

Learning Disability Resident Advisory Group Minutes

Tuesday 24 June 2025

People at the meeting:

Residents

Awa Jagne (Co-chair)
Neil Johnston (Delivery Board Co-Chair)
Roger Abaho
Nathan Paul
Summibare Osunsanya

Ola Roger

Professionals/ paid staff

Melissa McAuliffe (Co-Chair, LB Newham) Trish Moody (Voiceability)

Audrey Ifebem-Ezimo (Carer)

Janet

James

Daniel Nichols (Adults' Commissioning, LB Newham)

Jennifer Kumi (Comms, LB Newham)

Maysie Brown (Our Newham and Skills, LB Newham)



1

welcome

What we talked about and Actions

Welcome and introductions, minutes from last meeting, Fire Safety

Awa welcomed attendees and shared apologies.

Melissa outlined the fire safety procedures.



The attendees introduced themselves.

The minutes of the last meeting were approved and the actions were noted as having been done.



The cycle taxi service was funded by the National Lottery. They no longer have funding for this.

Options for improving accessible cycling in East Ham Park are being looked into by the relevant commissioner.

Concerns around the depth of the pool being used for warm swimming sessions in East Ham are being looked at.

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Feedback from Delivery Board

Neil reported.



Hopeful Futures has started training Experts by Experience.

3 are Newham residents with learning disabilities.



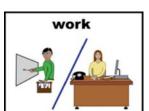
Newham Council is going to set up a group to look at the accessibility of information shared by the Council.

A resource pack for Social Care Staff about Learning Disability and Autism has been written.





Newham Council has finished an exercise to get providers for Independent Living Support Services.



Learning Disability Providers have had to show how they will support Friendship Circles and ways to develop independent living skills.

The next 'Making Work Work' group (ELFT Employment Community of Practice) meeting will be on Wednesday 16 July from 10:30am to 12pm. It is online.

Action: Melissa to send out the link to the 'Making Work Work' online meeting.



VoiceAbility will be providing more accessible information about Advocacy Services to NCfMH.



The Provider Forum was asked to support more people to have Flu vaccines. Only 1 in 4 residents took up the offer last year (28%).



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Other updates

Thanks to everyone who joined the Learning Disability Week events.

The Resident Advisory Group said that you wanted Food and Drink, we organised a BBQ.

You said that you wanted Dancing. We had a DJ and dancing at the BBQ.

You said that you wanted a Drama and Singing. We are looking for some money to pay for a Variety Show or performance.



You said that you wanted to learn about being Healthy and Well, Planning for the Future and Activities in the Community. We had 15 information stalls at the BBQ about these themes.

We gave out a list of all the free activities that happen every week.

t



money

Newham Training and Skills

Maysie Brown from Our Newham Learning and Skills talked to us about the classes that they offer.

Their classes take place across the borough and they have specialist SEND classes running at Forest Gate and North Woolwich.

Class subjects include food, money management and art.

The fees that you will be charged for the classes will be depend on your income and benefits but the maximum fee is £6 per hour.



You have to be 19+ to enrol in a class.

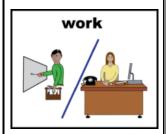
Awa asked if meditation classes were available. Maysie said that there were none available at present but it was possible for them to run new classes if a group of 8 or more were interested.



Neil asked if the staff had Police Checks.

Maysie said that all the trainers and staff who work for Our Newham Learning and Skills have Enhanced DBS checks. This is a highest level of Police Check done for staff.

Maysie said that it was good to check about safety. She also said that the service is rated 'Good' for safety by OFSTED and safety is covered in the Independent Living and Money courses.



Staff from Our Newham Work come into the classes to talk about job opportunities.

You can find out more about Our Newham Work and Skills at Courses for Adults in Newham

There is a Summer Barista Skills course coming up at Newham College. You will complete a Food Hygiene course in this.

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Social Care Charging Leaflet

Jennifer Kumi from the Communications Team at Newham presented an easy read leaflet about Social Care Charging to us for feedback on how easy it is to understand.

People made a lot of suggestions to improve the leaflet Jennifer thanked everyone for the ideas.



The Council will be doing more work on making information more accessible.

Action: Jennifer to send out information on joining a panel to review Council publicity.

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Any Other Business

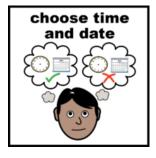


Melissa spoke about the People Powered Places project where Newham residents make decisions on which projects the council will spend money on.

The group filled out forms to choose their priorities.

A meeting on the subject will take place on Wednesday 9th July 2025 at Canning Town Library.

You can find out more information about People Powered Places at People Powered Places



Trish said that there weren't very many people with Learning Disabilities turning up for the VoiceAbility drop in sessions at Chargeable Lane.

She asked the meeting if the times of the sessions needed to be changed from the current 1-2pm slot.

The people at the meeting discussed this and came to a consensus that a better time would be from 11am-12.30pm.



People at the meeting also raised the issues of transport to the venue and publicity for the drop in.

The group talked about being driven to activities. It would be good to take public transport, but this can be hard, especially if you use a wheelchair.

Action: Melissa to organise a future meeting on accessibility on public transport.





Nathan talked about seeing a lot of people with learning disabilities walking around Stratford. He wanted them to know about other things to do, and to join groups like ours.

We talked about how some of the people may not be from Newham. But it would be good to tell people about other things that they could do.

Action: All to see if they can volunteer for an information stall to give out information about the drop in sessions and other local services.

Melissa mentioned the following events that Act Up! Newham are taking part in-

East London Shakespeare Festival:

Central Park – 26th-27th June 2025 and Riverside East – 29th June 2025. More info <u>Outdoorshakespeare |</u> <u>East London Shakespeare Festival | England</u>

Events at Sadlers Wells East on Sunday 29th June

<u>The Dance Floor Presents: Get Into Dance Festival -</u>

<u>The Dance Floor at Sadler's Wells East - Sadler's</u>

Wells

THE HERDS - The Walk Productions - Sadler's Wells East

This is free. Act Up Newham are dancing at 12:40pm.

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Date of next meeting:

Tuesday 16th September 2025

11am to 1pm

Canning Town Library

We will talk about:

Keeping Safe.