable.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Play time

Date: 1st September Time: 10.30 -11.30am Ages: Under 5s

Come and play with us. Music, bubbles, chalk, messy play and so much more! We have a different activity every week waiting

for you.

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **Summer Reading Challenge party**

Date: 1st September Time: 2.00-3.30pm

Ages: 5+

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Movie club

Date: 2nd September Time: 2.00 - 3.30pm

All ages

Spend your afternoon watching a family favourite film at the

library. Popcorn provided!

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### Lego club

Date: 2nd September Time: 4.00 - 5.00pm Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

eventbrite.co.uk/e/beckton-globe-library-summer-holidayprogramme-tickets-646995429747?aff=ebdsoporgprofile

#### **CANNING TOWN LIBRARY**

Spaces are limited, booking advised for all our face-to-face events. Contact Custom House Library for details on how to book. Email CN.CustomHouseCanningTown@newham.gov.uk or call 020 3373 0854. Please bring your library card with you. Address: 18 Rathbone Market E16 1EH

#### Slime Slam Dunk

Date: 7th August **Time:** 3 – 4 pm **Ages:** 5 - 12

See how fast you can make multi-coloured slime in this hands-

How to book: CN.Customhousecanningtown@newham.gov.uk 0203 373 0854

#### **Story time**

Date: 8th August Time: 10:30 - 11:15 am Ages: Under 5

Join us for a fun session singing nursery rhymes and sharing

stories.

#### Ready, Set, Play

Date: 9th August **Time:** 3 - 5pm Ages: 5+

Come along for family friendly fun activities in our children's

library.

#### **Explore Learning - Fun with Phonics**

Date: 10th August Time: 12 - 1pm **Ages:** 4 - 6

Have fun as you learn!

How to book: CN.Customhousecanningtown@newham.gov.uk 0203 373 0854

#### Rhymetime / Stay & Play

Date: 11th August **Time:** 4 - 5 pm Ages: Under 5

Enjoy singing nursery rhymes and sharing stories and then stay

for playtime.

#### **Sporty Arts & Crafts**

Date: 12th August **Time:** 4 - 5 pm Ages: 5+

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.







Ready, Set, Spell

**Date:** 14th August **Time:** 2 – 3 pm **Ages:** 5 - 12

Are you a whiz at sports trivia? Test your knowledge at this sporty family quiz and spelling bee.

**Storytime** 

**Date:** 15th August **Time**: 10:30 - 11.15 am **Ages:** Under 5

Join us for a fun session singing nursery rhymes and sharing stories.

**Explore Learning - A Spring in Your Step** 

**Date:** 15th August **Time:** 12 – 1 pm **Ages:** 7 - 9

Have fun as you learn!

How to book: CN.Customhousecanningtown@newham.gov.uk

0203 373 0854

**Mid Week Movie** 

Date: 16th August Time: 3- 5 pm All ages

Spend your afternoon watching a family favourite film at the library. Popcorn provided!

Rhymetime / Stay & Play

**Date:** 18th August **Time:** 4 - 5 pm **Ages:** Under 5

Enjoy singing nursery rhymes and sharing stories and then stay

for playtime.

**Sporty Arts & Crafts** 

**Date:** 19th August **Time**: 4 - 5 pm **Ages:** 5+

Show off your crafting skills at this special Summer Reading

Challenge arts and crafts session.

Ready, Set, Lego

Date: 21st August Time: 3 – 4 pm Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

with!

**Storytime** 

**Date:** 22nd August **Time:** 10:30 – 11:15 am **Ages:** Under 5

Join us for a fun session singing nursery rhymes and sharing stories.

Ready, Set, Play

**Date:** 23rd August **Time:** 3 - 5pm

**Ages:** 5+

Come along for family friendly fun activities in our children's

library

**STEM activity - Makey Makey** 

**Date:** 24th August **Time**: 4 - 5 pm **Ages:** 7 - 12

Come and have a go at coding to make music with everyday

obiects

 $How \ to \ book: CN. Customhous ecanning town @newham.gov.uk$ 

| 0203 373 0854

Rhymetime / Stay & Play

**Date:** 25th August **Time:** 4 - 5 pm **Ages:** Under 5

Enjoy singing nursery rhymes and sharing stories and then stay for playtime.

**Sporty Arts & Crafts** 

Date: 26th August Time: 4 - 5 pm Ages: 5+

Show off your crafting skills at this special

Summer Reading Challenge arts and crafts session.

**CUSTOM HOUSE LIBRARY** 

Spaces are limited, booking advised for all our face-to-face events. Contact Custom House Library for details on how to book. Email **CN.CustomHouseCanningTown@newham.gov.uk** or call **020 3373 0855**. Please bring your library card with you. Address: Prince Regent Lane E16 3JJ

Movie time

Date: 29th July Time: 1pm All ages

Spend your afternoon watching a family favourite film at the library. Popcorn provided!

**Movie time** 

Date: 26th July Time: 1 pm All ages

Spend your afternoon watching a family favourite film at the

library. Popcorn provided!

Art and craft

**Date:** 22nd July **Time**: 10:30 – 11:30 am

**Ages:** 5 - 12

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

Art and craft

**Date:** 29th July **Time:** 10:30 – 11:30 am

**Ages:** 5 - 12

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

Art and craft

**Date:** 5th August **Time**: 10:30 – 11:30 am

**Ages:** 5 - 12

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

Art and craft

**Date:** 12th August **Time:** 10:30 – 11:30 am

**Ages:** 5 - 12

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

Art and craft

**Date**: 19th August **Time:** 10:30 – 11:30 am

**Ages:** 5 - 12

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

Art and craft

**Date:** 26th August **Time:** 10:30 – 11:30 am

**Ages:** 5 - 12

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

**Slime Making** 

**Date:** 27th July **Time:** 11 am – 12 pm **Ages:** 5 - 12

See how fast you can make multi - coloured slime in this hands-on activity.

Slime Making

**Date:** 24th August **Time:** 11 am – 12 pm **Ages:** 5 - 12

See how fast you can make multi - coloured slime in this

hands-on activity.

Giant games in the garden

Date: 25th July Time: 3 - 4 pm All ages

Enjoy games and activities in the sunny library garden.

Giant games in the garden

Date: 8th August Time: 3 - 4 pm All ages

Enjoy games and activities in the sunny library garden.

**Sporty scavenger Hunt** 

**Date:** 1st August **Time:** 3 - 4 pm

All ages

Race around the library to find the clues. Will you be the first one to solve the scavenger hunt?

**Sporty family quiz** 

Date: 8th July Time: 3 - 4 pm All ages

Are you a whiz at sports trivia? Test your knowledge at this

sporty family quiz.

Sporty family quiz Date: 28th August Time: 3 - 4 pm

All ages

Are you a whiz at sports trivia? Test your knowledge at this sporty family quiz.

Family afternoon Movie

Date: 10th August Time: 3 pm All ages

Spend your afternoon watching a family favourite film at the library. Popcorn provided!

library. Popcorn provided:

Grow and bloom Session
Date: 3rd August
Time: 11 am
Ages: 5 - 12

Spend the day outside planting seeds and bulbs at the library

garden.

**Sporty Lego session** 

**Date:** 15th August **Time:** 4 - 5 pm **Ages:** 5 - 12

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come

up with!

#### Friendship bracelet making

Date: 29th August **Time:** 11 am – 12 pm **Ages:** 4 - 12

Make a special bracelet to give to your favourite person - or keep it to remind yourself to ready, steady, read!

#### **Storytelling session**

Date: 21st August Time: 11 - 11.30 am **Ages**: 0 - 5

Play and sing along as our expert East Ham storytellers introduce reading and rhymes to your toddler.

#### **Storytelling session**

Date: 31st August Time: 11 - 11.30 am **Ages:** 0 - 5

Play and sing along as our expert East Ham storytellers introduce reading and rhymes to your toddler.

#### **EAST HAM LIBRARY**

Spaces are limited, booking advised. Contact East Ham for details of how to book. Email CN.EastHam@Newham.gov.uk or call 0203 373 0859. Please bring your library card with you. Address: 328 Barking Road, E6 2RT

#### Lego Extravaganza

**Date:** Every Monday **Time:** 11:30 am – 1 pm

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

#### **Mathletics**

All Ages

**Date:** Every Monday Time: 1:30 - 2:30 pm

**Ages:** 5 - 12

Show off your maths skills! Race to the finish line to become a Mathalete.

#### **Hula Hoop Exercise**

Date: Mondays 24th, 31st July & 7th, 14th August

Time: 4 - 5 pm**Ages**: 5 - 12

Are you the best hoola hooper in Newham? Prove it at our

hoola hoop show down.

How to book: CN.EastHam@Newham.gov.uk | 0203 373 082

#### **Sporty Arts & Craft**

**Date:** Every Tuesday Time: 12 - 1:30 pm

**Ages:** 5 - 12 Show off your crafting skills at this special Summer Reading

Challenge arts and crafts session.

**Slime Slam Dunk Date:** Every Tuesday Time: 3pm-4pm

**Ages:** 5 - 12

See how fast you can make multi - coloured slime in this hands-on activity. How to book: Email CN.EastHam@ Newham.gov.uk or call 0203 373 0827

#### Ready, Set, Storytelling

**Date:** Every Wednesday Time: 10 - 10:45 am Ages: Under 5s

Play and sing along as our expert East Ham storytellers introduce reading and rhymes to your toddler.

#### Lego Extravaganza

**Date:** Every Wednesday Time: 11 am - 1:30 pm

All Ages

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

#### **Obstacles Course**

Date: Wednesdays 26th July and 2nd, 9th, 16th

August **Time:** 3 – 4 pm **Ages:** 5 - 12

Will you be the champion of East Ham obstacle course? How to book: CN.EastHam@Newham.gov.uk | 0203 373 0827

#### Ready, Set, Craft Making

**Date:** Every Thursday **Time**: 12 – 1 pm **Ages:** 3 - 12

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

#### Ready, Set, Spell

**Date:** Every Thursday **Time:** 2 – 3 pm

**Ages:** 5 - 12

Are you a whiz at sports trivia? Test your knowledge at this sporty family quiz and spelling bee.

#### **Bracelet Making**

Date: Fridays 28th July & 11th, 25th August

Time: 12 - 1:30 pm

**Ages:** 5 - 12

Make a bracelet to give away to your favourite person - or keep it to remind yourself to read, steady, read!

How to book: CN.EastHam@Newham.gov.uk | 0203 373 0827

#### T - Shirt Decorating

**Date:** Fridays 4th & 18th August

**Time:** 12 - 1:30 pm **Ages:** 5 - 12

Make a t-shirt in support your favourite sports team. How to book: CN.EastHam@Newham.gov.uk | 0203 373 0827

#### **Table Tennis**

**Date:** Every Friday Time: 3-5 pm **Ages:** 5 - 12

Become the East Ham table tennis champion in this head-tohead challenge.

#### Lego Extravaganza

Date: Every Saturday **Time:** 11 am - 1 pm

All Ages

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

#### Ready, Set, Read Sport Day

**Date:** Every Saturday **Time:** 1 - 2:30 pm **Ages:** 5 -12

Enjoy your favourite sports stories read by our expert East Ham storytelling team.

#### Family movie day

**Date:** Every Saturday **Time:** 3 - 4:30 pm

All Ages

Spend your afternoon watching a family favourite film at the library. Popcorn provided!

#### Zine Making working shop

Date: Saturday 19th August

Time: 2-3 pm Ages: 9+

Design and make your own zine, or magazine about your favourite book, sports hero, or game.

#### Drawing and storytelling workshop

Date: Saturday 26th August

**Time:** 1 − 2 pm

Take part in this drawing and storytelling workshop. Fun for the whole family.

#### **FOREST GATE LIBRARY**

Spaces are limited, booking advised for all our face-to-face events. Contact Forest Gate Library for details on how to book. Address: Forest Gate I 6-8 Woodgrange Road, London E7 9QH For more information and support, contact the Forest Gate Community Neighbourhood Team: CN.TheGateRoomBookings@

#### newham.gov.uk or call 020 3373 0856

#### Ready, Set & let's Start! - Launch Event

Date: 1st July **Time:** 11 am - 3 pm

All ages

Ready, Set and Start the Summer Reading Challenge at Forest Gate Library with a talent show, face painting, dance, story time and more!

#### Ready, Steady, Dig

Date: 24th July **Time:** 2 – 4 pm

All ages

Gardening in collaboration with local community gardens. First part of the session (2-3pm) in the library and 2nd part (3pm onwards) in the local gardens!

#### Ready, Set, Read Arts & Crafts

Date: 24th July **Time**: 4 – 5:30 pm All ages

Join our special Summer Reading Challenge art workshop for children and young adults.

#### **Under 5's Rhyme Time**

Date: 25th July **Time:** 11 am – 12 pm Ages: Under 5

Join us for a lovely storytelling and sing along with a fun

simple craft activity.

#### **Talent Show**

Date: 25th July **Time:** 3:30 – 4:30 pm

All ages

#### Kids Boxing sessions with Dave

Date: 26th July **Time:** 4 – 5 pm Ages: 7+

Join us for free boxing sessions

**Story Telling** Date: 27th July

**Time:** 10:30 – 11:15 am Ages: Under 5's

Join us for a storytelling and sing along with a fun simple craft activity

#### Children's Table Tennis

Date: 27th July **Time:** 3:30 - 5:30 pm

Ages: 7+

Fitness fun for everyone.

#### **BINGO**

Date: 28th July

SUMMER HOLIDAY ACTIVITIES IN NEWHAM 2023 25

**Time**: 12 − 1 pm

All ages

A fun game for all the family. There is a chance to win prizes.

**LEGO club** 

Date: 28th July **Time:** 4 – 5:30 pm

Ages: 7+

Join us and use your imagination to see what you can build at our Lego Club.

**Summer Kids Movie Club** 

Date: 29th July **Time:** 12:30 – 2 pm Ages: 5

Spend your afternoon watching a family favourite film at the

library. Popcorn provided!

**Sport Club** 

Date: 29th July **Time:** 4:30 – 5:30 pm

Have fun at our Sport club; try playing polo, hula hoop, sumo and more.

Ready, Steady, Dig

Date: 31st July Time: 2 - 4 pm All ages

Gardening in collaboration with local community gardens. First part of the session (2-3pm) in the library and 2nd part (3pm onwards) in the local gardens!

Ready, Set, Read Arts & Crafts

Date: 31st July **Time**: 4 - 5:30 pm

All ages

Join our special Summer Reading Challenge art workshop for children and Young adults.

**Under 5's Rhyme Time** 

Date: 1st August **Time:** 11 am – 12 pm Ages: Under 5's

Join us for a lovely storytelling and sing along with a fun

simple craft activity.

**Talent Show** 

Date: 1st August **Time:** 3:30 - 4:30 pm

All ages

**Kids Boxing sessions with Dave** 

Date: 2nd August **Time:** 4 – 5 pm

Ages: 7+

Join us for free boxing sessions

**Story Telling** 

Date: 3rd August **Time:** 10:30 – 11:15 am Ages: Under 5's

Join us for a storytelling and sing along with a fun simple craft activity. Session for ages 5 and under.

**Children's Table Tennis** 

Date: 3rd August **Time**: 3:30 – 5:30 pm

Ages: 7+

Fitness fun for everyone.

**BINGO** 

Date: 4th August **Time:** 12 – 1 pm All ages

A fun game for all the family. There is a chance to win prizes!

**LEGO** club

Date: 4th August **Time**: 4 - 5:30 pm

Ages: 7+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

**Summer Kids Movie Club** 

Date: 5th August Time: 12:30 - 2 pm

Ages: 5

Spend your afternoon watching a family favourite film at the library. Popcorn provided!

**Sports Club** 

Date: 5th August **Time:** 4:30 – 5:30 pm

Ages: 7+

Have fun at our Sport club; try playing polo, hula hoop, sumo and more.

Ready, Steady, Dig

Date: 7th August **Time:** 2 – 4 pm All ages

Gardening in collaboration with local community gardens. First part of the session (2-3pm) in the library and 2nd part

(3pm onwards) in the local gardens!

Date: 7th August Time: 4 - 5:30 pm

Ready, Set, Read Arts & Crafts

All ages

Join our special Summer Reading Challenge art workshop for children and Young adults.

**Under 5's Rhyme Time** 

Date: 8th August **Time:** 11 am - 12 pm Ages: Under 5's

Join us for a lovely storytelling and sing along with a fun

simple craft activity.

**Talent Show** 

Date: 8th August **Time:** 3:30 – 4:30 pm

All ages

Kids Boxing sessions with Dave

Date: 9th August **Time:** 4 – 5 pm Ages: 7+

Join us for free boxing sessions

**Story Telling** 

Date: 10th August **Time:** 10:30 – 11:15 am Ages: Under 5's

Join us for a storytelling and sing along with a fun simple

craft activity.

**Children's Table Tennis** 

Date: 10th August Time: 3:30 - 5:30 pm

Ages: 7+

Fitness fun for everyone.

**BINGO** 

Date: 11th August **Time:** 12 – 1 pm All ages

A fun game for all the family. There is a chance to win prizes.

**LEGO club** 

Date: 11th August **Time:** 4 - 5:30 pm

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come

up with!

**Summer Kids Movie Club** 

Date: 12th August

**Time:** 12:30 – 2 pm

Ages: 5

Spend your afternoon watching a family favourite film at the

library. Popcorn provided!

**Sports Club** 

Date: 12th August **Time:** 4:30 – 5:30 pm

Ages: 7+

Have fun at our Sport club; try playing polo, hula hoop, sumo

Ready, Steady, Dig

Date: 14th August **Time:** 2 – 4 pm

All ages

Gardening in collaboration with local community gardens. First part of the session (2-3pm) in the library and 2nd part

(3pm onwards) in the local gardens!

Ready, Set, Read Arts & Crafts

Date: 14th August **Time:** 4 – 5:30 pm

All ages

Join our special Summer Reading Challenge art workshop for children and Young adults.

**Under 5's Rhyme Time** 

Date: 15th August **Time:** 11 am – 12 pm **Ages:** Under 5's

Join us for a lovely storytelling and sing along with a fun

simple craft activity.

**Talent Show** 

Date: 15th August **Time:** 3:30 – 4:30 pm

All ages

**Kids Boxing sessions with Dave** 

Date: 16th August **Time:** 4 – 5 pm

Ages: 7+

Join us for free boxing sessions

**Story Telling** 

Date: 17th August **Time**: 10:30 - 11:15 am Ages: Under 5's

Join us for a storytelling and sing along with a fun simple craft activity. Session for ages 5 and under.

**Children's Table Tennis** 

Date: 17th August **Time:** 3:30 – 5:30 pm Ages: 7+

Fitness fun for everyone.

**BINGO** 

Date: 18th August **Time**: 12 − 1 pm All ages

A fun game for all the family. There is a chance to win prizes. All ages welcome.

**LEGO club** 

Date: 18th August **Time:** 4 - 5:30 pmAges: 7+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

**Kids Movie Club** 

Date: 19th August **Time:** 12:30 – 2 pm

Spend your afternoon watching a family favourite film at the library. Popcorn provided!

**Sports Club** 

Date: 19th August Time: 4:30 - 5:30 pm

Ages: 7+

Have fun at our Sport club; try playing polo, hula hoop, sumo and more.

Ready, Steady, Dig

Date: 21st August **Time**: 2 – 4 pm All ages

Gardening in collaboration with local community gardens. First part of the session (2-3pm) in the library and 2nd part (3pm onwards) in the local gardens!

Ready, Set, Design

Date: 21st August **Time:** 4 - 5:30 pm

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

**Under 5's Rhyme Time** 

Date: 22nd August **Time:** 11 am – 12 pm Ages: Under 5's

Join us for a lovely storytelling and sing along with a fun

simple craft activity.

**Talent Show** Date: 22nd August **Time**: 3:30 – 4:30 pm

All ages

What's your talent? Show off your abilities at our community

**Story Telling** 

Date: 24th August **Time**: 10:30 – 11:15 am Ages: Under 5s

Play and sing along as our expert Forest Gate storytellers introduce reading and rhymes to your toddler.

**Children's Table Tennis** 

Date: 24th August **Time:** 3:30 – 5:30 pm

Ages: 7+

Fitness fun for everyone.

**BINGO** 

Date: 25th August **Time:** 12 – 1 pm All ages

A fun game for the whole family. There is a chance to win prizes.

LEGO club

Date: 25th August **Time**: 4 – 5:30 pm Ages: 7+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

**Kids Movie Club** 

Date: 26th August **Time:** 12:30 – 2 pm

Ages: 5

Spend your afternoon watching a family favourite film at the library. Popcorn provided!

**Sports Club** 

Date: 26th August **Time:** 4:30 – 5:30 pm

Have fun at our sport club! Try playing polo, hula hoop, Sumo wrestling and more.

GREEN STREET LIBRARY

Spaces are limited, booking early advised. Contact Green Street Library for details on how to book. Telephone booking

- 0203 373 0857, CN.greenstreet@newham.gov.uk.

Please bring your library card with you. Address: 337-341 Green St, London E13 9AR **Green Street Library** 

Ready Steady Let's Go!!! Launch Event

Date: 29th July Time: 2 - 4 pm All Ages

Ready! Set! Go! Let's get this summer started. Join Green Street Library for a month of fun activities, special guest and amazing prizes.

**Sporty and Arty Crafts** 

Date: Monday, Wednesday, Friday and Saturday

**Time:** 2 - 4 pm Ages: 8 - 11

Let's get creative in our Sports Art and Craft sessions. Join us for a session that's guaranteed to be inspiring and fun.

**Messy Play** 

**Date:** Every Tuesday Time: 10:30 - 11:30 am **Ages:** 0 - 3

A touchy, feely treat for your little ones. Join our sensory session exploring new textures and sounds.

**Tots Group** 

Date: Fridays 4th, 11th, 18th August

Time: 10:30 - 11:30 am

Ages: 2-6

Join us in our tots session with imaginative play, nursery rhymes and storytelling.

**Movie Time** 

**Date:** Every Thursday Time: 4 - 6 pm All Ages

Spend your afternoon watching a family favourite film at the library. Popcorn provided!

B.I.N.G.O

**Date:** Every Saturday Time: 4 - 6 pm

Have a blast and play B.I.N.G.O. Amazing prizes to be won!

**Games Club** 

**Date:** Every Tuesday **Time:** 2 - 4pm Ages: 5+

Join us for a session of fun and energy as we play board games and sporty fun activities.

**Lego Time** 

**Date:** Every Saturday **Time:** 12 – 1 pm

Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

**Sports Trivia** 

**Date:** Every Saturday

**Time:** 4 - 6pm Ages: 5+

Take on the challenge and join us for a trivia session that will test your knowledge on sport and win you prizes.

**Max Out Your Card** 

Date: Monday - Saturday **Time:** 10 am - 8 pm

All Ages

Borrow 6 books or more and stand a chance to win an amazing hamper with lots of fun prizes.

Date: 31st July & 14th August

**Time:** 12 - 1pm All Ages

A Paralympic sport that's exciting and fun! Join us and be a part of this sport session.

**SEND Creative Art club** 

**Date:** Every Tuesday **Time**: 5:30 - 6:30pm

Ages: 5+

Join us for this SEND session that's designed to show your creative side, an inclusive session fun and exciting for the whole family to enjoy.

**Ready Set Read and Rhymes** 

Date: Mondays 7th & 21st August

Time: 12 - 1pm **Ages:** 0 - 5

Get transported into a world of reading and rhymes. Imaginative, creative, musical and enjoyable.

Feed your Body and Mind

Date: Wednesdays 2nd & 23rd August

**Time:** 12 - 1:30pm Ages: 5+

Join us for a session of smoothie making and mindfulness. Take care of your mind, body and soul.

**Prepare Robo** 

Date: 24th August Time: 12 - 1pm

An opportunity to code and build a robot from scratch. Take



part in this once in a lifetime opportunity to build a robot who will make your tea and do your homework. But beware you might become very lazy!

#### **Family Zumba with Dave**

**Date:** 3rd August **Time:** 1 - 2 pm **Ages:** 5+

Get your heart rate going and have fun with the family at our energetic Zumba session.

#### **Combat Sport with Dave**

Date: 10th August **Time:** 1 - 2 pm Ages: 8+

Let's have some fun and get active with a combat sport session. Bring the energy and we will guarantee you will have fun.

#### MANOR PARK LIBRARY

Spaces are limited, booking required for all of our face-to-face events. Contact Manor Park for details on how to book. Email CN.Manorpark@newham.gov.uk or call 0203 373 0858.

Please bring your library card with you. Address: 685-691. Romford Road E12 5AD

#### Ready, Set & let's Start! - Launch Event

Date: 8th July Time: 1 - 4 pm Ages: 0-12 & Family

Ready, Set & Start the Summer Reading Challenge in Manor Park Library. Lots of fun, music and reading fun activities that will last for the whole of summer holidays.

#### Ready, Set and Rhyme!

Date: 24th July **Time:** 10:30 -11:30 am **Ages:** 0 - 5

Play and sing along as our expert Manor Park storytellers introduce reading and rhymes to your toddler.

#### Ready, Set and Fly!

Date: 24th July **Time:** 2 - 3:30 pm **Ages**: 4 - 12

Can your paper aircraft fly the furthest? See how far you can glide at our paper airplane contest.

#### Ready, Set and Build!

Date: 25th July Time: 11 am - 12 pm

Ages: 2 - 12

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

#### Ready, Set and Create!

Date: 25th July Time: 2 - 3:30 pm **Ages**: 3 - 12

Show off your crafting skills at this special Summer Reading

Challenge collage session.

#### **Core Event - Pakiki Theatre**

Date: 26th July Time: 2 - 3:30 pm **Ages:** 4 - 12 Drama Session

#### Ready, Set and Dance!

Date: 27th July Time: 11 am - 12 pm **Ages**: 2 - 12

Have fun practicing your dance steps with music. All levels welcome, from beginners to experts.

#### Ready, Set and Design!

Date: 27th July Time: 2 - 3:30 pm **Ages:** 4 - 12

Design your own jewellery using colourful beads.

#### Ready, Set and Play!

Date: 28th July **Time:** 12 - 1 pm **Ages:** 4 - 12

Bored of games? Try these board games. Fun for the whole family.

#### Ready, Set and Paint!

Date: 28th July Time: 2 - 3:30 pm **Ages:** 4 - 12

Splash out the colours and make your own masterpiece.

#### Ready, Set and Read!

Date: 29th July Time: 11 am - 12 pm **Ages:** 5 - 12

Come and share your favourite stories by reading aloud to the keen listeners.

#### Ready, Set and Origami!

Date: 29th July **Time:** 2 - 3:30 pm **Ages:** 4 - 12

Are you an origami expert? Join our origami challenge!

#### Ready, Set and Sing Along!

Date: 31st July Time: 10:30 - 11:30 am **Ages:** 0 - 5

Play and sing along as our expert Manor Park storytellers introduce reading and rhymes to your toddler.

#### Ready, Set and Make!

Date: 31st July **Time:** 2 - 3:30 pm **Ages:** 4 – 12

Model making time with colourful dough and sequins.

#### Ready, Set and Games!

Date: 1st August Time: 11 am - 12 pm **Ages**: 2 - 12

Bored of games? Try these board games. Fun for the whole family.

#### Ready, Set and Craft!

Date: 1st August **Time:** 2 - 3:30 pm Ages: 4 - 12

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

#### Core Event - Hula Hoop

Date: 2nd August **Time:** 2 - 3:30 pm Ages: 4 - 12

Show of your spinning and enter the competition to find who spins the most

#### Ready, Set and Read!

Date: 3rd August Time: 10 - 11 am Ages: 4 - 12

Come and share your favourite stories by reading aloud to the keen listeners.

#### Ready, Set and Inspire!

Date: 3rd August Time: 2 - 3:30 pm **Ages:** 4 - 12

Make an avatar of your inspirational character to create your own story

#### Ready, Set and Read!

Date: 4th August Time: 11 am - 12 pm **Ages**: 2 - 12

Time to sit back and listen to one of your favourite stories with our Manor Park experts.

#### Ready, Set and Create!

Date: 4th August **Time**: 2 - 3:30 pm **Ages:** 4 - 12

A fun and creative collage-making with different art materials.

#### Ready, Set and Colour!

Date: 5th August **Time**: 1 - 3:30 pm **Ages**: 4 - 12

It is time to get creative and show off your colouring skills to enter the colouring competition to win a mystery prize!

#### Ready, Set and Rhyme!

Date: 7th August Time: 10:30 - 11:30 am

**Ages:** 0 - 5

Play and sing along as our expert Manor Park storytellers introduce reading and rhymes to your toddler.

#### Ready, Set and Slime!

Date: 7th August Time: 2 - 3:30 pm **Ages**: 4 - 12

Make colourful slimes to squish, stretch, poke for endless play

#### Ready, Set and Spell!

Date: 8th August Time: 11 am - 12 pm **Ages:** 6 - 12

Show off your spelling talent and win a prize!

#### Ready, Set and Explore!

Date: 8th August Time: 2 - 3:30 pm **Ages:** 4 - 12

Fiona Leckenby will be reading The Nature Trail by Benjamin Zephaniah, followed by mini beast craft activities and a walk to the Manor Park Community Garden to continue the session just a few minutes' walk from the Library.

#### Ready, Set and Design!

Date: 9th August Time: 2 - 3:30 pm **Ages:** 4 - 12

Design your own jewellery using colourful beads

#### Ready, Set and Read!

Date: 10th August Time: 10 - 11 am **Ages:** 2 - 12

Come and share your favourite stories by reading aloud to the keen listeners

#### **Core Event**

Date: 10th August **Time:** 2 - 3:30 pm **Ages:** 4 - 12

Meet Newham's own Sufiya Ahmed as we learn about her character Rosie Raja, a World War II spy for England.

Ready, Set and Games!

Date: 11th August Time: 10 - 11 am Ages: 2 - 12

Join our games club to play with variety of Board games

**Ready, Set and Puppets!** 

**Date:** 11th August **Time:** 2 - 3:30 pm **Ages:** 4 - 12

Make a puppet of your favourite character.

Ready, Set and Sing!

**Date**: 12th August **Time**: 11 am -12 pm

**Ages:** 0 - 5

Sing along session of your favourite nursery rhymes and action

song

Ready, Set and Origami!

**Date:** 12th August **Time:** 2 - 3:30pm **Ages:** 4 - 12

Enjoy creating beautiful 3D Origami tiger lilies.

Ready, Set and Rhyme!

**Date:** 14th August **Time:** 10:30 - 11:30am

**Ages:** 0 - 5

Play and sing along as our expert Manor Park storytellers introduce reading and rhymes to your toddler.

Ready, Set and Slime!

**Date:** 14th August **Time:** 2 - 3:30 pm **Ages:** 4 - 12

Make colourful slimes to squish, stretch, poke for endless play.

Ready, Set and Read!

**Date:** 15th August Time: 11 am - 12 pm **Ages:** 5 - 12

Come and share your favourite stories by reading aloud to keen listeners.



Ready, Set and Fun!

**Date**: 15th August **Time:** 2 - 3:30 pm

**Ages:** 4 - 12

Make an avatar of yourself with various art materials.

Ready, Set and Build!

**Date**: 17th August **Time:** 10 - 11 am **Ages:** 2 - 12

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

with!

Ready, Set and Make!

**Date:** 17th August **Time**: 2 - 3:30 pm **Ages:** 4 - 12

Show off your crafting skills at this special Summer Reading

Challenge arts and crafts session.

Ready, Set and Read!

**Date**: 18th August **Time**: 10 - 11 am **Ages:** 5 - 12

Come and share your favourite stories by reading aloud to

keen listeners.

Ready, Set and Recycle

**Date**: 18th August **Time:** 2pm - 3:30 pm

**Ages:** 4 - 12

Quiz time! Test your knowledge of the environment and make a craft from recycled materials

Ready, Set and Play!

**Date**: 19th August **Time:** 11 am - 12 pm **Ages:** 5 - 12

Play your favourite word games!

Ready, Set and Fun!

**Date:** 19th August **Time**: 2 - 3:30 pm **Ages**: 4 - 12

Capture your favourite images with a homemade kaleidoscope.

Ready, Set and Sing!

**Date:** 21st August **Time**: 10:30 - 11:30 am

**Ages:** 0 - 5

Join us for mothers and toddlers group rhyming and sing along session

Ready, Set and Decorate!

**Date**: 21st August **Time**: 2 - 3:30 pm **Ages**: 4 - 12

Show off your creative skills by decorating cupcakes.

Ready, Set and Build!

**Date:** 22nd August **Time:** 10 am - 12 pm **Ages:** 2 - 12

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

with!

Ready, Set and Craft!

**Date**: 22nd August **Time**: 2 - 3:30 pm **Ages**: 4 - 12

Make your own hand puppet with colourful felts, sequins, buttons and fabric.

Ready, Set and Play!

**Date**: 24th August **Time**: 10 - 11 am **Ages**: 5 - 12

Play your favourite word games!

Ready, Set and Act!

**Date:** 24th August **Time:** 2 - 3:30 pm **Ages:** 4 - 12

Create a novelty mask of your favourite character to act out

to your friends and family

Ready, Set and Games!

Date: 25th August Time: 10 - 11 am Ages: 2 - 12

Join our games club to play with variety of Board games

Ready, Set and Make!

**Date:** 25th August **Time:** 2pm - 3:30 pm

**Ages:** 4 - 12

Make colourful slimes to squish, stretch, poke for endless play time.

Ready, Set and Read!

**Date:** 26th August **Time:** 11 am - 12 pm

**Ages:** 0 - 5

Come and share your favourite stories by reading aloud to

keen listeners.

Ready, Steady and Frame!

**Date:** 26th August **Time**: 2 - 3:30 pm **Ages:** 4 - 12

Design a picture frame covered in colourful leaves & feathers.

Ready, Set and Watch!

Date: Every day from Monday 24th July - Saturday 26th

August

**Time**: 4:30 - 6 pm **Ages:** 0 - 12 & family

Sit back and relax by watching one of your favourite movie on

a big screen TV

Ready, Set and Borrow!

Date: Every day from Saturday 8th July - Saturday 2nd

September

**Time:** 10 am - 8 pm

**Ages:** 0 - 12

Borrow six books or more and enter the Weekly Prize Draw to  $\,$ 

win a mysterious prize.

NORTH WOOLWICH LIBRARY

Spaces are limited, booking advised. Contact North Woolwich Library for details on how to book. Email

CN.BecktonRoyalDocks@newham.gov.uk or call 020 3373 0843.

Please bring your library card with you. Address: 5 Pier Rd, London, E16 2LJ

**North Woolwich Library** 

Play Library

**Date:** Every Monday **Time**: 4 – 5 pm **Ages:** Under 5

Come and play with your favourite toy, bring old toys and

borrow new ones.

Arts and crafts

**Date:** Every Monday **Time:** 4 – 5 pm

Ages: 5+

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

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#### **Play Library**

**Date:** Every Tuesday **Time:** 10 am -12 pm **Ages:** Under 5

Come and play with your favourite toy, bring old toys and borrow new ones.

#### Arts and crafts/Fun Games

Date: Every Tuesday **Time**: 4 – 5 pm

Ages: 5+

Show off your crafting skills at this special Summer Reading Challenge arts and crafts and fun games session.

#### **Play Library**

Date: Every Wednesday **Time:** 10 – 12 pm **Ages:** Under 5

Come and play with your favourite toy, bring old toys and borrow new ones.

**Date:** Every Wednesday Time: 4-5 pm

Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

#### **Board Games**

**Date:** Every Thursday **Time:** 4 – 5 pm Ages: 5+

Explore and play with various board games.

#### Lego

**Date:** Every Friday **Time**: 4 – 5 pm Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

#### Lego

Date: Every Saturday Time: 4-5 pm



#### Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

#### Slime session

Date: 3rd & 24th August Time: 2-3 pm

Ages: 5+

See how fast you can make multi-coloured slime in this hands-

#### Play dough session

Date: 2nd & 9th August **Time:** 11 am – 12 pm

Ages: 3+

Discover the wonder of playing with playdough.

#### Boccia

Date: 10th August **Time:** 1 – 2 pm

**Ages:** 5+

As the Summer Reading Challenge theme this year is about sport and physical activities, we have combined a sport activity for you to explore. Come and learn what Boccia is and how to play Boccia!

#### **DLR Safety Talk with Arts and crafts with Jackie**

Date: 16th August **Time:** 2 – 3 pm

Ages: 5+

Learn about DLR Safety with the amazing Jackie and have fun with arts and crafts.

#### **Bug hunting and Gardening with Mo**

Date: 1st & 22nd August

**Time:** 11 - 12 Ages: 5+

Join our explorer Mo for an exciting bug hunting and gardening.

#### Hula hoop

Date: 31st May Time: 2 pm **Ages:** 5+

#### **PLAISTOW**

Spaces are limited, booking advised for all our face-to-face events. Contact Plaistow Library for details on how to book. Address: Plaistow Library, North street E13 9HL

For more information and support, contact CN.Plaistow@

newham.gov.uk or call 0203 373 0859

#### **Messy Play**

Date: 24th July **Time:** 10 – 11 am Ages: Under 5's

Join us and enjoy some sensory style messy play.

#### **Arts and Craft**

Date: 24th July **Date**: 12 - 1 pm **Ages:** Over 5

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

#### Bingo

Date: 24th July **Time:** 2 – 3 pm All ages

Get ready and Set to Win

#### **Story Time**

Date: 25th July Time: 10 - 11am **Ages:** 0 - 5

Enjoy an interactive story time session

#### Get Set, Code-a-pillar

Date: 25th July **Time:** 11 – 12 pm **Ages:** 0 - 5

Enjoy Coding for under 5's

#### Film Club with Popcorn

Date: 25th July Time: 1 - 2:30 pm

All ages

Spend your afternoon watching a family favourite film at the library. Popcorn provided!

#### **Chess Masterclass**

Date: 25th July **Time:** 3:30 - 4:30 pm

Ages: 5+

Showcase your skills or learn to be a chess Master

#### **Stay and Play**

Date: 26th July **Time:** 10 – 11 am **Ages**: 0 - 5

Enjoy some fun with soft play toys.

#### **Code-a-pillar Interactive Play**

Date: 26th July Time: 11 - 12 pm **Ages:** 0 - 5

Enjoy Coding for under 5's

#### **Drama workshop**

Date: 26th July Time: 2-3 pm

Enjoy exploring the world

of Creative Arts and expression

#### Code club

Ages: 5+

Date: 26th July **Time:** 3 - 4 pm Ages: 5+

**Enjoy Coding while** playing games.

#### **Messy Play**

Date: 27th July **Time:** 1 – 2 pm **Ages:** 0 - 5

Join us and enjoy some sensory

style messy play.

#### **Scavenger Hunt**

Date: 27th July Time: 2-3 pm

Ages: 5+

Hunt and find the clues to win prizes

#### **Kids Box fit Session**

Date: 27th July **Time**: 5 – 6 pm Ages: 5+

Get fit and healthy with Boxing for Kids

#### Games club

Date: 27th July **Time:** 4 – 6 pm

Ages: 5+

Enjoy some classic games and PS4 games

#### **Table Tennis Club**

Date: 28th July **Time:** 6 – 7 pm Ages: 5+

Learn to Play Table Tennis or compete with Existing

talent

#### **Rhyme Time**

Date: 28th July **Time:** 10 – 11 am **Ages**: 0 - 5

Enjoy a joyful session of classic rhymes and stories

#### Who Wants to Be An Olympian?

Date: 28th July **Time:** 11 – 12 pm **Ages**: 0 - 10

Live theatre and interactive game show that brings back the thrills and spills of London 2012 and Newham's Olympic and Paralympic heroes. Do you know your mini rolls from your log roll? ...and just how do you do a behind the back dribble? Find out by coming on down to this fun-filled interactive theatre show for the whole family where the prize is playing your part

Arts and craft

Date: 28th July **Time:** 2 – 3 pm

Ages: 5+

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

Lego Club build use your imagination

Date: 28th July **Time:** 3:30 - 4:30 pm

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

with!

Ages: 5+

**Arts and Craft make Mosaic Coasters** 

Date: 29th July Time: 12 -1 pm Ages: 5+

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

**Drama Workshop** 

Date: 29th July Time: 2-3 pm Ages: 7+

Enjoy exploring the world of Creative Arts and

expression

**Games Club** 

Date: 29th July **Time:** 3 - 4 pm Ages: 5+

Enjoy some classic games and PS4 games

**Table Tennis Club** 

Date: 29th July **Time:** 4 – 5 pm Ages: 5+

Learn to Play Table Tennis or compete with Existing talent

**Messy Play** 

Date: 31st July **Time:** 10 – 11 am **Ages:** Under 5

Join us and enjoy some sensory style messy play.

**Arts and Craft** 

Date: 31st July **Time:** 12 – 1 pm

Ages: 5+

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

**Bingo** 

Date: 31st July **Time:** 2 – 3 pm All ages

Get ready and Set to Win

**Story Time** 

Date: 31st July **Time:** 10 – 11 am **Ages:** 0 - 5

Enjoy an interactive story time session

Get Set, Code-a-pillar

Date: 1st August **Time:** 11 am – 12 pm

**Ages:** 0 - 5

Enjoy Coding for under 5's

**Pokémon Go Competition** 

Date: 1st August Time: 1 - 2:30 pm

All ages

Get ready to explore and catch them all.

Call to book spaces limited.

**Chess Masterclass** 

Date: 1st August Time: 3:30 - 4:30 pm

Ages: 5+

Showcase your skills or learn to be a chess Master

**Stay and Play** 

Date: 1st August **Time:** 10 – 11 am **Ages**: 0-5

Enjoy some fun with soft play toys.

**Code-a-pillar Interactive Play** 

Date: 2nd August **Time**: 11 – 12 pm **Ages:** 0 - 5

Drama workshop

Date: 2nd August **Time**: 2 − 3 pm Ages: 7+

Enjoy exploring the world of Creative Arts and expression

Code club

Date: 2nd August **Time**: 3 – 4pm Ages: 7+

Enjoy Coding while playing games.

**Messy Play** 

Date: 2nd August **Time:** 1 − 2 pm **Ages:** 0 - 5

Join us and enjoy some sensory style messy play.

Ready, Set Hoola Hoop!

Date: 3rd August **Time**: 2 − 3 pm Ages: 4+

Hula Hooping is a fantastic way to move your body and build confidence as well as being loads of fun! Come and join our hoop workshops where you'll be wow-ed with a spintastic demo from a professional hula-hooper then get to have a go yourself. Perfect for ages 4+ (but littler ones welcome to watch!)

**Kids Box fit Session** Date: 3rd August

**Time:** 5 – 6 pm Ages: 5+

Get fit and healthy with Boxing for Kids

Games club

Date: 3rd August **Time**: 4 – 6 pm Ages: 5+

Enjoy some classic games and PS4 games

**Table Tennis Club** 

Date: 3rd August **Time:** 6 – 7 pm Ages: 5+

Learn to Play Table Tennis or compete with Existing talent

**Rhyme Time** 

Date: 4th August **Time:** 10 – 11 am **Ages:** 0 - 5

Enjoy a joyful session of classic rhymes and stories

**Stay and Play** 

Date: 4th August **Time:** 11 – 12 pm

Enjoy a fun session of games to engage the young minds.

Arts and craft

**Ages:** 0 - 5

Date: 4th August **Time:** 2 – 3 pm Ages: 5+

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

Lego Club build use your imagination

Date: 4th August Time: 3:30 - 4:30 pm

Ages: 5+

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up

**Arts and Craft make Mosaic Coasters** 

Date: 5th August **Time:** 12 – 1 pm

Ages: 5+

Show off your crafting skills at this special Summer Reading Challenge mosaic session.

**Drama Workshop** 

Date: 5th August Time: 2-3 pm Ages: 5+

Enjoy exploring the world of Creative Arts and

expression

**Games Club** 

Date: 5th August Time: 3-4 pm

Ages: 5+

Enjoy some classic games and PS4 games

**Table Tennis Club** 

Date: 5th August Time: 4-5 pm Ages: 5+

Learn to Play Table Tennis or compete with Existing

talent

**Messy Play** 

Date: 7th August **Time**: 10 – 11 am Ages: Under 5

Join us and enjoy some sensory style messy play.

#### **Arts and Craft**

Date: 7th August Time: 12 - 1 pm Ages: 5+

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

Bingo

**Date**: 7th August **Time:** 2 – 3 pm

All ages

Get ready and Set to Win

#### **Story Time**

**Date:** 8th August **Time**: 10 – 11 am **Ages:** 0 - 5

Enjoy an interactive story time session

#### Get Set, Code-a-pillar

**Date:** 8th August **Time**: 11 – 12 pm **Ages:** 0 - 5

Enjoy Coding for under 5's

#### **Pokémon Go Competition**

Date: 8th August Time: 1 - 2:30 pm All ages

Get ready to explore and catch them all.

Call to book spaces limited.

#### **Chess Masterclass**

**Date:** 8th August **Time:** 3:30 - 4:30 pm

Ages: 5+

Showcase your skills or learn to be a chess Master

#### **Stay and Play**

**Date**: 9th August **Time**: 10 – 11 am **Ages**: 0 - 5

Enjoy some fun with soft play toys.

#### **Code-a-pillar Interactive Play**

**Date:** 9th August **Time**: 11 -12 pm **Age:** 0 - 5

Enjoy Coding for under 5's

#### Ready, Set, Meet the Author

**Date:** 9th August **Time:** 2 - 3.30 pm **Ages:** 6 - 12

Meet JJ Arcanjo, author of Crookhaven: The School for Thieves. What does your imaginary thief school look like?

#### Code club Lego we do

**Date**: 9th August **Time**: 3 - 4 pm **Ages:** 7 +

Use problem-solving, literacy and coding skills to complete each unit of our Lego WeDo robotic kit

#### **Messy Play**

**Date**: 10th August **Time:** 1 - 2 pm **Ages:** 0 - 5

Join us and enjoy some sensory style messy play.

#### **Scavenger Hunt**

Date: 10th August Time: 2 - 3 pm Ages: 5 +

Hunt and find the clues to win prizes

#### **Kids Box fit Session**

Date: 10th August Time: 5 - 6 pm Ages: 5 +

Get fit and healthy with Boxing for Kids

#### Games club

Date: 10th August Time: 4 - 6 pm Ages: 5 +

Enjoy some classic games and PS4 games

#### **Table Tennis Club**

Date: 11th August Time: 6 - 7 pm Ages: 5 +

Learn to Play Table Tennis or compete with Existing talent

#### **Rhyme Time**

Date: 11th August Time: 10 - 11 am Ages: 0 - 5

Enjoy a joyful session of classic rhymes and stories

#### **Stay and Play**

Date: 11th August Time: 11 am - 12 pm

**Ages:** 0 - 5

Enjoy a fun session of games to engage the young minds.

#### Arts and craft

**Date:** 11th August **Time**: 2 - 3 pm **Ages**: 5 +

Show off your crafting skills at this special Summer Reading

Challenge arts and crafts session.

#### Lego Club build use your imagination

**Date:** 11th August **Time:** 3:30 - 4:30 pm

**Ages:** 5 +

Use problem-solving, logic, and engineering skills to build creative Lego models.
See what your imagination can come up with!

# Arts and Craft make Mosaic Coasters

Date: 12th August Time: 12 - 1 pm Ages: 5 +

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

#### **Drama Workshop**

Date: 12th August Time: 2 - 3 pm Ages: 5 +

Enjoy exploring the world of Creative Arts and

expression

#### **Games Club**

Date: 12th August Time: 3 - 4 pm Ages: 5 +

Enjoy some classic games and PS4 games

#### **Table Tennis Club**

Date: 12th August Time: 4 - 5 pm Ages: 5 +

Learn to Play Table Tennis or compete with Existing talent

#### **Messy Play**

Date: 14th August Time: 10 - 11 am Ages: Under 5's

Join us and enjoy some sensory style messy play.

#### **Arts and Craft**

Date: 14th August Time: 12 - 1 pm Ages: 5 +

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

#### Bingo

Date: 14th August Time: 2 - 3 pm All ages

Get ready and Set to Win

#### **Story Time**

**Date:** 15th August **Time:** 10 - 11 am **Ages:** 0 - 5

Enjoy an interactive story time session

#### Get Set, Code-a-pillar

**Date:** 15th August **Time:** 11 am - 12 pm

**Ages:** 0 - 5

Enjoy Coding for under 5's

#### **Pokemon Go Competition**

Date: 15th August Time: 1 - 2:30 pm All ages

Get ready to explore and catch them all.

#### **Chess Masterclass**

**Date:** 15th August **Time**: 3:30 - 4:30 pm

**Ages**: 5 +

Showcase your skills or learn to be a chess Master

#### **Stay and Play**

**Date**: 16th August **Time:** 10 - 11 am **Ages**: 0 - 5

Enjoy some fun with soft play toys.

#### Code-a-pillar Interactive Play

Date: 16th August Time: 11 am - 12 pm

**Ages**: 0 - 5

Enjoy Coding for under 5's

#### Drama workshop

Date: 16th August Time: 2 - 3 pm

Enjoy exploring the world of Creative Arts and expression

#### Code club

Date: 16th August Time: 3 - 4 pm Ages: 7 +

Enjoy Coding while playing games.

#### **Messy Play**

Date: 17th August Time: 1 - 2 pm Ages: 0 - 5

Join us and enjoy some sensory style messy play.

#### Ready, Set, Build

**Date:** 17th August **Time:** 3 - 4 pm

**Ages:** 5 +

SUMMER HOLIDAY ACTIVITIES IN NEWHAM 2023

A team building activity where children will work together using everyday objects to build a structure. This is an engineering themed activity encourages problem solving.

#### **Kids Box fit Session**

Date: 17th August **Time**: 5 - 6 pm **Ages**: 5 +

Get fit and healthy with Boxing for Kids

#### **Games club**

Date: 17th August **Time**: 4 - 6 pm **Ages**: 5 +

Enjoy some classic games and PS4 games

#### **Table Tennis Club**

Date: 18th August **Time:** 6 - 7 pm **Ages**: 5 +

Learn to Play Table Tennis or compete with Existing talent

#### **Rhyme Time**

Date: 18th August **Time:** 10 - 11 am **Ages:** 0 - 5

Enjoy a joyful session of classic rhymes and stories

#### **Stay and Play**

Date: 18th August Time: 11 am - 12 pm

**Ages:** 0 - 5

Enjoy a fun session of games to engage the young minds.

#### Arts and craft

Date: 18th August **Time**: 2 - 3 pm **Ages**: 5 +

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

#### Lego Club build use your imagination

Date: 18th August Time: 3:30 - 4:30 pm

**Ages:** 5 +

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

#### **Arts and Craft make Mosaic Coasters**

Date: 19th August **Time:** 12 - 1 pm **Ages:** 5 +

Show off your crafting skills at this special Summer Reading Challenge mosaic session.

#### **Drama Workshop**

Date: 19th August **Time:** 2 - 3 pm

**Ages:** 7 +

Enjoy exploring the world of Creative Arts and expression

#### **Games Club**

Date: 19th August **Time:** 3 - 4 pm **Ages:** 5 +

Enjoy some classic games and PS4 games

#### **Table Tennis Club**

**Date:** 19th August **Time:** 4 - 5 pm **Ages**: 5 +

Learn to Play Table Tennis or compete with Existing talent

#### **Messy Play**

Date: 21st August Time: 10 - 11 am Ages: Under 5

Join us and enjoy some sensory style messy play.

#### **Arts and Craft**

Date: 21st August **Time:** 12 - 1 pm **Ages:** 5 +

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

#### Bingo

Date: 21st August **Time:** 2 - 3 pm All ages

Get ready and Set to Win

#### **Story Time**

Date: 22nd August Time: 10 - 11 am **Ages:** 0 - 5

Enjoy an interactive story time session

#### Get Set, Code-a-pillar

Date: 22nd August Time: 11 am - 12 pm **Ages:** 0 - 5

Enjoy Coding for under 5's

#### **Pokemon Go Competition**

Date: 22nd August **Time**: 1 - 2:30 pm All ages Get ready to explore and catch

them all.

#### **Chess Masterclass**

Date: 22nd August **Time:** 3:30 - 4:30 pm

**Ages**: 5 +

Showcase your skills or learn to be a chess Master

#### **Stay and Play**

Date: 23rd August **Time**: 10 - 11 am **Ages:** 0 - 5

Enjoy some fun with soft play toys.

#### **Code-a-pillar Interactive Play**

Date: 23rd August Time: 11 am - 12 pm **Ages**: 0 - 5

Enjoy Coding for under 5's

#### **Drama workshop**

Date: 23rd August **Time:** 2 - 3 pm **Ages:** 5 +

Enjoy exploring the world of Creative Arts and

expression

#### Code club

Date: 23rd August Time: 3 - 4 pm **Ages:** 7 +

Enjoy Coding while playing games.

#### **Messy Play**

Date: 24th August Time: 1 - 2 pm **Ages:** 0 - 5

Join us and enjoy some sensory style messy play.

#### **RoBo Lab**

Date: 24th August Time: 2:15 - 3:30 pm

**Ages:** 5 +

Prepare Robo, Get ready to design and create your own robots.

#### **Kids Box fit Session**

Date: 24th August **Time:** 5 - 6 pm **Ages**: 5 +

Get fit and healthy with Boxing for Kids

#### Games club

Date: 24th August **Time:** 4 - 6 pm **Ages:** 5 +

Enjoy some classic games and PS4 games

#### **Table Tennis Club**

Date: 25th August **Time:** 6 - 7 pm **Ages:** 5 +

Learn to Play Table Tennis or compete with Existing talent

#### **Rhyme Time**

Date: 25th August Time: 10 - 11 am **Ages**: 0 - 5

Enjoy a joyful session of classic rhymes and stories

#### **Stay and Play**

Date: 25th August Time: 11 am - 12 pm

**Ages:** 0 - 5

Enjoy a fun session of games to engage the young minds.

#### Ready, Set, Design - Textile customisation by PiNs the Artist

**Date:** 25th August **Time:** 2 - 3 pm **Ages:** 5 +

Customise your very own baseball cap with local artist PiNs, inspired by your favourite sports activities using various application techniques. All materials provided, so just turn up & get creative

#### Lego Club build use your imagination

Date: 25th August **Time:** 3:30 - 4:30 pm

**Ages:** 5 +

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

#### **Arts and Craft make Mosaic Coasters**

Date: 26th August Time: 12 - 1 pm **Ages:** 5 +

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

#### **Drama Workshop**

Date: 26th August **Time:** 2 - 3 pm

Enjoy exploring the world of Creative Arts and expression

#### **Games Club**

Date: 26th August **Time**: 3 - 4 pm **Ages:** 5 +

Enjoy some classic games and PS4 games

**Table Tennis Club** 

**Date:** 26th August **Time:** 4 - 5 pm

**Ages:** 5 +

Learn to Play Table Tennis or compete with Existing talent

**Story Time** 

**Date:** 29th August **Time:** 10 - 11 am **Ages:** 0 - 5

Enjoy an interactive story time session

Get Set, Code-a-pillar

**Date**: 29th August **Time:** 11 am - 12 pm

**Ages:** 0 - 5

Enjoy Coding for under 5's

**Pokemon Go Competition** 

**Date**: 29th August **Time:** 1 - 2:30 pm

All ages

Get ready to explore and catch them all.

**Chess Masterclass** 

**Date:** 29th August **Time:** 3:30 - 4:30 pm

**Ages**: 5 +

Showcase your skills or learn to be a chess Master

**Stay and Play** 

**Ages**: 0 - 5

**Date:** 30th August **Time:** 10 - 11 am

Enjoy some fun with soft play toys.

**Code-a-pillar Interactive Play** 

**Date**: 30th August **Time:** 11 am - 12 pm

**Ages:** 0 - 5

Enjoy Coding for under 5's

Drama workshop

**Date:** 30th August **Time**: 2 - 3 pm

Enjoy exploring the world of Creative Arts and expression

Code club

**Date**: 30th August **Time:** 3 - 4 pm

Ages: 7 +

Enjoy Coding while playing games.

**Messy Play** 

**Date:** 31st August **Time:** 1 - 2 pm

**Ages:** 0 - 5

Join us and enjoy some sensory style messy play.

**Scavenger Hunt** 

Date: 31st August Time: 2 - 3 pm Ages: 5 +

Hunt and find the clues to win prizes

**Kids Box fit Session** 

**Date:** 31st August **Time**: 5 - 6 pm **Ages:** 5 +

Get fit and healthy with Boxing for Kids

Games club

Date: 31st August Time: 4 - 6 pm Ages: 5 +

Enjoy some classic games and PS4 games

**Table Tennis Club** 

**Date:** 1st September **Time:** 6 - 7 pm

**Ages:** 5 +

Learn to Play Table Tennis or compete with Existing

talent

**Rhyme Time** 

Date: 1st September Time: 10 - 11 am Ages: 0 - 5

Enjoy a joyful session of classic rhymes and stories

**Stay and Play** 

Date: 1st September Time: 11 am - 12 pm

Enjoy a fun session of games to engage the young minds.

Arts and craft

**Date**: 1st September **Time:** 2 - 3 pm

**Ages:** 5 +

Show off your crafting skills at this special Summer Reading Challenge arts and crafts session.

Lego Club build use your imagination

**Date:** 1st September **Time:** 3:30 - 4:30 pm

**Ages:** 7 +

Use problem-solving, logic, and engineering skills to build creative Lego models. See what your imagination can come up with!

Plaistow Library Ready Set Partyyyy,

Come along and celebrate all your achievements with face painting, balloon modelling fun activities and more.....

Saturday 16th September

1pm to 4pm

STRATFORD LIBRARY

Spaces are limited, booking advised for all our face-to-face events. Contact Stratford Library for details on how to book. Address: Plaistow Library, North street E13 9HL For more information and support, contact

CN.Stratfordwestham@newham.gov.uk or call 020 3373 0826

Address: Stratford Library, 3 The Grove, E15 1EL

Ready, Set, Go... Colouring Competition

Date: 24th July Time: 10 - 11 am

All ages

Let your imagination fly and combine all the colours you most like to create the most amazing artwork. Stratford's team will be the judge of all participants and a prize will be given to the most creative artwork so do not miss out on the opportunity!

**STEM session** 

**Date**: 25th July **Time:** 11 am – 12 pm

Ages: 6+

Ready for a challenge? Join us for an amazing STEM session where we will test your creativity and digital skills, who will be the first to finish the challenge?

**Chess Club** 

**Date**: 25th July **Time**: 5:30 - 7:30 pm

Ages: 6+

Chess sessions where our expert tutors will teach you how to beat the most experienced chess players in the world.

Ready, Set, Go... Tables Tennis Competition

Date: 26th July Time: 9 am – 12 pm All ages

Are you game? Stratford team will be the referee of the Table Tennis Competition; do you dare play among the best?

Storytelling for under 5s

**Date**: 28th July **Time:** 10 - 10:30 am **Ages:** Under 5

Join us for a lovely storytelling and sing along session with the

Stratford team.

Ready, Set, Go... Arts & Crafts

**Date:** 29th July **Time:** 11 am - 12 pm

All ages

Stratford team has prepared an amazing craft session where you will test your artsy skills. Will your craft make it to Stratford's wall of fame?

Lego Club

**Date:** 30th July **Time:** 12 – 1 pm

All ages

Show Stratford team your creativity and build the biggest or most amazing construction in the whole neighbourhood. We will be taking pictures of your work!

Family Film Matinee

Date: 30th July Time: 1 – 3 pm All ages

Stratford team has chosen the best titles for the film session. Sweet and salty popcorn provided!

Ready, Set, Go... Colouring Competition

Date: 31st July Time: 10 - 11 am All ages

Let your imagination fly and combine all the colours you most like to create the most amazing artwork. Stratford's team will be the judge of all participants and a prize will be given to the most creative artwork so do not miss out on the opportunity!

STEM session

**Date:** 1st August **Time:** 11 am – 12 pm

Ages: 6+

Ready for a challenge? Join us for an amazing STEM session where we will test your creativity and digital skills, who will be the first to finish the challenge?

Chess Club

**Date:** 1st August **Time:** 5:30 - 7:30 pm

Ages: 6-

Chess sessions where our expert tutors will teach you how to beat the most experienced chess players in the world.

Ready, Set, Go... Tables Tennis Competition

Date: 3rd August Time: 9 am – 12pm All ages

Are you game? Stratford team will be the referee of the Table Tennis Competition. Do you dare play among the best?

Ready, Set, Go... Scavenger Hunt

**Date:** 3rd August **Time**: 11 am – 12 pm

All ages

Come and join Stratford team in our summer hunt, help us

42 SUMMER HOLIDAY ACTIVITIES IN NEWHAM 2023 SUMMER HOLIDAY ACTIVITIES IN NEWHAM 2023 43

find the clues hidden in the children's library and get ready to get some amazing prizes for the fastest at finding the secret word!

#### Storytelling for under 5's

Date: 4th August Time: 10 - 10:30 am Ages: Under 5's

Join us for a lovely storytelling and sing along with Stratford team.

#### Ready, Set, Go... Arts & Crafts

Date: 5th August **Time:** 11 am – 12 pm

All ages

Stratford team has prepared an amazing craft session where you will test your artsy skills. Will your craft make it to Stratford's wall of fame?

#### Lego Club

Date: 6th August **Time**: 12 – 1 pm All ages

Show Stratford team your creativity and build the biggest or most amazing construction in the whole neighbourhood. We will be taking pictures of your work!

#### **Family Film Matinee**

Date: 6th August **Time:** 1 – 3pm All ages

Stratford team has chosen the best titles for the film session. Sweet and salty popcorn provided!

#### **STEM** session

Date: 8th August **Time:** 11 am – 12 pm

**Ages:** 6 +

Ready for a challenge? Join us for an amazing STEM session where we will test your creativity and digital skills, who will be the first to finish the challenge?

#### **Chess Club**

Date: 8th August Time: 5:30 - 7:30 pm

**Ages:** 6 +

Chess sessions where our expert tutors will teach you how to beat the most experienced chess players in the world.

#### Ready, Set, Go... Tables Tennis Competition

Date: 9th August **Time:** 9 am – 12 pm

All ages

Are you game? Stratford team will be the referee of the Table Tennis Competition; do you dare play among the best?

#### Ready, Set, Go... Scavenger Hunt

Date: 10th August **Time**: 11 am - 12 pm

All ages

Come and join Stratford team in our summer hunt, help us find the clues hidden in the children's library and get ready to get some amazing prizes for the fastest at finding the secret word!

#### Storytelling for under 5's

Date: 11th August Time: 10 - 10:30 am Ages: Under 5

Join us for a lovely storytelling and sing along with Stratford team.

#### Ready, Set, Go... Arts & Crafts

Date: 12th August **Time:** 11 am – 12 pm

All ages

Stratford team has prepared a craft session where you will test your art skills. Will your craft make it to Stratford's wall of fame?

#### Lego Club

Date: 13th August **Time:** 12 – 1 pm

All ages

Show Stratford team your creativity and build the biggest or most amazing construction in the whole neighbourhood. We will be taking pictures of your work!

#### **Family Film Matinee**

Date: 13th August **Time:** 1 – 3 pm All ages

Stratford team has chosen the best titles for the film session. Sweet and salty popcorn provided!

#### Ready, Set, Go... Colouring Competition

Date: 14th August Time: 10 -11 am All ages

Let your imagination fly and combine all the colours you most like to create the most amazing artwork. Stratford's team will be the judge of all participants and a prize will be given to the most creative artwork so do not miss out on the opportunity!

#### **STEM session**

Date: 15th August **Time:** 11 am – 12pm

Ready for a challenge? Join us for an amazing STEM session where we will test your creativity and digital skills, who will be the first to finish the challenge?

#### **Chess Club**

Date: 15th August Time: 5:30 - 7:30 pm

**Ages:** 6 +

Chess sessions where our expert tutors will teach you how to beat the most experienced chess players in the world.

#### Ready, Set, Go... Tables Tennis Competition

Date: 16th August Time: 9 am - 12pm

All ages

Are you game? Stratford team will be the referee of the Table Tennis Competition; do you dare play among the best?

#### Ready, Set, Go... Scavenger Hunt

Date: 17th August **Time**: 11 am - 12pm

All ages

Come and join Stratford team in our summer hunt, help us find the clues hidden in the children's library and get ready to get some amazing prizes for the fastest at finding the secret word!

#### Storytelling for under 5's

Date: 18th August Time: 10 - 10:30 am Ages: Under 5

Join us for a lovely storytelling and sing along with Stratford team.

#### Ready, Set, Go... Arts & Crafts

Date: 19th August Time: 11 am - 12 pm

All ages

Stratford team has prepared an amazing craft session where you will test your artsy skills. Will your craft make it to Stratford's wall of fame?

#### Lego Club

Date: 20th August **Time:** 12 – 1 pm All ages

Show Stratford team your creativity and build the biggest or most amazing construction in the whole neighbourhood. We will be taking pictures of your work!

#### **Family Film Matine**

Date: 20th August **Time**: 1 – 3 pm

Stratford team has chosen the best titles for the film session. Sweet and salty popcorn provided!

#### Ready, Set, Go... Colouring Competition

Date: 21st August **Time:** 10 – 11 am All ages

Let your imagination fly and combine all the colours you most like to create the most amazing artwork. Stratford's team will be the judge of all participants and a prize will be given to the most creative artwork so do not miss out on the opportunity!

#### **STEM** session

Date: 22nd August **Time:** 11 am - 12 pm

**Ages:** 6 +

Ready for a challenge? Join us for an amazing STEM session where we will test your creativity and digital skills, who will be the first to finish the challenge?

#### **Chess Club**

Date: 22nd August Time: 5:30 - 7:30 pm

**Ages:** 6 +

Chess sessions where our expert tutors will teach you how to beat the most experienced chess players in the world.

#### Ready, Set, Go... Tables Tennis Competition

Date: 23rd August **Time:** 9 am – 12 pm All ages

Are you game? Stratford team will be the referee of the Table Tennis Competition; do you dare play among the best?

#### Ready, Set, Go... Scavenger Hunt

Date: 24th August Time: 11 am - 12 pm

All ages

Come and join Stratford team in our summer hunt, help us find the clues hidden in the children's library and get ready to get some amazing prizes for the fastest at finding the secret word!

#### Storytelling for under 5's

Date: 25th August Time: 10 - 10:30 am Ages: Under 5's

Join us for a lovely storytelling and sing along with Stratford

#### Ready, Set, Go... Arts & Crafts

Date: 26th August **Time**: 11 am - 12 pm

All ages

Stratford team has prepared an amazing craft session where you will test your artsy skills. Will your craft make it to Stratford's wall of fame?

#### Lego Club

Date: 27th August **Time:** 12 – 1 pm All ages

Show Stratford team your creativity and build the biggest or most amazing construction in the whole neighbourhood. We will be taking pictures of your work!

#### **Family Film Matine**

Date: 27th August **Time:** 1 – 3 pm

All ages

Stratford team has chosen the best titles for the film session. Sweet and salty popcorn provided!

# YOUTH EMPOWERMENT SERVICES

Within our Youth Zones, teams of dedicated youth workers support young people aged 9-19 (up to 25 for SEND young people), to access and undertake a process of Social and **Emotional learning**: through our:

- Quality youth work **practice**
- Comprehensive youth work **offer** (experiences and opportunities)
- Safe, varied and inviting youth work **settings**

It is our intention that throughout undertaking this process as well as beyond, young people will:

- Feel Valued
- Have Influence
- Feel Safe
- Realise their Potential

Information about the sessions at each Youth Zone and other Youth Empowerment Service areas can be found on the https://padlet.com/YESLBN/youth-empowermentweekly-programme-r5x77y7xlyou

To keep up to date with what is going on make sure you follow each Zone's Instagram account, as well as the Youth Empowerment Service's main Instagram account https:// www.instagram.com/lbnyes/

The types of activities you'll find on the **https://padlet.** com/YESLBN/youth-empowerment-weekly-programmer5x77y7xlyou are listed below.

# Forest Gate Youth Zone [FGYZ]

Open Access Youth Zone Provision & Non - Contact Boxing

**Date:** 27.07.23

**Time:** 2pm-6pm/6-7.30pm

Ages: 11yrs-18yrs

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### Open Access Youth Zone Provision & Non - Contact Boxing

Date: 3rd - 31st August | Every Thursday

**Time:** 2pm-6pm/6-7.30pm

Ages: 11yrs-18yrs

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Open Access Youth Zone Provision**

Date: 4th August - 1st September | Every Friday

**Time:** 3pm-7.30/5-7pm

**Ages:** 11 - 18

Open Access Youth Zone Provision 3-7.30 & Football Friday 5-7 https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Beckton Youth Zone [BYZ]**

Youth Citizen's Assembly - Stratford Youth Zone

Date: 28th July

Time: See Padlet for details

**Ages:** 11 - 18

**Location:** Stratford Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### Open Access Youth Zone Provision & Pottery Wheel Workshop

Date: 1st August **Time:** 12 – 5 pm

**Ages:** 11 - 18

**Location:** Beckton Globe Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### Open Access Youth Zone Provision & Paint & Sip

Date: 2nd August **Time:** 12 – 5 pm **Ages:** 11 - 18

**Location:** Beckton Globe Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### White Water Rafting

Date: 27th July

Time: See Padlet for details

Location: Pick Up/Drop Off at Beckton Globe Youth Zone https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Open Access Youth Zone Provision & T- Shirt Painting**

Date: 4th August **Time:** 12 – 5 pm **Ages:** 11 - 18

#### Open Access Youth Zone Provision & T - Shirt Painting

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Climbing Wall**

Date: 27th July

Time: See Padlet for details

**Ages:** 11 - 18

Team Building Visit - Climbing Wall

Location: Pick Up/Drop Off at Beckton Globe Youth Zone https://padlet.com/YESLBN/youth-empowerment-weekly-

programme-r5x77y7xlyou

#### **Roller Disco**

Date: 27th July

Time: See Padlet for details

**Ages:** 11 - 18

Location: Pick Up/Drop Off at Beckton Globe Youth Zone https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Thorpe Park Visit**

Date: 11th August Time: 12 - 5 pm **Ages:** 11 - 18

Location: Beckton Globe Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Southend Visit**

Date: 23rd August **Time:** 12 – 5 pm **Ages:** 11 - 18

Location: Beckton Globe Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### BBQ

Date: 25th August Time: 12 - 5 pm **Ages:** 11 - 18

Location: Beckton Globe Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

# **Shipman Youth Zone [SGYZ]**

#### Roller Skating Date: 25th July

**Time**: 1 - 6 pm **Ages:** 11 - 18

**Location:** Trinity Community Centre

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Arts and Crafts**

Date: 26th July Time: 1 - 6 pm **Ages:** 11 - 18

**Location:** Trinity Community Centre

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Sports in Cundy Park**

Date: 27th July Time: 3 - 5:30 pm **Ages:** 11 - 18

Location: Cundy Road Youth Café

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Healthy Eating Workshop**

Date: 1st August **Time:** 1 - 6 pm **Ages:** 11 – 18

**Location:** Trinity Community Centre

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Jewellery Making**

Date: 2nd August **Time:** 1 - 6 pm **Ages:** 11 - 18

**Location:** Trinity Community Centre

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Substance Misuse Workshop 1**

Date: 3rd August **Time:** 3 - 5:30 pm **Ages:** 11 – 18

**Location:** Cundy Road Youth Café

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

### **Open Access Youth Zone Provision**

Date: 8th August

**Time:** 1 - 6 pm Ages: 11 - 18 **Location:** Trinity Community Centre

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### Substance Misuse 1

Date: 9th August **Time:** 1 - 6 pm **Ages:** 11 - 18

**Location:** Trinity Community Centre

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Substance Misuse Workshop 2**

Date: 10th August Time: 3 - 5:30 pm **Ages:** 11 - 18

**Location:** Youth Café

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### Whole Membership Off Site Visit

Date: 11th August

Time: See Padlet for details

**Ages:** 11 - 18

Location: Pick Up/Drop Off Trinity Community

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

**SUMMER HOLIDAY ACTIVITIES IN NEWHAM 2023** SUMMER HOLIDAY ACTIVITIES IN NEWHAM 2023 47 Ageless Teenagers Tea Dance - Intergenerational Project

Date: 16th August **Time:** 1 - 6 pm **Ages:** 11 – 18

**Location:** Trinity Community Centre

https://padlet.com/YESLBN/youth-empowerment-weekly-

programme-r5x77y7xlyou

#### Workshop (TBC) & Open Access Youth Zone Provision

Date: 17th August Time: 3 - 5:30 pm Ages: 11 - 18

**Location:** Youth Café

https://padlet.com/YESLBN/youth-empowerment-weekly-

programme-r5x77y7xlyou

#### **Urban Arts Workshop**

Date: 18th August **Time:** 2 - 7 pm **Ages:** 11 - 18 .

Location: Trinity Community Centre

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

**Xpand Presentation and Community Event** 

Date: 23rd August **Time:** 1:30 - 5 pm **Ages:** 11 - 18

**Location:** Trinity Community Centre

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

**Open Access Provision** 

**Date:** 24.03.23 - TBC Time: 11.30 am - 1:30 pm

**Ages:** 11 - 18

**Location:** Custom House Library

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

**Progression Session with Workplace** 

Date: 24.03.23 - TBC **Time:** 3 - 5:30 pm **Ages:** 11 - 18

**Location:** Youth Café

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

Picnic

Date: 30th August **Time:** 1 - 6 pm **Ages:** 11 - 18

**Location:** Trinity Community Centre

https://padlet.com/YESLBN/youth-empowerment-weekly-

programme-r5x77y7xlyou

#### **Gaming Challenge**

Date: 31st August Time: 3 - 5:30 pm **Ages:** 11 – 18

**Location:** Youth Café

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

# **Stratford Youth Zone [SYZ]**

**Photography Project** Date: 25th July - 27th July **Time:** 12 - 2 pm & 4 - 6 pm

**Ages:** 11 - 18

**Location:** Stratford Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### Youth Citizen's Assembly - Stratford Youth Zone

Date: 28th July **Time:** 2 - 7 pm **Ages:** 11 - 18

**Location:** Stratford Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### Podcasting & Grafitti Art

Date: 1st August & 3rd August **Time:** 12 - 2 pm & 4 - 6 pm

**Ages:** 11 - 18

**Location:** Stratford Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Podcasting & Boxing**

Date: 2nd August

**Time:** 12 - 2 pm & 4 - 6 pm

**Ages:** 11 - 18

**Location:** Stratford Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### Off Site Visit - Go Karting

Date: 4th August

**Time:** See Padlet for details

**Ages:** 11 - 18

**Location:** Pick Up/Drop Off Stratford Youth Zone https://padlet.com/YESLBN/youth-empowerment-weekly-

programme-r5x77y7xlyou

#### Up at the O2 and Uber Boat

Date: 8th August **Time:** 12 - 2 pm & 4 - 6 pm

**Ages:** 11 - 18

**Location:** Stratford Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weekly-

programme-r5x77y7xlyou

# **Detached Youth Work - Guidance for Young People**

Date: 24th July - 1st September | Time: Confirmed when booked | Contact Info: Shaheed.Miah@newham.gov.uk / Simone.Petters@newham.gov.uk | 07773 481367 | Football, Table Tennis, Basketball, Cricket

#### **Thorpe Park Visit**

Date: 11th August

Time: See Padlet for details

**Ages:** 11 - 18

Location: Pick Up/Drop Off Stratford Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weekly-

programme-r5x77y7xlyou

#### **Team Building Residential**

Date: 18th - 20th August Time: See Padlet for details

Ages: 11 - 18

Location: Pick Up/Drop Off Stratford Youth Zone https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Creative Hangout & Treasure Hunt**

Date: 23rd August Time: 12 - 2 pm & 4 - 6 pm

**Ages:** 11 - 18

Location: Stratford Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Dance Workshop & Open Access Youth Zone Provision**

Date: 24th August **Time:** 12 - 2 pm & 4 - 6 pm

**Ages:** 11 - 18

**Location:** Stratford Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

# **Little Ilford Youth Zone [LIYZ]**

#### Southend on Sea

Date: 26th July

**Time:** See Padlet for details

**Ages:** 11 – 18

Location: Little Ilford Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### Afternoon tea

Date: 28th July

Time: See Padlet for details

**Ages:** 11 – 18

**Location:** Pick Up/Drop Off LIYZ

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Theatre Visit - The Lion King**

Date: 2nd August

**Time:** See Padlet for details

**Ages:** 11 – 18

**Location:** Pick Up/Drop Off LIYZ

https://padlet.com/YESLBN/youth-empowerment-weekly-

programme-r5x77y7xlyou

#### Cultural Visit - Up at the O2

Date: 4th August

**Ages:** 11 - 18

Time: See Padlet for details

Location: Pick Up/Drop Off LIYZ

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **London Dungeons**

Date: 9th August

Time: See Padlet for details

**Ages:** 11 - 18

Location: Pick Up/Drop Off LIYZ

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Electric Games**

Date: 11th August

Time: See Padlet for details

**Ages:** 11-18

**Location:** Pick Up/Drop Off LIYZ

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### Young Women's Residential - PGL

Date: 16 – 18th August Time: See Padlet for details

**Ages:** 11 – 18

Location: Pick Up/Drop Off LIYZ

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Laser Tag**

Date: 18 August

**Time:** 12 – 5 pm

Ages: 11 - 18

Location: Pick Up/Drop Off LIYZ

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Indoor Skydiving**

Date: 23rd August

Time: See Padlet for details

**Ages:** 11 - 18

Location: Pick Up/Drop Off LIYZ

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Crazy Golf**

Date: 30th August

Time: See Padlet for details

**Ages:** 11 - 18

**Location:** Pick Up/Drop Off LIYZ Crazy Golf Liverpool Street

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

#### **Summer Party**

Date: 1st September **Time:** 12 – 5 pm

**Ages:** 11 - 18

Location: Little Ilford Youth Zone

https://padlet.com/YESLBN/youth-empowerment-weeklyprogramme-r5x77y7xlyou

# YOUTH EMPOWERMENT FUND

Since its launch in May 2021, the Youth Empowerment Fund has helped more than 200 Children & Young People, by providing financial support for them to pursue their dreams and realise their full potential. The fund can contribute to the cost of resources, travel, training or equipment that young people need to be able to learn and develop skills in the things they are passionate about.

If you would like to discuss the application and process, please contact **yefinfo@newham.gov.uk** 

The Youth Empowerment Fund, an innovative fund that helps young people from low-income families achieve their ambitions by removing where ever possible, small financial barriers which may be impeding young people's success. The Fund is unique from other funding streams or grants because young people are invited to apply directly on their own behalf or with support from a parent / carer or professional to secure assistance across a broad range of initiatives or opportunities to support them to begin to think about and shape their own future.

The aim of the Youth Empowerment Fund is to:

- Support young people's aspirations
- Remove small financial barriers to success
- Make Newham the best place for a child/young person to be young and grow up

With the Youth Empowerment Fund, young people can apply for up to £2,500 to help fund their ambitions. Whether it's buying sports equipment, pursuing higher education, this Fund is designed to give young people the financial support they need to reach their potential.

The impact of the Youth Empowerment Fund has been significant. For many young people from low-income families, financial barriers can be a major obstacle to achieving their ambitions. With the help of this Fund, they're able to overcome those barriers and pursue their dreams.

Please see some examples below of young people who have benefited from the Youth Empowerment Fund:

"Anybody eligible for the Youth Empowerment Fund, try your luck. Everybody needs that one edge in life to help them. Despite my studies, the lack of accounting experience and practicality was stumping me from obtaining the accounting roles I wanted. This grant has enabled me to enrol on a training course that will allow me to be more employable. Nothing but respect to the team and the initiative".

J. A. Aged 23

I just wanted to thank you for the help you have given me to afford a laptop, I truly appreciate it as it will genuinely help me towards achieving goals a lot easier now. Much thanks and appreciation

#### S.W. Aged 15 years

"The Youth Empowerment Fund has helped me toward my ambition by enabling me to afford to pay for my tuition fees for university and focus on my studies without the burden of stress. This has enabled me to pass my first set of exams, and has allowed me to focus on applying for summer internships".

T.L. Aged, 22 years

"I am an 18-year-old martial artist and found out about Newham's Youth Empowerment Fund, which offers grants of up to £2500, to children and young people from age 9 to 25 who live in Newham, and decided to apply. The application form was easy to complete, all I had to do was to ensure that I met all their requirements and was able to describe my ambition. I was awarded £2500 which was enough to cover the costs and I was able compete on the world stage".

#### M.A. Aged 18 years

After I finish secondary school, I want to do anything to do with music, maybe teaching others and performing. The Fund helped me pay for music classes and also funded a guitar and music lessons online.

#### V.H. Aged 13 years

For More information on the Youth Empowerment Fund, please go to: https://www.newham.gov.uk/children-families/youth-empowerment-fund

Or please contact the Youth Empowerment Fund Team: **yefinfo@newham.gov.uk** 



# SPECIAL EDUCATIONAL NEEDS & DISABILITIES

#### **MULTI-SPORTS CLUB**

#### **Bikeworks**

All Ability Cycling Club

Date: Alternate Tuesdays and Thursday see website for details

**Time:** 10am – 1:30pm **Ages:** 5 + year olds

**Location:** In front of Velodrome, Abercrombie Road, E20 3AB **Contact Info:** all.ability@bikeworks.org.uk, 020 8980 7998 **How to book:** This is a drop in event - no booking necessary -

/www.bikeworks.org.uk/all-ability/all-ability/

We have a range of adapted and standard cycles to allow people of all abilities to borrow a cycle to go for a ride around the park

# **All Ability Cycling Club**

Date: Every Friday
Time: llam – lpm
Ages: 5 +

**Location:** Central Park, opposite the Cafe, E6 3AJ **Contact Info:** all.ability@bikeworks.org.uk | 02089807998 **How to book:** This a drop in event - no booking necessary -

www.bikeworks.org.uk/all-ability/all-ability/

We have a range of adapted and standard cycles to allow people of all abilities to borrow a cycle to go for a ride around the park.

# Youth Together! Performance: Kitchen beats

**Date:** Thursday 27th July **Time:** 11am – 12pm

Ages: Disabled 18 - 25 year olds

**Location:** Zoom

Contact Info: kate@together2012.org.uk

We will create beats and rhythms with what we have in our kitchens – using pots and pans and wooden spoons.

How to book: kate@together2012.org.uk

Website Link: www.together2012.org.uk/activities-

programme/youth-together/

# Youth Together! Visual Arts: Still life

**Date:** Thursday 3rd August **Time:** 11am –12 pm

Ages: Disabled 18 - 25 year olds

Location: Zoom

Contact Info: kate@together2012.org.uk

We will be doing some drawing warm ups and then arranging and drawing the objects we have around us in our homes.

**How to book:** kate@together2012.org.uk to book. **Website Link:** www.together2012.org.uk/activities-programme/youth-together/

# Youth Together! Filmmaking and Photography: Selfies

**Date:** Thursday 10th August

**Time:** 11am – 12pm

**Ages:** Disabled 18 - 25 year olds

Location: Zoom

Contact Info: kate@together2012.org.uk

Taking selfies that explore our identities and who we are. You will need a smart phone. If you're joining the Zoom call using your smart phone, you may want to have a paper and pen or pencil handy to make notes.

How to book: Please email kate@together2012.org.uk to book.

Website Link: www.together2012.org.uk/activities-

programme/youth-together/

# Together! 2012 CIC

Saturday Youth Together! for Disabled 12 – 18 year olds

Date: Saturday 12th August

**Time:** 11am – 12pm

Ages: Disabled 12 - 18 year olds

**Location:** Zoom

Contact Info: kate@together2012.org.uk

We will be making recycled newspaper coasters and sculptures

– you will need newspaper, a straw, and PVA glue.

How to book: kate@together2012.org.uk

Website Link: www.together2012.org.uk/activities-

programme/youth-together/

# **MULTI-SPORTS CLUB**

### **Bikeworks**

**All Ability Cycling Club** 

Date: Alternate Tuesdays and Thursday see website for details

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Saturday Youth Together! for Disabled 12 – 18 year olds

**Date:** Saturday 12th August **Time:** 11am – 12 pm

**Ages:** Disabled 12 - 18 **Location:** Zoom

Contact Info: kate@together2012.org.uk

We will be making recycled newspaper coasters and sculptures

you will need newspaper, a straw, and PVA glue.
 How to book: kate@together2012.org.uk

Website Link: https://www.together2012.org.uk/activities-

programme/youth-together/

# Youth Together! Creative Writing & Spoken Word – Poetry zines

Date: Thursday 17th August Time: 11 am – 12 pm Ages: Disabled 18 - 25 Location: Zoom

Contact Info: kate@together2012.org.uk

We will make zines (mini magazines) to fill with poetry exploring colour. You will need a sheet of A4 paper, a pair of scissors, pens/pencils – the

more colourful the better, but a writing pen/pencil will do.

**How to book:** Please email kate@together2012.org.uk to book. **Website Link:** https://www.together2012.org.uk/activities-programme/youth-together/

# Youth Together! Performance: Writing a monologue

Ages: Disabled 18 - 25 year olds Date: Thursday 24th August Time: 1lam – 12 pm

Location: Zoom

Contact Info: kate@together2012.org.uk

We will watch some monologues together and then create our own. You might want to have the notes app in your phone, or a pen/pencil and paper to make notes and write your monologue with.

How to book: kate@together2012.org.uk

Website Link: https://www.together2012.org.uk/activities-

programme/youth-together/

# Youth Together! Performance: Performing a monologue

Date: Thursday 31st August Time: 11am – 12 pm Ages: Disabled 18 - 25 Location: Zoom

Contact Info: kate@together2012.org.uk

We will perform our monologues that we wrote last week.

How to book: kate@together2012.org.uk

Website Link: https://www.together2012.org.uk/activities-

programme/youth-together/

# **Royal Society for Blind Students**

Virtually via zoom or Life Without Limits Centre, Address: 10 Lower Thames St, London EC3R 6EN

Website: https://www.rsbc.org.uk/calendar-of-activities/

# **Summer Open Mic at the LWLC**

**Date:** 25th July - **Time:** 1 – 2:30 pm

**Location:** Life without Limits Cent

Come on down to our Centre for an afternoon of live music, singing and performances! weather you want to perform or just come along for an evening of creative performative fun,

our centre will be the place for you!

https://www.rsbc.org.uk/events/summer-open-m

# **Horse Riding at Park Lane Stables**

**Date:** 1st August **Time:** 10 am – 12 pm

Have you always wanted to try you hand at Horse Riding? well on Tuesday 1st August, the RSBC will be working the amazing people at Park Lane Stables for a group Horse Riding session! Book fast as there are limited spots!

**How to book:** https://www.rsbc.org.uk/events/horse-riding-at-park-lane-stables/

### Ark Farm visit to the LWLC

**Date:** 3rd August **Time:** 11 am - 12:30 pm

**Location:** Life without Limits Centre

How fond are you of Animals? if the answer is 'Absolutely Obsessed!' then you won't want to miss this session! On Thursday the 3rd of August, our Life without Limits Centre will host some very special guests. from Chinchillas and guinea pigs, to Rabbits and Barn Owls, our centre will have more than enough furry and flying friends for you to meet! https://www.rsbc.org.uk/?post type=event&p=11320&preview=true

# **Cook-a-Long Special!**

**Date:** 4th August **Time:** 12 - 3 pm

**Location:** Life without Limits Centre

Come down to our Life without Limits Centre for a very Special Cook-a-Long session! Using our specialist Kitchen, filled with accessible VI equipment, we will be learning new culinary skills, and developing new flavour and taste experiences!

https://www.rsbc.org.uk/?post\_type=event&p=11322&preview=true

# Mile End Rock Climbing

**Date:** 8th August **Time:** 11am-2pm

Come and sign up for an afternoon of rock climbing at the Mile End indoor Rock Climbing session. The amazing people at the centre have booked us in for a group of 12 of us to learn how to spend the morning putting out upper body strength to the test, so don't miss out! Sign up fast as there are limited spaces! https://www.rsbc.org.uk/events/mile-end-rock-climbing/

# Online Gaming Club – Virtually Via Zoom

Date: 8th August – Virtually via Zoom

**Time:** 1pm – 2:30 pm

Join in on our Virtual Gaming Club! Our amazing Assistive Tech officer

will be running a virtual summer gaming session over zoom. All you need is a device with a camera, Zoom installed, a website browser to play with others across the country! And no need to worry about getting set up, we will be starting the session an hour early to help you with getting set and started for the session beforehand! https://www.rsbc.org.uk/events/online-gaming-club/

# Summer Fun Day at our Life without Limits Centre!

Date: Saturday 12th August

**Time:** 11am – 2 pm

What better way to spend your summer holidays than at one of our famous RSBC Fun Days?! Whether this is your first time hearing about us, and you want to meet the staff and visit the center, or you've been with us for ages and fancy an afternoon of fun, be sure to come down and say hello at our Fun Day! We will have a load of fun activities for all ages and families throughout the afternoon, from wire sculpting and smoothycycling machines, to gaming and cooking, you'll be guaranteed to leave our center with a big smile and stories to tell! https://www.rsbc.org.uk/events/summer-fun-day-at-the-life-without-limits-centre/

# **Trip to Horniman Museum**

Date: Wednesday 23rd August

Time: 11am - 1:30 pm

Opened in 1901, the Horniman Museum is a building filled with all sorts of amazing things. From Instruments around the world and a huge collection of taxidermy animals, as well as winning 'Museum of the year' last year, the Horniman Museum is perfect if you're looking for an afternoon of interesting items ending with a group packed lunch in their beautiful gardens where we can meet the Llama's and Goats! Be sure to sign up for a wholesome South East London Trip! https://www.rsbc.org.uk/events/trip-to-the-horniman-museum/

# **Gaming Session**

**Date:** Friday 25th August

**Time:** 1 – 2.30 pm

**Location:** Life without Limits Centre

**How to book:** https://www.rsbc.org.uk/events/gaming-

session-at-the-life-without-limits-centre/

Come on down to our Life without Limits centre for some Gaming Fun! Using our 80inch interactive TV, and our brand new Nintendo Switch, we will have an afternoon dedicated to interactive sports games, and fun table top games for the afternoon so sign up now!

# Bowling at Canada Water's Hollywood Bowl!

**Date:** Friday 1st September

**Time:** 1 – 3:30 pm

**Location:** Sign up for an afternoon of Bowling at Canada Water's Hollywood Bowl! We've booked two lanes, for two hours of friendly competition between friends! Whether you're a bowling maverick, or have never tried it before and want to give it a go, then make sure you sign up and join us for some fun! Sign up quick as there are limited spaces! https://www.rsbc.org.uk/events/bowling-at-canada-waters-hollywood-bowl/

# **NURSERIES, CHILDREN CENTRES & PLAY SCHEMES**

#### **ASTON MANSFIELD**

# **Little Manor Play Project**

Date: 17th July: Thursday – Friday
24th July: Monday – Wednesday
31st July: Monday – Wednesday
7th August: Monday - Wednesday
14th August: Monday – Wednesday
21st August: Monday – Wednesday
28th August: Tuesday, Wednesday & Friday

**Time:** 8 am – 6 pm **Ages:** 5 - 12 (Year 1 – Year 7)

Location: Aston-Mansfield Community Centre, 1 Toronto

Avenue, Manor Park, London, E12 5JF

**Contact Info:** play@aston-mansfield.org.uk | 020 3355 3978 A fun packed programme of play sessions including a mixture of on-site activities and trips. Activities include sports, games, arts & crafts, cookery, experiments, drama and IT. There's something for everyone.

Includes breakfast, lunch, and snacks. Minimum of three trips per week.

Ofsted registered.

#### **The Manor Youth**

**Date:** Every Thursday and Friday from Thursday 27th July –

Friday 1st September

Time: 8 am – 6 pm

Ages: 11-14 (Year 7 – Year 9)

**Location:** Aston-Mansfield Community Centre, 1 Toronto

Avenue, Manor Park, London, E12 5JF

**Contact Info:** play@aston-mansfield.org.uk | 020 3355 3978 A mixture of activity sessions and outings, planned in partnership with the young people, and workshops focused on life-skills, covering topics such as, keeping yourself safe online, negotiating peer pressure, self-defence, volunteering, citizenship, and money management.

Includes breakfast, lunch, and snacks. Minimum of one trip per week. Ofsted registered.

# Children's Health 0-19 Service

Date: 25th July - 24th August 2023

**Time:** 10 am -3 pm (times may vary depending on the activity)

**Ages:** 5 - 16

Location: School 21 and other locations

**Contact Info:** CHSHolidayClubs@newham.gov.uk | 07816114797 We are back this Summer with more wide range of exciting

activities, physical games, mosaic, virtual activity, music production and much more

**How to book:** To find out more about our club and how to book on please email the above email address.

# THE ROYAL DOCKS LEARNING & ACTIVITY CENTRE (RDLAC)

#### **Summer scheme**

**Date:** 24th July – 10th August **Time:** 10.30 – 12.30 pm (5-7s) 10.30 – 3 pm ( 8-14s )

**Ages:** 5-7 | 8-14

**Location:** Britannia Village Hall

 $\textbf{Contact Info:} \ Youth@wsfroyaldocks.org \ | \ families@$ 

wsfroyaldocks.org |07564859134

Our annual summer scheme which includes a range of activities from arts and crafts, sports, workshops and much more. Our scheme is free for all with lunch included for 8-14s.

#### **CHILDREN'S CENTRES**

Best Start in Life Children's Centres Children's Centre activities

Children's Centre activities are primarily for children aged 5 and under

Children's Centres will run a range of activities for families with children aged 5 and under in settings across the borough. These activities will support your child's learning and development, including speech and language.

Please note that you will need to register with Best Start in Life to access activities. You can register in person at your local children's centre, or online – please see Best Start in Life (BSiL) Children's Centres | Newham Families Advice and Support | Best Start in Life (BSiL) Children's Centresthe online form. Visit https://families.newham.gov.uk/kb5/newham/directory/family.page?familychannel=10&familychannel=0 for more info Email: FIS@newham.gov.uk

### Beckton and Royal Neighbourhood

www.bardcc.org.uk

# Canning Town and Custom House (Edith Kerrison and Keir Hardie)

https://www.edithkerrison.newham.sch.uk/activity-programme.html

#### East Ham Neighbourhood (Altmore Children Centre and Oliver Thomas Children Centre) www.oliverthomas.org.uk

Children's Centre – Altmore Infant School)

#### Forest Gate Neighbourhood (Kay Rowe Children Centre and Maryland Children Centre) kayrowe.newham.sch.uk

Green Street Neighbourhood (St Stephens Children Centre)

https://www.st-stephens-nurserychildrenscentre.org.uk/Calendar/

Manor Park Neighbourhood (Manor Park Community Children Centre/Sheringham)

Plaistow Neighbourhood (Plaistow Children Centre)

https://plaistow.newham.sch.uk/Plaistow-Children-s-Centre/

# Stratford and West Ham Neighbourhood (Rebecca Cheetham Children Centre)

rebeccacheetham.newham.sch.uk

# SUPPORT SERVICES

If you need support during the holiday period, the following services will be open and able to assist you:

For questions about council services, get in touch with the Newham Council Contact Centre on:

T: 020 8430 2000 (9am-5pm, weekdays). Textphone: 18001 020 8430 2000



SUMMER HOLIDAY ACTIVITIES IN NEWHAM 2023 55

# HEALTH

# **School Health Service (SHS)**

School Health's Young Carers organize events for young people aged 5-18 who have caring responsibilities. Info: Visit: https:// www.newhamconnect.uk/Services/3580 for more information.

The school health service (SHS) is part of the Children's Health 0-19 Service and support children, young people (aged 5-19) and their families, who live in Newham. We provide information and support for a wide range of health issues including: oral health, healthy growth, managing stress, improving sleep, healthy relationships as well ensuring the right support is in place in school for children with long term health conditions.

Make a referral to see a school nurse www.newham.goc.uk/ schoolhealthreferral or email schoolhealth@newham.gov.uk Check out our pages on Newham Connect for more details about our offer https://www.newhamconnect.uk/Services/3580

#### **National Health Service**

Phone: 999 for emergencies

Phone: 111 (free from a landline or mobile phone) Online: 111.nhs.uk (for assessment of people aged 5 and over only)

To get the right advice or treatment you need for physical or mental health. The advice is available 24 hours a day, 7 days a week.

# **National Child Measurement Programme (NCMP)**

The National Child Measurement Programme (NCMP) measures the height and weight of children in Reception class (aged 4 to 5) and year 6 (aged 10 to 11). We are running parent information workshops in person for anyone who may have any questions and is an opportunity to meet members of the school health service that will be providing the NCMP in your child's school. If you have an enquiry about the National Child Measurement Programme, please call 0300 303 5678 or email enquiries@nhsdigital.nhs.uk.

### ChatHealth

ChatHealth is a confidential text messaging service for 11-19 year olds. It is a quick and easy way for young people to access health advice and support. A qualified nurse can respond to messages, Monday to Friday between 9-5pm (excluding Bank Holidays). Messages will be responded to within 24 working hours. Text the service on: 07507 326645

# **Filming Health Videos**

We have been busy with children and young people making short films providing health information. Check them out on YouTube using the links below. If you want to get involved in creating short films or interested in getting involved behind the camera, contact us on schoolhealth@newham.gov.uk

#### **School Readiness-Early Years**

https://youtu.be/RK85GXs3qVo

Vision and Hearing for 4/5 year olds

https://www.youtube.com/watch?v=YQK0nmSpFE0

Thinking Inside the Box- A Health Visiting Story

https://youtu.be/LxBNTudWyCw

#### **Family Nurse Partnership**

https://youtu.be/NSQX9C7u3 s

### **Asthma Videos**

**Asthma** a Hero Story

https://www.youtube.com/watch?v=OyOdu7hAjL0

Implementing A Whole School Asthma Approach

https://www.youtube.com/watch?v=l1J4cTwMev0

My Asthma Hero travel pack:

https://www.youtube.com/watch?v=pfaG\_Rz5CwQ

Asthma, the Straw Game:

https://www.youtube.com/watch?v=ZNvqMDpfFQs

Looking after my Asthma Spacer:

https://www.youtube.com/watch?v=NblqBgmfTFE

# **Children and Young People's** Services, Public Health via the Children and Young People's Mental **Health & Wellbeing Partnership** presents NewhamFlix-The **Courageous Superior Three (CS3)**

7 short films made by young people, for young people, about emotional health and wellbeing, expressed through spoken word. This series takes us through their spoken word performance and behind the scenes.

#### **Episode 1-Turning up**

https://www.youtube.com/watch?v=tq4Ne-NNHw8

#### **Episode 2-Meeting Poetess Jess**

https://www.youtube.com/watch?v=K CgsNHlVMU

#### **Episode 3-Rehearsals**

https://www.youtube.com/watch?v=jaM32GbO4zs

#### **Episode 4- Getting in the zone**

https://www.youtube.com/watch?v=rdBKqtUpy6Q

#### **Episode 5- It's Showtime**

https://www.youtube.com/watch?v=3-PPcsgeFrY

#### Episode 6- Q&A

https://www.youtube.com/watch?v=go4r62dbNsw

#### Episode 7- I get it - Full performance

https://www.youtube.com/watch?v=su6ceKePDVE

# **Children and Adolescent Mental Health Service (CAMHS)**

CAMHS (Children and Adolescent Mental Health Service) is a specialist mental health service for children and young people.

Your doctor, school or school nurse can make a referral. There are lots of useful resources and workshops for families at www.elft.nhs.uk/camhs

# **CRISIS & COUNSELLING**

#### **Adult Social Care**

020 8430 2000 (Select option 2), 9am-5pm, Monday-Thursday & 9am-4.45pm, Friday

https://www.newham.gov.uk/health-adult-social-care The team consists of qualified and experienced: Social workers; Approved Mental Health Professionals (AMPH) and Safeguarding workers to respond to urgent safeguarding concerns. The Emergency Duty Team provides support in an emergency out-of-hours: evenings, overnight, weekends and Bank Holidays. An emergency is anything that cannot wait until the next day. The team will provide emergency support to: Children and Families and anyone over the age of 18.

#### **Children's Social Care**

999 if a child is at risk of serious harm, abuse or neglect 020 3373 4600 (Option 1) for Children's Social Emergency Monday to Thursday, 9am to 5.15pm or Friday 9am to 5.00pm Out of Hours Phone: 020 8430 2000

Make a request online or request support or protection of a child. https://families.newham.gov.uk/kb5/newham/directory/ family.page?familychannel=7

### **Child Line**

0800 1111

0808 800 5000 for adults concerned about a child www.childline.org.uk/

Childline is a counselling service for children and young people up to their 19th birthday provided by the National Society for the Prevention of Cruelty to Children. Children can get help and advice from a counsellor (by phone or online) about a wide range of issues.

#### **Crisis Line**

0800 073 0066

The crisis line is provided by East London NHS Foundation Trust (ELFT) to support people of all ages living in Newham. It is available 24 hours a day including weekends and Bank Holidays. Callers will be given support and advice from mental health professionals. The service aims to provide the right care at the right time and prevent people spending unnecessary time at the Emergency Department. @NHS ELFT's Newham Mental Health Crisis Line phone number updates: 24hr Mental Health Crisis Line number from today is 020 7771 5888.

@Gill NHS @NHSNewhamCCG @MindITHN @NewhamLondon

# **Hestia Domestic Violence** Support

999 if you are in immediate danger

0808 196 1482 - this number is also available after 6pm for emergencies

Email: InfoNewhamDSV@hestia.org or

www.hestia.org/newham

These services are still running and a professional support worker can be contacted by phone on the above numbers.

# **Change Grow Live Charity**

0800 652 3879

www.changegrowlive.org/local-support/find-a-service Advice and support on drug or alcohol issues.

#### Kooth

0203 984 9337

www.kooth.com

contact@kooth.com

www.koothplc.com/contact-us

Please note Kooth is accessible throughout the school

Kooth is available if you're aged 11 to 18 years, and offers: a live chat function so young people can contact a qualified counsellor. Scheduled and drop-in counselling sessions available all year round (including evenings and weekends) and anonymous support.

### Samaritans

116 123 for free

Email: jo@samaritans.org

www.samaritans.org/

Samaritans is a charity aimed at providing emotional support to anyone in emotional distress, struggling to cope, or at risk of suicide throughout. Whatever you're going through, a Samaritan will face it with you. The service is available 24 hours a day, 365 days a year.

# **Family Advocacy**

020 8519 8312 between 10am - 4pm

Advocacy is when you get support to:

- Share your views, wishes and feelings
- Be listened to and understood
- Access and understand relevant information
- Explore choices and options
- Make informed choices and decisions about your life
- Access services
- Defend and promote your rights and responsibilities
- Speak out about issues that matter to you and be valued and included in your community

https://www.bizseek.co.uk/the-family-advocacyproject-020-8519-8312

# Shine – Sexual Health & Relationship Advice

020 8496 7237

Clinics are for young people 21 years and younger and are discreet, confidential and services are completely free to young people living in Newham. Advice and information includes:

- Hormonal contraception short term acting (pills, patches, vaginal rings), and www.alleast.nhs.uk/shine/ (coil, implants and contraceptive injections)
- Emergency contraception (the morning after pill taken within 5 days/120 hours of unprotected sex)
- Screening for sexually transmitted infections (STIs)
- Free condoms through C-Card scheme
- Support to access other services, such as abortion services if necessary.

Shine educational programmes can include sessions such as:

- Sex and the risks STIs, pregnancy and contraception
- relationships
- Recognising abuse in relationships
- Sex and the law
- Building self esteem
- Assertiveness and saying no consent negotiation

http://www.alleast.nhs.uk/shine/

# **Switchboard LGBT+ Helpline**

0300 330 0630

Information, support and referral service for lesbians, gay men, and bisexual and trans people, and anyone considering issues around their sexuality and/or gender.

https://switchboard.lgbt/how-we-can-help

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