#### **Carers Representative Role Description**

Newham Council are looking for two Carer Representatives; one for the Autism Strategy Delivery Board and one for the Learning Disability Action Plan Delivery Board.

#### **Newham Autism Strategy**

The purpose of the all-age Newham Autism Strategy is to deliver the six priority areas outlined in the <u>National Autism Strategy</u> in Newham:

- 1. Improving understanding and acceptance of autism within society
- 2. Improving autistic children and young people's access to education, and supporting positive transitions into adulthood
- 3. Supporting more autistic people into employment
- 4. Tackling health and care inequalities for autistic people
- 5. Building the right support in the community and supporting people in inpatient care
- 6. Improving support within the criminal and youth justice systems

Following agreement of the Newham Autism Strategy, an Action Plan will be developed to ensure that the aims of the Strategy are met.

#### **Newham Learning Disability Action Plan**

The Learning Disability Action Plan for Adults 2022-25 was developed in partnership with residents with Learning Disabilities, families and Carers, Health and other partners to recognise the challenges that adults with Learning Disabilities face in society, and put in place measures to support those living in Newham live healthy, safe and fulfilling lives.

The Action Plan has six outcomes:

- 1. Heard and Valued;
- 2. Accommodation and Housing;
- 3. Connected and Involved;
- 4. Work and Purpose;
- 5. Health and Social Care;
- 6. Carers.

It also contains a commitment to monitor progress regularly and provide an annual update for residents, to demonstrate accountability and ensure that the Action Plan is working for the community.

# What are the Autism Strategy Delivery Board and Learning Disability Action Plan Delivery Board?

Both Delivery Boards are working towards different strategies and includes representatives from the Council, NHS and local community organisations. Its role is to:

- Oversee the delivery of the Strategies Action Plans
- Ensure appropriate resident and stakeholder contribution across the delivery of the Strategies Action Plans;
- Identify synergies between the Strategies, their Action Plans and wider programmes across the Council and its partners;
- Identify and address obstacles, dependencies and risks to the delivery of the Action Plans;
- Identify and incorporate further related areas of work into the Action Plans, as appropriate.

#### What will I have to do as a Carers representative?

As a Carers Representative, you will attend either the Autism or Learning Disability Delivery Board quarterly (4 times a year) for 12 months. After 12 months, the opportunity will be available for other Carers to become a Rep.

As Reps, you will:

- Contribute to discussions and provide advice and scrutiny
- Play an advisory role in the development of local services
- Feedback Delivery Board discussions to the CRAG (Carers Resident Advisory Group) and any other carers groups you are representing
- Represent the views of other Newham Carers
- Facilitate shared expectations between Carers

## Do I get paid?

In line with the Council's Co-Production Reward and Recognition Policy, you will receive a payment of £11.95 an hour (London Living Wage) in exchange for your time working to co-deliver these important Strategies. This will ordinarily be 6 hours per year of input as follows:

• 6 hours to attend the quarterly delivery board meetings (1.5 hours per meeting, four meetings per year)

In addition, travel cost incurred to/from the meeting to home can be claimed, with evidence supplied. Claims for payment should be made within one month of the meeting date.

## Criteria?

To apply for the Carers Representative position you must be:

- Aged 18+ and
- a member of Newham's Carers Resident Advisory Group (CRAG) and
- care for a resident with an Autism or Learning Disability diagnosis and
- you will also be a member of a recognised Newham Carers Group specific to the condition (i.e. Autism / Learning Disability) or in the process of setting up a recognised group. E.g. a member of the Senior Learning Disability Carers Group.

# How do I apply?

Tell us a little about yourself: your experiences, skills, and what you could bring to the role as a Carers Representative. There is a 500 word limit.

If you have any questions or are interested in applying for the roles please email: <u>Autism.Commissioning@newham.gov.uk</u> for the Autism Delivery board. Or, <u>LearningDisability.Commissioning@newham.gov.uk</u> for the Learning Disability Delivery Board .

We would appreciate you application by 15<sup>th</sup> January 2024

We look forward to hearing from you.