

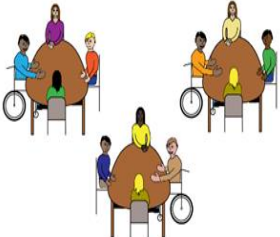








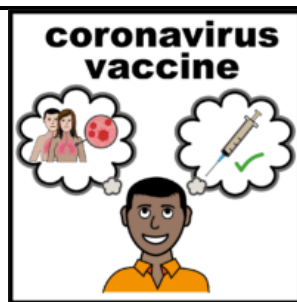
Learning Disability Resident Advisory Group Minutes

Tuesday 18 March 2025

	<p><u>People at the meeting:</u></p> <p>Residents</p> <p>Awa Jagne (Co-chair)</p> <p>Neil Johnston (Delivery Board Co-Chair)</p> <p>Aaron Eshum</p> <p>Dwain Bryan</p> <p>Christine</p> <p>Graham</p> <p>Daniel</p> <p>Glory Sengu</p> <p>Sterre Ploeger</p> <p>Tresor Usawe</p> <p>Jason Frank</p> <p>Bamidele Babatunde</p> <p>Titilayo Adeokun</p> <p>Audreuy Ifebmi-Elima</p> <p>Patricia Regis</p> <p>Summibare Osunsanya</p> <p>Professionals/ paid staff</p> <p>Melissa McAuliffe (Co-Chair)</p> <p>Trish Moody (Voiceability)</p> <p>Daniel Nichols (Adults' Commissioning, LB Newham)</p> <p>Jason McCulloch (Adults' Commissioning, LB Newham)</p> <p>Yasmin Jacobsen (BSL Interpreter)</p> <p>Ruth Cooper (ELFT)</p> <p>Tinka Dimitrova (Accedo)</p> <p>Hannah Facey (Act Up Newham)</p>
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		What we talked about and Actions
1	 	<p>Welcome and introductions, minutes from last meeting, Fire Safety</p> <p>Awa welcomed attendees and shared apologies.</p> <p>Melissa outlined the fire safety procedures.</p> <p>The minutes of the last meeting were approved and the actions were noted as having been done.</p> <p>Melissa has asked people who run Education and Training to come to the June meeting.</p> <p>The attendees introduced themselves.</p>
2	  	<p>Feedback from Delivery Board</p> <p>Neil reported.</p> <p>Carers are having problems applying for Blue Badges and Freedom Passes.</p> <p>Action – Council staff are going to look into this.</p> <p>Learning Disability Week is taking place from 16 June. This will be discussed later on in the meeting.</p> <p>Hopeful Futures is going to give Oliver McGowan Training to Newham Council and NHS staff. They will need trainers who have a learning disability. They will pay these trainers.</p> <p>Three people with learning disabilities have already been recruited locally to become trainers.</p> <p>Action - Contact Melissa if you would like to be a Trainer.</p>

		<p>Action - Melissa to email Hopeful Futures about training delays.</p> <p>Our Newham Learning and Skills have opened a new Independent Skills Training Centre in North Woolwich.</p> <p>They will come to the next Resident Advisory Group to talk about courses.</p> <p>Awa asked about having a Hydrotherapy pool in Newham.</p> <p>Melissa has looked into this and needs to speak to Better Leisure.</p>
3	  	<p>Learning Disability report</p> <p>Ruth presented a report.</p> <p>The NHS in North East London wrote a report called a Health Needs Assessment.</p> <p>It covers Hackney, Newham, Tower Hamlets and the City of London. Different people were asked about what they thought, including people with learning disabilities.</p> <p>The report found that number of people with learning disabilities in North East London is getting bigger.</p> <p>People come from many different cultures.</p> <p>They are more likely to have health conditions such as heart disease, diabetes and epilepsy.</p> <p>They can also feel sad and worried, be lonely and bored and not have access to the internet.</p>



People with learning disabilities in North East London may miss vaccinations for diseases like COVID and Flu. COVID was also hard for people with learning disabilities.

They may be missing out on cancer screenings.

Or may be given medication for mental health problems that they don't actually need.

They may also find it difficult to get a paid job.

They need more help and support to move out of the family home, live independently and attend college.

They can have trouble moving from child to adult services.

The report also gives ideas, or recommendations.



These include planning more for people in North East London, working together to help people with their health and better annual health checks with doctors.

The meeting discussed what Ruth had said.

People said their doctors contact them in different ways about Health Checks.

Some people used to get reminders by text messages.


They liked this.

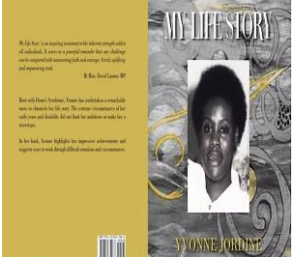


But it stopped because the GPs didn't want to pay for it.



There is a new nurse from the Learning Disabilities Health Team leading on Health Checks.

Sometimes information is missing from the GP records. Or people don't have a learning disability diagnosis.



<p>4</p>		<p>The Resident Advisory Group talked about Learning Disability Week 2025</p> <p>Melissa presented.</p> <p>Last year's theme was "Seen and Heard". MENCAP haven't chosen a theme for this year yet, but we can choose our own theme if we wish. During the discussion that ensued ideas for performances were raised such as singing and poetry.</p> <p>Action – get back to Melissa by email or WhatsApp with any further ideas for Learning Disability Week 2025.</p> <p>The group took votes about what they wanted.</p> <p>The top 3 choices for Activities were:</p> <ol style="list-style-type: none"> 1) Food and Eating 2) Drama and Singing 3) Dancing <p>The top 3 choices for location were:</p> <ol style="list-style-type: none"> 1) Chargeable Lane 2) A theatre 3) Leisure Centre <p>The top 3 thing people wanted to learn about were:</p> <ol style="list-style-type: none"> 1) Being healthy and well 2) Planning for the Future 3) Activities in the community
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<p>5</p>		<p>Yvonne Jordine book launch</p> <p>Patricia came to tell the group about a Book Launch.</p> <p>The book is by Yvonne .</p> <p>Yvonne is a woman with Down Syndrome and the book is the story of her life.</p> <p>The book is being launched on Saturday 22nd March 2025 at the Elbow Centre, Forest Gate.</p> <p>You can buy the book at My Life Story: Amazon.co.uk: Jordine, Yvonne: 9781835631089: Books</p>
<p>6</p>		<p>Health Talk</p> <p>The speaker didn't turn up at the meeting. We will rearrange this.</p>
<p>7</p>	 	<p>Any Other Business</p> <p>People had a few questions about services:</p> <ul style="list-style-type: none"> - The cancellation of the Cycle Taxi; - Lack of theatres for ActUp Newham to perform; - Not having warm swimming pools in Newham; - Problems with the bikes available at the Cycleworks sessions in Central Park. <p>Action – Jason and Melissa to follow up on the issues raised above.</p> <p>Trish reported that there would be an accessibility visit to Canning Town Bus station on the 14th April 2025.</p>

		<p>Neil reported back on a trip to the Royal Observatory.</p> <p>They learned about subjects such as NASA's Apollo missions.</p> <p>Royal Observatory's plans to make it more accessible.</p>
8	 	<p>Date of next meeting: Tuesday 24th June 2025</p> <p>11am to 1pm</p> <p>Canning Town Library</p> <p>We will talk about: Education and Training for Adults.</p>