

Free activities this February Half Term



Free activities for children and young people this half term! Come and try a variety of activities. Sessions include Cricket, Basketball, Badminton and Football! The programme will take place at both East Ham Leisure Centre and Newham Leisure Centre.

Times / Ages:

12pm-2pm – 5-11 years

2pm-4pm – 12-16 years

Mini Activities

Introducing your little ones to sport can be great fun. Come along and try our Free Mini activity offer including: Mini Tennis, Mini Dance, Mini Yoga & Mini Kickers at East Ham Leisure Centre and Newham Leisure Centre.

Times / Ages:

11am-12pm – 3-5 years

Inclusive Activity

Come and try a variety of free taster sessions in a range of sports and activities for children and young people with disabilities on Monday 12th and Tuesday 13th February only at East Ham Leisure Centre.

Times / Ages:

12pm-2pm – 8-18 years

Dates: Monday 12th-Friday 16th February

Venues:

East Ham Leisure Centre, 324 Barking Rd, London E6 2RT

Newham Leisure Centre, 281 Prince Regent Lane. London E13 8SD



To book: www.eventbrite.com/cc/newham-february-half-term-youth-activity-2928919

For more information: sports@activenewham.org.uk or 07741 293506