

Market Position Statement

# Shared Lives

May 2023

**WE ARE NEWHAM.**

# CURRENT OFFER & OVERVIEW



## Current Offer

- The Shared Lives service is currently provided by **Bettertogether Limited**
- The Shared Lives service provides accommodation within the host shared lives carers home and family who live locally. This is an alternative to traditional social care services e.g., residential care home or supported living services
- Shared Lives carers/hosts are recruited, trained and approved by the provider of the Shared Lives Service, Bettertogether Limited
- At the moment we have 52 long term arrangements in Newham, at total expenditure of **£1,608,512** this year (2022/23).
- Arrangements can be:
  - **Short term placement**, including Emergency and Respite Placement lasting anything from one night to several weeks, enabling both the person and their carers to have a break and Long term, providing the opportunity for the person receiving support to live as part of the family
  - **Day services**
  - **Support Move-On** to further independent living, including support with transition
  - **Emergency placements** are also available

## Who can use Shared Lives?

People who are over the age of 16, Live in the borough, Need some extra support to live independently. For example, adults with:

- Physical disabilities and Sensory impairments
- Learning disabilities & Mental health support needs
- difficulty managing daily activities as they get older.

## Shared Lives carers

- 51 shared lives carers currently provide ongoing live-in support as part of the Newham contract, and a further 9 provide both day support and live in support.
- 23 support carers cover when the main shared lives carer takes their breaks.

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The below highlights service activity for 2021-22.

Service provided by Area (2021/22)	Number of people
Autism and Learning Disability	2
Older Age (but no dementia)	3
Dementia	3
Learning Disability	28
Mental Health	7
Physical Disability	1
Learning Disability and Alcohol dependency	1
Health Needs including hospital discharge	7
Dual Diagnosis	1
Acquired Brain Injury	1
PMLD	7
Parent with Learning Disability	2
Learning Disability and Sensory Loss	2
<b>Total</b>	<b>65</b>

Ages of people using the scheme	Number of people
16/17	1
18-24	8
25-64	50
65+	6
<b>Total</b>	<b>65</b>

## Long term Arrangements

In financial year 2021/2, Shared Lives supported a total of 58 different long term customers across the year, and ended the year with 50 ongoing long term arrangement.

- 7 long term customers moved on this year.
  - Of these:
    - 1 left because their support needs had increased due to early onset dementia
    - 1 moved into older peoples accommodation and passed away a few weeks later.
    - 2 moved on to more independent accommodation
    - 2 people passed away (both following a short stay in hospital).
- Shared Lives provided 1171 nights of respite support to 48 different people who live in the scheme, to cover whilst their main carer was on holiday.

## Day support

In financial year 2021/2, Shared Lives provided;

- Day support to someone who used to live with us full time, now that he lives in independent accommodation, to give continuity to the transition.
- Day support sessions to 9 people who also live with us on a full-time basis. (these are provided by different shared lives carers to enable the long-term carers to have a break.
- School escorts for one person, via the Virtual schools team
- A total of 1616 day support sessions.

## Respite

- In financial year 2021/2, Shared Lives provided 601 total of nights of respite to people who live with their families, or who needed temporary support, e.g. after leaving hospital
- Worked with 8 different customers, 3 of whom then moved into a long-term arrangement with us.
- There were 24 different episodes of respite, varying in length from one night to several months.

# DIRECTION OF TRAVEL / COMMISSIONING INTENTIONS



## Current Status and Direction

- The current contract has over two years remaining, but during this period as a Strategic Commissioning Plan will be developed to ensure that this valuable service is maximised and very clear Commissioning Intentions are produced.
- Specific areas to be explored building on Shared Lives Plus Good Practice will include:
  - Increasing the availability of accessible properties
  - Increases opportunities for Younger People (16+)
  - Increasing referrals for individuals with more complex needs
  - Modelling future need to inform future service requirements
  - Aligning housing strategy with Shared Lives growth
  - Embedding Shared Lives into business-as-usual
  - Ensuring carers' fees are reviewed
  - Developing champions

## Future Opportunities

### Improve the priority and non-priority need pathways

The Council is establishing a Supporting Vulnerable Adults Dynamic Purchasing Vehicle (DPV). The DPV will include Shared Lives, from which future services will be procured:

- Cat 1 Supported Living
- Cat 2 Supporting Vulnerable Single Homeless Adults (SVSHA)
- Cat 3 Prevention and Floating Support
- Cat 4 Extra Care
- **Cat 5 Shared Lives**
- Cat 6 Care Homes
- Cat 7 Immigration Advice and Support