

Loneliness Awareness Week 9 - 15 June 2025



The Community Neighbourhood Link Workers are marking Loneliness Awareness Week by running a week of events and activities to create spaces for residents to meet and connect.

Monday 9 June

Loneliness Awareness Week
Find out what's on in your area, add to our "connection" map and take part in a quiz.

East Ham Library
10 - 1pm

Loneliness Awareness Week event in partnership with Newham Recovery College

Come and join us for community information, wellbeing sessions.

Stratford Advice Arcade
107-109 The Grove, E15 1HP
10.30 - 2pm

Knit and Natter

Meet others and learn a new skill.

Beckton Library
11 - 1pm



Tuesday 10 June

Knit and Natter
Manor Park Library
11 - 1pm

Knit and Natter
Green Street Library
10 - 12pm

Knit and Natter
Custom House Library
11 - 1pm

Coffee Morning
Custom House Library
11 - 1pm

Men In Sheds Open Day

Come and meet the shedders, paint a chatty bench or just enjoy a cuppa and a chat.

Chargeable Lane – Resource Centre, 200 Chargeable Lane, E13 8DW
12 - 3pm

Wednesday 11 June

Carer's Week Information Fair

Find out what's on in your area.
Join in, and make connections.

**St. Mark's Community Centre,
218 Tollgate Road, E6 5YA
11 - 1.30pm**

Forever Young Club

Beckton Library

11 – 1pm

Thursday 12 June

Knit and Natter

Canning Town Library

11.30 – 1pm

Forest Gate Community

**Garden - Therapeutic
Gardening**

Carers are invited to come and
relax and chat in this beautiful
garden.

**Forest Gate Community
Garden, Sprowston Road, E7
9AD**

11 – 12.30pm

Time to Talk

Get together and try your hand
at African drumming with
IROKO.

Canning Town Library

11 - 2pm

Forest Gate Library Coffee

Morning

12 – 2pm

Friday 13 June

Coffee Morning for Carers

**Hosted by Community
Neighbourhood Link Workers
and Carers Community
Network**

655 Barking Road, E13 9EX

11.30 - 1pm

Drop in or contact Shamilla

Kumari:

**Shamilla.Kumari@newham.gov.
uk**

Saturday 14 June

Friendship Club for adults with learning disabilities

Get together to meet others,
enjoy a quiz and make friends.

**Beckton Globe Youth Zone, 1
Kingsford Way, E6 5JQ
2 - 4pm**



For information about any of these
events and activities, please email:
Jacqui.Pringle@newham.gov.uk and
Shamilla.Kumari@newham.gov.uk