



**LIST OF BODIES OF HEALTH PRACTITIONERS WHERE NOTICE IN WRITING HAS BEEN RECEIVED
BY THE LONDON SPECIAL TREATMENTS WORKING GROUP UNDER SECTION 4 OF THE LONDON LOCAL AUTHORITIES ACT 1991**

London Borough of Newham Updated September 2025.

This list is for recommendation only. Individual authorities may if they wish still require members of these organisations to apply for a licence in their borough.

Under Section 4c of the 1991 Act anyone who is registered with the Health and Care Professionals Council does not require a licence. This includes Physiotherapists and Chiropodists. In addition, Chiropractors and Osteopaths are specifically exempted under the Act.

	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
1.	Anglo Chinese Medicine Doctor Society (ACMDS) 143 Streatham High Road London SW16 6EG	Reviewed 1.7.2016	Acupuncture * Massage	T. 020 8643 4222 F. 020 8643 8885	acmdsuk@gmail.com www.acmds.org
2.	Association of Naturopathic Practitioners (ANP) Coombe Hurst Coombe Hill Road East Grinstead RH19 4LZ	Reviewed 8.6.2017	FULL MEMBERS EXEMPT ONLY Acupuncture * Holistic Massage (Naturopathy)	020 3319 9315	info@naturopathy-anp.com www.naturopathy-anp.com
3.	Association of Reflexologists (includes the International Institute of Reflexology)	Reviewed 8.6.2017	STUDENT & FRIEND MEMBERS NOT EXEMPT	01823 364 952	info@aor.org.uk tsmith@aor.org.uk

	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
	Victoria House Victoria Street Taunton Somerset TA1 3FA		Acupressure * Acupuncture * Aromatherapy * Ayurveda * Body Massage * Bowen Technique * Champissage * Chiropody * EFT * Holistic Massage * Hopi Ear Candles * Indian Head Massage * Manual Lymphatic Drainage * Metamorphic Technique * No Hands Massage * Polarity Therapy * Qi Gong * Reflexology * Remedial Massage * Rolfing * Shiatsu * Sports Massage * Stone Therapy * Therapeutic Massage * Tui Na		www.aor.org.uk
4.	Association of Traditional Chinese Medicine & Acupuncture UK Suite 12 Brentano House Unit 5, The Exchange Brent Cross Gardens London NW4 3RJ	Reviewed 8.6.2017	Full Members: Acupuncture * Tui-Na * Moxibustion Cat 1 & 3 members: Acupuncture * Tui-Na. Cat 2 members: Acupuncture only Associate members: Tui-Na only	020 8457 2560	info@atcm.co.uk www.atcm.co.uk
5.	Ayurvedic Practitioners Association (APA) 23 Green Ridge Brighton East Sussex BN1 5LT	Reviewed 1.7.2016	Ayurvedic Massage * Ayurvedic Medicine	01273 500492	info@apa.uk.com

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6.	BASRaT – British Association of Sport Rehabilitator's and Trainers Angela Cumine c/o St Marys University College Strawberry Hill Twickenham YW1 4SX	Reviewed. 7.2016	Sports Massage	0208 240 4184	cumine@smuc.ac.uk secretary@basrat.org
7.	Bowen Association UK PO Box 210 1DD Boston Lincs PE21 1DD	Reviewed 8.6.2017	ONLY FULL MEMBERS EXEMPT Bowen Therapy * Bowen Technique	01205 319 100	office@bowen-technique.co.uk bowenassociationuk@gmail.co.uk www.bowen-technique.co.uk www.bowenassociation.co.uk
8.	British Acupuncture & Holistic Medicine Association 1 Bedford Mews, East Finchley, London, N2 9DF	Reviewed 12.12.2016	ONLY FULL MEMBERS EXEMPT *Acupuncture* Acupressure* Moxibustion* Auricular Acupuncture* Electro acupuncture* Reflexology*	020 8883 4550	info@bahma.org
9.	British Acupuncture Federation Unit 9 Dukes Court, Dukes Street, Macclesfield. Cheshire SK11 6NU	Reviewed 30 th April 2021	FULLY QUALIFIED ACUPENTURE MEMBERS ONLY. Acupuncture Auricular Acupressure Tui Na Gua Sha Moxibustion	0843 507 0123	admin@britishacupenturefederation.co.uk www.britishacupuncturefederation.co.uk
10.	British Complementary Medicine Association	Reviewed 1.7.2016	Acupuncture * Polarity Therapy * Indian Head Massage *	01293 851760	chair@bcma.co.uk

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	PO Box 5122 Bournemouth Dorset BH8 OWG		Manual Lymphatic Drainage * Aromatherapy		
11.	British Medical Acupuncture Society 60 Great Ormond St London WC1N 3HR	Reviewed 8.6.2017	Acupuncture	0207 713 9437	bmaslondon@aol.com
12.	British Reflexology Association Monks Orchard Whitbourne Worcester WR6 5RB	Reviewed 8.6.2017	ORDINARY MEMBERS ONLY Reflexology	01886 821207	bra@britreflex.co.uk www.britreflex.co.uk
13.	British Register of Complementary Practitioners. Formally Institute for Complementary & Natural Medicine, incorporating the PO Box 122 Wellington Somerset TA21 1BX	Reviewed 8.6.2017	Acupuncture * Acupressure *Ayurvedic medicine* Aromatherapy * Bowen Technique * M L Drainage * Remedial, Sports, Holistic and Indian Head Massage * Reflexology * Shiatsu * Tui Na * Qi Gong	0300 302 0715	office@brcp.uk
14.	Chinese Acupuncture and Herbal Medicine Alliance (CAMHA) 70 Springfield Drive Ilford IG2 6QS	Reviewed 1.2.2021	FULL MEMBERS AND TUINA MASSAGE MEMBERS Acupuncture Tui Na	07515 695 369	cahmn15@gmail.com www.cahma.co.uk
15.	Chinese Medical Institute & Register 101-105 Camden High Street	Reviewed 8.6.2017	ASSOCIATE & STUDENT MEMBERS NOT EXEMPT	020 7874 1801	info@cmir.org.uk www.cmir.org.uk

	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
	London NW1 7JN		Acupuncture * Tui- Na * Moxibustion *		
16.	Complementary & Natural Healthcare Council PO Box 428 Bristol BS9 0FB	Reviewed 1.7.2016	Aromatherapy * Bowen Technique * Reflexology * Shiatsu * Massage therapy (including sports massage)* Microsystems Acupuncture	020 3327 2720	info@cnhc.org.uk
17.	Complementary Health Professionals Kemp House City Road London Borough of Enfield EC1V 2NX	Reviewed 8.6.2017	FULL MEMBERS EXEMPT ONLY Aromatherapy * Sports Massage* Therapeutic Massage * Indian Head Massage * Remedial Massage * Tui-Na * Neuroskelital Realignment Therapy * Manual Lymphatic Drainage * Bowen Therapy * Shiatsu * Reflexology * Reiki * Hopi Ear Candle * Metamorphic Technique	0333 577 3340	enquiries@complementaryhealthprofessionals.co.uk www.complementaryhealthprofessionals.co.uk
18.	Complementary Medical Association Blackcleuch Teviothead Hawick TD9 OPU	Reviewed 1.7.2016	Acupressure * Aromatherapy * Ayurveda * Colour Therapy * Qi Gong * Reflexology * Shiatsu * Indian Head Massage	01424 423505	admin@The-CMA.org.uk
19.	Complementary Therapists Association (CThA) 2 nd Floor Chiswick Gate 598-608 Chiswick High Road London W4 5RT	Reviewed 8.6.2017 and 12.1.2021	FULL MEMBERS ONLY (THIS EXCLUDES STUDENT AND NON-PRACTISING MEMBERS) Aromatherapy * Acupuncture * Ayurveda (with massage) * Bowen Therapy * Baby/infant massage * Cranial Sacral Therapy	T. 0845 202 2941 F. 0844 770 898	info@ctha.com www.ctha.com

	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
			*Daoyin Tao Massage * Eastern Methods Massage * Full Body massage * Holistic or Swedish Massage* Indian Head Massage* * Manual Lymphatic Drainage * Palliative Care Massage * Pregnancy Massage * Reflexology * Remedial Massage * Shiatsu * * Reiki * Seated acupressure * Sports injury, therapeutic & holistic massage * Stone Therapy/sauna *Thai Massage * Thermo-auricular therapy (Hopi)* Tui Na*		
20.	Federation of Holistic Therapists 18 Shakespeare Business Centre Hathaway Close Eastleigh Hampshire SO50 9XG	Reviewed 1.7.2016 and 3.12.2021	FULL MEMBERSHIP AND ASSOCIATE MEMBERSHIP ONLY Acupressure* Acupuncture * Advanced MLD * Aromatherapy (with massage)* Baby massage* Body Massage* Bowen Techniques* Colour therapy * Deep tissue massage * EFT* Foot massage* Indian Head massage * Manual lymphatic drainage (included in Massage)* Metamorphic technique * Micro systems acupuncture (Auricular Acupuncture - ears, face, hands & feet) * Moxibustion* Myofascial release therapy * polarity therapy * Pregnancy Massage* Qi Gong* Reflexology *	0870 420 2022	info@fht.org.uk www.fht.org.uk

	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
			Reiki degree/level 2 and above (no massage) * Remedial massage (sports massage) * Shiatsu* Sports massage (includes taping & strapping, posture analysis) * Stone therapy* Swedish Massage* Thai massage* Therapeutic massage* Tui Na* Emotional Freedom Techniques (EFT)*		
21.	Federation of Traditional Chinese Medicine Practitioners (FTCMP) PO Box 51189 London SE13 9DE	Reviewed 1.7.2016	Exemption applies only to Members registered as Doctors Acupuncture * Acupressure * Tui Na	0208 770 0018 07917715707	ftcmpuk@gmail.com
22.	Guild of Holistic Therapists 320 Burton Rd Derby DE23 6AF	Reviewed 1.7.2016	Acupressure * Aromatherapy * Bowen Technique * Champissage (Indian Head Massage) * Colour Therapy * Infrared * Manual Lymphatic Drainage * Metamorphic Technique * Reflexology * Reiki * Shaitsu * Sports Massage * Stone Therapy * Thermo –Auricular Therapy * Tui Na	0845 2177381	paul.archer@beautyguild.com
23.	Institute of Osteopathy Acupuncture Group Institute of Osteopathy 3 Park Terrace, Manor Road	Reviewed. 7.2016	Acupuncture and Dry Needling in conjunction with Osteopathy	01582 488455	enquiries@osteopathy.org

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	Luton LU1 3HN				
24.	Institute of Sports & Remedial Massage (ISRM) 28 Station Parade Willesden Green London NW2 3NX	Reviewed 8.6.2017	Sports & Remedial Massage * Soft Tissue Therapy	020 8452 8855	mel@theisrm.com www.theisrm.com
25.	Institute of Trichologists 24 Longroyd Road London SW17 7PL	Reviewed 1.7.2016	Trichology * Head Massage	08706 070602	admin@trichologists.org.uk
26.	International Federation of Aromatherapists 146 South Ealing Road London W5 4QJ	Reviewed 8.6.2017	EXEMPTION APPLIES ONLY TO FULL & ASSOCIATE MEMBERS Aromatherapy * Massage in association with Aromatherapy only.	T. 020 8567 2243 F. 020 840 9288	office@ifaroma.org www.ifaroma.org
27.	International Federation of Reflexologists 8-9 Talbot Court London EC3V 0BP	Reviewed 8.6.2017	FULL MEMBERS EXEMPT ONLY Reflexology	T. 0870 879 3562 F. 0870 879 3298	info@intfedreflexologists.org
28.	Integrated Medicine and Chinese Medicine Professionals (IMCMP) 43 Victoria Road Surbiton KT6 4JL	8.7.2021	FULL MEMBERS ONLY Acupuncture Electro Acupuncture Acupressure Auricular Acupuncture Tui Na Qi Gong Moxibustion	07886 627 224	info@imcmp.org www.imcmp.org

	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
			Shaitsu Aromatherapy Reflexology Foot Massage Bowen Technique Ear Candles Ayurveda Body Massage Champissage Indian Head Technique Thai Massage Chiropody Emotional Freedom Techniques Holistic Massage Manual Lymphatic Drainage No Hands Massage Remedial Massage Sports Massage Polarity Therapy Stone Therapy Therapeutic Massage Colour Therapy Physiotherapy (only where member is also registered with the Health and Care Professions Council (HCPC))		
29.	Manual Lymphatic Drainage UK Ltd The Annexe at Pound Farm Church Lane Rudford Gloucester GL2 8DT	Reviewed 8.6.2017	ASSOCIATE & FULL MEMBERS ONLY Manual Lymphatic Drainage	0844 800 1988	admin@mlduk.org.uk www.mlduk.org.uk

	Name and Address	Date Granted	Exempt Treatments on notice in writing	Tel No Fax	E-mail Web
30.	Massage Training Institute Exams Administrator PO Box 368 Hitchin Hertfordshire SG5 9DT	Reviewed 8.6.2017	Holistic Massage * Sports & Remedial Massage * Indian Head Massage	01462 458 225	mti@massagetraining.co.uk www.massagetraining.co.uk
31.	Shiatsu Society UK PO Box 4580 Rugby Warwickshire CV21 9EL	Reviewed 6.6.2019	Shiatsu, (excludes those that have completed approved 1 year course	0845 130 4560	admin@shiatusociety.org
32.	Sports Massage Association 86 Nelson Road London SW19 IHX	Reviewed 1.7.2016	Sports Massage	0870 0052678	info@thesma.org
33.	Sports Therapy Association 67 Saxilby Road Sturton By Stow Lincoln	17 March 2022	Affiliate, full, & Graduate Members only Sports Massage Dry needling Medical Acupuncture Sports Therapy and/or Sports Rehabilitation (involving Sports Massage, Dry needling/Medical Acupuncture)	01427 788162	gary@thesta.co.uk thesta.co.uk
34.	The Acupuncture Association of Chartered Physiotherapists Sefton House Adam Court, Newark Road Peterborough	Reviewed 1.7.2016	Acupuncture * Physiotherapy * Acupressure * Moxibustion * Auricular Acupuncture	01733 390007	sec@aacp.uk.com

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	PE1 5PP				
35.	The Acupuncture Society 27 Cavendish Drive Edgware Middlesex HA8 7NR	Reviewed 8.6.2017	Acupuncture * Acupressure * Chinese massage * Tui Na * Korean Hand massage * Qi Gong * Moxibustion * Auricular Acupuncture * Electro Acupuncture	T. 07734 668 402	acusoc@yahoo.co.uk acupunctureociety.org.uk
36.	The Bowen Therapists Professional Association PO Box 2920 Stratford Upon Avon CV37 9ZL	Reviewed 8.6.2017	Bowen Therapy	084456 17173	info@bowentherapy.co.uk ask@bowentherapy.org.uk
37.	The British Acupuncture Council 63 Jeddo Road London W12 9HQ	Reviewed 6.6.2019	FULL & PROVISIONAL MEMBERS ONLY Acupuncture * Moxibustion * Acupressure * Tui Na * Auricular Acupuncture * Electro Acupuncture * Thermal (infa-red)	T. 020 8735 1206 F. 020 8735 0404	Teresa@acupuncture.org.uk www.acupuncture.org.uk
38.	The British Association of Accredited Ayurvedic Practitioners (BAAAP) 5 Blenheim Road North Harrow Middlesex HA2 7AQ	Reviewed 8.6.2017	STUDENT MEMBERS NOT EXEMPT Ayurvedic Medicine * Ayurvedic Therapies * Indian head * Remedial massage	020 8429 0635	info@briturpractioners.com www.britayurpractitioners.com

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39.	The Register of Chinese Herbal Medicine Office 3 47 St Giles Street Norwich NR2 1JR		Acupuncture * Electro acupuncture * Auricular acupuncture * Acupressure * Moxibustion * Tui-Na * Shiatsu * Sports & Remedial Massage * Swedish Massage (Swedish massage not to be carried out alone but part of larger treatment plan)	01603 927420	herbmed@rchm.co.uk www.rchm.co.uk
40.	ThinkTree Hub Ltd 27 Old Gloucester Street London WC1N 3AX	22/2/19	Full members only Acupressure* Acupuncture*Aromatherapy *Ayurveda*Bowen therapy*Holistic massage*Massage*Swedish massage*(Swedish massage not to be carried out alone but part of larger treatment plan)*Sports massage*Manual lymphatic Drainage*Moxibustion* Reflexology*Shiatsu*	(+44) 0330 229 0721	www.thinktreehub.com admin@thinktreehub.com