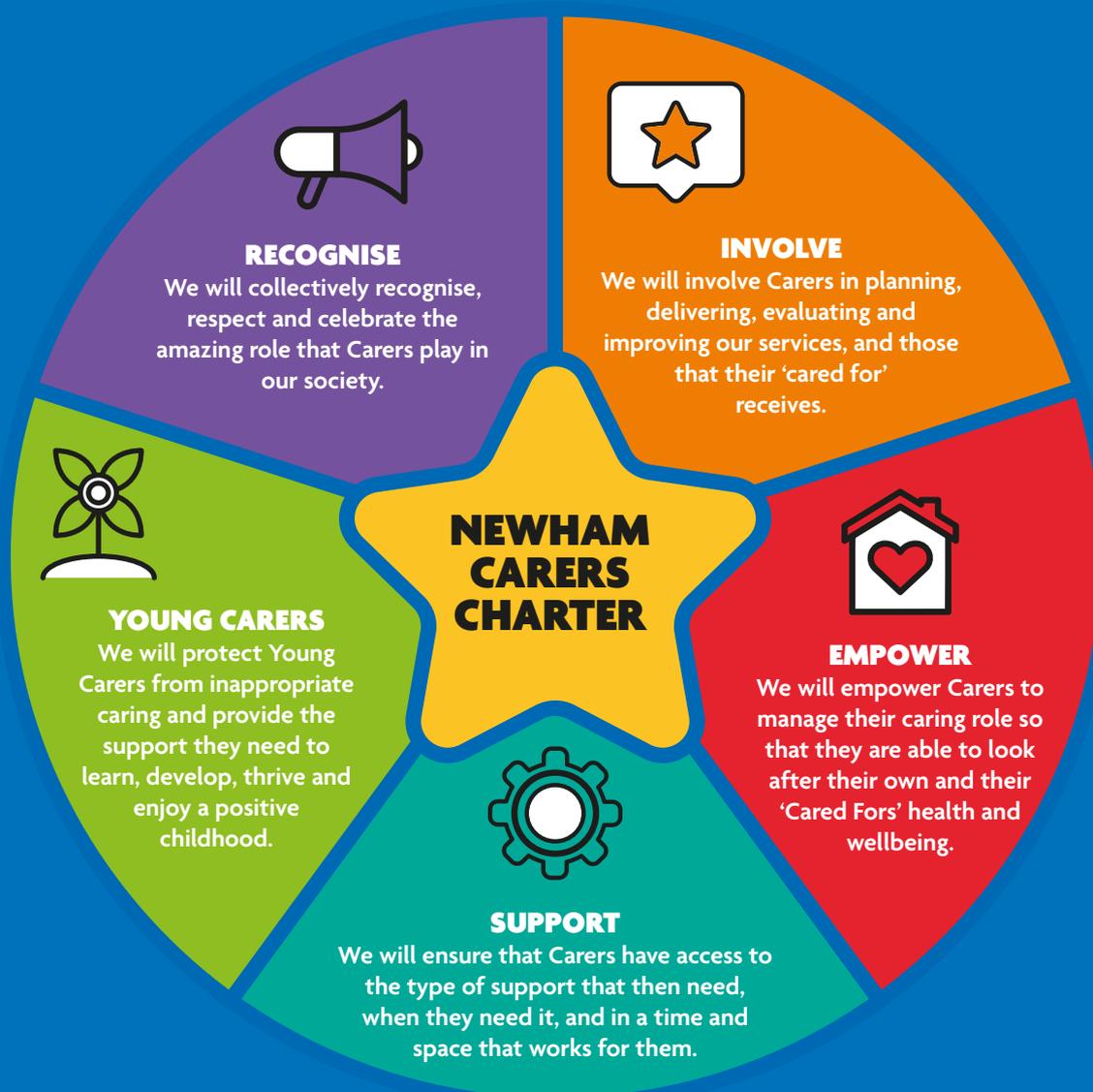


NEWHAM CARERS CHARTER.



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RECOGNISE

- We will deliver innovative campaigns to raise the profile of Carers in the borough
- We will support more people to identify themselves as Carers, and get the support that they need earlier on in their caring journey
- We will develop a network of 'Carers Champions' across our services and in the community
- We will improve partnership working with other agencies & professionals to identify more Carers via hospitals, GPs and other health settings

INVOLVE

- We will identify Newham Carers to sit as equal partners on our Carers Strategy Delivery Board and work with us to deliver the strategy action plan
- We will involve Carers in planning the care and support their 'cared for' receives (as agreed with the 'cared for')
- We will ensure our staff understand the role and rights of Carers in the context of their role
- We will gather regular feedback from Carers about the services that they receive and how they can be improved

EMPOWER

- We will ensure that Carers have access to accurate and up to date information about the ways they can support and empower themselves and their 'cared for'
- We will provide advice and guidance so that Carers understand their rights and have timely access to a Statutory Carers Assessment where required.
- We will co-design and deliver a new 'Carers Empowerment' programme to equip Carers with the skills and information they need to manage their role
- We will support our local resident-led carers support groups to increase their impact and reach.



SUPPORT

- We will consider new and innovative ways to support carers both in the community and in their own homes via virtual service.
- We support Carers to access education and employment and work with local employers to develop Carer friendly workplaces.
- We will support Carers in planning for the future. We will review the Emergency Plan and promote amongst Carers
- We will review and refresh our Respite offer to ensure that Carers get the break they need and to reduce the likelihood of 'burn out'

YOUNG CARERS

- We will find ways to identify more Young Carers and improve the Young Carers Assessment pathway.
- We will develop resources for Young Carers to be able to get the emotional and practical support that they need.
- We will ensure Young Carers are able to navigate pathways for education / employment
- We will provide young carers with access to fun activities where they can meet with peers and learn new skills